

Day One

**Ultrasound Scanning
for the Top 10 PRP Protocols**

9:00 WHAT TO CHOOSE & WHEN
Protocols for Sports Medicine

9:20 KNEE
Knee Joint (Suprapatellar recess)
+ BONUS Medial Joint Line
+ BONUS MCL & Pes Anserine Bursa
+ BONUS Medial Patellar Approach

10:50 BREAK

11:00 HIP
Hip Joint
Greater Trochanteric Bursa
+ BONUS Gluteus Minimus &
Medius Tendon

12:30 LUNCH

1:30 SHOULDER
Subacromial Bursa
+ BONUS Supraspinatus Tendon
Glenohumeral Joint
+ BONUS Infraspinatus Tendon

2:50 BREAK

3:00 ELBOW + HAND
Lateral Elbow
(Common Extensor Tendon)
Medial Elbow
(Common Flexor Tendon)
1st CMC Joint
+ BONUS 1st MCP Joint

4:00 ANKLE & FOOT
Tibiotalar Joint
+ BONUS 1st MTP Joint
Plantar Fascia

5:00 END OF DAY

Day Two

**PRP
Blood Draws and Kit Prep**

9:00 Best Practice Mock Patient Encounters

10:00 Blood Draw with Ultrasound

10:50 BREAK

11:00 PERFECT PRP KIT PREP

12:30 LUNCH

1:30 US SCANNING FOR PRP PRACTICAL EXAM

5:00 END OF DAY