

## Hiking Club Medical Kits

Each hike level has a medical kit that is to be carried by the hike leader or designee. The following items can be found in each pack. All injuries should be recorded and any items used should be noted and replaced.

### Master Medical Kits

- **First Aid Reference Sheet**
- **Sam splint**
- **Trauma Pak**
  - **Qwik clot 25g**
  - **Trama pad 5" x 9"**
  - **Gloves Nitrile, one hand wipe**
  - **Duct Tape 2" x 26"**
  - **Triangular bandage**
  - **Gauze Sterile Bandage 4" x 4" pkg of 2**
  - **Gauze Sterile Bandage 2" x 2" pkg of 2**
  - **Bandage Conforming Gauze 3"**
  - **After Cuts and Scrapes Antiseptic Wipe**
  - **Re-sealable bag for bio-waste and sucking chest wounds**
- **Kling Wrap - Brown**
- **Soft gauze cotton roll**
- **Large non-stick bandaids (6)**
- **Smaller bandaids**
- **Gauze pads 4X4**
- **Alcohol wipes (10)**
- **Adhesive tape 1 inch**
- **Q-tips**
- **Gloves (4)**
- **Blunt tip scissors**
- **Benadryl 25 mg. (antihistamine) (8)**
- **Neosporin antibiotic cream**
- **Instant cold pack**
- **Wash cloth for padding/cleaning**
- **Trash bag**
- **3" x 5" card for recording all minor injuries and items used**

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