

Empowering Sauk County to prevent substance misuse.

**Take 5** to complete your month's coalition tracker. Scan the QR code below or follow this link: <a href="https://kwiksurveys.com/s/ZDy8bPes">https://kwiksurveys.com/s/ZDy8bPes</a>



Our vision: Healthy, supportive communities for everyone.

Our mission: Through collaborative and strategic action, we empower communities to prevent the misuse of alcohol, tobacco, and other drugs.

#### **NOTES**

Thursday, March 28, 1-2:15PM

Attendance: Attendance: Casey Siebecker, John Miller, Alysha Basel, Amy Whitwam, Kate Stough, Taylor Fish, Allison Bucheger, Jodie Molitor

Topic	Notes
<b>Welcome</b> Leader: Casey	Casey welcomed everyone and went around the room for intros:
Celebrate Success Leader: Casey	Taylor for all her social media work and lock boxes given out. Kate for reaching out to Boys & Girls Club for engagement.
<b>Approval of Minutes</b> Leader: Kate	Reviewed minutes from February 22nd, 2024 No changes
<b>Health Equity Spotlight</b> Leader: Alysha	Alysha shared a video on history of WI political beginnings to new mapping today. It is a bit one-sided so please note that. Video will be shared with the minutes. Group looked at the mapping changes and implications of said changes. She encouraged everyone to check out if their representatives have changed: <a href="https://maps.legis.wisconsin.gov/?version=2022">https://maps.legis.wisconsin.gov/?version=2022</a>
Coalition Engagement Action Team Leader: Kate	Member Recruitment Training Save the Date: Thursday May 23 <sup>rd</sup> , 2024 12:00pm-2:30pm. Will replace regular mtg. Held at Monk's at Wilderness in Lake Delton. Trainer to help understand elevator pitches, member why's, role playing, strategic planning to reach out to less engaged sectors. Free for coalition members.  Looking for three volunteers to support the planning of this event. Next planning meeting will be April 5 <sup>th</sup> from 11am-12pm. Contact Kate if able to help.
	Next Action Team Meeting will be Thursday, April 11 <sup>th</sup> at 2pm. Working on school data and recruitment event.

Alcohol/Commercial	Retail Assessment Volunteers for March
<b>Tobacco Action Team</b>	Currently working with 7 volunteers documenting where commercial tobacco and cannabis products are located
Leader:	within stores and advertised. Volunteers are still needed. Assign out missing stores to cover gaps. \$10 gas
	cards/hour while 'shopping'. Contact Kate if able to help.
	Focus Groups with parents and other adults
	Planning will continue at the next <b>action team meeting</b> on Monday April 8 <sup>th</sup> at 11am. Will discuss impact and
	improvements to 'Not in my House' Campaign.
Teen Action Council	Attempting to hold new TAC meeting but have not had any participants yet. Add'l dates being heavily marketed
leader: Kate	but looking for new ideas to reach schools and students. Suggestions were: 4-H (including bordering counties),
	church youth groups, homeschooling groups, Boy/Girl Scouts
	Meeting Schedule Spring 2024
	April 4 Reedsburg Public Library
	April 18 Kilbourn Public Library, Wisconsin Dells
	May 2 Ruth Culver Community Library, Prairie du Sac
	All Meetings at 5:30pm
March Social Media Posts	Looking for ideas for Facebook posts for the month of April.
Leader: Kate	April is Alcohol Awareness Month. April 27 is Drug Take Back Day. April 1 is Take Down Tobacco Day (caution:
	review text carefully for lobbying). April 1-7 Family Safety Week. 1st wk is Nat'l PH wk. April is Minority Health
	Month. Messaging around social host ordinances needed with prom and graduation coming. May is Mental Health
	Month.
Share Partner Agency	We are searching for a temporary secretary to take notes at our monthly meetings. Please see Kate if you have
Updates	capacity to help us out.
	April 17 Cessation LnL: register by 4/1'ish and get \$10 gas card Register: bit.ly/QuitTobaccoLL
	May 15 5-630pm Virtual Wellness Night focusing on self-empowerment and self-worth. Register:
	bit.ly/WellnessNight24
	Take Sauk County Community Health Assessment through 5/1/24: https://shout.com/s/Hd2tHyfu
	Let Public Health Sauk County know your preferences on how to learn about health topics and public health
	events: <a href="https://www.co.sauk.wi.us/publichealth/tell-us-how-you-get-health-information">https://www.co.sauk.wi.us/publichealth/tell-us-how-you-get-health-information</a>

#### Next Meeting: April 25, 2024, from 1-2:15pm

#### **Action Team Membership Sign Up**

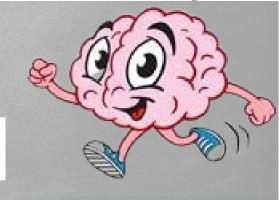
Please self-identify which action teams you want to participate on and hear from regularly

Visit: https://forms.gle/AuvXRynGHeVupD9n6

#### **Coalition Tracker 2024**

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# FUEL SOUTH CENTRAL ALLIANCE FOR TOBACCO PREVENTION YOUR BRAIN



## Start Your Quit Journey: Navigating Commercial Tobacco Cessation Resources

Join the South Central Alliance for Tobacco Prevention as experts in commercial tobacco cessation share available resources to receive support for those on their quit journey!

#### **Featured Panelists**

Wisconsin Quit line American Indian Quit line First Breath Truth Initiative Veteran Services Dean Health by Medica





Dean Health Plan by @ Medica.

Those who live or work in Adams,
Juneau, or Sauk counties can
receive a \$10 gas card by
registering BEFORE April 1st

You can register for this event after April 1st however you may not receive your gift card in time for the event.

#### Register for FREE today at

https://bit.ly/QuitTobaccoLL

#### When:

Wednesday April 17, 2024 12:00 PM- 1:00 PM

### Virtual Event!

Attend via the Zoom link available when you register

#### TakeAways:

- Accessing/Referring
- Program Benefits
- Empowering
   Someone to start
   their quit journey

### 2024 Virtual Wellness Night

This evening will inspire you to tap into your inner-strength and embrace your self worth.

#### Wednesday, May 15 | 5-6:30 pm



- Keynote presentation focused on finding your innerstrength and self-worth.
- Participate in instructor-led activities in either Adventure therapy, finding your creativity, restorative yoga, or a cooking demo.
- Hear from partners in Adams, Juneau, and Sauk counties to learn about wellness-related services available for all ages.

Complete the post survey for the chance to win one of several postevent giveaways from area businesses!



### Register for **FREE** Today: bit.ly/WellnessNight24

SCAN ME

Contact Alysha Basel at abasel@juneaucountywi.gov or 608-847-9373 for questions







https://bit.ly/ SaukSalud







#### ¿QUÉ ES LO BUENO DE SU COMUNIDAD?

¿QUÉ PUEDE MEJORAR?

**RESPONDA HOY A LA ENCUESTA!** 

Para obtener una encuesta impresa, póngase en contacto con Jodie en jodie.molitor@saukcountywi.gov o 608-355-4315











https://bit.ly/ SaukSurvey







### WHAT'S GOOD IN YOUR COMMUNITY?

What can be better?

TAKE THE SURVEY TODAY!

For a paper survey, contact Jodie at jodie.molitor@saukcountywi.gov or 608-355-4315



PUBLIC HEALTH SAUK COUNTY

Together we thrive







