

Level 1 LIVE PATIENTS + Prolo & PRP

| | <u>Day 1 - Thursday</u> Scanning | <u>Day 2 - Friday</u> Scanning | Day 3 - Saturday Injecting | Day 4 - Sunday Injecting |
|---|---|---|--|--|
| Travel | Upper Body Learn to Scan to Inject: Cortisone, HA, Prolotherapy & PRP | Lower Body Learn to Scan to Inject: Cortisone, HA, Prolotherapy & PRP | US-Guided Injection Training on Live Patients Most will be Prolo or PRP | US-Guided Injection Training on Live Patients Most will be Prolo or PRP |
| Travel on your own to Guadalajara (GDL) (not included in registration) | 9:00 Enjoy A Relaxing Morning Enjoy a morning workout or just a well- deserved sleep-in | 9:00 Enjoy A Relaxing Morning Enjoy a morning workout or just a well- deserved sleep-in | 9:00 US-GUIDED INJECTIONS | 9:00 US-GUIDED INJECTIONS |
| Stay with the group or on your own in Guadalajara (not included in registration) | 11:00 REGISTRATION Coffee & Tea Muffins & Donuts Introductions & Ice Breakers | 11:00 HIP Hip Joint Greater Trochanteric Bursa + BONUS Gluteus Minimus & Medius Tendon | Students will work with a tutor and translator to examine and inject prolotherapy and PRP for local Guadalajara patients in need of treatment. | Students will work with a tutor and translator to examine and inject prolotherapy and PRP for local Guadalajara patients in need of treatment. |
| The Clinic is "Fuerza y Equilibrio" Calle Luis Pérez Verdía 188, Ladrón de Guevara 44600 Guadalajara, Jal., Mexico | 11:10 PROLO and PRP: | | We will work hard to provide learners with a variety of | We will work hard to provide learners with a variety of |
| VANCOUVER flights are as low as \$500 THERE: Wednesdays: YYZ-GDL 7:01am-7:22pm (AeromexicoWestjet 1 stop 10.5hr) HOME: Tuesdays: GDL-YVR 9:30pm-12:55am (Flair direct 5.5hrs) | 11:30 SHOULDER Subacromial Bursa + BONUS Supraspinatus Tendon Glenohumeral Joint + BONUS Infraspinatus Tendon | | Cases according to skill level Upper Body Examples are: Subacromial Bursa | Lower Body Examples are: |
| | + BONUS Infraspinatus Tendon | 12:30 LUNCH 1:30 KNEE | + BONUS Supraspinatus Tendon | Hip Joint |
| CALGARY flights are as low as \$900 | | Knee Joint (Suprapatellar recess) | | Greater Trochanteric Bursa |
| THERE: Wednesdays: YYZ-GDL 2:30pm-11:30pm (American 1 stop 8hr) | 1:00 LUNCH | + BONUS Medial Joint Line | Glenohumeral Joint | + BONUS Gluteus Minimus & |
| HOME: Mondays: GDL-YYC 4:27-11:12pm (Skywest 1 stop 7.45hr) | 2:00 ELBOW + HAND | + BONUS MCL & Pes Anserine Bursa | + BONUS Infraspinatus Tendon | Medius Tendon |
| | Lateral Elbow (Common Extensor Tendon) Medial Elbow | + BONUS Medial Patellar Approach | 1st CMC Joint + BONUS 1st MCP Joint | Knee Joint (Suprapatellar recess) + BONUS Medial Joint Line |
| TORONTO flights are as low as \$500 | (Common Flexor Tendon) | 3:00 ANKLE & FOOT | | + BONUS MCL & Pes Anserine Bursa |
| THERE: Wednesdays: YYZ-GDL 7:55am-12:25pm (Flair direct 5.5hr) | 1st CMC Joint | Tibiotalar Joint | Lateral Elbow | + BONUS Medial Patellar Approach |
| HOME: Mondays: GDL-YYZ 1:15pm-6:55pm (Flair direct 4.5hr) | + BONUS 1st MCP Joint | + BONUS 1st MTP Joint Plantar Fascia | (Common Extensor Tendon) Medial Elbow | Tibiotalar Joint + BONUS 1st MTP Joint |
| | 3:30 CLINIC PROTOCOLS | | (Common Flexor Tendon) | · Bertoe formit come |
| MONTREAL flights are as low as \$800 | 0.00 020 1 1.0 | | | Plantar Fascia |
| THERE: Wednesdays: YUL-GDL 3:55pm-11:30pm (American 1 stop 9hrs) | 4:00 END OF DAY | 4:00 END OF DAY | 4:00 END OF DAY | 4:00 END OF DAY |
| HOME: Mondays: GDL-YUL 6:00am-2:55pm (American 1 stop 8hr) | Enjoy an evening exploring the Historic Guadalajara Centre alone or with the group | Enjoy an evening exploring the Historic Guadalajara Centre alone or with the group | Enjoy an evening reviewing cases with the group or exploring the city | Enjoy an evening reviewing cases with the group or exploring the city |

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