

FUN, BASKETBALL AUTHENTIC, MAXIMUM BASKETBALL TOUCHES

AGE 5-12 BOYS AND GIRLS

Objectives

- Provide entry-level basketball program for young children
 5 to 12 years old
- Build a community of league organizers, parents, coaches committed to minor basketball
- Provide a fun, active and healthy learning environment

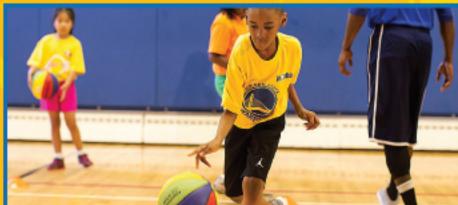
Curriculum

- Weekly 60-90 minute practices for 12 weeks
- Canadian Sport 4 Life/Long Term Athlete Development compliant
- Aligned with Canada Basketball's Developmental Pathway
- Curriculum has been developed by NBA Basketball Operations and a team of experts in child development and physical literacy, and basketball fundamentals
- Games will be modified to be age-appropriate, simple and fun

Equipment & Uniform

- Program will include age-appropriate equipment (smaller basketball and lowered adjustable hoops) and modified games
- Participants will receive a size-appropriate Spalding® Basketball and NBA team branded t-shirt











COMMUNITY CLUB AGE 7-18 BOYS AND GIRLS

The greatest amount of participation within the Winnipeg Minor Basketball Association is in our Community Club based youth leagues. Ages 7–18 boys and girls are invited to register for either our Fall/Winter or our Spring Basketball League. Registrations for each run in September and February respectively.

- The Fall/Winter season consists of 18 weeks of competition between October and March.
- A Spring League consisting of 9 weeks of competition follows in April through June.
- Teams are broken into age divisions comprised of players aged within 2 years of one another with games played on weekends at schools around Winnipeg.
- Teams practice once or twice per week during the weeknights.

We welcome everyone to get involved in Winnipeg's fastest growing sports league as a player, coach or referee! To get involved, visit your local Community Centre or contact the WMBA directly.

For more information on our programs, please visit our website at www.wmba.ca

