



2022

CLASS SCHEDULE

WE CAN'T WAIT TO SEE YOU IN CLASS!

PROGRESSDNA

PROGRESS DNA SCHEDULE

Age and Class Breakdown

Age Breakdown

Tiny Artists Program:

- Tots: 2-3 years
 - Tinys: 3-5 years (in preschool)
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Little Artists Program: (Primary School Aged)

- Pre-Junior: Years K-2
 - Junior: Years 3-4
 - Pre-teen: Years 5-6
 - Little Artists: Years K-6
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Young Artists Program: (High School Aged)

- Teen: Years 7-9
- Senior: Years 10-12
- Young Artists: Years 7-12

Notes on specialty classes:

Tiny Artists Specialty Classes:

- Buddy and Me: Movement class for ages 2-5 years with a grown up
- Music and Me: Music and movement class for ages 2-5 years with a grown up
- Combo Classes: Some classes have 2 styles listed. This means your tiny artist will spend half their class time on each style.

Little and Young Artists Specialty Classes:

- SST: Strength, Stretch and Conditioning will focus on flexibility, fitness, and dance-related strength as well as Kicks, Turns, Leaps and Tricks
 - Little Artists Aged: Years K-6 can enrol, class will be split into 2 groups if necessary based on enrolments
 - Young Artists Aged: Years 7-12 can enrol, class will be split into 2 groups if necessary based on enrolments
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Elite Artists Program:

- Mini Elite: Ages 6-9
- Junior Elite: Ages 10-13
- Senior Elite: Ages 14-18
- Solos/Duos/Trios
- Companies/ small Groups

*These programs are for artists who want to take their training to the next level. These artists have the opportunity to do extra performances and to compete at eisteddfods through the year. These programs carry a minimum class load and are by invitation only. Please email to express interest.

PROGRESS DNA SCHEDULE

Monday, Term 1, 2022

Monday

Time	Studio 1	Studio 2	Studio 3
Monday Morning			
9:30am	Tots + Tiny Buddy and Me		
10:00am	Tiny Artist Ballet		
10:30am	Tiny Artist Jazz/Hip Hop		
Monday Afternoon			
4:00pm	Teen/Senior Ballet	Pre-teen Contemporary	Open for student practice and solo/duos
5:00pm	Teen/Senior Contemporary	Pre-teen Ballet	
6:00pm	Teen/Senior Jazz	Pre-teen Hip Hop	
7:00pm	Teen/Senior Hip Hop	Pre-teen Jazz	
8:00pm	Young Artist Solo (30min)	Young Artist Solo (30min)	

PROGRESS DNA SCHEDULE

Wednesday, Term 1, 2022

Wednesday

Time	Studio 1	Studio 2	Studio 3
Wednesday Morning			
9:30am	Tots + Tiny Music with Me		
10:00am	Tiny Artist Ballet		
10:30am	Tiny Artist Acro		
Wednesday Afternoon			
4:00pm	Junior Ballet	Pre-Junior SST	Open for student practice and solo/duos
5:00pm	Junior Lyrical	Pre-Junior Ballet	
6:00pm	Junior SST	Pre-Junior Lyrical	
7:00pm	Little Artist Solo (30min)	Little Artist Solo (30min)	
8:00pm			

PROGRESS DNA SCHEDULE

Thursday, Term 1, 2022

Thursday

Time	Studio 1	Studio 2	Studio 3
Thursday Morning			
9:30am			
10:00am			
10:30am			
Thursday Afternoon			
4:00pm	Junior Hip Hop	Pre-Junior Jazz	Tiny Artist Jazz/Hip Hop
4:30pm			Tiny Artist Theatre
5:00pm	Junior Jazz	Pre-Junior Hip Hop	Young Artists Theatre
6:00pm	Teen/Senior Commercial	Pre-Teen SST	Little Artists Theatre
7:00pm	Teen/Senior SST	Pre-Teen Commercial	Little Artists Tap
8:00pm	Young Artists Ballet Tech		Young Artists Tap

PROGRESS DNA SCHEDULE

Saturday, Term 1, 2022

Saturday

Time	Studio 1	Studio 2	Studio 3
Saturday			
9:00am	Junior Jazz	Pre-Junior Ballet	Tots + Tiny Buddy and Me
9:30am			Tiny Artist Ballet
10:00am	Pre-Junior Jazz	Junior Ballet	Tiny Artist Jazz/Tap
10:30am			Tiny Artist Hip Hop/Acro
11:00am	Junior Lyrical	Pre-Teen Ballet	Pre-Junior Hip Hop
12:00pm	Junior Hip Hop	Pre-Teen Jazz	Pre-Junior Lyrical
1:00pm	Solo/Duo	Solo/Duo	
2pm-6pm	Studios Available for privates, rentals and birthday parties - email info@progressdna.com.au for more info		