

Different Types of Attachment Relationships And How They Affect Your Dog

Secure Attachment.

This is the best kind of attachment. A dog with this style feels they can depend on their caregiver. They know that the person will be there when they need support, and they know what to expect.

Avoidant Attachment This type of attachment is what is called "Insecure." Avoidant dogs have learned that depending on caregivers won't help them feel safe or comfortable, so they learn to take care of themselves.

Ambivalent Attachment.

Ambivalence (not being entirely sure of something) is another way a dog may be insecurely attached to their caregiver. Dogs who are ambivalent have learned that sometimes their needs are met, and sometimes they aren't. They recognize what behavior got their caretakers' attention in similar situations and use this behavior over and over. They are always looking for that feeling of security that they sometimes get.

Disorganized Attachment

Disorganized dogs never know what to expect from their caregivers. Dogs with relationships in the other categories have all learned ways to get what they need, even if it's not the best way, like jumping or barking. They know that if they do certain things enough, they will eventually get their needs met.

Controlling-Disorganized - Dogs who are controlling tend to be very bossy with other dogs or people.

Caregiving-Disorganized - Dogs who are caregiving might treat other dogs or their caregiver, like they are their puppy.

Courtesy of:

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