



AMAZING SKIN AESTHETICS

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✨ Get Ready to Be Hair-Free! Your Laser Prep Guide

The countdown to silky-smooth skin is on! We are so excited to see you for your **Laser Hair Removal** session.

To ensure your treatment is safe, effective, and as comfortable as possible, there are a few "must-dos" before you arrive. Please follow these California-standard safety guidelines to get the best results from our medical-grade laser technology.

🔪 The "Smooth Skin" Checklist

- **Shave, Shave, Shave:** Please **clean-shave** the treatment area 12–24 hours before your visit. The laser targets the root *under* the skin; hair left on the surface can cause unnecessary irritation.
- **Ditch the Tweezers:** Stop waxing, plucking, threading, or using epilators **4 weeks** prior to your visit. We need that hair follicle intact for the laser to find it!
- **Natural Glow Only:** Avoid all tanning—including sun exposure, tanning beds, and **self-tanning lotions/sprays**—for at least **2 weeks** before your session. Laser on tanned skin can lead to burns or pigment changes.
- **Bare Skin Policy:** Arrive with skin free of lotions, oils, deodorants, or numbing creams. These can act as a barrier to the laser.

📅 Timeline for Success

When	What to Do
4 Weeks Out	Put the tweezers and wax away! Shaving only from here on out.
2 Weeks Out	Avoid direct sun and fake tan. If you've been on antibiotics, let us

	know!
3 Days Out	Stop using harsh actives (Retin-A, AHAs, BHAs) on the treatment area.
The Big Day	Shave 12-24 hours before and come in comfy, loose-fitting clothes.

Safety First (The Professional Part)

- **Photosensitivity:** Some medications (like certain antibiotics or St. John's Wort) make your skin sensitive to light. Please notify us immediately if you have started any new medications.
- **Skin Health:** We cannot treat skin that is sunburned, irritated, or has an active cold sore or infection.
- **Accutane:** You must be off Accutane for at least **6 months** before receiving laser treatments.

Legal Disclaimer: Laser hair removal is a medical procedure. Results vary based on hair color, skin type, and hormonal factors. This treatment is performed by California-licensed professionals in accordance with state safety regulations.

We Can't Wait to See You!

If you have any questions or need to reschedule, please give us a call at **(714) 848-2232**. Remember, we require **24 hours' notice** for cancellations or reschedules.

Get ready for the convenience of never having to pick up a razor again!

Stay Smooth,

The Team at **Amazing Skin Aesthetics**

 (714) 848-2232

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