

Sauk County Resources



**PUBLIC HEALTH
SAUK COUNTY**
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Struggling with substance use? Start here for help.

Sauk County Recovery Connections

505 Broadway St, 4th Floor, Baraboo, WI 53913
608-402-4312

Sauk County Department of Human Services

505 Broadway St, 4th Floor, Baraboo, WI 53913
608-355-4200

Recovery Support Network/Substance Use Diversion and Support (SUDS)

510 Broadway St, Basement Level of Sauk County Courthouse, Baraboo WI 53913
608-355-3287

WisHope Peer Recovery Coaches

Call or text **844-515-1444**

Sauk Prairie C.A.R.E. Recovery Program, sponsored by St. Vincent of Prairie du Sac/Roxbury

1906 North Street, Prairie du Sac, WI 53578
608-644-0504 ext. 12

Additional Mental Health and Substance Use Treatment Resources

12-Step meetings:

- Al-Anon (www.al-anon.org) and Nar-Anon (www.nar-anon.org) for loved ones
- Adult Children of Alcoholic & Dysfunctional Families (www.adultchildren.org)
- Alcoholics Anonymous (www.aa.org)
- Narcotics Anonymous (www.na.org) or (www.narcotics.com/na-meetings/Wisconsin/baraboo/)

Apollo Psychological Services, LLC

608-524-8611 – Reedsburg

Aspen Counseling Services

608-742-5020 – Baraboo and Portage

Behavioral Health Department at Reedsburg Area Medical Center (RAMC)

608-524-8611 – Reedsburg

Bloom Therapy Center

608-405-0981 – Baraboo

Calming Journey's Counseling, S.C. **608-448-6418** – Lake

Delton

Collaborative Journey Counseling, LLC **608-477-1484** –

Baraboo



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Goodman Behavioral Health Clinic
608-768-4545 – Reedsburg

Grace Counseling & Family Services
608-562-3976 – Reedsburg

Harbor Recovery Center
Text 608-697-7163 – Portage
Peer support for individuals and loved ones

Healthcare Agencies that provide Medication Assisted Treatment (MAT)

Dean Clinic
608-355-3800 – Baraboo
Ho-Chunk Nation Department of Health: House of Wellness
608-355-1240 – Baraboo
Prairie Clinic
608-643-3351 – Prairie du Sac
Sauk Prairie Healthcare Emergency Room
608-643-3311 – Prairie du Sac, 24/7/365

Innervisions Counseling and Consulting Center
608-477-9858 – Baraboo

Lutheran Social Services Counseling and AODA Clinics
608-355-4103 – Baraboo

Pathway to Wellness Community Clinic
608-643-3663 – Prairie du Sac

Pauquette Center
608-643-3147 – Prairie du Sac
608-356-9055 – Baraboo
608-524-5151 – Reedsburg

**Psychological Addiction Services: Mobile Medication Assisted Treatment
Providing methadone and suboxone**

Location 1: 200 E Cook St. Portage (parking lot next to Wilz Drug)

Hours: M-F 6:30am-9am, Sa & Su 6:30am-8am

Location 2: 727 8th St. Baraboo (St. Paul's Church)

Hours: M-F 9:30am-11am

608-416-5777

info@pasrecovery.com

Serving Sauk County and surrounding counties

Seasons Counseling, LLC
608-448-2497 – Baraboo

The Psychology Clinic
608-448-2799 – Baraboo
608-370-6551 – Prairie du Sac

Therapy Without Walls
608-843-3229 – Reedsburg



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Continuum of Care Consortium

FREE Harm Reduction Resources

Public Health Sauk County

505 Broadway, 3rd Floor, Baraboo, WI 53913

Free Narcan and Fentanyl Test Strips available. Call office **608-355-3290** or visit uCanSaveLife.com for one-on-one or group training.

Public Health Vending Machine at SSM Health St. Clare Emergency Room

Free Narcan Nasal Spray, Deterra medication disposal kits, and Mental Health & Substance Use Resource bag available 24/7/365.

Harm Reduction Response Teams red Dodge Caravan – 2 locations

Clean needles, wound care supplies, Narcan Nasal Spray, safer sex supplies, hygiene and comfort items, and fentanyl test strips will be offered in the parking lot of: BWP Liquor, 21 WI Dells Pkwy S Lake Delton 1st and 3rd Tues from 1-3pm and Pierce's Express Mart, 935 8th St Baraboo 2nd and 4th Tues from 1-3pm

Never Use Alone Hotline or Brave App

Call **1-800-484-3731** for the Never Use Alone hotline or download the Brave App at <https://bit.ly/braveappOD>.

Using alone increases the chance of an overdose resulting in death. Call the hotline and a peer will stay on the phone with you.

WisHope Peer Recovery Coaches

Call/text a local WisHope Peer Recovery Coach at **844-515-1444** or stop by the WisHope Recovery Community Center, 717 South Blvd in Baraboo, for supplies and education.

Vivent Health

Call **1-800-359-9272**

Narcan, Fentanyl Test Strips, and other harm reduction education and supplies. Testing and treatment for HIV, AIDS, Hepatitis, and more.



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Other Resources

Credible Mind:

Get started by taking a free mental health assessment and additional mental health resources
Saukcounty.crediblemind.com

NAMI (National Alliance on Mental Illness) Sauk County: 608-355-0378

Call for more information on support groups for individuals and loved ones.

National Suicide Hotline:

Call or text **988**.

National Hopeline Network

Call **800-784-2433** or **800-442-4673** or Text **HOPELINE to 741741**.

Call for more information on support groups.

Statewide General Services:

Call **211** for referrals to treatment and other services.

<https://211wisconsin.communityos.org/>

Sauk County Crisis Line:

800-533-5692

Sauk County UW Extension Resource Guide: www.co.sauk.wi.us/uwextension

Start Your Recovery website:

<https://startyourrecovery.org/>

Find local support and treatment options for yourself or loved one

Learn about recognizing and dealing with substance use

UpliftWI:

Call **534-202-5438** to share successes and challenges with a peer who will listen and offer support.