# **Sauk County Resources**





## Struggling with substance use? Start here for help.

#### **Sauk County Recovery Connections**

505 Broadway St, 4<sup>th</sup> Floor, Baraboo, WI 53913 608-402-4312

#### **Sauk County Department of Human Services**

505 Broadway St, 4<sup>th</sup> Floor, Baraboo, WI 53913 608-355-4200

#### Recovery Support Network/Substance Use Diversion and Support (SUDS)

510 Broadway St, Basement Level of Sauk County Courthouse, Baraboo WI 53913 608-355-3287

#### **Response Teams**

Call or text a local WisHope Peer Recovery Coach at 844-515-1444.

**Sauk Prairie C.A.R.E. Recovery Program**, sponsored by St. Vincent of Prairie du Sac/Roxbury 1906 North Street. Prairie du Sac. WI 53578

608-644-0504 ext. 12

### Additional Mental Health and Substance Use Treatment Resources

#### 12-Step meetings:

- Al-Anon (www.al-anon.org) and Nar-Anon (www.nar-anon.org) for loved ones
- Adult Children of Alcoholic & Dysfunctional Families (www.adultchildren.org)
- Alcoholics Anonymous (www.aa.org)
- Narcotics Anonymous (www.na.org)

#### **Apollo Psychological Services, LLC**

**608-524-8611** – Reedsburg

#### **Aspen Counseling Services**

608-742-5020 - Baraboo and Portage

#### Behavioral Health Department at Reedsburg Area Medical Center (RAMC)

608-524-8611 - Reedsburg

#### **Bloom Therapy Center**

608-405-0981 - Baraboo

#### Calming Journey's Counseling, S.C.

608-448-6418 - Lake Delton

#### **Collaborative Journey Counseling, LLC**

608-477-1484 - Baraboo





#### **Goodman Behavioral Health Clinic**

608-768-4545 - Reedsburg

#### **Grace Counseling & Family Services**

608-562-3976 - Reedsburg

#### **Harbor Recovery Center**

Text 608-697-7163 – Portage Peer support for individuals and loved ones

#### Healthcare Agencies that provide Medication Assisted Treatment (MAT)

#### **Dean Clinic**

608-355-3800 - Baraboo

#### **Ho-Chunk Nation Department of Health: House of Wellness**

608-355-1240 - Baraboo

**Prairie Clinic** 

**608-643-3351 –** Prairie du Sac

#### Sauk Prairie Healthcare Emergency Room

**608-643-3311** – Prairie du Sac, 24/7/365

#### **Innervisions Counseling and Consulting Center**

608-477-9858 - Baraboo

#### **Lutheran Social Services Counseling and AODA Clinics**

**608-355-4103** – Baraboo

#### **Pathway to Wellness Community Clinic**

608-643-3663 - Prairie du Sac

#### **Pauquette Center**

**608-643-3147** – Prairie du Sac

**608-356-9055** – Baraboo

**608-524-5151** – Reedsburg

### Psychological Addiction Services: Mobile Medication Assisted Treatment

#### Providing methadone and suboxone

200 E Cook St. Portage (parking lot next to Wilz Drug)

608-416-5777

info@pasrecovery.com

Hours: M-F 6:30am-10am, Sa & Su 6:30am-8am Serving Sauk County and surrounding counties

#### Seasons Counseling, LLC

608-448-2497 - Baraboo

#### The Psychology Clinic

608-448-2799 - Baraboo

**608-370-6551** – Prairie du Sac

#### **Therapy Without Walls**

608-843-3229 - Reedsburg





### **FREE Harm Reduction Resources**

Public Health Sauk County 505 Broadway, 3<sup>rd</sup> Floor, Baraboo, WI 53913 Free Narcan and Fentanyl Test Strips available. Call office 608-355-3290 Text/Call Hannah 608-963-8467, email Narcan@saukcountywi.gov or visit uCanSaveaLife.com for one-on-one or group training.

#### **Never Use Alone Hotline or Brave App**

Call 1-800-484-3731 for the Never Use Alone hotline or download the Brave App at <a href="https://bit.ly/braveappOD">https://bit.ly/braveappOD</a>. Using alone increases the chance of an overdose resulting in death. Call the hotline and a peer will stay on the phone with you.

#### **Response Teams**

Call or text a local WisHope Peer Recovery Coach at 844-515-1444 for supplies and education.

#### **Vivent Health**

Call 1-800-359-9272

Narcan, Fentanyl Test Strips, and other harm reduction education and supplies. Testing and treatment for HIV, AIDS, Hepatitis, and more.

#### Other Resources

#### **Credible Mind:**

Get started by taking a free mental health assessment and additional mental health resources Saukcounty.crediblemind.com

#### NAMI (National Alliance on Mental Illness) Sauk County: 608-355-0378

Call for more information on support groups for individuals and loved ones.

#### **National Suicide Hotline:**

Call or text 988.

#### **National Hopeline Network**

Call 800-784-2433 or 800-442-4673 or Text HOPELINE to 741741. Call for more information on support groups.

#### **Outside of Sauk County:**

Call 211 for referrals to treatment and other services. https://211wisconsin.communityos.org/

### Sauk County Crisis Line:

800-533-5692

Sauk County UW Extension Resource Guide: www.co.sauk.wi.us/uwextension

#### **Start Your Recovery website:**

https://startyourrecovery.org/

Find local support and treatment options for yourself or loved one Learn about recognizing and dealing with substance use

#### **UpliftWI:**

Call 534-202-5438 to share successes and challenges with a peer who will listen and offer support.