



**Take 5** to complete your month's coalition tracker.  
Scan the QR code below or follow this link:  
<https://kwiksveys.com/s/ZDy8bPes>



**Our vision:** Healthy, supportive communities for everyone.

**Our mission:** Through collaborative and strategic action, we empower communities to prevent the misuse of alcohol, tobacco, and other drugs.

## Notes

Thursday, September 26, 1-2:15PM

Attendance: Kate Hansen, Jessie Phalen, Sara Jessie, Alysha Basel, Taylor Fish, Jodie Molitor, Megan Wedwick, Jeena Breunig, Allison Bucheger, Deborah Johnson, Brenda Humbracht

Topic	Preparation Needed Prior to Meeting Process/Notes
<b>Welcome</b> Time: 3 minutes Purpose: <b>Welcome</b> and settle in for meeting Leader: Jessie	Jessie will lead group through some brief introductions.
<b>Celebrate Success</b> Time: 5 Minutes Purpose: <b>Celebrate</b> Member Successes Leader: Jessie	Jason from Sauk County public health attended Baraboo Children's Museum child safety day. Jen Baird – she did a parent focus group with Sara on a Sunday in August Erica Lehr-Ruben – SPSD elementary doing safety events with kids and was able to do some on alcohol and tobacco Siobhan Allen – just finished up Sauk County's Community Health Assessment Weston School District – shared small talks event info on social media Thank you, Jessie Phalen, for the previous year's Coalition Chair – we'll miss you!
<b>Approval of Minutes</b> Time: 2 Minutes Purpose: <b>Decision</b> Leader: Kate	Review minutes from August 22, 2024 meeting. Minutes were approved.
<b>Leadership Elections for 2024-2025</b>	Results: <ul style="list-style-type: none"> <li>Brenda Humbracht - Secretary</li> </ul>

Time: 5 minutes Purpose: <b>Elect</b> leaders for next coalition year Leader: Kate	<ul style="list-style-type: none"> <li>Casey Siebecker – Vice Chair</li> <li>Suggestions for Coalition Chair? Please share with Kate.</li> </ul>
<b>Health Equity Spotlight</b> Time: 10 minutes Purpose: Spend time learning about equity issues Leader: Kate	21 Week Equity Challenge through United Way What is one thing you will take away from the challenge 10 weeks in so far?  Discussion about microaggressions took place and Kate mentioned that she tries to be mindful about the lens she's looking through is from her position of a white person.  Upcoming events around Equity:  1. Celebrate Sauk THIS Saturday, 9/28 on courthouse lawn.  2. Baraboo Acts Book read- "Infinite Country" by Patricia Engel, discussion 10/17 at the library in Baraboo. Sauk Prairie also has a community read; their book is "Midnight Library."
<b>Coalition Engagement Action Team</b> Time: 10 minutes Leader: Kate	<b>Recruitment Updates</b> Please share out about any meetings or potential new member connections made since our June Meeting.  <b>KINDFest-</b> Casey needs assistance on Saturday from 12-4pm  <b>School Sector Event Questions</b> <a href="https://docs.google.com/document/d/14MTLclwEuJERKB3ARbDsk6OCCHCvWKRvcFZCsw-HMw/edit?usp=sharing">https://docs.google.com/document/d/14MTLclwEuJERKB3ARbDsk6OCCHCvWKRvcFZCsw-HMw/edit?usp=sharing</a>  <b>Next Action Team Meeting:</b> October 1 <sup>st</sup> 2024 11am on Zoom.
<b>Alcohol/Commercial Tobacco Action Team</b> Time: 10 minutes Leader:	<b>Update from SCA</b> Youth Summit registration is out-The Dells has expressed interest! Work continues in Sauk Prairie for Tobacco-Free Outdoor Air.  <b>Youth Summit:</b> Registration opened for 2025 Summit.  <b>Parent Focus Groups- Round 2 (virtual)</b> Need Volunteers for Oct. 10 for notetaker  <b>Next Action Team Meeting:</b> October 22 <sup>nd</sup> , 2024 10am on Zoom. Will be reviewing Focus Group Data  <b>Let's Talk Vapes &amp; Alcohol Webinar:</b> October 22, 6-7pm. Flier distribution. Available in Spanish also.

<b>November Social Media Posts</b> Time: 10 minutes Purpose: <b>Seeking Facebook page volunteer manager</b> Leader: Kate	Come with ideas for Facebook posts for the month of November. <ul style="list-style-type: none"> <li>• 11/21-Great American Smoke Out</li> <li>• Lung Cancer Awareness month</li> <li>• Diabetes Awareness month (11/14-World Diabetes Day)</li> <li>• Thanksgiving Eve high drinking day</li> <li>• Deer Hunting season – suicide awareness, safety</li> </ul>
<b>Share Partner Agency Updates</b> Time: 5 minutes Purpose: <b>Share</b> upcoming events, announcements, webinars, opportunities	Share upcoming events, announcements, webinars, opportunities, etc. from partnering agencies. CHIP Event Sauk County  <b>Let's Improve Community Health:</b> 10/03, 830-1130am Live with breakfast at Ho-Chunk Casino or 10/15, 530-7pm, virtual event. Registration is required.  <b>Med Take Back Day:</b> 10/26 throughout Sauk County  <b>Community Read – Baraboo:</b> <a href="https://chamber.baraboo.com/events/details/baraboo-reads-10-17-2024-62618?calendarMonth=2024-10-01">https://chamber.baraboo.com/events/details/baraboo-reads-10-17-2024-62618?calendarMonth=2024-10-01</a>  <b>Community Read – Sauk Prairie:</b> <a href="https://www.pdslibrary.org/community-read">https://www.pdslibrary.org/community-read</a>  <b>Celebrate Sauk:</b> 9/28 Baraboo: <a href="https://chamber.baraboo.com/events/details/celebrate-sauk-62648">https://chamber.baraboo.com/events/details/celebrate-sauk-62648</a>  <b>KindFest:</b> 9/28, Culver Park in Prairie du Sac: <a href="https://www.saukprairie.com/events/details/kinfest-32861">https://www.saukprairie.com/events/details/kinfest-32861</a>

**Next Meeting: October 24 from 1:00-2:15pm Either In Person or via Zoom**

#### **Action Team Membership Sign Up**

Please self-identify which action teams you want to participate on and hear from regularly

Visit: <https://forms.gle/AuvXRynGHeVupD9n6>

#### **Coalition Tracker 2024**

Take 5 to complete your month's coalition tracker.

Follow this link: <https://kwiksurveys.com/s/ZDy8bPes>

# Small Talks, BIG Results

# LET'S TALK VAPES+ALCOHOL

**Tuesday, October 22 from 6-7pm**

Free webinar for parents of youth in grades 3-12.

**Know what to say and do to have successful short chats with youth about vapes and alcohol.**

Two ways to participate: join LIVE on 10/22/2024 at 6pm OR watch recording at a later date. **Get \$20 in Gas Cards** for participating AND taking a short survey after.

**Register: [bit.ly/sauktalks2024](https://bit.ly/sauktalks2024)**

SCAN ME



## Webinar Hosts Include:

Kate Hansen, Sara Jesse, Alysha Basel & Jodie Molitor from



Questions? Contact Kate Hansen

[kate.hansen@saukcountywi.gov](mailto:kate.hansen@saukcountywi.gov)

Call/text 608-477-3609

This is not a school-sponsored activity,  
and the Baraboo School District does not fund  
or endorse this program/activity.



**Pequeñas Charlas,  
GRANDES Resultados**

**HABLEMOS DEL  
VAPEO + ALCOHOL**



**Saber qué decir y hacer para tener pequeñas charlas exitosas con los jóvenes sobre el vapeo y el alcohol.**



Vea un seminario web de 1 hora a su propio ritmo desde ahora hasta el viernes 22 de noviembre de 2024 Y complete una breve encuesta para recibir una tarjeta de regalo de gasolina de \$20.

**Regístrese para el enlace del seminario web:**  
**[bit.ly/SaukTalks2024Spanish](https://bit.ly/SaukTalks2024Spanish)**

- Este seminario web en español es para padres de jóvenes en los grados 3-12.
- Debe ver el seminario web y completar la encuesta antes del 22/11/2024
- Las tarjetas de regalo son para aquellos que viven o trabajan en el condado de Sauk, o para aquellos cuyos hijos asisten a una escuela en el condado de Sauk.
- Las tarjetas de regalo de gasolina están disponibles hasta agotar existencias y una por hogar



**PARTNERSHIP  
FOR PREVENTION**  
*Empowering Sauk County to prevent substance misuse.*

¿Preguntas? Contacto Kate Hansen  
[kate.hansen@saukcountywi.gov](mailto:kate.hansen@saukcountywi.gov)  
Text 608-477-3609

# Parenting a teen? We want to hear from you!

Do you have a High School Student living in your household? We want to hear from you!

Join one of our **focus groups to share** with us what you think and feel about underage drinking in Sauk County. In this one-hour focus group, we'll ask you questions about your experiences and opinions in a **confidential small group setting**.

Parenting teens comes with many challenges. **Whether your teen drinks alcohol or not, we'd like to hear about your experiences!**



**Participation PERK:**

**\$100.00**

in Kwik Trip gas gift cards



**Your input will help our Sauk County communities develop:**

- Health education campaigns
- Support programs for parents and teens

**Choose a date and location:**

- Wed. October 9 from 5:30-6:30pm Virtual
- Thurs. October 10 from 5:30-6:30pm Baraboo
- Sun. October 13 from 4-5pm Virtual

For Parents & Guardians of teens in grades 9 - 12 who live in Sauk County or attend a school district that serves Sauk County.

SCAN



**Registration Required:**

[www.p4psauk.org/parent-focus-groups-2024](http://www.p4psauk.org/parent-focus-groups-2024)



... **FREE BREAKFAST** ...  
... **& DISCUSSION** ...

## Let's Improve Community Health!

Sauk County Community Health Assessment results are in! Area residents want to focus on housing, mental health, and substance use. **Come learn about current efforts and share your thoughts.**

### 2 Ways to Join Us Registration Required

#### In-person with free full breakfast



**Thurs. Oct 3, 2024**

**8:30 - 11:30 AM**

**Ho-Chunk Casino**

**Registration Required**

or

#### Online Discussion



**Tues. Oct 15, 2024**

**5:30 - 7:00 PM**

**Registration Required  
for the link**

Sponsored by Public Health Sauk County, Reedsburg Area Medical Center, SSM Health - St. Clare-Baraboo, Sauk Prairie Healthcare, and the Ho-Chunk Nation Department of Health



**PUBLIC HEALTH  
SAUK COUNTY**

Together we thrive



**608-355-4315**



**jodie.molitor@saukcountywi.gov**



# CELEBRATE SAUK

PASSPORT TO CULTURE

LIVE ENTERTAINMENT | AUTHENTIC ETHNIC FOOD |  
CULTURAL WORKSHOPS

SEPTEMBER

28

9:30 - 2 PM

DOWNTOWN BARABOO | FREE EVENT  
[WWW.BARABOOACTSCOALITION.ORG](http://WWW.BARABOOACTSCOALITION.ORG)

SCAN THE CODE  
FOR MORE DETAILS



THANK YOU SPONSORS







# KIND FEST

A day of Music, Games and Community.

Sponsored by BE KIND SP 33

- Bag Tournament | \$20 per team
  - register before September 18th by e-mailing [bekindsp33@gmail.com](mailto:bekindsp33@gmail.com)
- BINGO | \$20 for a pack of 10 bingo cards
  - \$10 for extra packs
  - BINGO Packs sold day of event
- Food Vendors
  - WoW Sammiches | Frannie's Franks | Kona Ice
- Beverages available at the Park Concession Stand
- Take part in the community BE KIND mural - design a tile
- Come and check out the Mental Health Resources our community has to offer



SATURDAY  
SEPTEMBER  
28TH  
1 - 7 PM

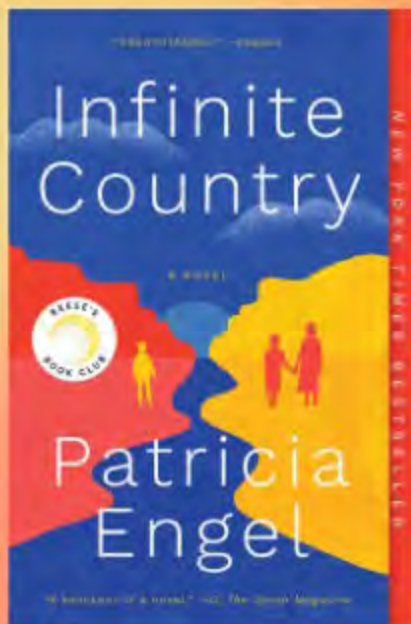


CULVER  
COMMUNITY  
**PARK**

PRAIRIE DU SAC, WI

- ✓ Bag Tournament | 1 - 4 PM
- ✓ BINGO | 2 - 4 PM
- ✓ West on 12 | 4 - 7 PM
- ✓ Raffles All Day

If you would like to donate monetarily or a prize please contact us at [bekindsp33@gmail.com](mailto:bekindsp33@gmail.com)



# Baraboo Reads



## 2024

A community book discussion and presentation centered around the stories of immigrants.



# SAUK PRAIRIE COMMUNITY READ 2024



Join us for our fourth annual community read, focusing on Adult Mental Health. Free copies of *The Midnight Library* will be available at both Sauk Prairie Libraries starting **SEPTEMBER 2<sup>ND</sup>**

Follow SP CAN on Facebook for future updates!



## UPCOMING EVENTS :

**October 21** **Panel Discussion - Warning Signs of Suicide**  
6:30pm @ Ruth Culver Community Library

**October 24** **Film Screening - The Hours**  
6:00pm @ Ruth Culver Community Library

**October 28** **Panel Discussion - Resources Panel**  
6:30pm @ George Culver Community Library

## BOOK DISCUSSIONS

**October 8** **1:00pm**  
George Culver Community Library

**October 17** **6:30pm**  
Ruth Culver Community Library