

Makeup Guidelines

Tiny & Beginner

Depending on the comfort level of the dancer - try for:

- Brown Eyeshadow
- Mascara
- Blush
- Pink Lipstick / Lip Gloss (no specific shade required)

Primary & Junior

- Brown Eyeshadow
- Black Eyeliner
- Mascara
- Blush
- Lipstick: COVERGIRL OUTLAST ALL DAY Shade 621 "Natural Blush" (Same as last season)

Intermediate & Senior

- Brown Eyeshadow
- Black Eyeliner
- False Eyelashes
- Blush
- Lipstick:
 - COVERGIRL OUTLAST ALL DAY Shade 621 "Natural Blush" (Same as last season)

Lipstick is available at Guardian Pharmacy in Biggar

Hair Guidelines

2 high braided buns (Tiny/ Beginner/ Primary)	2 Bubble Braids (Junior/Inter/Senior)	HIGH Braided Log Bun (Inter)	LOW Braided Log Bun (Jr/Inter/Sr)
		 <p data-bbox="878 789 1208 898"> https://www.youtube.com/watch?v=0K50GbXzNN o </p> <p data-bbox="878 942 1179 1014">*Intermediate ballet: braid ribbons into braid</p>	
Low Straight Pony (Inter/Senior)	Low Classical Bun (Inter/Senior)	Low Curly Pigtails (Primary)	Low Braided Pony (Inter)
 <p data-bbox="63 1514 396 1650"> <i>*Make sure elastics match hair colour</i> <i>*Centre Part</i> <i>*use a straightener to flat iron ponytail</i> </p>	 <p data-bbox="469 1446 846 1535"> <i>*no donuts or socks, as flat to head as possible</i> <i>*use a hairnet</i> </p> <p data-bbox="469 1572 850 1713"> <i>tutorial:</i> https://www.instagram.com/reel/CsZ0MW-J676/?igsh=NGdnbm9ub2cwZDR6 </p>	 <p data-bbox="878 1677 1179 1734"> <i>*curl ponies with curling iron (more than in photo)</i> </p>	

***Helpful tip for Primary hair changes:** For the log bun, use elastics at the top of the braids. Do 2 ponies, then braid the ponies and make the log bun. When it's time to switch to curly ponies, take out the braids and curl the ponies. If the transition is opposite, braid the curly ponies and pin them into a log bun.

Jewelry Guidelines

- No Jewelry unless specified, this includes all visible piercings. Stud nose rings are permitted at teacher discretion.
- Acro Groups do not wear earrings.
- Some groups require RhineStone Earrings if they are indicated in the 'Accessories' section. These are available for purchase at Dance Street in the city in ***pierced or clip-on***. Anything similar to the below will do:



[Home](#) > [Accessories](#) > [Jewelry](#) > [Earrings](#)

FH2 10MM Earrings Pierced

C\$14.99

30 In stock

Article code LOU11731



This piece is one of the FH2's signature earrings. Not too big, not too small. Just a right size for your performance!

Other Guidelines

- No Nail Polish or toe nail polish
- Clean up dance shoes for the stage if needed, Mr. Clean magic eraser works well.
- Undergarments should not be visible in the costume, this means clear strapped bras with straps hidden as much as possible. Use safety pins to help hide straps as needed.
- Tights free from runs or holes
- Static guard may be needed
- Costumes must be steamed and wrinkle free
- It is a good idea to label dance costumes with dancers initials to avoid mix-ups in change rooms

Tiny & Beginner

Group	Costume	Tights	Shoes *See dress code on website for specific shoes required*	Hair	Accessories /Earrings
Tiny Ballet <i>"Little Tea Pots"</i>	Girls: Tea pot biketard, white petti-skirt, tea pot skirt on top Boys: Tea pot biketard	No tights Girls: White ruffle socks to be worn with shoes Boys: black socks	Girls: Pink Leather Ballet Slippers (Must be from Dance Street or other dance shoe store) Boys: black leather ballet slippers	Girls: 2 high braided buns (see photo) Boys: styled neatly according to length	Girls: hair bow on front of right side bun
Beginner Ballet <i>"The Glow"</i>	Purple and pink princess bodysuit, Pink petti skirt (no over skirt)	Mondor Light Tan Tights White ruffle socks to be worn with shoes	Pink Leather Ballet Slippers (Must be from Dance Street or other dance shoe store)	2 high braided buns (see photo)	Hair bow in front of right side bun
Beginner Jazz <i>"Princesses want to have fun"</i>	Purple and pink princess bodysuit, Pink petti skirt with over skirt	Mondor Light Tan	Beige Jazz Shoes	2 high braided buns (see photo) Hair bow in front of right side bun	Put costume on in this order: 1. Bodysuit 2. Top Skirt 3. Pettiskirt
Beginner Tap <i>"Broadway Banana"</i>	Yellow Banana Bodysuit, pink petti skirt, yellow overskirt	Mondor Light Tan	Carmel (Beige) Mary Jane Style Tap Shoes	2 high braided buns (see photo) Hair bow in front of right side bun	Put costume on in this order: 1. Bodysuit 2. Top Skirt 3. PettiSkirt
Beginner Hip Hop <i>"Hokey Pokey"</i>	Green/Blue Top & Shorts	White Socks, not seen above shoes. (no tights)	White Hip Hop High Top Sneakers	2 high braided buns (see photo)	

Primary

Group	Costume	Tights	Shoes	Hair	Accessories /Earrings	Teacher Notes
Primary Ballet <i>"Animal Crackers in my Soup"</i>	Animal Bodysuit and skirt	Mondor Salmon	Pink Leather Ballet Slippers (Must be from Dance Street or other dance shoe store)	2 braided high buns (see photo)	Rhinestone Earrings Hair bow on front of right side bun	Dancers should wear skirt at the height of their belly button
Primary Jazz <i>"The Locomotion"</i>	'Denim' Bodysuit' Red Pettiskirt 'Denim' Overskirt Red Belt	Mondor Light Tan	Beige Jazz Shoes	2 braided high buns (see photo)	Rhinestone Earrings	Put costume on in this order: <ol style="list-style-type: none"> 1. Bodysuit 2. Belt 3. Overskirt 4. PettiSkirt Pin the belt to the skirt/bodysuit if it's loose.
Primary Hip Hop <i>"The Party"</i>	Pink or Blue Hoodie & Shorts	Girls Mondor Light Tan Tights Boys White Socks	White Hip Hop High Top Sneakers	2 braided high buns (see photo)	Rhinestone Earrings	
Primary Acro <i>"Tiki Birds"</i>	Bird costume	Mondor Light Tan FOOTLESS (312C)	Bare Feet	Low braided bun with middle part (ensure dancers can lay on back and do forwards roll in bun) *if dancers have very thick hair you should do multiple	Bird peak hair piece (Please use bobby pins in addition to the clips provided on the hair piece)	

				braids in order to get bun flat		
Primary Tap <i>"I Wanna Be Like You"</i>	Teal Dress with White Waistband.	Full Mondor Light Tan	Carmel (Beige) Mary Jane Style Tap Shoes	Slick Back, Low Pigtails, Curled. (Middle Part)	Rhinestone Earrings White Bows Above Ponytails.	
Primary Lyrical <i>"There She Goes"</i>	Blue, Pink, Green, or Purple dress	Full Mondor Light Tan	Beige Leather Jazz Shoes	Slick Back, Low Pigtails, Curled.(Middle Part)	Rhinestone Earrings Rhinestone Barrettes. Each Angled on the Outside of the Ponytails.	(Miss Caprice can show in person how to pin to hair)

Junior

Group	Costume	Tights	Shoes	Hair	Accessories /Earrings	Teacher Notes
Junior Lyrical <i>"Don't Stop Believing"</i>	Iridescent Dress	Full Mondor Light Tan	Beige Leather Jazz Shoes	Low, Braided, Log Bun. (Middle Part)	Rhinestone Earrings Hairpiece Opposite Side of One on the Costume. Pin (X pattern) to the Side of Head.	(Miss Caprice can show in person how to pin to hair)
Junior Ballet <i>"Slumber Party"</i>	Blue Satin Pajama Set	Full Mondor Salmon	Pink Leather Ballet Slippers	Low, Braided, Log Bun. (Middle Part)	Rhinestone Earrings Pin (X pattern) Eye Covers Center to Middle Part. Prop: Black Pillows	(Miss Caprice can show in person how to pin to hair) Please have dancer wear a black bodysuit under the costume. So if they lift their arms their belly is not seen. However, make sure it is not high neck where you can see the neckline.
Junior Jazz <i>"Burning Love"</i>	Fire print bike tard, black petti skirt, fire print top skirt	Mondor black	Black Jazz shoes	2 bubble braids	Rhinestone earrings	Put costume on in this order: <ol style="list-style-type: none"> 1. Bodysuit 2. Belt 3. Overskirt 4. PettiSkirt Pin the belt to the skirt/bodysuit if it's loose
Junior/Inter Tap <i>"Mind Your Own"</i>	Black & White Checker Bodysuit & Skirt	Mondor Light Tan	Carmel (Beige) Mary Jane Style Tap Shoes	Low Braided Log Bun Red Bow	Rhinestone Earrings	

				on top of Log Bun		
Junior Hip Hop <i>"Jump In"</i>	Black/Green/ Pink Outfit	White socks, not showing above shoes (no tights)	White Hip Hop High Top Sneakers	2 Bubble Braids	Rhinestone Earrings	
Junior Contemp <i>"Up Means Down"</i>	Orange Dress	Mondor Light Tan FOOTLESS (312C)	Half Soles	Low Braided Log Bun	Rhinestone Earrings	
Junior Acro <i>"Magic"</i>	Multi Colour Sparkle Magician Costume	Mondor BLACK FOOTLESS (312C)	Bare Feet	Low Braided Log Bun		

Intermediate

Group	Costume	Tights	Shoes	Hair	Accessories /Earrings	Teacher Notes
Inter Acro <i>“Warriors”</i>	Red Bodysuit	Mondor BLACK FOOTLESS (312)	Bare Feet	Low Braided Pony		
Inter Ballet <i>“Elemental”</i>	Red or Blue costume	Mondor Salmon	Canvas ballet Shoes	High braided “log” bun with ribbons braided in (see tutorial video)	Rhinestone Earrings	Please try and find a solution that works for you dancer to not have bra straps showing in the back. If dancers are uncomfortable I suggest taking the costume to a seamstress to get a shelf bra sewn into the dress. Reach out to Miss Makenna if you have concerns, she is happy to discuss options that make everyone feel comfortable.
Inter Jazz <i>“Donatella”</i>	Purple Leotard	Mondor Black	Black Jazz Shoes	2 Bubble Braids	Rhinestone Earrings	
Inter/Jr Tap <i>“Mind Your Own”</i>	Black & White Checker Dress	Mondor Light Tan	Carmel Mary Jane Tap Shoes	Low Braided Log Bun Red Bow on top of Log Bun	Rhinestone Earrings	
Inter/Senior Hip Hop <i>“Work”</i>	Blue Pants & Top	White socks, not showing above shoes	Work Boots	2 Bubble Braids	Rhinestone Earrings	

<p>Inter/Senior Lyrical</p> <p><i>"The Waves"</i></p>	<p>Blue dress</p>	<p>Mondor Light Tan</p>	<p>Beige Jazz Shoes</p>	<p>Low slick back rope twist bun (photo/tutorial will be posted on band)</p>	<p>Rhinestone Earrings</p>	<p>Please try and find a solution that works for you dancer to not have bra straps showing in the back. If dancers are uncomfortable I suggest taking the costume to a seamstress to get a shelf bra sewn into the dress. Reach out to Miss Makenna if you have concerns, she is happy to discuss options that make everyone feel comfortable.</p> <p>Dress alteration instructions can be found in Band.</p>
<p>Inter/Senior Contemp</p> <p><i>"Angels on the Moon"</i></p>	<p>Blue and Black Dress with Lace Leg</p>	<p>Ankle Length Mondor Light Tan</p>	<p>Beige Turners</p>	<p>Low, Straight, Slick Back Ponytail. (Middle Part)</p>	<p>Rhinestone Earrings</p> <p>Navy Blue and Black Rhinestone Hair Clip (Just Above Ponytail)</p>	<p>(Ponytail needs to fully straightened please!)</p>

Senior

Group	Costume	Tights	Shoes	Hair	Accessories /Earrings	Teacher Notes
Senior Ballet <i>"The Experience"</i>	Red, Blue, or Green Dress	Full Mondor Salmon	Pink Canvas Ballet Slippers	Low, Slick Back, Classical Bun. (Middle Part)	Rhinestone Earrings Rhinestone Hair Pins - One on Each Side of Bun	
Inter/Senior Pointe <i>"Gravitate"</i>	Blue romper	Mondor Salmon	Pointe shoes - ribbons tied neatly, ends hair sprayed into place	Low slick back classical bun with middle part	Rhinestone earrings	
Senior Jazz <i>"Night of the Dancing Flame"</i>	Red/Black Dress	Mondor Black	Black Jazz Shoes	Low slick back classical bun with middle part	Rhinestone Earrings	
Senior Tap <i>"Flamenco"</i>	Black/Red Dress	Capezio Fishnets	Black Tie Up Tap Shoes	Low slick back classical bun with middle part	Flower Hair Piece Right side of Bun Rhinestone Earrings	
Inter/Senior Hip Hop <i>"Work"</i>	Blue Pants & Top	White socks, not showing above shoes	Work Boots	2 Bubble Braids	Rhinestone Earrings	
Inter/Senior Lyrical <i>"The Waves"</i>	Blue dress	Mondor Light Tan	Beige Jazz Shoes	Low slick back rope twist bun (photo/tutorial will be posted on band)	Rhinestone Earrings	Please try and find a solution that works for you dancer to not have bra straps showing in the back. If dancers are uncomfortable I

						<p>suggest taking the costume to a seamstress to get a shelf bra sewn into the dress. Reach out to Miss Makenna if you have concerns, she is happy to discuss options that make everyone feel comfortable.</p> <p>Dress alteration instructions can be found in Band.</p>
<p>Inter/Senior Contemp</p> <p><i>“Angels on the Moon”</i></p>	<p>Blue and Black Dress with Lace Leg</p>	<p>Ankle Length Mondor Light Tan</p>	<p>Beige Turners</p>	<p>Low, Straight, Slick Back Ponytail. (Middle Part)</p>	<p>Rhinestone Earrings</p> <p>Navy Blue and Black Rhinestone Hair Clip (Just Above Ponytail)</p>	<p>(Ponytail needs to fully straightened please!)</p>