

**Sabine Boots, M.S., LMFT**

Licensed Marriage & Family Therapist; Nutrition & Wellness Consultant

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**Child Information**

Child's name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_ School Grade: \_\_\_\_\_

Siblings: \_\_\_\_\_ DOB: \_\_\_\_\_ School Grade: \_\_\_\_\_

\_\_\_\_\_ DOB: \_\_\_\_\_ School Grade: \_\_\_\_\_

Name of Parent: \_\_\_\_\_ DOB: \_\_\_\_\_

Profession: \_\_\_\_\_

Spouse/Partner: \_\_\_\_\_ DOB: \_\_\_\_\_

Profession: \_\_\_\_\_

Mailing address: \_\_\_\_\_  
\_\_\_\_\_

Phone number home: \_\_\_\_\_ Cell: \_\_\_\_\_

E-mail address: \_\_\_\_\_

Is it OK to contact you via e-mail? Please initial: Yes \_\_\_\_\_, No \_\_\_\_\_ (due to the nature of the Internet safeguarding of information cannot be guaranteed by the therapist)

Referring source (physician/other): \_\_\_\_\_

Has your child ever seen a psychologist \_\_\_\_\_, counselor \_\_\_\_\_, psychiatrist \_\_\_\_\_, or been admitted to a psychiatric hospital \_\_\_\_\_? If yes, for what:

\_\_\_\_\_

Is your child currently taking any medications? If yes, which:

\_\_\_\_\_

Did your child develop any health problems that required medical intervention or hospital stay?

Such as: Pneumonia \_\_\_\_\_ Ear Infection \_\_\_\_\_ Jaundice \_\_\_\_\_

Sore throat \_\_\_\_\_ Scarlet Fever \_\_\_\_\_ Whooping Cough \_\_\_\_\_

Meningitis \_\_\_\_\_ Rheumatic Fever \_\_\_\_\_ Seizure \_\_\_\_\_

High Fever \_\_\_\_\_ Surgery \_\_\_\_\_ Other \_\_\_\_\_

Did your child stutter or receive speech therapy? \_\_\_\_\_

Did your child ever stop talking once started or lose skills? \_\_\_\_\_

Has the child ever had an accident, fall or blow to the head/body? \_\_\_\_\_

If yes to any of the above questions, indicate age and duration \_\_\_\_\_

What are your child's sleep patterns?

Regular \_\_\_\_\_ interrupted sleep \_\_\_\_\_ difficulties going to sleep \_\_\_\_\_  
sleep walking \_\_\_\_\_ Asleep during the day \_\_\_\_\_ nightmares/terrors \_\_\_\_\_  
difficult to wake up \_\_\_\_\_ My child sleeps \_\_\_\_\_ hours a night

Are you worried about your child's eating habits?

If yes, please explain:

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What are your main concerns about your child at this time?

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Please, answer following questions using the numbers 1-5:  
1=never, 2=rarely, 3=sometimes, 4=frequently, 5=almost always

1. My child seems to feel stressed at school. \_\_\_\_\_
2. My child has difficulties making or keeping friends. \_\_\_\_\_
3. My child lacks concentration. \_\_\_\_\_
4. My child is easily irritated. \_\_\_\_\_
5. My child has bowel problems, such as constipation, diarrhea, and/or  
Stomach cramps. \_\_\_\_\_
6. My child complains of headaches. \_\_\_\_\_
7. My child does not participate in activities that were previously enjoyable. \_\_\_\_\_
8. My child seems to lack self-esteem. \_\_\_\_\_
9. My child has bed-wetting problems. \_\_\_\_\_
10. My child is "hyper" or "busy" \_\_\_\_\_

Please have all legal guardians' sign that you are allowing Sabine Boots, LMFT to treat your child  
In individual psychotherapy and/or family therapy. If I see your child separately, I will update you on  
his/her progress and advise you in how to integrate the therapeutic gain into your family.

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Signature guardian 1

Date

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Signature guardian 2

Date