

AMAZING SKIN AESTHETICS

Phone: (714) 848-2232 | Huntington Beach, CA

POST-TREATMENT CARE INSTRUCTIONS

DENSITY™ RADIOFREQUENCY TREATMENT BY JEISYS

Thank you for choosing **Amazing Skin Aesthetics** for your skin rejuvenation journey. The DENSITY™ High-Frequency Radiofrequency system utilizes advanced thermal energy to induce controlled tissue coagulation, stimulating deep collagen synthesis and elastin production for long-term skin tightening and remodeling. To guarantee optimal healing, protect your investment, and minimize side effects, please adhere strictly to these clinical post-care instructions.

1. IMMEDIATE POST-TREATMENT RECOVERY TIMELINE

Your skin will go through various natural healing phases following your RF session. Below is what to expect and how to manage your recovery during the initial week:

First 48 Hours	A deep, intensive warmth sensation resembling a moderate sunburn is normal. Localized erythema (redness) and mild edema (swelling) are expected clinical endpoints, which usually peak and begin to resolve within this window. Mild tingling, tenderness, or localized skin itching can occur. Do not apply cold water or wash the area during the initial 2 to 4 hours; thereafter, you may resume washing your skin gently with lukewarm water and an approved mild cleanser.
Days 3 to 5	The treated skin may feel tighter, dry, rough, or sand-paper-like. Mild micro-crusting or dynamic peeling can surface as cellular turnover accelerates. Do not pick, scratch, or manually exfoliate this tissue.
Day 7 and Onward	Acute cellular inflammation should reside. The skin barrier is largely restored, allowing a gradual return to your standard advanced skincare regimens, provided no irritation or lingering crusts are present.

2. DAILY SKINCARE ROUTINE PROTOCOLS

Protect your healing skin barrier by simplifying your routine to basic cleansing, intense hydration, and strict UV protection for the next 5 to 7 days:

- **Gentle Cleansing:** Cleanse the treated area twice daily using only lukewarm water and a mild, non-soap, fragrance-free cleanser. Gently pat the skin dry with a clean, soft microfiber towel. Do not rub or use mechanical cleansing brushes.
- **Intensive Hydration:** Apply a generous layer of an approved, bland, medical-grade moisturizer (such as Hyaluronic Acid serums, ceramides, or post-procedure balms) whenever your skin feels dry, tight, or parched. Proper hydration is critical for tissue remodeling.
- **Strict Sun Protection:** Your skin is exceptionally vulnerable to UV-induced post-inflammatory hyperpigmentation (PIH). Apply a broad-spectrum, 100% mineral sunscreen containing Zinc Oxide or Titanium Dioxide (minimum SPF 30) every single morning, and reapply every 2 hours if near windows or outdoors.

3. MANDATORY RESTRICTIONS & ACTIVITY GUIDELINES

To avoid complicating the controlled thermal response generated by the Jeisys DENSITY™ device, you must strictly comply with the following clinical restrictions:

AVOID FOR 48 HOURS	AVOID FOR 7 FULL DAYS
• Alcohol Consumption Avoid alcohol completely as it expands blood vessels, exacerbating swelling, redness, and delaying tissue healing. • Makeup Applications Keep the treated skin clean and free of cosmetics or tinted creams to prevent clogging delicate hair follicles.	• Strenuous & Thermal Activity Refrain from high-intensity workouts, heavy sweating, hot baths, steam rooms, saunas, and chlorinated swimming pools. • Actives & Physical Scrubs Do NOT use Retinoids (Retin-A, retinol), Vitamin C, Alpha-Hydroxy Acids (AHA), Beta-Hydroxy Acids (BHA), or physical scrubs.

4. ADVANCED SIDE EFFECT MANAGEMENT

While the DENSITY™ treatment has a high safety profile, understanding how to manage rare reactions ensures excellent results:

- **Persistent Erythema or Heat:** If significant redness or thermal discomfort persists past the first 12 hours, you may lightly apply a clean ice pack wrapped in a clean soft cloth to the area for 10 minutes at a time. Never apply ice directly to the bare skin.
- **Transient Folliculitis:** Radiofrequency energy can thermally stimulate hair follicles and sebaceous glands, occasionally inducing mild inflammation, temporary breakouts, or increased sebum production. This typically resolves naturally within 7 days. Continue with a gentle routine and do not pop or squeeze the lesions.
- **Bruising & Numbness:** Minor petechiae (bruising) or minor localized altered sensations may rarely occur in deeper treatment areas. This is temporary and resolves over several days to a few weeks without intervention.



CLINICAL ALERT: WHEN TO CONTACT OUR OFFICE

In exceptionally rare cases, extreme thermal exposure can cause minor blister or burn formation. If you experience unexpected blistering, severe prolonged crusting, severe unmanageable pain, skin rawness, or signs of localized infection (such as pus or warmth radiating from the area), contact **Amazing Skin Aesthetics at (714) 848-2232** immediately for professional evaluation.

Collagen remodeling is a progressive, biological mechanism. Your immediate glow will settle, and your final, structural tightening and lifting outcomes will continue to gracefully develop over the next 3 to 6 months.

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