



Changing Room Policy

These guidelines apply to all adults, and children (all those under 18), sharing changing facilities.

- ✓ If children play for adult teams, they, and their parents, must be informed of the club's policy on changing arrangements.
- ✓ Adults must not be alone in the changing room with any child(ren) at any time.
- ✓ Adults must not change or shower in the same changing room, at the same time, as any child(ren).
- ✓ When children play for youth teams, the only adults allowed in the changing room should be youth team staff - only before or after changing has been completed.
- ✓ If children are uncomfortable changing or showering at the club, no pressure should be placed on them to do so. Instead, they can change and shower at home.
- ✓ Mixed gender teams must have access to separate male and female changing times.
- ✓ Mobile phones must not be used in changing rooms.
- ✓ Adult team captains must organise changing times to ensure this policy is adhered to.
- ✓ This policy must be displayed in all changing rooms at the club.