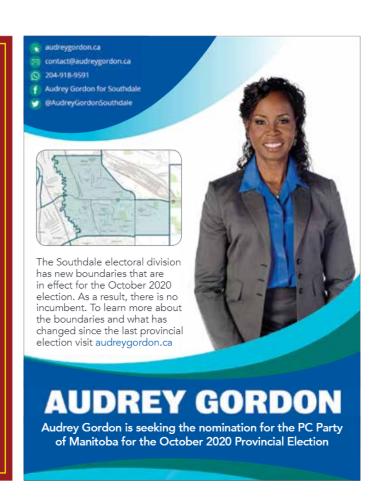
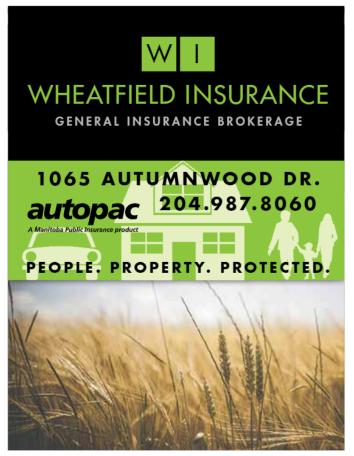
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2019 SPRING NEWSLETTER



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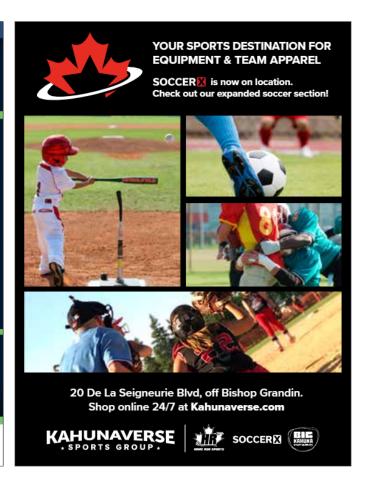


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WINAKWA COMMUNITY CENTRE

980 Winakwa Road Winnipeg, MB R2J 1E7 Phone: 253-4418 Fax: 255-8930 E-Mail: Facility manager@winakwacc.ca Web: www.winakwacc.ca

Facility Manager: Dino Moran PUBLISHED BY JAE MEDIA

PRODUCTION MANAGER LORI KEMP

PRESIDENT REPORT

Winakwa Community Centre hosted our 3rd annual Winter Carnival on Feb 9, 2019. This event was a big success. With many indoor and outdoor activities through out the day for kids and adults there is something for everyone. The highlight is the "Jam Can tournament". "Jam Can" is a fun outdoor curling tournament where we use concrete curling rocks. The evening consisted of kids watching movies and playing video games, lots of laughter, bonfire, beer gardens and a laid back atmosphere. We ended this event with a live local band. We will continue to refine and improve this event with hopes of growing it each year. I would like to thank our volunteers that helped to make this day a memorable one. Without our volunteers' events like this would not be possible. A new program is starting to grow at Winakwa. Corrine our garden club convener and her team started a garden club last season. You may have seen

convener and her team started a garden club last season. You may have seen a bunch of garden boxes pop up just south of the Windsor Park pool. If you have the love or interest in gardening, planting a garden bed or coming to a few classes then check out our Winakwa garden club information on our website or follow us on Facebook for details. It's a great way to grow your own food.

Our Community Centre gives our kids and adults a fun safe place to grow and be part of something bigger then themselves. That in mind our board continues to put on events all year for our community to enjoy at such as our winter & summer carnivals, pancake breakfast, craft sales and lunch with Santa to name a few. We hope you can come to one or all of these events to enjoy them with us.

Save the date for our summer carnival- we are looking at amalgamating with our soccer jamboree for everyone to have a blast at the end of June.

Guy Poirier President

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WINAKWA COMMUNITY CENTRE 2



HIGH STEPPERS SENIOR CLUB

The High Steppers Seniors Club meets at Winakwa Community Centre on Wednesday and Thursday from 10:00 am - 2:30 pm. Our day is filled with lots of fun, games, conversation, exercise, and great food. If you would like to come out and see what we are all about, please give our manager Shelley a call to arrange a time to have your complimentary visit.

The Prince of Peace Senior Social Centre Volunteers Inc. received a grant from the Manitoba Municipal Community Small Grant Program which will be used for musical therapy for the High Steppers Club. We will be bringing in entertainment throughout the spring months.

As of January we have started new recreation programming which will continue throughout the year.

High Steppers Senior Club had their annual New Year's Party on Thursday, January 3, 2019. We had lots of fun playing bingo, cow racing, shuffleboard, and dancing to some music. Thanks to Komodo's restaurant for the excellent lunch.

For information, please call Shelley at (204) 619-8477

Saturday, April 4th, 2019 the High Stepper's Club will be sponsoring a Craft and Vendor Show from 10:00 am - 4:00 pm. For booth availability and information contact Beverly at 204-799-5099. We will also be serving tea, coffee, finger sandwiches and dainties for a small charge from 11:00 am -

PICKLEBALL

Pickleball is a fun sport that combines many elements of tennis, badminton and ping-pong. It's played on a badminton-sized court with the net set at about tennis height.

We play indoors in the Winakwa gym and accommodate a range of ages and skill levels. The rules are simple and the game is easy for beginners to learn. We can supply a paddle for those who want to try

Pickleball at Winakwa goes on year-round, Monday to Friday from 8:30am until noon. You can pay the \$4.00 drop in fee or \$50.00 + GST = \$52.50 for three months of play.

Hope to see you on the court.







SLO-PITCH

When the snow starts melting people in the community aren't just looking forward to spring, they are also excited for another incredible season of the Winakwa Slo Pitch League!

This community-based league has twelve teams with 10 women and 10 men per team, who play every Sunday throughout the summer. "Fun first" is our #1 rule, but we still enjoy some competitive ball, sportsmanship, a strong community bond and (at times) beautiful Winnipeg weather!

Congrats to the Hookers and Ringers for winning the fall tournament last season! And congratulations to Bases Loaded for winning the league's sportsmanship award as well!

Special congrats to Steve Doyle for winning the chase the ace last season! On behalf of the league I would like to thank Cortney Dell as she's stepping down from league treasurer. Eryn Barthel will be moving into the treasurer role and Lori Frain has volunteered to join the executives as the new Secretary. Thank you, Cortney and Eryn and welcome Lori!

The Spring Fling will return for another season, and we're making some adjustments to the games at the Beer Gardens. Stay tuned!

The league has several roster spots available, so if you are thinking of joining this fantastic league, please don't hesitate to register online. Any questions about the league can be directed to winakwaslopitch@gmail.com

As always, let's hope for an early thaw and a dry, warm season!

HOCKEY

Well the 2018/19 season is well under way. Winakwa is hosting 2 Timbit teams. There was a major change that occurred this year regarding the Novice 7/8 house league teams. The Novice teams are now housed out of St. Boniface Minor Hockey Association with the title Jr. Seals.

The players seemed to be happy about being apart of the SBMHA and were outfitted with all new gear. SBMHA also provided all new goalie equipment for the teams - which was a bonus. SBMHA also has been putting on coaching clinics monthly in order to assist all new and seasoned coaches on techniques and ideas to further the player development.

We are thankful to our volunteer coaches and managers and we encourage everyone to think about volunteering. We are always in need of volunteers!

RINGETTE

During the 2018-19 Ringette Season, Winakwa Ringette hosted one U16A team and one Open team. There were many Winakwa registrants playing on other hosted teams at the AA, A and B levels.

The Winakwa U16A team has had a successful season so far. They won silver in the BVRA Pre-Season Tournament in October, silver in Medicine Hat in December and gold in the Mid Canada Tournament in December. The team has provincials in February. The team is coached by Tara Gilkes, Corinne Reyes, Paul Barica, Geneivive Wheeler, Joscelyn Riel and managed by Jayne Percival. WRL playoffs will be held Feb 21-March 10. We wish all teams and players good luck in the rest of the season, playoffs and provincials.

BVRA 3 x 3 Spring Ringettte will take place in April and May. As well the high school ringette tournament this year is being hosted by BVRA Ringette Association. This tournament runs April 30-May 5, 2019 at Southdale Arena. Fall Registration for ringette will take place between June and August. Registration information can be found at byra.gameonmanager.com

If you have any questions contact Tara Gilkes @ tarakg66@shaw.ca or Marcel Joanisse @ winakwa@bvraringette.ca

Tara Gilkes & Marcel Joanisse Winkawa Ringette Convenors

SMURFS. MINI'S & TYKES (U3 -U8) BOYS AND GIRLS

We are looking forward to our 2019 spring soccer season starting April

Our mini soccer program is a co-ed program. Each team has 8-10 players. The season is 8 weeks long and starts April 29th (depending on weather). We end the season with our annual soccer Jamboree on June 22nd, 2019.

Smurfs - 3 & 4 years old (2015/16) play Monday and occasionally Wednesday nights (6-7 p.m. at Winakwa CC) at a cost of \$50 per player. Minis - 5 & 6 years old (2013/14) play Tuesday & Thursday nights (6 -7 pm at Winakwa CC) at a cost of \$65 per player.

Tykes - 7 & 8 years old (2011/12) play Monday and Wednesday nights (6 - 7pm or 7 - 8pm at Westmount park, corner of Westmount drive and Paterson street) at a cost of \$70 per player.

\$20 Registration Fee are needed per activity with a max of \$60 per family. Registration will be online at the beginning of March.

Last year was a great success as the weather cooperated, and we were able to start the season on time. The kids had a great time and we received lots of positive feedback from the coaches, parents and kids.

We want to send out a great big thank you to all the volunteers who came out to coach, assist, and volunteer during the season and jamboree. This program can only operate with our volunteer coaches and we will again be asking for volunteers at registration. Please do consider helping coach your child's team. We offer our assistance along the way and can send coaching resources including drills and games to help you coach the season. If we don't have enough coaches/ volunteer there is a chance that your son or daughter will be placed on a team without a coach and might result in the team not being able to play, so please let's all work together as a community so everyone can participate in this great sport.

This will be Nicole and Shannon's last season!

Daniel Philippe will be organizing 3/4's, Rachelle Bone will be the 5/6 contact and we will be assisting them for the last time organizing the 7/8's. A big thanks to these two for joining the team!!

Thanks,

Shannon, Nicole, Rachelle and Daniel



MANAGERS MESSAGE

After 15 years of service Gorden Burgal has retired from Winakwa Community Centre. Gord was always accessible and willing to lend a hand during his time at Winakwa, he has pretty much worked every possible position the facility had to offer. Gords contributions and guidance to are overall daily operations will be missed. The Winakwa Board of directors and staff would like to congratulate Gord on his retirement. We all enjoyed working with him during his time here and consider him not only a valuable asset to our community but an enjoyable presence in are facility as well. We wish Gord the best in his future endeavors and all new opportunities. - Dino Moran, Facility Manager



3 WINAKWA COMMUNITY CENTRE





LUNCH WITH SANTA

Lunch with Santa was held on December 1st and we all enjoyed having a visit from the man in the bright red suit. It takes a lot of hard work and careful planning to host an event and special thanks are needed to all the volunteers that helped make this an outstanding one. Also, we could not have brought this event to our community without the support of these businesses: Tony Roma's, IGA, Superstore and Dollarama. We had face painting with some amazing volunteers from WPC, hot dogs cooked by our fantastic board members and cookie decorating in Santa's workshop with Amanda and her elves. I am thinking that the highlight this year was the huge group shot we took before Santa had to be on his merry way.

FLOOR HOCKEY

The Winakwa floor hockey program is for kids aged 7-12. We had another incredibly successful season this fall. This was our 6th season and we continue to grow beginning with just 16 kids in 2016. As we move forward towards the spring we are continuing to grow. This past season we finally made the move to split the kids into two groups young (7-9) and old (10-12) to try and improve parity. It was a massive success! We also added a few practices for the kids to sharpen and continue to build skills. These nights were also a big hit with the kids. All equipment is provided such as sticks, goalie pads and floor hockey balls. All that is required to play is some clean indoor shoes and a willingness to have a good time. We cater to all skill levels as there is something to learn for all. Our program runs for a total of 10 weeks in the spring and fall and each session is one hour long. As is tradition week 10 is always the All Star Skills Competition and game against the parents (6 TIME CHAMPS!).

Cost for the program is \$75.00 for the 10 week program. Also included is the highly coveted year end Winakwa floor hockey swag (traditionally branded t-shirts) for the kids and volunteer coaches. We are also looking at expansion for the kids that have been with us since the beginning. This would include a separate night for the kids aged 13+. This expansion would be solely based on interest from the kids and parents and has been the goal since the beginning. I would love to get the parents feedback on the proposed expansion. If you have any questions/concerns about the program please feel free to email me at winakwafloorhockey@gmail.com



BASKETBALL

Hi there! My name is Jolene Hildebrand and I am the basketball convener for Winakwa Community Center. This past year we were able to host an average of 3 teams in both the spring and fall sessions, making it a successful return of the sport to the club. I'd like to thank the volunteers, specifically Craig Harren and Brandon and Paul McQueen, who have consistently stepped up to coach teams each season. Without them we would have had a lot of kids without teams to play on. In order to continue growing the basketball program at Winakwa we would greatly appreciate anyone who is willing to volunteer to assist as a coach or manager.

"I'd like to thank the volunteers, specifically Craig Harren and Brandon and Paul McQueen, who have consistently stepped up to coach teams each season."

Like many sports, basketball is a great option for children to play. The benefits of being part of a team, learning to work with others, making new friends and fitness that can turn into a sport they continue to play well into their adult life (also, no rain to play in or mosquitoes to swat!)

The age range for basketball is 8 – 17 year old for boys or girls. The spring league runs from April to June. Games are played on the weekends (traditionally 12 and under play on Saturday and 13+ play on Sunday) with at least one practice during the week (days/times are dependent on coaches schedules and available gym times). Games are held in a variety of gyms in the city, community centers and/or schools. Beginners are always welcome! Registration will begin in March and can be done online through the Winnipeg Minor Basketball Association (WMBA) website. If you have any specific requests, (eg. desire to play on a specific team or with a specific teammate) please note it in the comments on your registration and I will do my best to accommodate. If you have any questions, concerns or are interested in coaching please feel free to contact me directly.

Jolene Hildebrand (431)388-5295 winakwabball@gmail.com



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COMMUNITY GARDEN

Welcome to the Winakwa Community Garden. We are very excited for the 2019 growing season! We are located on Speers Rd between the Windsor Park Pool and the Windsor Park tennis courts. We have 28 raised garden beds available to rent this year that are all wheelchair accessible. The garden beds are \$25/ year to rent along with a \$20/year membership fee to the Winakwa Community Centre. The garden plots are 9ft long x 3ft high x 3ft wide. There is also a water tank on site for your use (please bring own watering can and garden tools). There are 4 in-ground beds that have been allocated to Windsor Park Collegiate, College Beliveau and Winakwa Community Centre for their garden club programs and a replacement garden in case of theft or vandalism. Starting March 2019, we will be holding garden workshops (for a small fee to cover supply costs). These workshops are aimed towards helping anyone that wants to learn more about gardening, composting, seed starting, companion planting etc. The first few classes will be held indoors at the community center until the warmer weather arrives and the snow melts, then the class



will move outdoors for the full garden experience. Since this is a community garden, we welcome anyone & everyone to join us. It's open to all ages. We encourage parents to bring their children to learn more about how their food grows and where it comes from. Our wonderful instructor, Miriam has a lot of experience teaching and looks forward to meeting you! Registration for garden plot rental will be in early March at Winakwa CC. For more information about Winakwa Community Garden and all that we offer please visit our Facebook or Instagram pages, Winakwa Community Garden or send us an email at winakwagardens@gmail.com

A huge thank you to CN and T&T Soil for their support in the start up our community garden.

OUTDOOR AND INDOOR SOCCER (U9 - U18) BOYS AND GIRLS

With spring around the corner, soccer, the largest played sport in the world, is again in every child's mind.

At Winakwa, we offer soccer to kids aged 3 to 18, with numbers increasing every year. Come out and register to have fun this spring. Registration is on line from March 1st to 17th, 2019.

We are proud of all our teams and wish them success this coming season. We encourage all participants to work hard but most importantly to have fun. The cost has not yet been determined but we don't foresee a price jump from last year.

The Winakwa soccer program will provide players with a jersey, shorts and socks. All that is required from the participant is a pair of cleats and a good attitude to learn and have fun.

Please do not let cost not be a problem to participate, we could help with Kids Sports forms or arrange some form of payment plan if need be.

The season will run from May to June with a break in July and the first half of August off to enjoy our hot summer. It will then resume mid August with playoffs in September. Some of the younger age groups will finish at the end of June.

SOCCER SHOE SWAP - REGISTRATION NIGHT

We have swapped out 80 pairs of shoes so far. In order to continue our success, we ask if you have any soccer shoes (indoor or outdoor) that you would like to donate to please drop them off to myself (Roger Moreira) or to the club anytime between now and our registration night. We will be having the soccer shoe swap at our spring registration night. If you want to swap a pair of shoes for another pair we will be asking for a \$5 donation (U3 – U8) and \$10 donation for (U9 – U18). These donations will be used to start a high school scholarship program for a deserving student who shows leadership in their community. Thanks in advance for helping us to make this a successful event.

STAY AND PLAY

The majority of the time is free play where kids can explore with toys, a play structure, play house and riding toys. There is a separate area for babies with baby toys. This group is a great way to meet families in the neighborhood and form lasting friendships. For more information please visit our Facebook group-Winakwa Stay & Play

We are looking for someone to run this playgroup. Please contact Winakwa at 204-253-4418 if you are interested in learning more.

WINAKWA BATON, DANCE, POM POM, ACROBATICS, HIP HOP & DANCE

Another busy season has arrived, and everyone is busy getting routines together for contests and recitals.

Contest dates coming up are:

Unicity Competition March 10th, 2019

Provincial Championships April 27th & 28th, 2019

We are all having a wonderful fun filled year.

Adding Yonatan Orlov to our coaching staff has been great for the baton athletes. The recital will be at the beginning of June and dates will be announced shortly. The Canadian Baton & Pom Pom Championships will be held in Regina in July 2019.

BILL POWELL AWARD AND COACH OF THE YEAR AWARD

Our club would be nothing if it were not for our volunteers! You can see them on the soccer fields coaching the Smurfs, you can see them sewing dance costumes or doing shoe swaps.

They are the BBQ kings who make hundreds of dozens of hotdogs for Jamborees and Santa's Lunches. You can see them flipping pancakes throughout the year, face painting and helping seniors. They are everywhere, anytime and will do what needs to be done.

Do you know a volunteer like this? A coach that gives up cozy mornings to be at a rink? If so then please nominate them for these awards. Email office. winakwacc@gmail.com or see our website to fill out a nomination form.

ROOM RENTALS

We offer a great variety of rooms to rent out for different events at our facility! We have 2 multi-purpose rooms, one on the main floor which fits 50 people and the other on the second floor which fits 75 people. These rooms are perfect for showers, meetings and birthday parties. There is a main hall which holds a capacity of 245 people, this room is perfect for birthday parties, gatherings, and socials. Then we have our gymnasium which holds a capacity of 438 people. This space is perfect for sporting activities, birthday parties and socials! Come view the rooms during office hours to see which room best suits your next event!

Please call Melissa Fedorchuk at (204)253-4418 to book.

DONATIONS

A special than you to RBC for their generous donation and their volunteer hours at the Santa's Lunch and Summer Carnival.

WINAKWA COMMUNITY CENTRE 4

5 WINAKWA COMMUNITY CENTRE