

“ **Connections form when we value people beyond what they say or do by learning more about who they are.** ”
- James Zhang

Use this activity to help build stronger connections between team members through story telling. The cards below have a question prompt that allows a team member to reveal more about who they are.

Each card is categorised into three levels of openness:

- Surface:** Every day conversation and interesting facts about a person
- Shallows:** More personal questions revealing what matters to a person
- Depths:** Personal questions that show greater vulnerability and openness

2 Ways to facilitate this activity



Around the campfire
(Suitable for small teams up to 10 - Approx. 30 min)

- 1. Distribute a copy of the Connection Cards to each team member.
- 2. Taking turns, each team member will choose a level of openness (Green, Yellow, Amber) and then chooses a question to answer [2 min]
- 3. Conclude once everyone has had at least 1 turn and allow each person in the team to share what they got most out of this activity [~1 min]

Rapid Rounds
(Suitable for larger teams 10-100 - Approx. 30 min)



- 1. Distribute a copy of the Connection Cards to each team member.
- 2. Run 3-5 rounds of pair conversations - each round will complete the following before finding another person for the next round.
- 3. Taking turns, each person will choose a level of openness (Green, Yellow, Amber) and then chooses a question to answer [1 min each person]
- 4. After each round, signal to the participants that it's time to move on and find another partner.
- 5. Conclude after at least 3 rounds and invite up to 3 people to share what they got most out of this activity [~1 min]

Surface: Every day conversation and interesting facts about a person

Shallows: More personal questions revealing what matters to a person

Depths: Personal questions that show greater vulnerability and openness

What’s one thing you wish you
could do or do better?

What’s the most impulsive
thing you’ve done?

Name one thing on your bucket
list

What’s the perfect getaway for
you?

Who is that one person you can
talk to about anything?

What are three things you value
most in a relationship?

Describe something you are
proud of.

If you could tell younger self
one thing right now what would
it be?

Describe an important life
lesson you’ve learned

What is the greatest struggle
you have overcome?

What is difficult for you?
What makes it hard?

What is one thing that people
misunderstand about you?