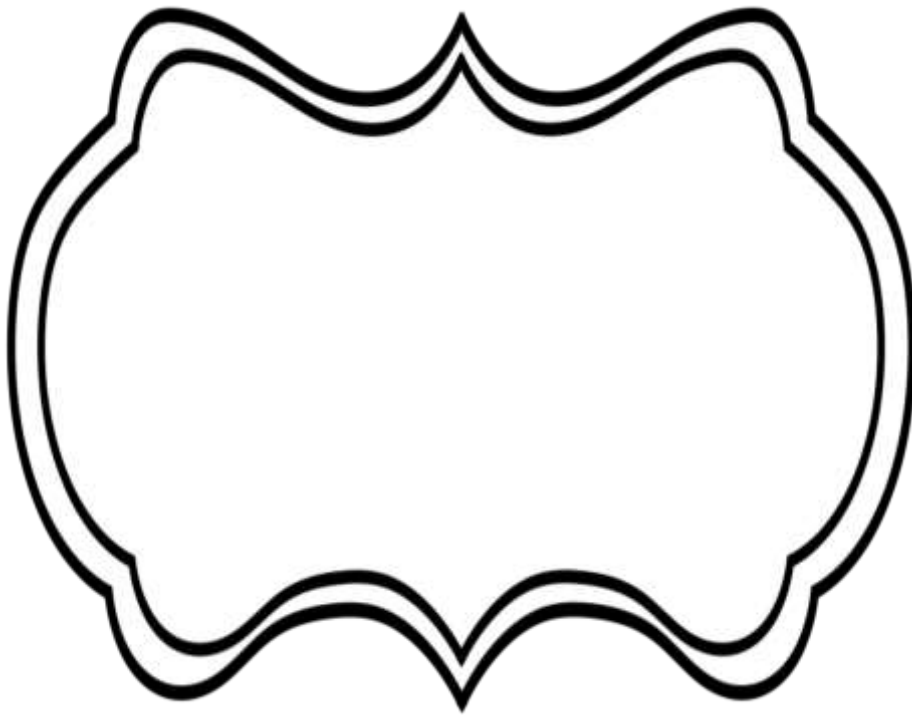


My All About Me Book



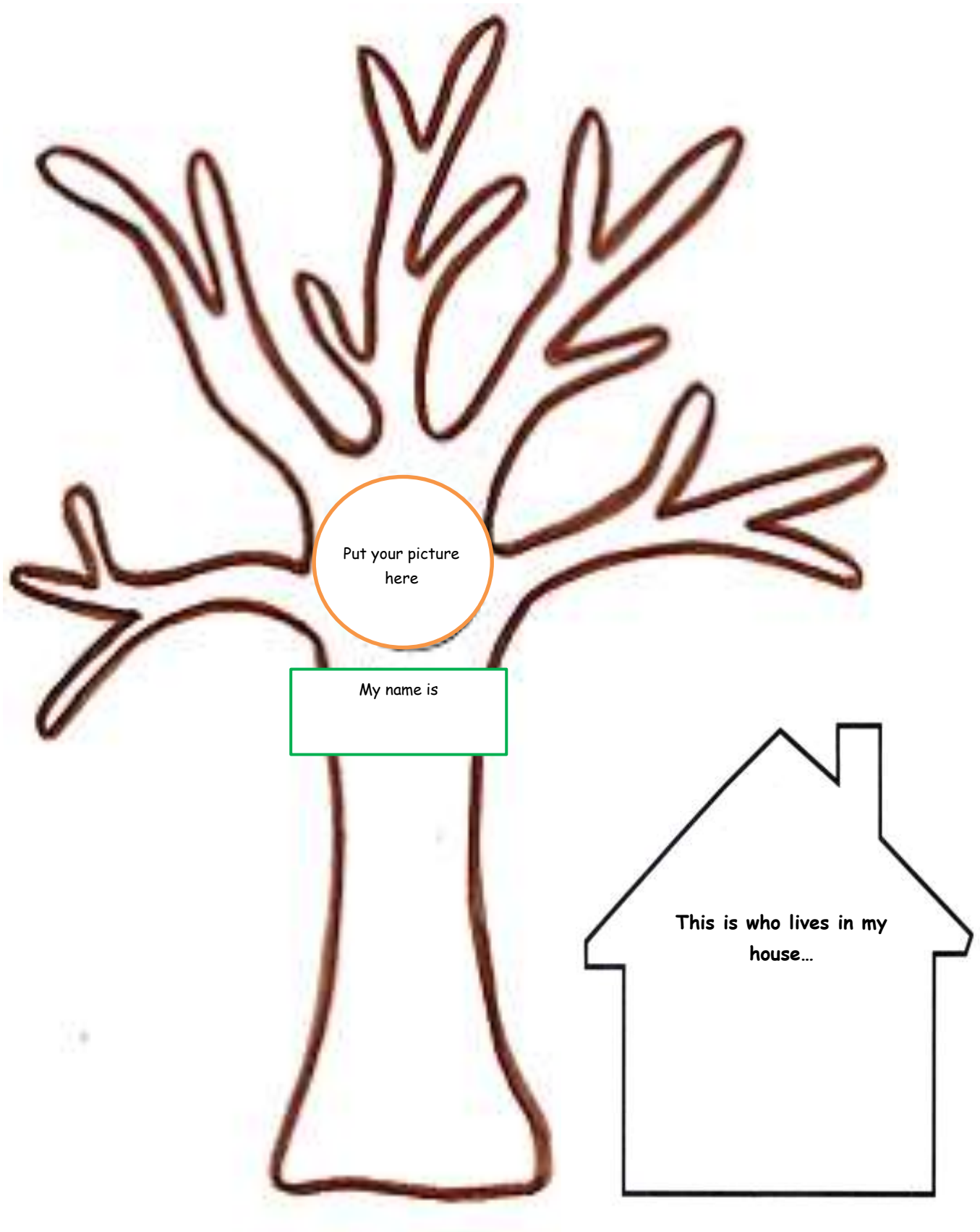
My name is _____

I am _____ years old

My birthday is _____



This is my family



Please include pictures of family members, friends and pets.

I am special because...

My name is _____



I like to be called _____

My birthday is _____ I am _____ years old

I have _____ brothers, _____ sisters and _____ pets.

For fun I like to _____

My favourite songs are _____

My favourite books are _____



I am very good at _____

I need help with _____

My favourite foods are _____

I don't like to eat _____

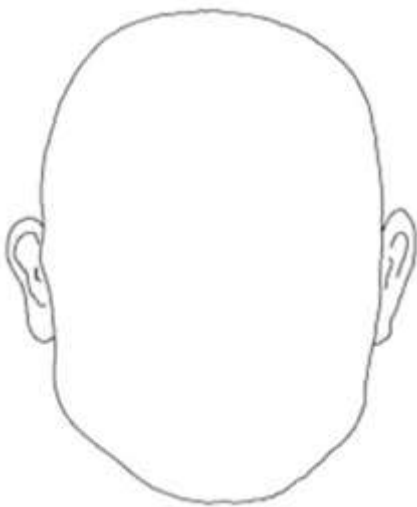


My favourite colour is _____



I like to watch _____ on TV.

This is me



My eyes are _____

My hair is _____

My Starting Points

I am _____ Months Old



Birth – 11 months

- ☐ I like being with others
- ☐ I enjoy cuddles
- ☐ I use my voice and facial expressions to make contact
- ☐ When I am upset you can calm me by singing me a song, holding me in your arms or talking to me gently
- ☐ I listen and respond to sounds and noises
- ☐ I listen to familiar sounds, words, or finger plays

- ☐ I stop and look when I hear my own name
- ☐ I make sounds to communicate i.e. say baba, gogo
- ☐ I roll over from front to back, from back to front.
- ☐ I reach out for, touch and am beginning to hold objects
- ☐ I can hold my own head up
- ☐ I express discomfort, hunger or thirst.

8 – 20 months

- ☐ I build relationships with special people, such as _____
- ☐ I show interest in the activities of others
- ☐ I enjoy finding my own nose, eyes or tummy as part of naming games
- ☐ I use pointing with gaze to make requests
- ☐ I like to use a comfort object to sooth myself. This is _____
- ☐ I move my body to music and sounds I enjoy
- ☐ I understand single words such as 'cup' 'milk' 'Mummy' and 'Daddy'

- ☐ I use sounds in play, such as 'brmmmm' for a car
- ☐ I use single words, such as _____
- ☐ I can sit unsupported
- ☐ I can pull to a standing position by holding onto a person or object
- ☐ I crawl, bottom shuffle or roll to move around
- ☐ I walk around furniture by stepping sideways
- ☐ I can take a few steps by myself
- ☐ I hold my own bottle or cup
- ☐ I try to use my own spoon to feed myself

16 – 26 months

- ☐ I am starting to engage in pretend play
- ☐ I am independent and want to do things for myself
- ☐ I am aware of other people's feelings
- ☐ I respond to some boundaries with support
- ☐ I know that some things are mine, shared and belong to others
- ☐ I explore independently but like cuddles for reassurance
- ☐ I enjoy rhymes and try to join in actions
- ☐ I understand simple sentences like 'throw the ball'

- ☐ I can copy what you say. 'Oh dear, All gone'
- ☐ I can put two words together, 'More juice' 'All gone'
- ☐ I can ask simple questions
- ☐ I can walk upstairs with the help of an adult
- ☐ I can come downstairs on my knees
- ☐ I can build a small tower with bricks
- ☐ I like to make marks with a mark making tool

22 - 36 months

- ☐ I can express my own preferences and interests
- ☐ I can express my own feelings such as sad, worries, scared, happy
- ☐ I respond to the wishes of others
- ☐ I am aware that some actions can hurt others
- ☐ I will give comfort when others are upset
- ☐ I will show co-operation with some boundaries and routines
- ☐ I can stop myself from doing something that I shouldn't
- ☐ I am interested in others play and start to join in
- ☐ I seek out others to share experiences
- ☐ I listen with interest to stories
- ☐ I recognise and respond to familiar sounds such as _____
- ☐ I show interest in songs and rhymes such as _____
- ☐ I can learn new words and use them to communicate
- ☐ I can use simple sentences such as _____
- ☐ I can run safely

- ☐ I can climb confidently on play equipment. I like to play on _____
- ☐ I can kick a large ball
- ☐ I can turn pages in a book, sometimes several at once
- ☐ I am beginning to use three fingers to hold pencils etc.
- ☐ I can walk up and down stairs holding onto a rail
- ☐ I can feed myself well with a spoon
- ☐ I drink well without spilling (Open ended cup) at home I drink from _____
- ☐ I clearly communicate my need for potty or toilet. At home I _____
- ☐ I can help put my own hat on and pull down my zip on my coat etc. _____
- ☐ I can say some number names in sequence and can count to _____
- ☐ I can notice shapes or patterns such as _____
- ☐ I enjoy playing with toys such as car garage, farm or a train track. My favourite is _____

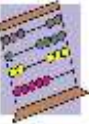




- ☐ I enjoy responsibility of carrying out small tasks such as _____
- ☐ I am confident to talk to other children whilst playing
- ☐ I can confidently ask for help
- ☐ I can take turns and am good at sharing
- ☐ I can demonstrate friendly behaviour and form good relationships
- ☐ I can respond to simple instructions i.e. Tidy toys away
- ☐ I can catch a large ball
- ☐ I can draw lines and circles
- ☐ I can use one handed tools such as scissors to make snips
- ☐ I can hold a pencil between thumb and two fingers no longer using whole hand grasp
- ☐ I can copy some letters such as _____
- ☐ I can tell an adult if I am hungry or tired or need a rest

30 - 50
months

- ☐ I can gain bowel and bladder control and attend to toilet needs most of the time but might need help with _____
- ☐ I can usually manage to wash and dry my own hands
- ☐ I can dress with help e.g. pulls up own trousers, pulls up zipper once fastened at the bottom
- ☐ I like to listen to and join in with stories
- ☐ I can look at books independently
- ☐ I handle books with care
- ☐ I can hold books the correct way up and turn pages
- ☐ I will sometimes make marks and tell you what it means
- ☐ I can count to ten
- ☐ I show care and concern for living things
- ☐ I enjoy joining in with dancing and ring games such as _____
- ☐ I can sing some songs such as _____



- ☐ I am confident to speak to others about what I need or want
- ☐ I am aware of boundaries and behavioural expectations
- ☐ I can negotiate and solve problems without aggression
- ☐ I can maintain attention and sit quietly during appropriate activities
- ☐ I show a preference for dominant hand. This is _____
- ☐ I am beginning to form recognisable letters such as _____
- ☐ I eat a healthy range of foodstuffs and I like _____

40 - 60
months

- ☐ I am usually dry and clean during the day
- ☐ I am beginning to read words and simple sentences such as _____
- ☐ I can tell you what my marks mean when I draw, paint etc.
- ☐ I can write my own name _____
- ☐ I can recognise the numbers _____
- ☐ I can count objects up to _____
- ☐ I can select a named shape such as _____
- ☐ I like to explore the different sounds of instruments



Please complete your child's starting points by ticking the small boxes and filling in the gaps. It will help me to plan activities and care routines to support your child's next steps in learning and settling in period.

Please add any further information that you feel will help me to make your child feel settled and secure in my home environment i.e. further interests and next steps you wish me to include

My Daily Routine

<p>Please tell me about your child's food and drink routines. Include:-</p> <ul style="list-style-type: none"> ✚ Time frame of bottles if applicable ✚ How they eat their food i.e. chopped up ✚ Set meal times? 	
<p>Please tell me about your child's toileting or training. Include:-</p> <ul style="list-style-type: none"> ✚ They wear a nappy ✚ They have a nappy for sleeps (If training) ✚ How often you usually change their nappy ✚ Special creams ✚ Potty or toilet? ✚ Indication of potty or toilet 	
<p>Please tell me about your child's sleep routine. Include:-</p> <ul style="list-style-type: none"> ✚ If they sleep ✚ Where they sleep i.e. cot, bed, pushchair, rocker ✚ Times of sleeps ✚ How long they sleep ✚ Comforters, dummy etc. ✚ How they settle to sleep 	
<p>Please tell me about any other information that you would want me to know.</p>	

Thank you for taking the time to complete your child's 'All About Me'.

Please keep me updated with any changes to your child's routine as and when these changes take place.

