



Post-Ministry Guide

It is for freedom that Christ has set us free. Stand firm, then, and do not let yourselves be burdened again by a yoke of slavery. Galatians 5:1

Thank you for participating in a *Breakthrough* session; we are honored to minister to you!

Next Steps:

- Use the Best Practices guidelines
- Consider a follow-up appointment if you and the team felt that not everything was addressed in your first session
- Submit a testimony to give God the praise for what He has done for you (either your initials or anonymously) <https://breakthroughhpc.com/submit-a-testimony>
- Attend future trainings offered by Breakthrough Healing Prayer Center if you would like to know about bringing freedom to others www.BreakthroughHPC.com/training
- Download the app “**Prayerful by CHM**” to have access to wonderful prayers to find even greater levels of freedom through cooperating with God in areas where you still struggle
- Check out videos by teachers like Vlad Savchuk, Derek Prince, Isaiah Saldivar, Bev Tucker, Dan Duval, Judith and Francis MacNutt, and Katie Souza
- Make a donation to help make Breakthrough continue to offer prayer sessions at no charge: www.BreakthroughHPC.com, and click on Donate

BEST PRACTICES

1. Have a Daily Appointment with God

The foundation of any healthy Christian’s life is their relationship with God. And just like any friendship, it takes an **investment of time and energy to grow our connection with God**. This normally includes spending time with Him in prayer, listening to His voice, soaking/musical worship, reading the Bible, and taking Holy Communion (a cracker & juice is all you need.)

2. Connect with Others through Life-Giving Relationships

Surround yourself with people who love God and who will propel you toward Him. You need connection, accountability, and support as you walk out your freedom (James 5:16). Join a supportive fellowship with others whom you allow to speak into your life. You need people that you can share your struggles and victories with.

3. Exercise Authority

There is a difference between bondage and temptation. When you are in bondage, it is very difficult to control your thoughts, feelings, and responses to related issues. When you experience freedom from bondage, you regain authority over that area of your life. This restored authority enables you to take control and resist temptation in a way that you were not able to previously. Sometimes people get discouraged if

they re-encounter an area in which they experienced freedom during ministry. What they don't realize, however, is that it may not be a re-presentation of bondage, but rather a temptation that they can now **take authority over and resist** with a newfound strength (1 Cor. 10:13). Here is a simple way you can exercise your authority and take more ground in your life.

Example, using "fear": Insert whatever issue is presenting itself, i.e., pride, lust, loneliness, control, etc.)

- Father, I **repent** for feeling fearful. Fear is a lack of trust in Your care.
- I **forgive** _____, who opened the door to fear in my life.
- I **renounce** and reject the spirit of fear.
- I **take authority** over the spirit of fear and I command it to leave me now and go to Jesus
- I **receive** the Father's blessing, and declare that I do not have the spirit of fear, but I have power, love, and a sound mind. (2 Tim. 1:7)

4. Deal quickly with confusion or frustration by **starting a conversation with God**:

- Father God, is there a lie that I am believing about you?
- Father God, what is the truth?
- Is there anyone I need to forgive?
- I choose to forgive _____ for _____ and I release them from my judgment.
- I choose to break any agreement with (the lie) _____ and I give it to you, Jesus.
- What do you give me in exchange?

5. Meditate on God's Truth

For 60 days, **meditate daily on the truth** that God gave you during your session. Strengthen the meditation by identifying one Scripture for each major breakthrough you experienced. Consider **praying the Lord's prayer**, and using it as a model or pattern to 1) Worship, 2) Pray for God's Kingdom to come, 3) Pray for Provision, 4) Forgive others, and 5) Pray for deliverance from evil.

6. Focus on What He Has Done and Keep Fighting!

We believe that it is God's will for you to be whole and healed. God is committed to you, and He can be trusted with your full healing (Romans 8:32). Cooperate with God through **Putting on your armor daily** (Eph 6:10-18). Submit to God, resist the devil, and the Bible promises that he will flee. (James 4:7)

7. Testify

Here at Breakthrough, we would love to hear from you about what God did through your ministry session. Please let us know by filling out the testimony form at <https://breakthroughhpc.com/submit-a-testimony>. **We celebrate the testimonies of God** bringing healing, freedom, breakthrough, and greater connection with Him! We encourage you to give God glory by giving voice to what He has done in your life.

Additional Resources:

[4 Keys to Hearing God's Voice](#) by Mark Virkler

[Forgiveness](#) by Rodney Hogue

[Experiencing the Father's Embrace](#) by Jack Frost

[Two Hours to Freedom](#) by Charles Kraft

[A Guide for Listening and Inner-Healing Prayer](#) by Rusty Rustenbach

[Liberated](#) by Rodney Hogue

[Understanding the Wounded Heart](#) by Marcus Warner