

BEHAVIORAL HEALTH

THE CASE FOR INVESTMENT:

Did you know...

- Stressed workers spend 46% more time on their healthcare. *opensourcedworkplace.com*
- 75% of employers consider stress their top workplace health concern. *opensourcedworkplace.com*
- Depression costs employers more than any other health condition' *bustle.com*
- Four in five workers report poor work-life balance

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CUSTOMIZED TRAINING for your organization

Trauma Informed Care (TIC) & Adaptive Resilience Mental Health First Aid USA (MHFA) Supportive Aide Certificate, Mental Health Reaching Your Optimum Work-Life Balance

What if you <u>train</u> your employees and they leave?

What if you <u>don't</u> <u>and they stay</u>?



Training & Workforce Options

TWO is a one-of-a-kind collaboration between Holyoke and Springfield Technical Community Colleges that provides affordable, contract training for your business –

at your business, on your schedule, customized to fit your company's needs.

TWO will assist eligible employers with funding sources, at no cost through the Registered Apprenticeship program and the Workforce Training Fund.

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