

Soul Retrieval Past-Life Regression Hypnosis & Spiritual Mentorship

Autumn Maddox

**Engagement Agreement for Spiritual Mentorship**

**Date:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Agreement with:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Our Relationship**

As a seeker of spiritual enlightenment, I will act as your companion, encouragement, support, and sometimes guidance towards finding and developing your own personal connection to your soul’s divine purpose. Spiritual mentorship indicates a professional but friendly connection based on enhancing one’s connection to “source”, “God”, “creation/creation”, or whatever term you find suitable for this concept.

My background and experiences which have prepared me for mentoring are being a life witness to substance abuse, food addiction, codependency, and emotional abuse. Practices of health and wellness such as clean diet and exercise, meditation, journaling, and creative writing, are also a secondary life interest which has aided in my preparation for spiritual mentorship. Although I have a background of a bachelor’s in psychology with a minor in philosophy and am in process of obtaining a master’s degree in transpersonal psychology, I am not a licensed therapist and will not provide pharmaceutical drugs or traditional psychotherapy. Instead, the advice I will seek to provide (if any) will be centered around holistic health choices and spiritual awareness in your daily life.

In order to maintain professional boundaries for your safety and mine in the course of our work together, we will limit our contact to solely scheduling and attending mentoring sessions as possible. Meetings can be as frequent as once every two weeks, once a month, or once every few months as fits both of our scheduling needs.

As the “mentee/client” you are responsible for maintaining proper social boundaries and showing up for sessions on time and with an open heart and mind, in an attitude of a desire to improve one’s personal spiritual strength. As the “mentor” I will provide a listening ear, support, and sometimes inspirational or educational reading materials or videos which are entirely optional for your consumption.

It is important for the “mentee/client” to understand that spiritual mentorship relies heavily on the shared understanding of a need for a connection to the divine, however the mentee may define this concept. If it seems that professional medical help or therapy would behoove the mentee, the spiritual mentor will communicate this directly.

As you grow in your spiritual development, you may find that you “outgrow” the mentor and no longer need services, or for other reasons you no longer desire mentoring sessions. If this is the case, the relationship may be ended by simply discontinuing contact or by communicating the reason for ending the sessions.

**Confidentiality**

 All information shared within the mentoring sessions is ethically bound by me to confidentiality and will be protected in a safe and sovereign environment. However, you may share anything you wish to share with the mentor, and with other people in your life about the information shared in the sessions as you see fit.

**Time of Sessions and Changes**

 If your schedule changes and you are unable to attend a session for any reason or would like to reschedule the appointment, texting at least 48 hours in advance is required to avoid paying for the appointment slot. I will send an email reminder one day in advance to your appointment to confirm! In the event that you achieve a spiritual breakthrough in between sessions and would like to text to share this information, this is allowed but should be kept to a professional minimum.

**Fees**

The fee for each one-hour session is dependent upon time length, $111 for a one-hour session, $144 for a 90-minute session with post-regression discussion, and $177 for a full 2 hour length session with mentorship and holistic resources/advice provided afterwards. Fees must be paid in advance to a scheduled session. This fee is guaranteed for at least 12 months.

**Please sign and return a copy of this agreement**

**Signature of Mentee/Regression Client:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Date:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Signature of Mentor/Regressionist:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

**Date:** \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_