

Empowering Sauk County to prevent substance misuse.

Take 5 to complete your month's coalition tracker. Scan the QR code below or follow this link: https://kwiksurveys.com/s/ZDy8bPes



Our vision: Healthy, supportive communities for everyone.

Our mission: Through collaborative and strategic action, we empower communities to prevent the misuse of alcohol, tobacco, and other drugs.

NOTES

Thursday, July 25, 1-2:15PM

Attendance: Jessie Phalen, Kate Hansen, Taylor Fish, Hannah Erdman, Alysha Basel, Deb Johnson, Kelly Koch, Allison Bucheger, Brenda Humbracht, Sara Jesse, Jodie Molitor

Topic	Notes
Welcome Time: 3 minutes Purpose: Welcome and settle in for meeting Leader: Jessie	Jessie will lead group through some brief introductions. Ice breaker question: If you could bring one thing from your previous job to this one, what would it be?
Purpose: Celebrate Member Successes Leader: Jessie	Space given to share agency, coalition, or other successes: Site visit for DFC grant went well! Alcohol Age-Compliance checks done in the Sauk area. Rate of compliance 19/24 establishments visited, 6 sold to youth buyer. 79% pass rate. No citations given by LE. Also recruited a tobacco compliance check buyer! Thanks for all who tabled at the fair!
Approval of Minutes Time: 2 Minutes Purpose: Decision Leader: Jessie	Review minutes from June 27 th -reviewed by all, no changes, minutes approved.

Health Equity Spotlight

Time: 5 minutes

Purpose: Spend time learning about equity issues

21-Week Equity Challenge: Starting July 25th through December 13th.

Sauk County Partnership for Prevention Coalition empowers our communities to prevent the misuse of alcohol, tobacco, and other drugs. We recognize that substance use disproportionately impacts marginalized populations, such as LGBTQ or persons of color. To effectively address the root causes of substance use, we must know and deeply understand the disparities. Sauk County Partnership for Prevention invites you to join us on a 21-week equitychallenge developed by the United Way of Wisconsin. This challenge is a way to deepen our understanding of how inequity and racism impact our communities.

How it Works

- Over the next 21 weeks, you'll visit the <u>equity challenge webpage</u> to review that week's content, which includes links to articles, videos, and more about a specific topic.
- Reserve at least 20 minutes a week to review the week's content.
- The challenge presents ideas on actions to help improve equity issues in your community.
- The challenge is spending time each week learning and better understanding the equity issues we face in Wisconsin.
- IF you miss a week or don't get through all of the content in a week, it is OKAY. Pick the challenge up at pace that feels comfortable for you.

Plan to participate in optional Friday Equity Conversations via Zoom from 9:00 to 9:45 a.m. The Coalition Coordinator, Kate Hansen, and P4P Members will lead the discussion. You are welcome to join the Equity Friday conversation even if you didn't get to or through the learning content. See schedule attached at the end of these minutes.

During the weeks that Partnership for Prevention meets, there will be no Equity Friday Conversation. The coalition will discuss the week's challenge during their regular meeting.

Coalition Engagement Action Team

Time: 15minutes Leader: Kate

Recruitment Updates

Please share out about any meetings or potential new member connections made since our June Meeting.

Jessie met with 4H leader Stacy Parsons from UW Extension-she's not able to commit to coming to meetings now, but said we can lean on her for specific asks, or if we need her to come to a particular meeting, or something.

Debbie connected with Fall River Church Members and invited all to join P4P. Debbie will also connect P4P with two individuals at Day at Devil's Lake event next week.

Casey in conversations with a day care provider in the Sauk area.

Kate attended the summer lunch program yesterday, 45-50 people in attendance. Not able to have in-depth conversations but some resources given.

Coalition Leadership Team Fall Elections

September will be election month for P4P for the next coalition year! See attached info sheet about roles. Accepting nominees until the end of August, give to Kate. You can nominate yourself!!! 9.26 meeting will be the date for elections.

Alcohol/Commercial Tobacco Action Team

Time: 15 minutes Leader:

Alcohol Compliance Checks Update

Checks were recently completed in Sauk Prairie. Next steps are to continue conversations with Sauk City, Prairie du Sac and Sauk Prairie Police about next education steps and future checks. Pass rate is 79%.

Focus Groups for Parents

Join us for a confidential focus group discussion about underage drinking in our communities. Parenting teens comes with many challenges. Whether your teen drinks alcohol or not, we'd like to hear about your experiences!

These groups are for parents & legal guardians of teens ages 13-18 who live in Sauk County or attend a school district that serves Sauk County.

All participants who meet the eligibility requirement (above) and attend one focus group will receive \$100 gift card upon completion of the focus group.

Groups are limited to 10 participants. Space is limited.

Choose a date and location:

Wed. July 31 from 5:30-6:30 pm in Baraboo Wed. Aug 14 from 5:30-6:30 pm in Sauk Prairie

Sun. Aug 25 from 4-5 pm in Reedsburg

Register: https://www.cognitoforms.com/SaukCountyHealthDepartment/P4PParentFocusGroups

Need Volunteers:

Note Taker & Facilitator- 2 persons Wednesday July 31st 5:30-6:30pm-Baraboo Wednesday August 14th 5:30-6:30pm-Sauk Prairie Sunday August 25th 4-5pm-Reedsburg

**Please check your schedules and see if you can assist!! Email Kate if you are able.

Tobacco Free Parks- Sauk Prairie

Survey for public input on experience in Sauk Prairie area parks. Survey closes on July 31st . Complete the survey for a

	chance to win a \$25 gas card. Questions- contact Alysha Basel at <u>abasel@juneaucountywi.gov</u>					
	Questions Contact Atysna baset at <u>abaset@juneadcountywi.gov</u>					
August Social Media	Come with ideas for Facebook posts for the month of August:					
Posts	Ideas shared:					
Time: 10 minutes	1. Back-to-school/Mental health					
Purpose: Seeking Facebook	2. Compliance check results					
page volunteer manager	·					
Leader: Kate	4. Drug-free Adams County 9/16-recovery night is being held					
	this.					
Share Partner Agency	Share upcoming events, announcements, webinars, opportunities, etc. from partnering agencies.					
Updates Time: 5 minutes Purpose: Share upcoming events, announcements, webinars, opportunities	 Wisc-Hope camping trip Aug 26-28, recovery friendly event. (music, speakers, etc) Drug-free Adams County 9/16-recovery night is being held Day at Devil's lake through SUPER coalition on July 30! Lunch at 11. Let Hannah know if you need a parking pass 					
	We are searching for a temporary secretary to take notes at our monthly meetings. Please see Kate if you have capacity to help us out.					

Next Meeting: August 22nd from 1:00-2:15pm Either in Person or via Zoom

Action Team Membership Sign Up

Please self-identify which action teams you want to participate on and hear from regularly

Visit: https://forms.gle/AuvXRynGHeVupD9n6

Coalition Tracker 2024

Take 5 to complete your month's coalition tracker. Follow this link: https://kwiksurveys.com/s/ZDy8bPes

Parenting a teen? We want to hear from you!

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Empowering Sauk County to prevent substance misuse.

Your input will help our Sauk County communities:

- Health education campaigns
- Support programs for parents and teens

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Participation PERK: \$100.00

in gas gift cards

For Parents & Guardians of teens ages 13-18 who live in Sauk County or attend a school district that serves Sauk County.





WWW.SAUKP4P.ORG

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RSVP Required:



WWW.SAUKP4P.ORG



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Leadership Involvement Opportunities

Elections for Officers of the Coalition will be held annually at the **September** monthly meeting. Chairperson, Vice Chairperson and Secretary are elected to one-year terms; a member may serve more than one term, but cannot serve consecutive terms.

Executive Board Positions:

- Chairperson
 - Provide leadership and direction for the P4P Coalition; be "the face" of P4P
 - o Serve as head of the Executive Team and preside at P4P Coalition meetings
 - o Call Executive Team meetings for specific reasons, as needed
 - o Appoint ad hoc committees/action teams/work groups as needed
- Vice Chairperson
 - o Assume the above duties in the absence of the Chairperson
 - Serve on the Executive Team
 - o Take over the role of Chairperson in the event that position becomes vacant
- Secretary
 - o Record meeting minutes at all P4P Coalition & Executive Team meetings
 - Serve on the Executive Team

Next Steps:

- Nominations will be accepted verbally and via email through Friday August 30th, 2024.
- Members nominated may accept or decline the nomination through Friday September 13th, 2024.
- Nominees will be asked to provide a short bio.
- P4P Members in attendance on September 26th, 2023 will vote for the 2024-2025 Executive Team.

P4P Coalition Active/Voting Members

Active/Voting Members shall be those persons who contribute toward achieving the coalition's Mission by engaging in all of the following activities:

- Attending coalition meetings as often as possible. To vote on Sauk County P4P Officers
 or other decisions brought before the P4P Coalition by the Executive Team or staff, a
 member must be present and must have attended at least four meetings in the
 preceding 12 months, as tracked by P4P minutes and/or sign in sheets
- Actively serving on at least one committee, work group, or action team per year; and/or contributing to building coalition capacity by helping to raise funds, attract resources, and/or recruit/mentor new members and partners; and/or participating in health promotion and/or substance misuse prevention education or training each year (online or in-person)
- Using time between member or committee meetings to work on coalition goals and activities
- Supporting a data-driven approach that uses evidence-based strategies

Membership of the Coalition

The coalition invites all agencies, organizations and individuals who support the coalition's mission and vision to participate in coalition activities as donors, sponsors or volunteers. Membership is in no way limited or prohibited by virtue of a person's race, national origin, color, creed, ancestry, political or religious affiliation, gender, age, handicap, disability, marital or parental status, or sexual orientation.

Membership is voluntary and consists of Sauk County residents and/or individuals who serve Sauk County residents in a professional or volunteer capacity, to include representatives from the sectors identified below. Sauk County P4P actively seeks participation from the following sectors:

- Parents
- State/Local/Tribal Government Officials
- School Officials
- Healthcare Professionals
- Civic/Volunteer Organizations
- Local Media Personnel
- Others who are willing to join and carry out the Mission and Vision of Sauk County P4P
- Youth
- Local Business Leaders
- Law Enforcement Officials
- Religious/Fraternal Organizations
- Youth Serving Organizations
- Alcohol, Tobacco, and Other Drug Prevention/Treatment Specialists



21 Week Equity Challenge Schedule 2024

Participants will complete the challenge activities independently. Participants are invited to join a ½ hour conversation on that week's topic.

Equity Fridays will be via zoom from 9:00am-9:45am. Some select dates will have no Equity Friday meeting, but rather that conversation will happen in the regular P4P Monthly Coalition Meeting.

Week of Challenge	Date			
Week 1: Diversity, Equity & Inclusion	July 25 th (during P4P monthly meeting)			
Week 2: Race, Racial Identity & Intersectionality	August 2 nd 9:00-9:45am			
Week 3: Understanding Privilege	August 9 th 9:00-9:45am			
Week 4: Reflect & Act (No Equity Friday Meeting)				
Week 5: Internal Impacts of Racism & Inequity	August 22 nd (During P4P monthly meeting)			
Week 6: Understanding & Reflecting on Our Biases	August 30 th 9:00-9:45am			
Week 7: Reflect & Act (No Equity Friday Meeting)				
Week 8: Impacts of Racism & Inequity on	September 13 th 9:00-9:45am			
Relationships				
Week 9: Microaggressions	September 20 th 9:00-9:45am			
Week 10: Reflect & Act	September 26 th (During P4P monthly			
	meeting)			
Week 11: Racism & Inequity in institutions	October 4 th 9:00-9:45am			
Week 12: In the Workplace	October 11 th 9:00-9:45am			
Week 13: Participant Check In (No Equity Friday Meetin	<u> </u>			
Week 14: Racism & Inequity in Systems & Structure	October 24 th (During P4P monthly meeting)			
Week 15: Economic Mobility & Opportunity	November 1st 9:00-9:45am			
Week 16: Criminal Justice	November 8 th 9:00-9:45am			
Week 17: Education	November 15 th 9:00-9:45am			
Week 18: Health & Healthcare	November 21st (During P4P monthly			
	meeting)			
Week 19: Reflect & Act (No Equity Friday Meeting)				
Week 20: Tools for Equity & Allyship	December 6 th 9:00-9:45am			
Week 21: Equity Challenge Wrap-up	December 13 th 9:00-9:45am			
Final Equity Challenge Share out	December 19 th (During P4P monthly			
	meeting)			

All challenge activities can be found online at: https://www.unitedwaywi.org/page/equity-challenge

Zoom Link for Equity Fridays:

 $\underline{https://us02web.zoom.us/j/6885327143?pwd=OVBteWphMUQNUt0c0VsaXcxeU5xQT09\&omn=8363618}\\ \underline{2893}$

Meeting ID: 688 532 7143 Passcode: 123456

Step 1: Download or save editable PDF to your computer.

Step 3: Print a copy or use form fill out tool to keep track.

21-Week Challenge Tracking Tool





Tip: diversify your habits by doing some of each.

Week	Read	Watch	Listen	Reflect	Act	Notes
Example					✓	Signed up for challenge & invited social networks to join. Plan to write weekly reflection.
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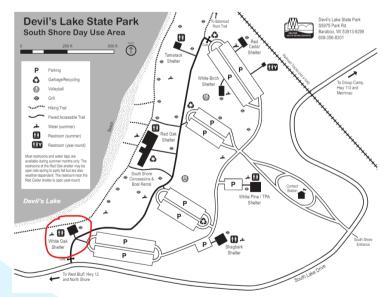


SUPPORT PEOPLE and EMPOWER RECOVERY Day at Devil's Lake Community Event

Join us at Devil's Lake State Park for a day of fun in the sun! Family and recovery friendly, free sober event open to locals in our area. Free food and time for hikes, swimming, fishing, games, and live music by Alexander Gabriel.

Tuesday, July 30th 2024 10am - 4pm

Devil's Lake State Park (**South Shore** White Oak Shelter)



10 am - Group Hike (optional) 11 am - 12:30 pm - Cookout 12:30 pm - 1:30 pm - Live music 1:30 pm - 2 pm - Recovery speakers **2pm - 4pm -** Games, fishing, swimming, and more!

Use OR code or link to RSVP for food count and parking pass please!



bit.ly/dayatdevilslake 2024

Ouestions? Contact Hannah Erdman at hannah.erdman@saukcountywi.gov or call/text 608-963-8467

Event sponsored by Sauk Co. SUPER Coalition, WI Dept. of Justice, Sauk Co. JDS

This project is funded in part by a Healthy Community Partnership Grant from the SSM Health St. Clare Foundation.



Breaking the Chains Understanding Addiction



Monday September 16



Adams Community Theater 157 S. Main St. Adams, WI



5:30 PM- Entry & Snacks 6-8 PM Speaker & Video

Event Highlights:

- Keynote Speaker: Tina Perry shares her heart-rending story of stigma, loss and love
- Hear from community members who have broken the chains of addiction
- Community Resource tables for everyone to visit









DOOR PRIZES

For more information or questions contact Sheila Michels: (608) 339-4237 sgmichels@wisc.edu

OPEN TO PUBLIC: PARENTAL DISCRETION ADVISED

The organizers of this event do not discriminate on the basis of race, color, national origin, sex, age, or disability.



PROJECT WISHOPE PRESENTS OUR QUAD COUNTY

RECOVERY CAMPING TRIP

August 26th @ 7:00 PM - 28th

Devils Lake

S5975 Park Road Baraboo WI 53913

Recovery Activities
Recovery Meetings
Water Activities
Bonfire & Smores
Guest Speaker
Music & More

Waukesha, Rock, Waupaca, & Sauk Counties *Limited Space & Adults Only



ALL PROJECT WISHOPE MEETINGS AND EVENTS ARE AVAILABLE ON





