



BY LOUISE L HAY

Heal Your Life Certification Courses South Africa

exclusive training by Live Love Academy





Do you have a calling to help children, teenagers and adults?

Thousands of people globally, from many different careers and backgrounds have attended this training created by LOUISE HAY to become a HEAL YOUR LIFE FACILITATOR - TEACHER - PRACTITIONER & HEAL YOUR LIFE COACH.

Therapists, counselors, yoga teachers, holistic healing practitioners, hypnotherapists, social workers, nurses, medical and integrative doctors, care givers, psychologists, corporate trainers, HR professional, life coaches, fitness instructors; parents, teachers and everyday people with a passion to make a positive contribution to their communities, corporations; workplaces and families.

The credit hours for each of the three certification options are made up of live training seminars + case study hours + written assignments.

It is valuable to note that Heal your Life Modules are unique, as they are written as SELF-help and SELF-empowerment tools. To activate people to take personal charge of their lives and remove the need for a crutch. True empowerment is using one's own personal power rather than believing someone with more power than you can fix you. YOU take charge, we simply teach you some tools, and guide you.

This approach brings a strong and healthy foundation to any self-help or personal growth journey, as it is created to support people from the inside out. With very simple and effective tools and processes that connects a person to who they really are before they can know sincerely what they really want.

Heal Your Life certification courses offer a variety of approaches that blend easily with any other forms of healing, teaching, coaching and empowerment through education about human potential to heal and grow.

There are THREE Heal Your Life certifications to choose from:

Holistic Practitioner & Study Course Teacher

Life Coach (Comensa Registered)

Workshop Facilitator (ETDP SETA certificate required)



Holistic Practitioner & Teacher Certification Course

Based on the books Heal Your Life & Heal Your Body by Louise Hay

A two-fold certification as a study course teacher to offer the Heal Your Life Study Course as created by Louise L Hay based on her books You Can Heal your Life, the workbook and Heal Your Body. Secondly, as a holistic practitioner you will learn the methods behind the content of the manual, and how to confidently customize sessions based on a clients exact needs, offering a private and personalized experience for youth and adults to further assist their self-empowerment and healing path.

This course is suitable for you when you:

Desire to help people individually in private, personalised sessions.

Have passion to teach youth or adults life skills and how to cope with life challenges.

Are a naturally patient and a good listener with the ability to understand people easily.

Seem to attract people who share their problems & seek your guidance & advice.

Resonate with the topic of mind-body psychology & want to help others heal their body.

Are inspired to empower people to really love & accept themselves no matter what

Want to be able to create and customize a unique program to help your clients in specific life areas such as relationship, health, money, career, purpose and self-worth and acceptance.

CREDIT HOURS: 100

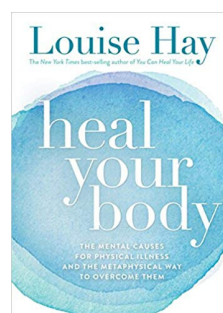
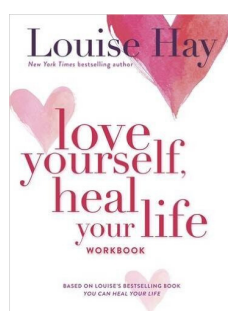
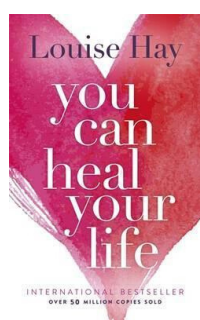
Pre-requisite hours (15)

5 day Live training hours (35)

Independant practical assignment hours (50)

PRE-REQUISITE:

Certificate of Completion of the Love Yourself, Heal Your Life Study Course with one of our Heal Your Life inspired team.



Heal Your Life COACH certification course

An advanced life coaching course in personal empowerment. This is a specialised training. This course is rich in content and takes anything from 6-12 months to complete and is approved by Comensa meeting the South African and global ethics of life coaching as a profession.

This course is suitable for you when you enjoy:

A passion to support clients to identify and set life goals.

Encouraging action and keeping accountability.

Learning psychological filters and skills to determine a client's barriers

Setting up a professional life coaching business

Being passionate about learning and teaching advanced coaching methods

Have patience and dedication to cultivating your expertise in the craft of life coaching.

Have a personality and attitude that naturally says "Let us move or be moved!"

Listening deeply, strategising with a person as an equal and ensuring measurable results can be achieved.

Being in a coaching relationship with your own life coach and leading by example, experience and excellence.

The Heal your Life Coach Certification course made up of TWO modules/classes:

1. Introduction to Life Coaching

Before we enter the coaching world, it is imperative that we explore the purpose, function and psychology behind this craft. Get to KNOW your clients, their unique view of the world, how they are wired and what style of coaching is required to activate them into action. Identify why the blocks are in their way and uncover if a client is a coaching candidate or not. Take the learning of Practitioner & Teacher into the next level, once we can dissolve barriers, we can create a map with the client that is SMART.

CREDIT HOURS: 30

Pre-requisite hours (6)

Live training hours (21)

Independent practical hours (3)

PRE-REQUISITE

Completion of certification as Practitioner & Teacher & READY-STEADY-GROW Life Coaching Package.

2. Advanced Life Coaching

This module is the continuation of the module Introduction to Coaching and is the main course to become a Heal Your Life Coach. Learn the practical life coaching methods, combining all the skills and knowledge from previous modules with advanced life coaching tools that teach you how to screen, identify, dissolve, resolve and rebuild with congruent actions.

The filters, screening methods, strategies and tools you learn on this full course serve your own life more greatly as you will no longer see the world through a limited view. This is what supports you in becoming a UNIQUE life coach.

CREDIT HOURS: 70

Live training hours (35)

Independent practical hours (35)

PRE-REQUISITE:

Completion of certification as Practitioner & Teacher & Introduction to Life Coaching.

Heal Your Life Workshop Facilitator certification course

***Do you have a personality that enjoys teaching in front of a group?
This is an exclusive Heal Your Life course for community and corporate programs.***

This certification course offers you a unique opportunity to host the Heal Your Life Workshops for youth and adults, empowering people to connect with themselves and transform their lives!

This course teaches skills to become familiar with processes and content of the personal empowerment workshops. Students learn how to facilitate the weekend workshop and create many short courses and key-note "speak to teach" opportunities.

This course certifies students to facilitate the Heal Your Life Workshops for Adults and Youth in personal capacity and to corporate, education, medical and other institutes. Students will learn the power of communication, creativity and confidence.

This course is suitable for you when you enjoy:

Talking, speaking & facilitating.

Being voice and a leader, and love working with youth and adults in groups.

Hosting support groups for a cause

Offering personal development programs in corporate, educational, medical and health/wellness sectors.

Serving in the community in charity projects and want to empower people with educational courses to cope with their state of lives,

Offering healing retreats to groups of people.

Sharing a message, and inspire people to find their voice when they are going through life challenges that you have personally conquered or experienced?

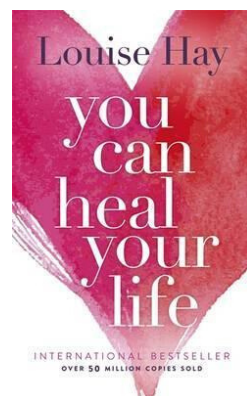
Learning how to create and customise a variety of educational Heal Your Life Workshops with topics that can help people learn how to live well and create wellness.

Based on the book Heal Your Life by Louise Hay.

CREDIT HOURS: 65

Pre-requisite hours (15)

Live training hours (50)



PRE-REQUISITE:

Certificate of Completion of the Love Yourself, Heal Your Life 2 day workshop.

This is an educational course that is rich in EQ learning and applicants are required to have an ETDP SETA certificate to qualify. We can assist you with information on the ETDP SETA training with an outsourced company.

SOME VALUABLE POINTS TO CONSIDER BEFORE APPLYING

There are many reputable and dedicated schools that offer holistic courses and life coach certifications today, and it can become confusing about which one is the best fit for you. Take your time and research your options. Each school is respected for their own vision and purpose and it is important that you align yourself to the one that suits your needs.

If you are seeking a "quick" process to become certified, this course may not be for you, as it is skills based, and requires anything from 6 months to 2 years depending on your choice of course/s and pace of growth.

Commitment to one's vision and being interested in something are very different concepts, and our course requires commitment to a vision and is designed for education, grooming and supporting students to achieve their unique signature in the world.

Live Love Academy holds a very clear value, to uphold the ethics of the service industry and ensure that our graduates meet the education and development requirements in South Africa, and master the craft of life coaching.

It is imperative that when considering application for acceptance into this elaborate course, applicants are certain they are willing to be congruent in their own personal growth journey. This benefits their personal experience of the philosophies, tools and strategies they will be studying through the course.

Most importantly it gives applicants insight into the depth of commitment required in the profession as a life coach and this supports the decision if this modality meets their needs and vision that is calling them to this career path.

There is continuous mentor and support programs in place to ensure this commitment is met, therefore please ensure that when considering an application, you have enough time available to attend to home based study and practice hours for assignment.





STUDENT COMMITMENT:

Students are required to be willing and congruent in their own personal growth journey. This benefits their personal experience of the philosophies, tools and strategies they will be studying through the course. Most importantly it gives applicants insight into the depth of commitment required in the profession as a life coach and this supports the decision if this modality meets their needs and vision that is calling them to this career path. The school has continuous mentor and support programs in place to ensure this commitment is met by students.

What is a 'Licensed' Heal Your Life® Member?

Louise Hay's publishing company, Hay House, Inc., have trademarked the term Heal Your Life. Dr Patricia Crane (Heart Inspired Presentations) who worked closely with Louise Hay for many years was given an exclusive license with Hay House (Louise Hay) to lead the 'Heal Your Life® Training Courses worldwide. Hay House licenses a Principle Trainer in different countries around the world, like Ashika Singh for South Africa, who also holds an exclusive license to certify students for this training as Heal Your Life® Coaches. All students sign a licensing agreement which supports them in being recognised by the global community as a qualified professional, with annual licensing fee of \$99 US dollars, this license is applied for upon completion of the students first Heal your life Certification Course.



Heal Your Life Coaches are COMENSA registered.

COMENSA aims to set the ethical standards for coaching and mentoring in South Africa. As coaching and mentoring become independently recognised professions, it is likely that this Code of Ethics will change and evolve. Their mission is to set and uphold an appropriate Code of Ethics and Conduct which supports and sustains the expanding professions of coaching and mentoring in South Africa. Comensa Code of Ethics and Conduct outlines values, standards and fundamental principles with which members of COMENSA agree, by which they may be measured and/or supervised, and against which they willingly agree to be assessed. Students are registered with Comensa by Live Love Academy as a student member for a period of 3 years, upon completion of the 200 hours.



The Live Love Academy is a Comensa approved Coach Training Provider.

We are intent and committed to education. To teach, support and guide people to dive into their passion and realise that THEY are the purpose. To live and create what they love. There are many reputable and dedicated schools that offer life coach training today, and it can become confusing about which one is the best fit for you. Take your time and research your options. Each school is respected for their own vision and purpose and it is important that you align yourself to the one that suits your needs. Our students enjoy a long term relationship with us, as we invest deliberate attention to their vision and steadily assist them towards achieving their ultimate goals, escalating their experience, confidence and levels of growth possible in the craft of life coaching and facilitation.



Ashika Singh; the founder of the Live Love Academy holds an exclusive license with Louise Hay's company "Hay House", as the Master Coach & Principle Trainer for Heal Your Life South Africa. (2010).



"I sincerely believe each one of us is unique and has our own signature contribution to our world and this is what I encourage students to develop. It requires more than what is taught in a classroom to ensure we become the best version of our self and living well. I enjoy being a practical teacher; everything we learn is absorbed when it is experiential. Sharing all the knowledge that comes through me freely, my passion is to witness students flourish, develop and grow into their own visions. To become the Presence, Voice and Leader this world can echo and choose. " Ashika Singh

DO YOU FEEL INSPIRED TO STUDY WITH US?

Speak to one of our esteemed **Heal your Life MENTORS**, they can identify your needs and guide you on the best way forward to study with us, including cost of the courses and how the 0-18 months payment plans work,
Feel free to connect with them directly.



KZN & Western Cape
Ashika Soorju - 083 320 1939
asoorju@healyourlife.co.za



Gauteng & Free State
Shannan Knox - 083 315 7356
shannan@healyourlife.co.za



Gauteng & Eastern Cape
Valia Zachariou - 084 651 9055
valia@radianthearts.co.za



Johannesburg - EAST RAND
Kerrisha Gopichand - 082 330 7370
info@consciousemergence.co.za



Johannesburg
Bhashni Nana - 082 211 1059
info@evolvingminds.co.za



Johannesburg
Simone Naidoo - 084 449 0908
simone@on-purpose.co.za