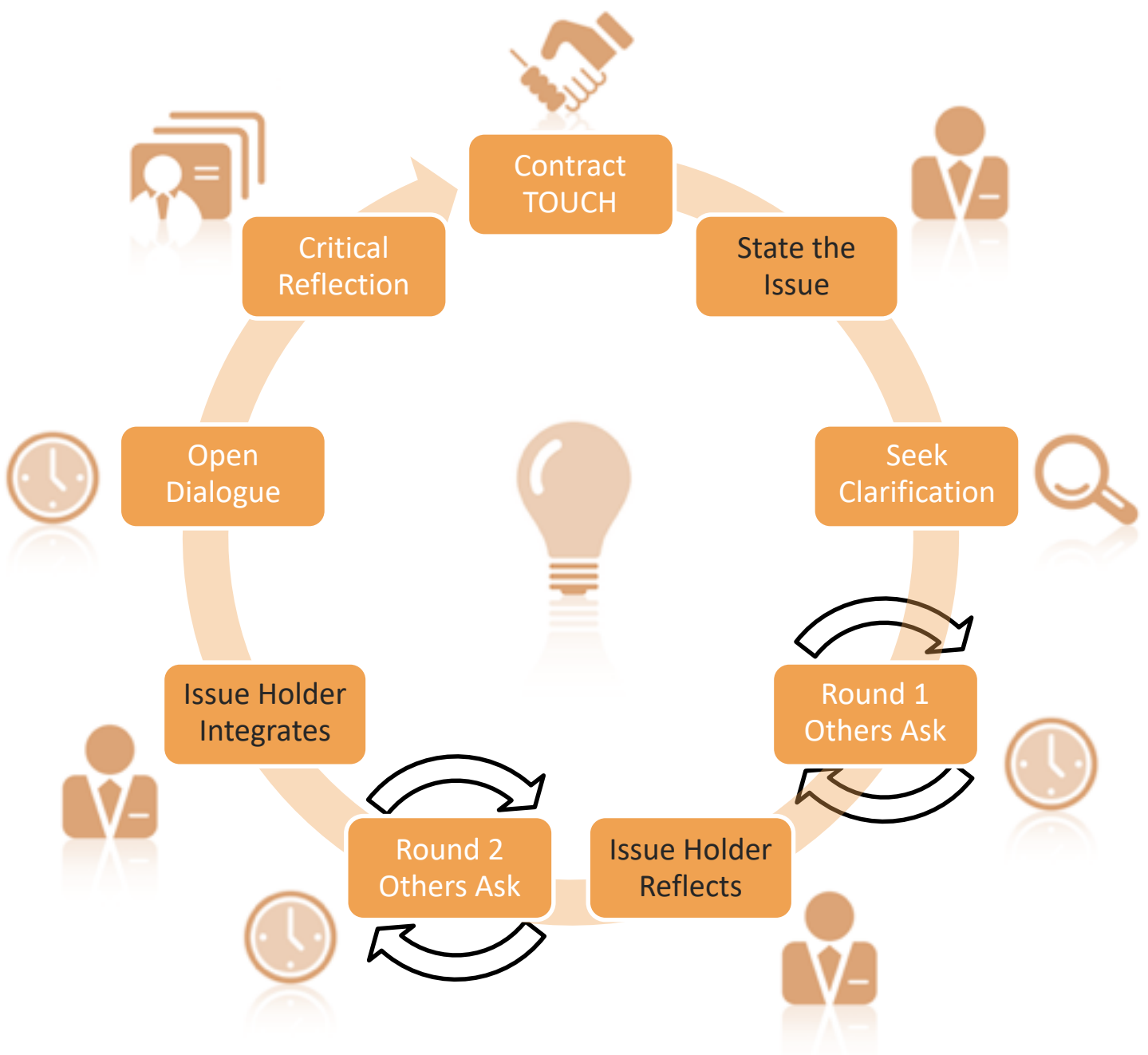


Peer Facilitation/Learning Groups

How it works

A maximum of 8 individuals sit or stand in a circle so all can see each other.



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<p>Step 1</p>	<p>Contract together using TOUCH</p> <ul style="list-style-type: none"> • Trust for each other • Openness in attitudes and information • Understanding, respect and acceptance of each other • Confidentiality for what is learned about others • Honesty and integrity in sharing thought, feelings and emotions
<p>Step 2</p>	<p>The 'Issue holder' states 'the issue'</p> <p>Having stated the issue they position an object that represents the issue in the centre of circle of up to 8 people. This is to enable the group to focus on the issue, rather than the person themselves.</p>
<p>Step 3</p>	<p>Seeking clarification of 'the issue'</p> <p>Any member of the group can ask clarification questions. This is NOT to move the issue forward, it is ONLY to make sure there is a clear understanding of the issue.</p>
<p>Step 4</p>	<p>Round 1 Questions - Each group member asks the 'issue holder' one question</p> <p>In turn, each member of the group asks just one question directed towards the issue in the centre. No answer is to be offered by anyone including the 'issue holder'. The 'issue holder' is free to focus on listening and are free to take written notes if they wish to do so.</p>
<p>Step 5</p>	<p>The 'Issue holder' reflects</p> <p>Once everyone has asked their one question, the 'issue holder' may want to update the 'issue' in the centre (or not). Once they have decided, they either confirm the issue remains as before and restates. Alternatively, they can update the issue as they desire.</p>
<p>Step 6</p>	<p>Round 2 Questions - Each group member asks another question</p> <p>In turn, each member of the group asks just one question directed towards the issue in the centre. No answer is to be offered by anyone including the 'issue holder'. The 'issue holder' is free to focus on listening and are free to take written notes if they wish to do so.</p>
<p>Step 7</p>	<p>The 'Issue holder' integrates – insights from others and themselves</p> <p>The 'issue holder' now pays attention to what has emerged for them as they have been listening to the group. They share any insights if any have emerged, but they are not expected to elaborate further if nothing has, or they wish to keep it private. The 'issue holder' now thanks the group.</p>
<p>Step 8</p>	<p>Open Dialogue</p> <p>The group now moves to open dialogue for an agreed period of time, remembering the group's TOUCH contracting at the beginning.</p>
<p>Step 9</p>	<p>Critical Reflection</p> <p>As the group prepares to close this peer facilitation/learning session, they internally consider the ACES framework as it relates to this session.</p> <ul style="list-style-type: none"> • A: Action or behaviours- be curious, what did you do in this session? • C: Cognition or thinking - be curious, what path did your thinking take? • E: Emotions or feelings - be curious, what were you aware of during the session? • S: Sense - what did you become aware of regarding the interactions within the group?