



2022

CLASS SCHEDULE

WE CAN'T WAIT TO SEE YOU IN CLASS!

PROGRESSDNA

PROGRESS DNA SCHEDULE

Age and Class Breakdown

Age Breakdown

Tiny Artists Program:

- Tots: 2-3 years
- Tinys: 3-5 years (in preschool)

Little Artists Program: (Primary School Aged)

- Pre-Junior: Years K-2
- Junior: Years 3-6
- Little Artists: Years K-6

Young Artists Program: (High School Aged)

- Young Artists: Years 7-12

*Dancers must enrol in their school year aged groups.
Exceptions to this must be in writing from the studio director

Notes on specialty classes:

Tiny Artists Specialty Classes:

- Buddy and Me: Movement class for ages 2-5 years with a grown up
- Music and Movement with Me: Music and movement class for ages 2-5 years with a grown up
- Combo Classes: Some classes have 2 styles listed. This means your tiny artist will spend half their class time on each style.

Little and Young Artists Specialty Classes:

- SST: Strength, Stretch and Conditioning will focus on flexibility, fitness, and dance-related strength as well as Kicks, Turns, Leaps and Tricks

Elite Artists Program:

- Mini Elite: Ages 6-9
- Junior Elite: Ages 10-13
- Senior Elite: Ages 14-18
- Solos/Duos/Trios
- Companies/ small Groups

*These programs are for artists who want to take their training to the next level. These artists have the opportunity to do extra performances and to compete at eisteddfods through the year. These programs carry a minimum class load and are by invitation only. Please email to express interest.

PROGRESS DNA SCHEDULE

Monday, Term 1, 2022

Monday

Time	Studio 1	Studio 2	
Monday Morning			
9:30am			
10:00am			
10:30am			
Monday Afternoon			
4:00pm	Pre-Junior Hip Hop	Junior Ballet	
5:00pm	Young Artist Jazz	Junior Jazz	
6:00pm	Young Artist Hip Hop	Junior Lyrical	
7:00pm	Young Artist Ballet		

PROGRESS DNA SCHEDULE

Wednesday, Term 1, 2022

Wednesday

Time	Studio 1	Studio 2	
Wednesday Morning			
9:30am	Tiny Artist Music and Movement with Me		
10:00am	Tiny Artist Ballet		
10:30am	Tiny Artist Acro		
Wednesday Afternoon			
4:00pm	Little Artist Drama	Tiny Artist Jazz/Tap	
5:00pm	Little Artist Tap	Young Artist Theatre	
6:00pm	Little Artist Theatre	Young Artist Drama	
7:00pm		Young Artist Tap	
8:00pm			

PROGRESS DNA SCHEDULE

Thursday, Term 1, 2022

Thursday

Time	Studio 1	Studio 2	
Thursday Morning			
9:30am			
10:00am			
10:30am			
Thursday Afternoon			
4:00pm	Tiny Artist Ballet (45mins)	Pre-Junior Jazz/SST	
5:00pm	Young Artists SST	Pre-Junior Ballet	
6:00pm	Young Artists Contemporary		
7:00pm	Young Artists Commercial		
8:00-8:45pm	Young Artists Ballet		

PROGRESS DNA SCHEDULE

Saturday, Term 1, 2022

Saturday

Time	Studio 1	Studio 2	
Saturday			
9:00am	Little Artist Acro	Tots + Tiny Buddy and Me	
9:30am		Tiny Artist Ballet	
10:00am	Pre-Junior Jazz	Tiny Artist Hip	
10:30am		Hop/Jazz/Acro (45 mins)	
11:00am	Junior Jazz/SST	Pre-Junior Ballet/Lyrical	
12:00pm	Junior Hip Hop	Pre-Junior Hip Hop	
1:00pm			
2pm-6pm	Studios Available for privates, rentals and birthday parties - email info@progressdna.com.au for more info		

DID YOU RECEIVE OUR

Progress Planner?



TERM 4 2021

PROGRESS FAMILY NEWSLETTER

PROGRESS PLANNER

Updates on whats happening for our ProgressDNA families!



TALK TO US TODAY TO SIGN UP!

Progress MAs Open Day!

COME SEE OUR NEW SPACE!



ENROL, MEET OUR STAFF, PLAY GAMES, ORDER
YOUR UNIFORM AND BUY SOMETHING FROM OUR
BAKE SALE!