

1VOICE ACTIVE RECOVERY

Active Recovery is a monthly program that helps to promote an overall sense of well-being, health, and balance within the 8 dimensions of wellness. Each month Active Recovery will provide a fun wellness activity, a community engagement activity, and group discussions with emphasis on a dimension of wellness.

Session 4 “Spiritual Wellness” Clifty Falls State Park Spiritual Retreat 5/15 10am-4pm

This month’s event is limited to 50 participants
To sign up or for more info please email:
Aaron.1voicedearborncounty@gmail.com

**THIS MONTH FOR
ACTIVE RECOVERY**

Wellness Discussion



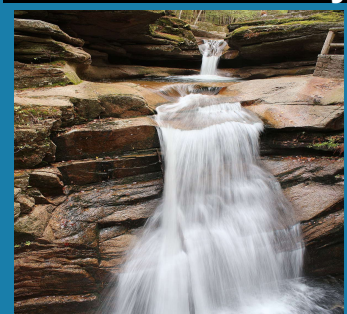
Spiritual Wellness
Yoga in Recovery
Presented by: Choices
Holistic Clinician
Eva Maloney
Recovery Testimonials
by:
Celebrate Recovery

Community Engagement Activity



**Community
Clean-up at Clifty
Falls State Park.**

Wellness Activity



Hiking & Grill Out

