

AMMA

DAY SPA

South Miami

Services



Dead Sea Minerals Detox Body Polish
30-40 min - \$95

Immerse yourself in pure indulgence with this luxurious full-body exfoliation infused with Dead Sea salts, caviar, argan oil, ginseng, and lemon extract. Rich in oligo-elements, minerals, and rare botanicals, this revitalizing ritual works to detoxify, remineralize, and de-stress the body, leaving skin remarkably smooth, radiant, and deeply renewed. The experience concludes with a lavish application of Remodelling Body Milk, enriched with caviar oil and hyaluronic acid, to seal in hydration, boost firmness, and unveil a silky, luminous skin.

Suggested indulgence: Pair this treatment with a massage or facial for complete renewal and ultimate relaxation.

Body Scrub

Oriental Silk Spice Body Ritual
60 min - \$225

Surrender to a warm, sensorial journey where liquid-gold Marula oil is slowly draped over the body, cocooning the skin in antioxidant-rich nourishment that softens, exfoliates and hydrates to enhance natural radiance. Heated potlis follow, filled with a fragrant blend of cinnamon, sandalwood, clove, rose petals, nutmeg, cardamom, angelica root and bay leaf. Their gentle, rhythmic compressions help to ease muscle fatigue, encourage circulation and delicately exfoliate and refine the skin's texture, while sandalwood and rose petals lend a calming, skin-soothing touch and the warming spices subtly energize the body. You emerge with skin that feels supple, polished and luminous, a body that feels lighter, and a spirit that feels deeply grounded in this opulent AMA signature ritual.



Healing Body Wrap

60 min - \$150

Soothe, hydrate, and restore your skin with this rejuvenating full-body therapy, designed to calm, cool, and replenish sun-exposed or stressed skin. This treatment features an innovative Algae Wrap with a light, refreshing gel texture—expertly blending the finest Earth and Ocean botanicals. A cooling infusion of draining and decongesting brown algae (Fucus Vesiculosus Extract) works in harmony with Hamamelis, Chamomile, Rosemary, and Thyme Extracts to ease discomfort associated with poor circulation, heavy legs, or varicose veins. Rich in anti-inflammatory and antioxidant properties, this wrap soothes sensitivity, replenishes vital hydration, and restores the skin's natural balance. The treatment concludes with a gentle application of nourishing oils and calming lotion, leaving your skin comforted, supple, and glowing with renewed vitality.

Suggested indulgence: Follow with a massage or facial for full-body revival and optimal well-being.

Detox Body Wrap

60 min - \$150

Embark on a revitalizing detox journey that purifies, firms, and restores your skin's natural vitality. This multi-phase body treatment begins with a no-mess, no-scrub Gel Exfoliation that transforms into an effervescent foam upon contact with air, releasing oxygen to gently lift away dull surface cells. Powered by a Fruit Enzyme Complex of Caviar Lime and Salicylic Acid, this advanced exfoliator dissolves impurities and promotes clarity, while Eggplant Extract supports repair and Azelaic Acid (derived from barley) brightens and refines the complexion. Once your skin has been freshly renewed, a Slimming & Firming Algae Wrap is applied, featuring a potent concentration of Fucus Vesiculosus, Laminaria Digitata, and Lithothamnium Algae—brown, green, and red marine algae renowned for their mineral and antioxidant richness. These ocean-sourced botanicals help stimulate circulation, drain toxins, and soften the skin for a visibly smoother, more toned appearance.

The result is a deeply detoxifying and restorative experience that refreshes body and mind, leaving your skin purified, radiant, and beautifully rebalanced.

Suggested indulgence: Follow with a massage or facial for full-body renewal and optimal relaxation.

Body Wraps



Experience the finest massages in South Miami. Our expert therapists offer a range of treatments designed to relax and rejuvenate, tailored to your specific needs. Indulge in the ultimate massage spa experience at AMA Day Spa, where serenity and tranquility await you.

Swedish Massage

60 min – \$130 | 90 min – \$180 | 120 min – \$230

Drift into bliss with our customized Swedish-style massage, carefully tailored to your needs with light to moderate pressure. This rejuvenating treatment features a nutrient-rich botanical oil blend—infused with Sunflower Oil, Caviar Oil, Squalane (from olive oil), Shea Butter, and Vitamins A, E, and F—designed to nourish and deeply revitalize the skin. The botanical infusion is further enhanced with Ginseng and Lemon Extracts, adding an uplifting touch that invigorates the senses, while Lavender and Orange Essential Oils deliver a soothing, aromatic finish. The result is pure tranquility, renewed energy, and radiant well-being.

Deep Tissue Massage

60 min – \$155 | 90 min – \$205 | 120 min – \$255

Experience targeted relief with our therapeutic deep tissue massage, expertly crafted to release muscle tension and restore natural mobility. Our exclusive muscle-recovery oil blend combines Avocado, Argan, Jojoba, and Meadowfoam Oils with Shea Butter and Vitamins A, E, and F to deeply hydrate, condition, and protect the skin while easing soreness. This restorative infusion is further enhanced with Ginseng Extract to boost circulation and Lavender and Orange Essential Oils to promote calm and relaxation. Working together, these elements soothe the senses, rebalance the body, and leave you feeling deeply renewed.

Hot Stone Massage

60 min – \$140 | 90 min – \$190 | 120 min – \$220

Melt away tension as smooth, heated stones glide over your body during this deeply grounding aromatherapy ritual. Our ultra-conditioning infusion of Sunflower, Avocado, Argan, and Meadowfoam Oils with Squalane and Shea Butter replenishes and softens the skin, while Caviar Oil and Vitamin E provide antioxidant protection and a radiant glow. Infused with the calming scents of Lavender and Orange Essential Oils, this soothing ritual harmonizes body and mind, restoring deep balance and serenity from within.

Massages



Pre-Natal Massage

60 min – \$120

Designed for the comfort and well-being of expecting mothers, this peaceful, nurturing massage uses gentle, stress-relieving techniques to ease muscle tension, reduce fatigue, and promote relaxation. Premium, unscented, vitamin-rich oil deeply nourishes and hydrates the skin, supporting elasticity as the body changes.

Recommended during the second or third trimester, this restorative experience soothes the body and calms the mind, creating a moment of serenity for both mother and baby.

Reflexology

60 min – \$100

Optional Aromatherapy Add-On (except Pre-Natal): \$30

Experience deep relaxation and targeted relief with this ancient healing therapy that stimulates pressure points on the feet—and, potentially, the hands and ears—connected to various organs and systems within the body. This healing practice is believed to improve circulation, reduce stress and anxiety, ease pain, and support overall well-being, restoring harmony and balance throughout the body.

Reflexology



Cellulite Treatment

\$110 per session | Series of 10 – \$990

Our advanced cellulite treatment combines soothing infrared rays with isotonic movements and muscle contractions to effectively target and reduce cellulite in the treated areas. The infrared technology stimulates fat breakdown and encourages the natural elimination of unwanted fat cells, while also boosting circulation to improve overall skin health. The gentle heat applied during the procedure enhances blood flow, speeds up fat breakdown, and helps achieve a firmer, smoother skin texture. Experience visibly reduced cellulite and a more toned appearance with this revitalizing treatment.

Facelift

\$250 per session | Series of 3 – \$712 | Series of 6 – \$1,350

Using cutting-edge, state-of-the-art technology from Europe, this advanced facial lifting treatment visibly enhances your face's contours. Immediately after just one session, you'll notice a significant lift and improved tightening in the treated areas. This innovative procedure features the exclusive "Rossodante" gel, which deeply tones and soothes the skin, along with pure Vitamin A to energize and repair cellular function. Collagen infusion is also incorporated to rebuild and strengthen tissue structure. The result is increased skin elasticity, a radiant glow, and a more youthful, rejuvenated appearance for the face, neck, and chest.

Non-Invasive Contouring



Experience the finest facials in South Miami at our luxurious spa, where our expert estheticians provide personalized treatments to rejuvenate your skin. Indulge in a variety of facials designed to nourish and revitalize, leaving your skin glowing and refreshed.

Signature Facial
60 min - \$125

This results-driven skincare experience combines expert technique with natural, holistic ingredients to deliver visible transformation. Your facial begins with a personalized skin analysis to identify your unique needs, followed by a double cleanse, exfoliation, extractions, and an extended facial massage using nutrient-rich botanical formulations. To renew and illuminate the complexion, this treatment features a gentle almond meal paste that removes dead skin cells; stimulates circulation, and promotes cellular renewal for a soft, radiant glow. A self-powered enzymatic exfoliator further refines the skin—eliminating surface impurities without abrasion while helping to minimize pores, smooth fine lines, and reduce the appearance of pigmentation and acne scars. The result is skin that feels supple, oxygenated, and deeply revitalized—restored to its natural balance and luminous vitality.

Marine Collagen Infusion Upgrade
\$50 (add 10 min to your Signature facial)

Enhance your facial with a light gel serum enriched with marine Collagen, Elastin, and DNA to soften, regenerate, and rejuvenate the skin. This concentrate boost helps restore firmness, refine texture, and diminish signs of fatigue, leaving your complexion visibly smoother and more radiant.

Biomatrice Myo-Lift Mask Upgrade
\$75 (add 20 min to your Signature facial)

Biomatrice Myo-lift (remodel) is an all-over mask (including eye and lip contours) made of pure native freeze-dried collagen and Myoxinol TM. The Myoxinol TM - like botulinum toxin - slows biological aging process, lessens the appearance of fine lines and wrinkles and slows the appearance and formation of new wrinkles for more than 24 hours, by reducing the muscular contractions which cause expression lines. Renders skin smooth, toned, and supple.

Skincare



Collagen with Myoxinol^(R) Contour Facial

90 minutes - \$245

Experience the pinnacle of plumping, hydrating, and contouring in this advanced age-defying facial. Our custom approach restores vitality and enhances facial contours through exclusive lifting and sculpting massage techniques that stimulate circulation and promote firmness.

This treatment features the Biomatrice Myo-Lift (Remodel) Mask, an intensive all-over application, including the delicate eye and lip areas, crafted from pure native freeze-dried collagen and MyoxinolTM, a natural complex known to mimic the effects of botulinum toxin. MyoxinolTM helps slow visible signs of aging by softening muscle contractions that lead to expression lines, reducing the depth and formation of wrinkles for up to 24 hours. The result is skin that appears smoother, firmer, and more supple, with renewed elasticity, volume, and youthful radiance.

AMA Men's Facial

50 minutes - \$125

Designed specifically for men's skin, this results-oriented treatment addresses the effects of stress, shaving, and environmental factors to restore clarity, strength, and balance. After a personalized skin assessment, the facial includes a deep double cleanse, enzymatic exfoliation, and extractions, followed by a refreshing facial massage to stimulate circulation and relieve tension.

An advanced almond-based exfoliating paste removes dull surface cells and promotes cellular renewal, while a self-powered enzymatic treatment refines pores, smooths fine lines, and improves texture and tone. The result is skin that feels refreshed, firm, and energized, with a healthy, confident appearance.

Radiant Glow Facial

Featuring FarmHouse Fresh[®] Superfruit Skincare

50 minutes - \$115

This refreshing facial balances, brightens, and refines while nurturing healthy skincare habits. Skin is cleansed with C The FutureTM Cleanser, a vitamin C and glycolic acid whip that smooths and clarifies, followed by Illumination JuiceTM Facial Tonic, an aloe and superfruit mist that delivers lasting hydration and radiance. The treatment concludes with the Guac StarTM Avocado Hydration Mask, calming redness and replenishing moisture for a healthy, luminous glow. Ideal for acneic, blemish-prone, oily, combination, uneven, or hyperpigmented skin, this facial leaves the complexion clear, balanced, and radiant.

Skincare



Cooljet Plasma

60 min - \$350 per area

A next-generation, non-invasive treatment that helps smooth, tighten, and refine the skin without heat or needles. Cooljet Plasma delivers controlled cold plasma energy to gently stimulate collagen, improve tone and texture, and soften the look of fine lines and enlarged pores—leaving the skin looking clearer, firmer, and more luminous over time.

*Add Face, Neck, and Décolleté in the same visit for \$840.
Prepaid series offer added value:*

- 3 sessions – \$890
- 5 sessions – \$1,445
- 8 sessions – \$2,240

A minimum of 4 sessions is recommended for visible, longer-lasting results.

Skincare



HydraFacial® (Non-invasive, zero downtime)

A 3-step, medical-grade facial that deeply cleanses, gently resurfaces, performs painless vacuum-extractions, and then saturates skin with a customized infusion of antioxidants, peptides, and hyaluronic acid. In one visit it decongests pores, lifts away dull buildup, refines texture, evens tone, softens the look of fine lines, and restores bouncy, lasting hydration—delivering an instant, glass-skin glow with no downtime and safe for all skin types (perfect pre-event).

Deluxe HydraFacial — 50 min- \$275

Includes a personalized booster (brightening, firming, calming, or clarifying) and LED light therapy to amplify results.

Platinum HydraFacial — 60-75 min- \$325

The ultimate glow ritual. Begins with lymphatic drainage to reduce puffiness and boost circulation, followed by the full Deluxe protocol with customized booster and LED.

Popular Add-Ons

- **Lip Perk** – smooth, hydrate, and plump the lips | \$50
- **Eye Perk** – brighten and de-puff the eye area | \$50
- **Lip + Eye Perk** | \$80
- **Neck & Décolleté Boost** – extend your glow beyond the face | \$99
- **Dermaplaning** (before HydraFacial) – ultra-smooth, fuzz-free finish | \$55

HydraFacial



Lymphatic Therapy helps remove impurities from the skin to lift and contour while reducing the appearance of puffiness

- **Facial Lymphatic: \$120 / Add-on to HydraFacial Treatment: \$75**
- **Arms: \$65 / Add-On to HydraFacial Treatment: \$40**
- **Abdomen: \$75 /Add-On to HydraFacial Treatment: \$50**
- **Legs: \$85 / Add-On to HydraFacial Treatment: \$60**
- **Back: \$75 /Add-On to HydraFacial Treatment: \$50**

Face - \$75 (Red or Blue LED)

Back - \$80 (Blue LED)

A soothing LED immersion that bathes the skin in LightStim MultiWave® technology—multiple wavelengths of light that work together to help soften the appearance of fine lines and wrinkles, calm redness, support collagen production and promote a more even, balanced glow. The result is a complexion that looks refreshed, comforted and visibly more radiant.

LED
&
Lymphatic Therapy



Face, Neck & Chest—\$120

Arms & Hands - \$70

Pricing on other areas upon request

Revitalize your complexion with our expertly customized chemical peel designed to improve tone, texture, and overall radiance. This treatment features Propeel, a medium-depth AHA-based exfoliant that gently removes keratinized cells, refines skin texture, and clears congestion for a smoother, more even appearance.

Infused with Hyaluronic Acid, Propeel provides deep hydration and comfort while diminishing the appearance of fine lines, wrinkles, and uneven pigmentation. The skin becomes supple, purified, and radiant, perfectly prepared to enhance the absorption and effectiveness of subsequent skincare treatments.

Suitable for all skin types (except extreme sensitivities), our customized peels are a safe, effective way to restore balance and achieve luminous, healthy-looking skin.

Peels



Dermaplaning Glow Facial:
75 min • \$220

Reveal ultra-smooth, makeup-ready skin with this non-invasive exfoliation treatment. Using a sterile surgical blade, your esthetician gently removes dull surface cells and vellus "peach fuzz," enhancing product absorption and instantly boosting radiance. Skin feels baby-soft, looks brighter, and tone appears more even—without downtime. Finished with soothing hydration and SPF. Ideal for most skin types seeking instant glow and smoother finish, not recommended for active cystic acne.

Dermaplaning Add-On
Add 15 min • \$55

A precision dermaplaning pass to lift peach fuzz and refine texture before any facial—maximizing mask and serum benefits for a glass-skin finish.

Dermaplaning



Face, Neck & Chest—\$225

Arms & Hands - \$175

Pricing on other areas upon request

Refresh and rejuvenate your skin with our gentle yet effective micro-dermabrasion treatment. This non-invasive procedure uses fine crystals or a specialized diamond tip to exfoliate away dead skin cells, revealing a smoother, more radiant complexion.

Microdermabrasion helps reduce the appearance of fine lines, age spots, acne scars, and dullness, leaving your skin feeling soft, revitalized, and glowing. Ideal for all skin types, this treatment is perfect for maintaining a youthful, fresh appearance and enhancing the effectiveness of your skincare routine.

Microdermabrasion



Our skilled estheticians use high-quality, gentle waxes designed to effectively remove unwanted hair while minimizing discomfort and redness.

- Bikini: \$45
- Brazilian: \$60
- Buttocks: \$50
- Cheeks: \$20
- Chin: \$20
- Ears: \$15
- Eyebrows: \$25
- Forehead: \$20
- Full Arms: \$50
- Full Legs: \$70
- Half Arms: \$40
- Half Legs: \$45
- Lips: \$15
- Stomach: \$20
- Under Arms: \$35

Waxing

10% off when you combine two or more waxing services



This natural hair removal technique uses a cotton thread to gently and effectively remove unwanted hair, creating a clean, well-defined arch. Perfect for sensitive skin and those seeking a chemical-free alternative, threading provides long-lasting results and customizable shaping to enhance your natural beauty. Experience a quick, gentle, and flawless finish in a relaxing setting.

Eyebrows: \$35

Eyebrows & Lips: \$55

Additional areas on face: \$30 each

Threading



DEFINE AND ENHANCE YOUR NATURAL FEATURES WITH CUSTOM-BLENDED, SEMI-PERMANENT TINTS THAT DEEPEN COLOR FROM ROOT TO TIP. AFTER A BRIEF STYLE CONSULT, YOUR ESTHETICIAN SELECTS THE IDEAL SHADE TO COMPLEMENT YOUR SKIN TONE AND HAIR COLOR. LASHES LOOK DARKER AND LONGER WITHOUT MASCARA; BROWS APPEAR FULLER AND MORE POLISHED—PERFECT FOR A LOW-MAINTENANCE, WAKE-UP-READY LOOK.

Lash Tint

25 min • \$40

Deepens and lengthens the look of lashes for effortless definition.

Brow Tint

20 min • \$35

Refines shape and fills soft gaps for a fuller, natural finish.

Lash + Brow Tint Combo

30–35 min • \$65

A complete eye-framing refresh in one visit.

Ideal for: light or faded lashes/brows, swimmers, minimal-makeup routines, and pre-vacation touch-ups. Typically lasts 4–6 weeks (varies by hair growth and skincare routine).

Arrive with clean, makeup-free eyes/brows. Avoid retinoids/strong exfoliants around the eye/brow area for 3 days prior.

Patch test available by request. Not recommended with active irritation or recent cosmetic procedures around the eye/brow area.

Lashes & Brows



Brow Lamination

45 min • \$110

Smooth, lift and softly sculpt your brows into their ideal shape. Our Brow Lamination tames unruly hairs, adds fullness and symmetry, and creates a polished yet natural look that lasts for weeks. Finished with a nourishing treatment and subtle tint (as needed), your brows appear feathery, lifted, and effortlessly refined—framing your eyes with calm, confident definition.



Eyelash Lift

45 min • \$100

Gently lift, curl, and open the eyes with this low-maintenance lash ritual. Our Eyelash Lift shapes your natural lashes from root to tip, creating a soft, wide-awake curl that lasts for weeks—no daily curling required. Finished with a nourishing treatment to condition and protect, your lashes look longer, darker, and effortlessly defined, framing your gaze with quiet, natural elegance.

Lashes & Brows



Xtreme Lashes® Eyelash Extensions

Full Set - 120 min - \$265

Touch Up Every Week - \$85 / Touch Up Bi-Weekly \$100

Wake up to effortlessly plush, eye-opening lashes. Your service begins with a detailed styling consult and lash mapping to design the ideal curl, length, and fullness for your eye shape and lifestyle. Using Xtreme Lashes® professional products and medical-grade, formaldehyde-free adhesive, individual extensions are applied to your natural lashes—weight-balanced for comfort, retention, and lash health. The result: soft, seamless, mascara-free definition that looks beautifully yours.

Includes: style consult & lash mapping, gentle lash cleanse, under-eye gel pads, precision application with Xtreme Lashes® products, aftercare guidance, and take-home lash wand.

Pre-Care: arrive with clean, makeup-free lashes; avoid waterproof mascara for 48 hrs. prior; limit caffeine the day of your appointment.

Eye Lash Extension



Refresh your hands and feet in harmony with nature. Our nail rituals blend aromatherapy, gentle exfoliation, targeted hydration, and expert detailing for a clean, polished finish and a deep sense of ease.

Classic Citrus Avenue

Manicure: 25 min · \$35 · Pedicure: 50 min · \$60

A refreshing clean, polished look with aromatic gel, butter wrap, and hydrating finish; polish or healthy buff.

Includes: exfoliation, file, shape, buff, cuticle care, polish

Deluxe Aroma Ritual

Manicure: 45 min · \$70 · Pedicure: 60 min · \$90

Immerse your senses in a citrus escape with our custom aromatic soak, blending the bright, uplifting notes of Sweet Orange, Bloody Orange, and Bitter Orange. A rejuvenating mineral exfoliation smooths and renews the skin, followed by a tension-melting massage with indulgent Rose de Mai Oil, leaving hands and feet deeply nourished, radiant, and beautifully refined — finished with expert detailing.

Includes: soak, exfoliation, file, shape, buff, cuticle care, polish

Luxurious Mindful Oasis

Manicure: 60 min · \$95 / Pedicure: 75 min · \$125

Begin with a calming breath ritual, custom aroma consult, and botanical tea as you unwind into an aromatic soak and gentle exfoliation. A Callus Peel smooths roughness, followed by a hydrating warm-towel mask and nourishing paraffin for hands and feet. Melt into a restorative hot stone massage with Lemongrass Oud Oil, then finish with meticulous nail detailing and your choice of polish or natural buff—leaving you serene, renewed, and beautifully polished.

Includes: aromatic soak, gentle exfoliation, Callus Peel, hydrating mask with warm towels, paraffin treatment, hot stone massage, detailed nail care, and polish or natural buff.

Little Limes - Kids

Manicure: 20 min · \$20 · Pedicure: 25 min · \$30

Playful, gentle service with soft citrus or vanilla aromas, light exfoliation, soothing lotion massage, and fast-dry polish.

Includes: soak, exfoliation, file, shape, buff, fast-dry polish (no cuticle cutting)

Hand & Foot Rituals



Enhancements & Specialty:

Apres Gel-X Sculpt Extensions

Approx. 90-120 min \$110 / Refill: \$70

Lightweight, durable extensions made from soft gel that shape perfectly to your natural nail for a flawless, flexible finish. Provides instant length and strength

Luminary / Builder Gel Manicure

Approx 90 min \$85 / Refill: \$70

Elevate your nail care with our Luminary Builder Gel Manicure — a strengthening, long-wear enhancement designed for clients who want added durability without the look or feel of traditional extensions. This treatment uses a premium builder gel to reinforce the natural nail, creating a resilient, flexible overlay that supports growth and minimizes breakage. After meticulous shaping and cuticle detailing, the builder gel is expertly structured to smooth imperfections and provide a flawless foundation for color. The result is a beautifully polished manicure with superior strength, a sleek, natural finish, and extended longevity compared to standard gel polish. Perfect for weak, brittle, or peeling nails — or anyone seeking a higher-performance gel manicure.

Acrylic

Approx 90 min \$85 / Refill: \$70

Achieve instant length and strength with our durable, customizable acrylic nail enhancements. A blend of liquid monomer and powder polymer is expertly sculpted onto your natural nails or tips to create a flawless, long-lasting finish.

Gel Manicure

Approx 45 min \$65

Indulge in a long-lasting, high-shine finish with our luxurious Gel Manicure. This treatment begins with meticulous nail shaping, gentle cuticle care, and a hydrating hand massage to soften and nourish the skin. A premium gel polish is then applied and cured to perfection, delivering flawless color that resists chipping and maintains its glossy brilliance for weeks.

Hand & Foot Rituals



Gel Pedicure

Approx 60 min \$80

Experience beautifully refreshed feet with our indulgent Gel Pedicure. Your treatment begins with a warm soak, meticulous nail shaping, cuticle care, and gentle callus smoothing to restore softness. A relaxing exfoliation and hydrating foot massage follow, leaving skin silky and revitalized. We finish with a long-lasting gel polish, cured to a glossy, chip-resistant shine that stays flawless for weeks. The perfect blend of renewal, comfort, and lasting beauty.

Express Buff, File & Polish Change

Hands \$20 / feet \$30

Express Gel Polish Change

Hands \$35 / feet \$40

Upgrades

French finish \$10 · Callus Peel \$15 · Hot stones \$15 · Paraffin \$15

Hand & Foot Rituals



Your Moment Awaits

Thank you for taking the time to explore AMA Day Spa's carefully curated services. Each ritual, each touch, each detail is designed to honor your body, mind, and spirit—offering a sanctuary where calm becomes luxury and self-care becomes an act of love.

We invite you to step into AMA and immerse yourself in a moment of serenity. Let our therapists guide you through experiences that restore balance, awaken the senses, and leave you radiant, centered, and beautifully aligned.

Reserve your Sanctuary:



786-650-7165



info@amadayspa.com



amadayspa.com/book-now



5900 SW 73rd Street

Suite 103

South Miami, FL 33143