

AMAZING SKIN AESTHETICS

Phone: (714) 848-2232 | Huntington Beach, CA

PRE-TREATMENT PATIENT PREPARATION GUIDE

JEISYS DENSITY™ HIGH-FREQUENCY RADIOFREQUENCY (RF) PLATFORM

Preparing your skin correctly is essential to unlocking the ultimate structural lifting power of your **Jeisys DENSITY™ High-Frequency Radiofrequency** treatment. Because high-frequency RF wavelengths rely on your tissue's natural hydration to uniformly transfer thermal bulk energy, your pre-appointment protocol directly dictates your comfort and long-term collagen remodeling outcomes. Review this extensive preparation blueprint carefully.

1. THE SCIENCE OF PRE-CARE: WHY HYDRATION IS KING

The DENSITY™ system works at an elite **6.78MHz frequency**, delivering sequential monopolar and bipolar energy fields into the skin. This current generates localized, therapeutic thermal fields by interacting with the water content hidden within your dermal layers. When your body is optimally hydrated, your skin's electrical conductivity skyrockets. This allows the system's real-time impedance sensors to deliver energy smoothly and deeply without overheating the outer skin layer. Dehydrated tissue acts as a poor conductor, meaning the treatment can feel significantly warmer, and energy absorption may be limited.

2. CLINICAL COUNTDOWN: TIMELINE-BASED PREPARATION

Adhere strictly to the following countdown protocols to minimize clinical risks and set up your dermal matrix for optimal neocollagenesis:

2 Weeks Prior	Avoid Aggressive Tanning & Sunburning: Do not engage in deliberate sun bathing, tanning beds, or spray tans. Sunburnt or heavily compromised skin cannot be treated safely due to background inflammation. Discontinue Skin-Thinning Facials: Avoid chemical peels, microdermabrasion, or aggressive exfoliation procedures in the target zone.
1 Week Prior	Pause Active Skincare: Completely stop using Retinoids (Retin-A, retinol, tazarotene), Vitamin C serums, Alpha-Hydroxy Acids (AHAs like glycolic or lactic acid), and Beta-Hydroxy Acids (BHAs like salicylic acid). These topicals increase surface sensitivity. Hair Removal: Avoid waxing, tweezing, or using chemical depilatories in the treatment area. Shaving 24 hours prior is acceptable.
48 Hours Prior	Eliminate Vasodilators: Do not consume alcohol or high amounts of caffeine. These substances dehydrate body tissues and dilate blood vessels, which can worsen post-procedure swelling (edema) and redness (erythema).

3. MANDATORY SAFETY PRECAUTIONS & CONTRAINDICATIONS

Because DENSITY™ delivers deep high-frequency electrical energy, certain absolute health boundaries must be cleared to ensure patient safety. Please notify our staff immediately if any of the following apply:

- **Implanted Medical Devices:** Patients with internal cardiac pacemakers, automatic electronic defibrillators (AICD), or embedded metallic/electronic implants *cannot* undergo monopolar radiofrequency treatments due to electrical circuit routing.
- **Injectable Window Boundaries:** Ensure your appointment is scheduled at least ****2 weeks after**** any neurotoxin treatments (Botox/ Dysport) and ****4 weeks after**** any hyaluronic acid dermal filler placements in the treatment field to prevent shifting or heat-degrading fresh products.
- **Active Skin Alterations:** Active acne cysts, open wounds, cold sore flare-ups, or systemic eczema patches in the designated treatment field must heal completely prior to delivery.

4. DAY-OF-APPOINTMENT CHECKLIST

Follow these steps on the morning of your procedure to facilitate a smooth, comfortable clinical workflow:

- **Hyper-Hydrate:** Drink at least 32 to 48 ounces of pure water prior to arriving at the clinic. Avoid coffee or energy drinks on the morning of your treatment.
- **Arrive with Pristine Skin:** Wash the target area thoroughly. Do not apply face lotions, body creams, heavy oils, perfumes, or makeup. The treatment zone must be entirely clean and dry for the grounding return pad and electrode membrane to make seamless contact.
- **Remove Jewelry:** Remove all body piercings, necklaces, rings, and metallic accessories before your session, as a return grounding circuit is utilized during the treatment sequence.



IMPORTANT COMFORT NOTE

Thanks to DENSITY's patented continuous cryogenic gas-cooling loops, the surface layer of your skin is completely protected throughout the delivery process. This advanced cooling masks the deep therapeutic heat profile, making the treatment highly tolerable and eliminating the need for invasive dental blocks or oral sedatives. Arrive relaxed and ready for your new collagen wave!

5. THE STACKING MINDSET: LOOKING AHEAD

Preparing your skin today sets up a flawless foundation for the long-term compounding effect. Stacking your treatments by returning for a subsequent session at the **3-month mark** captures your skin's biological neocollagenesis right as your first procedure reaches its peak performance. This establishes an elite structural matrix that prevents premature laxity and maximizes your results over the year ahead.

Your journey to beautiful structural tightening begins with proper preparation. For any question regarding your pre-care routine, call our experts directly.

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