

MID-60	Item
	1 Forgetting what you did earlier in the day
	2 Having an emotion (e.g., fear, sadness, anger, happiness) that doesn't feel like
	3 Hearing the voice of a child in your head
	4 Reliving a traumatic event so vividly that you totally lose contact with where y
	5 Having difficulty swallowing (for no known medical reason)
	6 Having trance-like episodes where you stare off into space and lose awareness
	7 Being told of things that you had recently done, but with absolutely no memor
	8 Not remembering what you ate at your last meal-or even whether you ate
	9 Things around you feeling unreal
	10 Not being able to see for a while (as if you are blind) for no known medical rea
	11 Feeling very detached from your behavior as you "go through the motions" of d
	12 Feeling uncertain about who you really are
	13 Feeling that other people, objects, or the world around you are not real
	14 Being paralyzed or unable to move (for no known medical reason)
	15 Being so bothered by flashbacks that it was hard to get out of bed and face the
	16 Not remembering large parts of your childhood after age 5
	17 Feeling disconnected from everything around you
	18 Not being able to hear for a while (as if you are deaf) (for no known medical re
	19 Feeling that pieces of your past are missing
	20 Immediately forgetting what other people tell you
	21 Having difficulty walking (for no known medical reason)
	22 Hearing a voice in your head that wants you to hurt yourself
	23 Feeling very confused about who you really are
	24 Feeling that important things happened to you earlier in your life, but you can
	25 Feeling as if you were looking at the world through a fog so that people and ob
	26 Having seizures for which your doctor can find no reason
	27 Going into trance so much (or for so long) that it interferes with your daily acti
	28 Words just flowing from your mouth as if they were not in your control
	29 Feeling that there are large gaps in your memory
	30 Going into trance for hours
	31 Bad memories coming into your mind and you can't get rid of them
	32 Drifting into trance without even realizing that it is happening
	33 Words come out of your mouth, but you didn't say them; you don't know where
	34 Being able to remember very little of your past
	35 When you are angry, doing or saying things that you don't remember (after you
	36 Feeling that you have multiple personalities
	37 Hearing a voice in your head that calls you names (e.g., wimp, stupid, whore, s
	38 Poor memory causing serious difficulty for you
	39 Having other people (or parts) inside you who have their own names
	40 Reliving a past trauma so vividly that you see it, hear it, smell it, etc
	41 Going into trance several days in a row
	42 Discovering that you have changed your appearance (e.g., cut your hair, or cha
	43 Being bothered or upset by how much you forget
	44 Hearing a voice in your head that wants you to die
	45 Suddenly finding yourself somewhere odd at home (e.g., inside the closet, und
	46 Feeling as if there is something inside you that takes control of your behavior a

47	Totally forgetting how to do something that you know very well how to do (e.g.
48	Suddenly finding yourself somewhere (e.g., at the beach, at work, in a nightclub)
49	Feeling that there is another person inside who can come out and speak if it were
50	"Coming to" and finding that you have done something you don't remember doing
51	Having difficulty staying out of trance
52	Suddenly not knowing how to do your job
53	Your body suddenly feeling as if it isn't really yours
54	Being bothered by flashbacks for several days in a row
55	Being confused or puzzled by your emotions
56	Hearing a voice in your head that tells you to "shut up"
57	Having another part inside that has different memories, behaviors, and feelings
58	There were times when you "woke up" and found pills or a razor blade (or some
59	Hearing a voice in your head that calls you no good, worthless, or a failure
60	Having a very angry part that "comes out" and says and does things that you would
	MID-60 MEAN SCORE
	Interpreting the MID-60 mean score
	0 to 7 Does not have dissociative experiences
	7 to 14 Has few diagnostically significant dissociative experiences
	15 to 20 Mild dissociative symptoms and experiences. PTSD or a mild dissociative disorder
	are possible
	21 to 30 May have dissociative disorder and/or PTSD
	31 to 40 May have a dissociative disorder (such as OSDD-1 or DID) <i>and</i> PTSD
	41 to 64 Probably has DID or a severe dissociative disorder <i>and</i> PTSD
	64 + Severe dissociative and posttraumatic symptoms. High scores may also reflect
	symptoms, or psychosis
	Subscales
	DID
	Amnesia
	DID / OSDD-1
	Subjective awareness of alter personalities and self-states
	Angry intrusions
	Persecutory intrusions
	Depersonalization / Derealization Disorder
	Derealization/Depersonalization
	Dissociative Amnesia
	Distress about severe memory problems
	Loss of autobiographical memory
	PTSD
	Flashbacks
	Conversion Disorder
	Body symptoms
	Psychogenic nonepileptic seizures
	General subscales
	Trance

Self-confusion

Cut-off	Client Score					
4						
3						
2						
2						
1						
4						
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isorder (such as dissociative amnesia, depersonalization / derealization disorder)

lect neuroticism, attention-seeking behavior, exaggeration or malingering of

Clinical cut-off						
10	0.0					
20	0.0					
18	0.0					
18	0.0					
20	0.0	CAUTION The MID-60 is for screening purposes only. It is not a diagnostic tool. If the m for the MID-60 and relevant subscales indicate a dissociative disorder is likel wish administer the Structured Clinical Interview for DSM-IV Dissociative Disc D) or Dissociative Disorders Interview Schedule (DDIS), or ask the respondent complete the full MID, to provide diagnostic clarity				
30	0.0					
34	0.0					
16	0.0					
10	0.0					
10	0.0					
11.7	0.0					

33.3	0.0					
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