



Packages



OUR AMA PACKAGES ARE DESIGNED AS IMMERSIVE JOURNEYS, NOT JUST APPOINTMENTS. EACH ONE WEAVES TOGETHER MINDFUL TOUCH, AROMA RITUALS, AND RESULTS-DRIVEN SKINCARE OR BODYWORK TO CREATE A COMPLETE EXPERIENCE OF BALANCE—INSIDE AND OUT. GUIDED BY THE BELIEF THAT “TAKING CARE OF YOURSELF IS THE MOST POWERFUL WAY TO BEGIN TO TAKE CARE OF OTHERS,” EVERY PACKAGE INVITES YOU TO SLOW DOWN, RECEIVE, AND REFILL YOUR OWN CUP SO YOU CAN RETURN TO THE WORLD FEELING GROUNDED, RESTORED, AND RADIANT.

Our Packages

The "South Miami Escape" Package

Drift into serenity with this relaxation ritual. Enjoy a personalized Swedish Massage infused with your custom aromatherapy blend to melt away tension, followed by our Classic Citrus Manicure and Pedicure—a refreshing ritual that smooths, nourishes, and leaves you polished and radiant from head to toe.

approx. 135 minutes, \$200

60-Minute Swedish Massage

75-Minute Classic Citrus Mani / Pedi

Complimentary personalized Aromatherapy Blend



The "Detox & Renew" Package

Revitalize from head to toe with this purifying wellness journey. Begin with our Dead Sea Minerals Detox Body Polish to exfoliate, smooth, and awaken the skin, followed by a rejuvenating Detox Body Wrap to draw out impurities and restore balance. Conclude with our Signature Facial and a soothing scalp massage, leaving you feeling renewed, radiant, and deeply refreshed.

approx. 150 minutes, \$330

30-Minute Dead Sea Minerals Detox Body Polish

60-Minute Detox Body Wrap

60-Minute Signature Facial

Complimentary Scalp Massage add-on

The "Ultimate Anti-Aging Ritual" Package

Experience the pinnacle of rejuvenation with this age-defying ritual designed to firm, smooth, and illuminate. Your journey begins with our Collagen Contour Facial featuring Myoxinol™, a natural alternative to Botox, to visibly lift and restore youthful elasticity. Arms and hands are then renewed with a gentle Microdermabrasion polish, followed by an LED Facemask enhancement to amplify radiance. The result—skin that feels firmer, brighter, and beautifully transformed.

approx. 180 minutes, \$420

90-Minute Collagen with Myoxinol (R) Contour Facial

Arms & Hands Microdermabrasion

LED Facemask Upgrade



The "Men's Recharge" Package

Unwind and revitalize with our Men's Recharge Package. Designed specifically for men's skin, our AMA Men's Facial addresses character lines and signs of aging, followed by a targeted Reflexology session to alleviate stress and promote overall well-being. This is the perfect treatment to recharge and put your best face forward.

approx. 90 minutes, \$155

60-Minute AMA Men's Facial

30-Minute Reflexology

The "Mama-To-Be Serenity" Package

Nurture yourself during this special time with our Mama-To-Be Serenity Package. This tranquil treatment combines a stress-reducing Pre-Natal Massage with a soothing foot scrub, designed to relieve aches and pains and promote relaxation. Enjoy a moment of peace and pampering as you prepare for motherhood.

approx. 60 minutes, \$135

60-Minute Pre-Natal Massage

Non-scented gentle Foot Scrub



The "Quick Radiance Boost" Package

Perfect for those on the go, this express rejuvenation delivers instant, glowing results. Enjoy a 50-minute HydraFacial to deeply cleanse, hydrate, and revitalize your complexion, complemented by precision brow shaping and lip and chin waxing for a polished, photo-ready finish. Reveal fresh, luminous skin and effortless radiance in under an hour.

approx. 60 minutes, \$300

50 min HydraFacial

Eye brow wax

Lip wax

Chin Wax



Your Moment Awaits

Thank you for taking the time to explore AMA Day Spa's carefully curated packages. Each ritual, each touch, each detail is designed to honor your body, mind, and spirit—offering a sanctuary where calm becomes luxury and self-care becomes an act of love.

We invite you to step into AMA and immerse yourself in a moment of serenity. Let our therapists guide you through experiences that restore balance, awaken the senses, and leave you radiant, centered, and beautifully aligned.

R E S E R V E Y O U R S A N C T U A R Y :



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