

Things You May Have Missed

As we are now in the stages of tying up loose ends and zipping them up into a suitcase, we're starting to receive some last minute questions, which we always welcome. We figured it's worth clarifying and reiterating a couple things.

- **Is there really no Wi-Fi? What if I need to call home to my family?**

In general the property has little to no reception for phone and internet. However, there are a couple of areas on the property where you may be able to call home. These areas are at the highest points on the property where you can get a signal from the cell tower in Sayulita near the restaurant and the main shala - please be courteous to other disconnecting guests and use your phone privately before or after meals/ practice

- **But what about power and charging my phone?**

The restaurant area has a docking station where you can charge all your devices. People usually charge during meals in the restaurant. If you need to work and require more reliable Wi-Fi, you can take a short trip into the town.

- **Do I need to worry about the water or ice at Haramara?**

All of the ice and water served at Haramara is purified water and provided 24/7 around the grounds, in your casita, the shalas, the restaurant and pool/ bar. You do not need to worry about water and ice safety and quality at Haramara; though you will still refrain from drinking from the sink taps as this is untreated water. You will not need anything other than a water bottle with a lid to refill. If you go into Sayulita, follow the recommended guidelines to stay clear of potential food and water contamination (ie: drink from bottled water...stay away from cut up fresh fruit and vegetables).

- **How wild are the grounds? And what in the world do I wear on my feet?**

All areas of the retreat are connected by a network of unpaved trails. They are raked twice daily and there is a full staff working hard to keep the pools and grounds pristine. At orientation the owner of the retreat will welcome you to walk the grounds barefoot and flip flops tend to be enough. With that said, some of the paths are steep and can be slippery. If you prefer to wear shoes, pack sturdy walking shoes that you don't mind getting dirty. We also highly recommend flashlights/headlamps and extra batteries for after it gets dark.

- **Bring Your Item of Significance**

Please bring 1 small item of personal significance to you. Anything that represents you, what matters to you, where you've been or where you're going in life. We will use this item for our opening circle and closing ceremony – you will take it back home with you. If it is too personal to travel with you please bring a photo of it or an item that symbolizes it.

You will be taking your item home with you at the end of the week.

- **What is the Poolside Party on Friday night?**

We're closing out our JOY-filled week with a dreamy Poolside Party and Closing Ceremony, because what's a journey without a little celebration? The vibe is 1950s/60s poolside glam with a tropical twist. Think vintage resort wear, cat-eye sunnies, retro swimsuits, bold prints, flowy moomoos, or a cheeky Hawaiian shirt/ coverup. Whether you're channeling old Hollywood elegance or going full tiki chic, this is your moment to play dress up (or not, no pressure at all!) Feel free to really get into it, kind of into it, or not at all. It's completely optional!! Come as glam as you feel, soak in the sunset, and let's toast to the beautiful journey we've shared.