



## **MODULE 1 - HEAL YOUR LIFE TRANSFORMATIONAL WORKSHOP FACILITATOR**

### **STEP 1: ATTEND AND EXPERIENCE THE FULL HEAL YOUR LIFE WEEKEND WORKSHOP AS A PRE-REQUISITE**

Experience the tools and processes first-hand at this weekend course, when we learn to step outside of our lives for moment, and realize that our greatest challenge has always been our need to be accepted, to avoid being rejected. We have given our power away by blaming the past, other people and circumstances.

When we can step out of the trance of "I am not good enough" or "I am a victim of", we can then re-create a life of peace, harmony, balance and hope in our lives. The process of becoming whole again begins with taking that first step towards dissolving the barriers, limiting beliefs and past conditioning that keep you in a cycle of pain, identifying the areas that need your attention, clearing out emotional clutter connected with those areas.

Become aware and certain if this course meets your reason for applying to become a Heal Your Life Coach. You will receive a certificate of attendance. You can attend a workshop near you; view the dates on our website events page [www.healyourlife.co.za/events](http://www.healyourlife.co.za/events)

### **STEP TWO:**

#### **MODULE: HEAL YOUR LIFE YOUTH & ADULT WORKSHOP FACILITATOR**

4 DAY RESIDENTIAL COURSE OFFERS IN-PERSON TRAINING - 2 MODULES + SELF-STUDY ASSIGNMENT

**TOTAL HOURS = 40**

This four day intensive course teaches students how to FACILITATE the content of the Heal Your Life workshops for **adults and youth**. Louise Hay had hosted these workshops as the start point to the journey in self-healing and personal development. After hosting these workshops over many years, very often attendees made a comment "if only we could have the course content to read at home" and this inspired the publishing of a book "You can Heal Your Life".

The focus of this training is on the psychological system the course is written within, and what is required as a facilitator from a teaching perspective as well grooming on how to manage processes and people in the workshop space. You will learn how to use the content of the manual to offer workshops on multiple topics and in half day, one day, two day and 3 day retreat formats.

Payment terms can be arranged with Live the Love Academy as below.

Code	Module	Hours	Cost	Registration	6months	12 months	18 months
HYLFT	Facilitator	40	<b>R10000.00</b>	R2500	R1300	R675	R470

**The above cost includes course, materials and manual + BONUS FILE with music/videos. etc**

**EXCLUDES ACCOMODATION & MEALS**



Education, Training and Development Practices  
Sector Education and Training Authority

As per the Education, Training and Development Practices Sector Education and Training Authority (ETDP SETA) to facilitate the Heal your Life Workshops, students are required to be have an **ETDP Facilitator Certification**, therefore if you **DONOT** have this certification, immediately *after* attendance of the 4day training, you are automatically enrolled into a 3day NQF Level 5 course to meet this requirement. This is a separate course facilitated by an **approved ETDP trainer**. More details when we process your application.