



## Pre-Session Guide

A Breakthrough Healing Prayer session is a time when you can receive personal prayer ministry from members of the Breakthrough Healing Prayer Center prayer ministry team. The goal of a session is to help you encounter God's love in a greater way through physical healing, emotional healing and deliverance.

### **What Can I Expect During a Prayer Session?**

Sessions include prayer focused on healing of the heart, freedom from oppression, and personal encounter with God. The ministry team will consist of two or three people. One of them will lead the session and the others will intercede and contribute at various levels. Each of the team members have received their own ministry and training before ministering to others. Anything shared during the ministry process will be held with utmost respect.

### **How Do I Prepare for a Breakthrough Session?**

In the days leading up to your session, there are a few things you can do in preparation:

- Complete a questionnaire/inventory to help the team prepare for your session
- Consider whether there are any specific areas in which you would like ministry
- Spend time praying for your session
- If you feel led, fast in preparation for your session

Consider listening to the following episodes of the podcast called The Place We Find Ourselves. Episodes 41 (Warfare Pt. 1), 42 (Warfare Pt. 2), 43 (Warfare Pt. 3), 45 (Warfare Pt. 4) 46 (Warfare Pt. 5), 47 (Warfare Pt. 6), 54 Warfare Pt. 7), 59 (Warfare Pt. 8), and 60 (Warfare Pt. 9)

<https://www.youtube.com/playlist?list=PLGnLwh9XFuhbBGCKHjwuVWVrZqtDufuF>

To schedule a session, visit [BreakthroughHPC.com](http://BreakthroughHPC.com).

We look forward to serving you!

Sincerely,

The Breakthrough Healing Prayer Center Team