

Frequently Asked Questions with Answers 😊

Remind me... What's Included for this Retreat?

- Shuttle to and from PVR from Haramara (*Remember- you must arrive on 10/4 and depart on 10/11. Any arrivals or departures on different dates will be at your own cost*)
- Morning Refreshments, Breakfast, Lunch, Dinner Daily (*See more information below*)
- 7 Nights in Jungle/Ocean view Accommodations
- Daily Yoga Classes - Invigorating morning session, Restorative afternoon session with meditation
- 3 Creative Art Workshops
- Private Reiki Session
- Intentional Group Circles
- Specialty Workshops
- Opening and Closing Ceremony
- Goodie Bag of Useful Items

What Will I Have to Pay for Out of Pocket?

- Alcohol and additional poolside drinks and food at the resort
- Massages or other spa treatments you receive
- Gratuity (*See more information below*):
 - Shuttle
 - Massages and Spa Service
 - Haramara staff gratuity at end of stay
 - Aforementioned poolside food and drinks
- Food, drink, shopping, etc. in Sayulita
- Taxi to/ from Sayulita - if you do not want to walk

How Much Cash Do I Need to Bring?

Once you are at Haramara, you can charge most things to your casita to be paid for at the end of your week. This includes:

- Poolside drinks and food
- Massages, spa service or other treatments
- Optional Laundry Service

Much of Sayulita accepts major credit cards

Items that require cash:

- Gratuity for spa service (given at time of service)
- The shuttle drivers will accept cash gratuity if you feel so inclined.
- Shuttle service to and from Sayulita
- On-site Boutique Shopping

- We definitely want to remind you to bring cash for gratuities for the hardworking staff at Haramara. Tips shared amongst kitchen, dining, housekeeping, groundskeeping, etc.
 - The suggested gratuity for staff is **\$175 USD for the week per guest.** (\$25 per day)
 - You don't have to tip and we certainly don't want to pressure you to do so if it doesn't come from your own will and heart. You can tip more; you can tip less.
 - The staff of Haramara go above and beyond to create a magical experience and we would not want you to be short on cash at the end of the week.

Where Should I Get Pesos?

- You can use the money exchanges at the airport as you exit. You will pass by there on your way out to connect with your shuttle driver.
- Rates are not likely to be much better in town so if you want to have some pesos on hand, this is a good place to exchange.
- Depending on your local bank and rates, you may be able to exchange at home prior to leaving (plan well in advance)

When is Check In & Check Out?

- **Check-in is at 3pm and check-out is at 10am.**
- Guests who wish to spend extra time at Haramara by arriving before check-in or departing after check-out will need to pay the \$50 USD site use fee, which you will do on-site at Haramara.
- If you are arriving/departing within the included shuttle service windows you will not have to worry about this fee. (a 12:30pm 10/4 arrival time or a 4:30pm 10/11 departure time are considered within this window)
- All shuttles will leave to get you to the airport well in advance of your flight home. You will have plenty of time to get through security.

What's the Weather Like in October?

In a word... Excellent! It is the end of the rainy season so it should be mostly sunny with a small chance of rain. Temperatures with highs in mid to high 80s and lows in the mid to low 70s. [Here is a website](#) with past October weather in Sayulita. It is always a bit humid being on the coast in the jungle.

What Should I Expect at The Haramara?

Being at Haramara is like releasing that breath you've been holding and didn't know was in there. You will be welcomed with fresh aguas and tapas. Once you check in, you will be invited to remove your shoes and guided along the dirt paths which are raked twice daily for optional barefoot enjoyment. Your lodging will be semi-open with no windows and you'll be surrounded by the views of the ocean and the jungle. And get used to it- you will be awakening and drifting to sleep by the sounds of nature.

- Haramara has no electricity (mostly....). You will truly unplug.... no internet... limited cell service... the sounds and smells of nature as your main sense of time keeping.
- Dining happens in a shared dining area. This is where you can find electrical plugs for charging phones and battery packs.
- Yoga and Meditation will occur in the shalas that soak up sunrise and sunset overlooking the jungle.
- We will have some other group activities and you can sign up for massages and other spa treatments.
- We connect as a group daily over an evening Sunset by the pool. Watching the sun set and soaking in the jungle together is usually a highlight of the day and worth scheduling around!

How Far is Sayulita from Haramara?

- Sayulita is a 4 minute taxi ride or you can walk 15 to 20 minutes. There is a road from Haramara that goes straight to town.
- Haramara feels very remote because it's tucked in the jungle but Sayulita is very accessible. The town is small and lively- lots of restaurants, shops, galleries, bars, and delicious tacos.

What if I Need the Internet?

We get it- truly unplugging can be really hard. We know that being offline will be one of the greatest parts of this experience. But we also know that sometimes we need to get connected.

- There are a couple of spots on the property where most carriers get enough internet to do some emails on your phone. Some spaces are available for phone calls with family back home.
- You can also head down to Sayuilta and hunker down if you need to get something done that couldn't get moved. Haramara will have recommendations on locations.

Can You Remind Me About the Food?

The food... Wow! Haramara does food right and you will not leave the table hungry! You will be served 3 three-course meals daily. Prior to our morning yoga class the dining room will have coffee, tea and fruit available.

- All food is sourced locally and is super fresh.
- The meals are typically pescatarian.
- Food allergies are accommodated. If you are vegetarian, vegan or allergic to gluten, fear not! Your meals will be an incredible version of the main menu.
- The amount is even customizable to meet different appetites!
 - Half Portion
 - Full Portion,
 - One and a Half Portion
 - Double Portion

- The poolside bar has coffee, smoothies, fresh coconut water, margs from scratch, ceviche, and some other snacks if you need a little more.
- All meals are optional and the staff will remind you of this. They get it- you might have a massage or a nap scheduled! You'll just keep them informed to reduce food waste.

If you still need to enter your rooming selection and dietary requests please do so using [this form](#).

What Should I Pack?

You will likely spend most of your time in a bathing suit or your Yoga gear. But the jungle and the true unplugged nature of Haramara mean there are some interesting items we recommend!

Please see the separate PDF.

What is There to Do at Haramara?

Yoga. Art Workshops. Read a Book. Nap in a hammock. Hang out at the bar or pool. Swim. Soak up the sun at the private beach. Snack on ceviche by the pool. Reiki sessions. Journal. Discuss the day with friends. Play with art supplies. Explore the grounds. Take a trip to town. Schedule a Spa Treatment.

Haramara has a healing center and they take it seriously. You can get facials, body scrubs, and a variety of massages- all by excellent practitioners. We will all have the chance to sign up the first night and throughout the week.