



Resources for families and staff affected by Malibu fires November 2018

MENTAL HEALTH SUPPORT RESOURCES

If you were impacted by the Woolsey or Hill fires, the Thousand Oaks mass shooting, or both, you can call the LA county Disaster Distress Helpline at 1-800-985-5990 or text "TalkWithUs" to 66746 for emotional support and resources.

Virginia Avenue Park will have therapists available to meet with anyone impacted by the fires, from 9 am - 6 pm Tuesday 11/13, Thursday 11/15, and Friday 11/16. Come to the "Park Center" in the middle of the park to be directed to a confidential counseling space.

2200 Virginia Ave
Santa Monica, CA 90404
(310) 458-8688

Roots & Wings is coordinating a free counseling and healing space open to people impacted by the fires on Wednesday, November 14 from 10 a.m.-2 p.m.

1447 2nd St, Santa Monica, CA 90401

Family Service of Santa Monica will offer three free counseling sessions to SMMUSD families who call and mention the fires. Contact:

Angel Towler, LCSW
Manager of School Based Services
1533 Euclid Street, Santa Monica, CA 90404
310-451-9747

If you need further help connecting to crisis or ongoing counseling, contact Shuli Lotan, SMMUSD Mental Health Counseling Coordinator, at slotan@smmusd.org or 310-395-3204 ext. 71519

Emotional support will be available for students in need at school sites when schools reopen, and at Boys and Girls Club locations when they are open.

SHELTERS

List of available shelters in LA County: <https://www.lacounty.gov/woolseyfire/>

Air BnB is opening homes in the area for no cost to those who need places to stay: <https://www.airbnb.com/welcome/evacuees/venturacounty> (scroll down to click on "find shelter")

Several hotels in Santa Monica have made rooms available for fire evacuees

<http://www.malibucity.org/AlertCenter.aspx?AID=1570>

Other support resources for housing and food:

- St. Joseph Center: 310-396-6468
- LAYN Emergency Shelter: 323-240-2253
- SOVA Food Pantry: 818-988-7682
- Salvation Army Food Pantry (call for hours): 310-451-1358

FINANCIAL DONATIONS

The Boys & Girls Club of Malibu is serving as a fiscal operator of donations for Malibu residents and the equestrian community.

- Malibu Foundation for Youth and Families (dba: The Boys & Girls Club of Malibu)
- 501c3 info: 95-4774844
- Donations can be made directly to website: www.bgcmalibu.org (click on "Invest in Malibu Youth"). Please note if donation is for "General" or "Equestrian." (Note: we are in the process of updating the website with a more direct link)
- For support please email Executive Director, Kasey Earnest (kaseyearnest@bgcmalibu.org; cell: 310.924.4387)

TIPS FOR TALKING TO CHILDREN ABOUT WILDFIRES

- Wildfire Information and Parenting Resources on trauma
 - <https://www.nctsn.org/what-is-child-trauma/trauma-types/disasters/wildfire-resources>
- Parent Guidelines for Helping Children Impacted by Wildfire
 - <https://www.nctsn.org/resources/parent-guidelines-helping-children-impacted-wildfires>
- Helping Children After a Wildfire: Tips for Parents and Teachers
 - <https://www.sdcoe.net/student-services/student-support/Documents/Helping%20Children%20After%20Wildfire%20-%20NASP.pdf>
- Recovering from Wildfires
 - <https://www.apa.org/helpcenter/wildfire.aspx>
- Recovering Emotionally from a Residential Fire
 - <https://www.apa.org/helpcenter/residential-fire.aspx>

The district expects to update this guide as resources become available.

As of 11.11.18