Brows by Tem

Do’s and Do not’s

Previous to your appointment

It all starts with a good canvas! The eyebrow area must be healthy, strong, non-sensitive, and non-irritated.  Here’s how to get your skin ready for the procedure:

* Do not pick/tweeze/wax/perform electrolysis one week before the procedure
* Do not tan two weeks prior to the service, or have a sunburned face
* Do not have any type of facial 2 weeks prior to the procedure
* Do not work out the day of the procedure
* Do not have Botox within 2 weeks of procedure
* Do not take Fish Oil or Vitamin E one week prior to the procedure (they are natural blood thinners)
* Do not wax or tint your eyebrows 3 days prior to the procedure.

In order to avoid excessive bleeding and poor color deposit:

* Do not drink alcohol 24 - 48 hours before your tattoo
* Do not consume coffee before your procedure
* Do not take an Aspirin or Ibuprofen for pain relief (these also thin the blood)