



EP 01 | CLEAR | CTRLALTDEL | HLAV.ORG

Theme: When the dust settles, you see what's always been there

Scripture

Psalm 51:1–10 | Mark 8:22–25

Big Idea

You don't need a new life — you need a clean lens. Every act of clarity moves you one step closer to restoration.

Teaching Snapshot

Like a fogged windshield, life can blur until everything runs together. Clarity doesn't come from perfection but from process. It begins when we step away from the noise, face what's real, and stay long enough for the second touch.

1. **Step Out of the Noise** - You can't get clear surrounded by voices that still call you who you used to be. Jesus led the blind man out of town before healing him, because silence and distance make space for truth and growth
2. **Be Honest About the Halfway** - The man said, "I see people, but they look like trees walking." He didn't fake progress. His honesty became part of his healing. Sometimes the mess you're in isn't failure, it's formation
3. **Stay for the Second Touch** - Most people quit between touches. Restoration takes time. Clarity comes in layers. Sometimes the second touch looks like faithfulness — showing up when it's not easy; sometimes like patience — waiting when it's not clear

Reflection

1. Where in your life feels blurry right now?
2. What truth might distance or silence help you see?
3. What would "the second touch" look like in this season?

Practice (Confess • Cleanse • Clarify)

- **Confess:** Name the blur. You can't fix what you won't name.
- **Cleanse:** Stop polishing with the same rag. Step back, rest, and let go.
- **Clarify:** Ask what's true — not what's loud.

Prayer

Lord, clean my heart. Renew my spirit. Restore my vision

Mission

Write one honest line: "The blur I need to clear is ____." Place it where you'll see it.