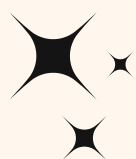




S O C I A L S T O R Y



Understanding Advocacy



WRITTEN BY
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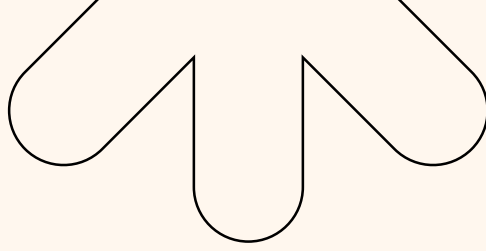


You are an adult, and you have lots of RIGHTS.

SOME OF YOUR RIGHTS ARE:

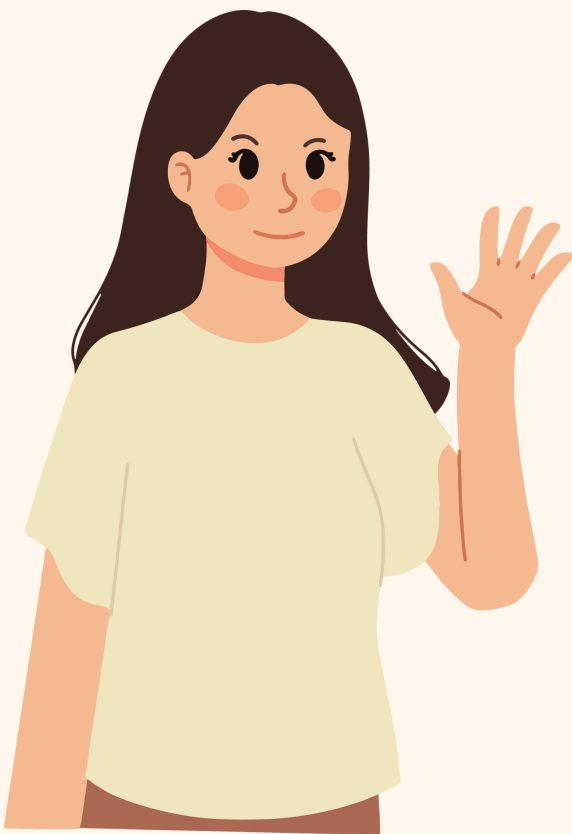
- You have the right to feel safe and healthy
- You have the right to have choices and control everyday – you can make your own decisions
- You have the right to say "no" anytime
- You have the right to follow your interests and set your own goals
- You have the right to take part in the community and feel included
- You have the right to complain if you aren't happy with something
- You have the right to choose where and how you live
- You should be supported to access all of these rights!



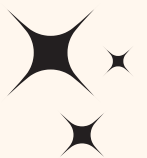


There is a job called an "Advocate"

An Advocate's role is to understand and support you to be treated fairly, make your own choices and to access ALL of your human rights.



**THEY WILL BE KIND.
THEY WILL ALWAYS LISTEN.
THEY COULD BE A MAN OR LADY.**



Why might I need an advocate?

Do you feel like you don't have all of those rights ?

Do you ever feel like people don't listen to you?

Do you ever feel that you don't get what you want or need?

Do you ever feel like your voice isn't loud enough?

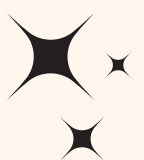
Does it ever feel like you're not treated like an independent adult?

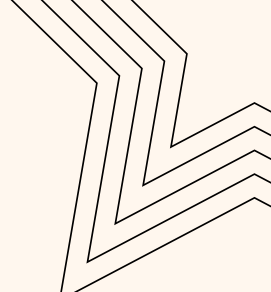
Do people ever treat you unkindly or make you feel sad or mad?

Do you want some changes to happen in your life and need some help to make it happen?

Do you sometimes feel like you have to do or say things that you don't want to do?

Do you ever feel scared or unsafe to disagree with somebody?



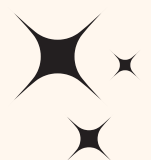


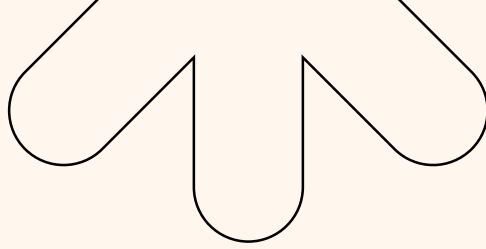
If you answered 'yes' to any of those questions then an Advocate can help!

An advocate can help with all those things, and more. They will make always put your wants and needs first.



OR

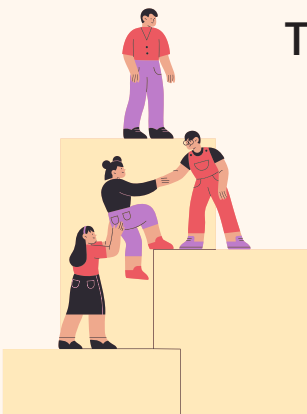




What would an Advocate help me with?



They would take time to get to know you and the things you want and need first.



They will make sure that you are supported to make your own decisions.

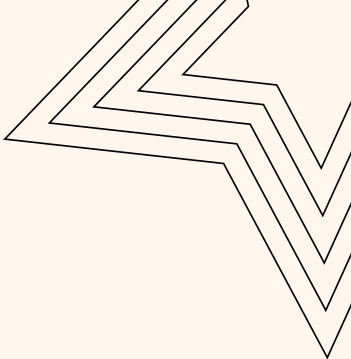
They will make sure that everyone hears and understands you.



They will focus on understanding all of your strengths, abilities and skills so that you can be involved in more of your everyday choices.

They will help to build your skills so that you can stick up for yourself and be heard with your own voice.





Do you agree to us arranging for an Advocate to meet with you?

Please tick YES or NO

YES ☐

☐ **NO**

