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## HEAL YOUR LIFE CERTIFICATION COURSES SOUTH AFRICA





Thousands of people globally, from many different careers and backgrounds have attended this training to become a HEAL YOUR LIFE FACILITATOR - TEACHER - PRACTITIONER or HEAL YOUR LIFE COACH.

Therapists, counselors, yoga teachers, holistic and traditional healing practitioners, hypnotherapists, social workers, nurses, medical and integrative doctors, care givers, psychologists, corporate trainers, HR professional, life coaches, fitness instructors; parents, teachers and everyday people with a passion to make a positive contribution to their communities or workplaces.

It is valuable to note that Heal your Life certification courses are written for SELF-help and personal development skills. This program is offered exclusively through Live Love Academy, with a clear vision and intent to activate people to take personal charge of their lives and remove the need for excuses or crutches. True empowerment is using one's own personal power rather than believing someone with more power than you can fix you. YOU take charge, we simply teach you some tools, and guide you.

This approach brings a strong and healthy foundation to any life coaching world, as it is created to support people from the inside out. With very simple and effective tools and processes that connects a person to who they really are before they can know sincerely what they really want.

Heal Your Life Certification Courses offer a variety of approaches that blend easily with any other forms of healing, teaching, coaching and development through education about human potential to heal and grow.

The journey to become a certified and licensed HEAL YOUR LIFE COACH offers students an exclusive balance-paced learning experience that is enriched with both theory and practical. Our students enjoy continuous mentorship and support from the Academy. This ensures that our students meet the skills development and good confidence required in the Life Coaching profession with international standards. Duration is dependent on the development of the student, and could be from 1-3 years.

The following modules form a step by step system for students to groom their experience as both a life coach and self-coach. The 100 - 300 hours for this course is made up of live training seminars + assisting hours + independent case study hours + a written assignment.

Module 1 & 2 are stand-alone certification courses.

Modules 2-3-4 are the complete course of 200 hours as a HEAL YOUR LIFE COACH – Comensa Certified.

Module 1 – 100 hours - Heal your Life Transformational Workshop Facilitator – (Adults & Youth)  
Module 2 – 100 hours - Heal Your Life Practitioner & study course Teacher - (Adults & Youth)  
Module 3 – 30 hours - Foundation Skills as Life Coach  
Module 4 – 70 hours - Life Coach & Practitioner Life Coach

## STUDENT COMMITMENT:

To qualify for acceptance into this intensive and elaborate course, PLEASE BE AWARE, applicants are required to be willing and congruent in their own personal growth journey. This benefits their personal experience of the philosophies, tools and strategies they will be studying through the course. Most importantly it gives applicants insight into the depth of commitment required in the profession as a life coach and this supports the decision if this modality meets their needs and vision that is calling them to this career path. The school has continuous mentor and support programs in place to ensure this commitment is met by students



## What is a 'Licensed' Heal Your Life® Member?

Louise Hay's publishing company, Hay House, Inc., have trademarked the term Heal Your Life. Dr Patricia Crane (Heart Inspired Presentations) who worked closely with Louise Hay for many years was given an exclusive license with Hay House (Louise Hay) to lead the 'Heal Your Life® Training Courses worldwide. Hay House licenses a Principle Trainer in different countries around the world, like Ashika Singh for South Africa, who also holds an exclusive license to certify students for this training as Heal Your Life® Coaches. All students sign a licensing agreement which supports them in being recognised by the global community as a qualified professional, with annual licensing fee of \$99 US dollars, this license is applied for upon completion of the students first Heal your life Certification Course.



## Heal Your Life Coaches are COMENSA certified

COMENSA aims to set the ethical standards for coaching and mentoring in South Africa. As coaching and mentoring become independently recognised professions, it is likely that this Code of Ethics will change and evolve. Their mission is to set and uphold an appropriate Code of Ethics and Conduct which supports and sustains the expanding professions of coaching and mentoring in South Africa.

Comensa Code of Ethics and Conduct outlines values, standards and fundamental principles with which members of COMENSA agree, by which they may be measured and/or supervised, and against which they willingly agree to be assessed. Students are registered with Comensa by Live Love Academy as a student member for a period of 3 years, upon completion of the 200 hours.

The **Live Love Academy** is a Comensa approved Coach Training Provider. We are intent and committed to education. To teach, support and guide **people** to dive into their **passion** and realise that THEY are the **purpose**. To **live** and create what they **love**. There are many reputable and dedicated schools that offer life coach training today, and it can become confusing about which one is the best fit for you. Take your time and research your options. Each school is respected for their own vision and purpose and it is important that you align yourself to the one that suits your needs. Our students enjoy a long term relationship with us, as we invest deliberate attention to their vision and steadily assist them towards achieving their ultimate goals, escalating their experience, confidence and levels of growth possible in the craft of life coaching and facilitation.



Ashika Singh; the founder of the Live Love Academy holds an exclusive license with Louise Hay's company "Hay House", as the Master Coach & Principle Trainer for Heal Your Life South Africa. (2010).

*"I sincerely believe each one of us is unique and has our own signature contribution to our world and this is what I encourage students to develop. It requires more than what is taught in a classroom to ensure we become the best version of our self and living well. I enjoy being a practical teacher; everything we learn is absorbed when it is experiential. Sharing all the knowledge that comes through me freely, my passion is to witness students flourish, develop and grow into their own visions. To become the Presence, Voice and Leader this world can echo and choose.*

***"Education without action, is like pouring a glass of life giving water and not drinking it or serving it." Ashika Singh***

