

## Inner Warrior Martial Arts Schedule

| Time     | Mon                                      | Tues                  | Wed                  | Thurs                 | Fri  | Sat                      |
|----------|--|-----------------------|----------------------|-----------------------|--|--------------------------|
| 11am     |  |                       |                      |                       |  | Lil Warriors<br>Ages 3-5 |
| 11:30 am |  |                       |                      |                       |  | Kids All Levels          |
| 3-6pm    | AFTER SCHOOL PROGRAM                     | AFTER SCHOOL PROGRAM  | AFTER SCHOOL PROGRAM | AFTER SCHOOL PROGRAM  | AFTER SCHOOL PROGRAM                         |                          |
| 5pm      | Kids All Levels                          | Kids All Levels       | BLACK BELT CLASS     | Kids All Levels       | Kids/Teen/Adult<br>Green belt+<br>BLACK BELT |                          |
| 6pm      | Kids All Levels<br>Adults/Teen All Belts |                       | Kids All Levels      |                       | Weapons<br>Kids/Teens/Adults                 |                          |
| 7pm      |  | Adults/Teen All Belts |                      | Adults/Teen All Belts |  |                          |

### Class Legend

Ages 3-5 Lil Warriors(Free)

All level Kids ages 6-12

Intermediate level Kids/Adults

Black Belt Class

Adult/Teen class ages 13+

Weapons class

\*After School Program available for additional fees\*