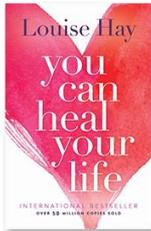


## 250 hours International LIFE COACH Certification Course

Authorized and Licensed by Hay House, Inc., and approved by Louise L Hay

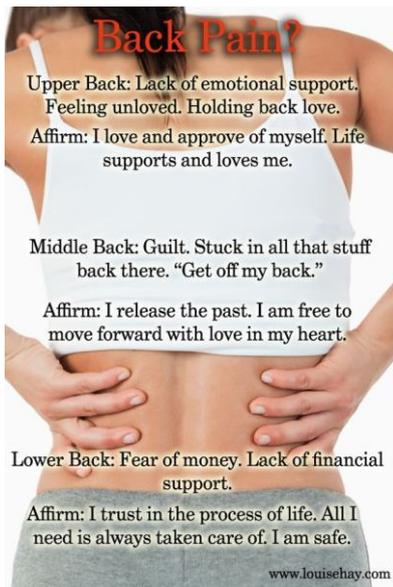


If your life has been touched by her teachings or you have been inspired by her.. then come and join us..



Thousands of people globally, from many different careers and backgrounds have attended this training to become a **HEAL YOUR LIFE COACH**.

Therapists, counselors, yoga teachers, holistic healing practitioners, hypnotherapists, social workers, nurses, medical and integrative doctors, care givers, psychologists, corporate trainers, HR professional, life coaches, fitness instructors; parents, teachers and everyday people with a passion to make a positive contribution to their communities globally.



**The Louise Hay Philosophy is built upon the foundation that every person has access to the ability to heal their lives, body and circumstances.**

**The body can return to its natural state of good health and we can have good and healthy relationships, and we can create a prosperous life.**

**When we have the tools, support and guidance, we can overcome past hurts by GENTLY working through them, with a willingness to heal and let go of all that no longer serves us.**

**It is liberating when we can finally find that space to forgive our self and others through the cultivation of SELF LOVE and ACCEPTANCE and becoming mindful of our words, thought and actions.**

The journey to become a certified and licensed **HEAL YOUR LIFE COACH** offers students an exclusive balance-paced learning experience that is enriched with both theory and practical. Our students enjoy continuous mentorship and support from the school. This ensures that our students meet the skills development and good confidence required in the Life Coaching profession with international standards. Duration is dependent on the development of the student, and could be from 1-2 years. The following modules form a step by step system for students to groom their experience as both a life coach and self-coach.

Module 1 & 2 are stand-alone certification courses.

Modules 1-2-3-4 are the complete course of 200 hours as a LIFE COACH – Comensa approved.

*(Exception on module 1- when a student is not interested in facilitating workshops)*

**Module 1 – 70 hours - Heal your Life Transformational Workshop Facilitator – (Adults & Youth)**

**Module 2 – 80 hours - Heal Your Life Practitioner & study course Teacher - (Adults & Youth)**

**Module 3 – 30 hours - Foundation Skills as Life Coach**

**Module 4 – 70 hours - Life Coach & Practitioner Life Coach**

All course modules are made up of in-person training seminars + case study hours + written assignments.

## STUDENT COMMITMENT:

To qualify for acceptance into this intensive and elaborate course, PLEASE BE AWARE, applicants are required to be willing and congruent in their own personal growth journey. This benefits their personal experience of the philosophies, tools and strategies they will be studying through the course. Most importantly it gives applicants insight into the depth of commitment required in the profession as a life coach and this supports the decision if this modality meets their needs and vision that is calling them to this career path. The school has continuous mentor and support programs in place to ensure this commitment is met by students



### What is a 'Licensed' Heal Your Life® Member?

Louise Hay's publishing company, Hay House, Inc., have trademarked the term Heal Your Life.

Dr Patricia Crane (Heart Inspired Presentations) who worked closely with Louise Hay for many years was given an exclusive license with Hay House (Louise Hay) to lead the 'Heal Your Life® Training Courses worldwide.

Hay House licenses a Principle Trainer in different countries around the world, like Ashika Singh for South Africa, who also hold exclusive license to certify students for this training as Heal Your Life® Coaches.

All students sign a licensing agreement which supports them in being recognised by the global community as a qualified professional, with annual licensing fee of \$99 US dollars, this license is applied for upon certification of Facilitator/Practitioner.



COMENSA aims to set the ethical standards for coaching and mentoring in South Africa. As coaching and mentoring become independently recognised professions, it is likely that this Code of Ethics will change and evolve. Our mission is to set and uphold an appropriate Code of Ethics and Conduct which supports and sustains the expanding professions of coaching and mentoring in South Africa.

Our Code of Ethics and Conduct outlines values, standards and fundamental principles with which members of COMENSA agree, by which they may be measured and/or supervised, and against which they willingly agree to be assessed.

Students are registered with Comensa by the school as a student member for a period of 3years, and upon completion of the 200hours.

### HEAL YOUR LIFE TRAINING COURSES ARE PRESENTED BY LIVE LOVE ACADEMY AN APPROVED COMENSA COACH TRAINING PROVIDER



Ashika Singh is the founder of the Live Love Life Coach Academy holds an exclusive license with Louise Hay's company "Hay House", as the principle trainer for South Africa. (2010).

**Live Love Academy** is built on the principle of supporting and guiding purpose driven individuals to **live their love** (passions).

*"I sincerely believe each one of us is unique and has our own signature contribution to our world and this is what I encourage students to achieve. Ensuring they become the best version of self and living their best, most fulfilled life. I enjoy being a practical teacher; everything we learn is absorbed when it is experiential. Sharing all the knowledge that comes through me freely, my passion is to witness students flourish, develop and grow into their own visions, and become the **Presence, Voice and Leader they are!**"*

[www.healyourlife.co.za](http://www.healyourlife.co.za)