

Makeup Guidelines

Tiny & Beginner

Depending on the comfort level of the dancer - try for:

- Brown Eyeshadow
- Mascara
- Blush
- Pink Lipstick / Lip Gloss (no specific shade required)

Primary & Junior










- Brown Eyeshadow
- Black Eyeliner
- Mascara
- Blush
- Lipstick: COVERGIRL OUTLAST ALL DAY Shade 621 "Natural Blush" (Same as last season)

Intermediate & Senior

- Brown Eyeshadow
- Black Eyeliner
- False Eyelashes
- Blush
- Lipstick:
 - COVERGIRL OUTLAST ALL DAY Shade 621 "Natural Blush" (Same as last season)
 - **SENIOR JAZZ ONLY: *NEW* COVERGIRL OUTLAST ALL DAY** Shade 507 "Ever Red-dy" (or similar)

Lipstick is available at Guardian Pharmacy in Biggar

Hair Guidelines

<p>High Curly bun (Beginner)</p>	<p>Double Dutch Braids to Low Bun (Primary/Junior)</p>	<p>Double Dutch Braids 2 Curly Ponies (Primary/Junior)</p>	<p>Double Dutch Braids (Primary/Junior)</p>
 <p><i>*DHD83 "Bun of Curls" hair piece from Dance Street in Saskatoon works well for this hairstyle</i></p>	 <p><i>*Use a Hair net on the bun & plenty of hairspray on the braids</i> <i>Youtube Tutorial: https://www.youtube.com/watch?v=KWTeKea0fO4</i></p>		
<p>High Straight Pony (Inter/Senior)</p>	<p>Low Straight Pony (Inter/Senior)</p>	<p>Ballet Bun (Inter/Senior)</p>	<p>Low Braided Bun (Inter Acro)</p>
 <p><i>*Make sure elastics match hair colour</i> <i>*No part, just straight back</i></p>	 <p><i>*Make sure elastics match hair colour</i> <i>*Centre Part</i></p>	 <p><i>*no donuts or socks, as flat to head as possible</i></p>	
<p>Half Up Style (Inter/Sr Lyrical)</p>			
	<p><i>Centre Part, Slicked Back, Straight.</i></p> <p><i>Parted right by ear like picture.</i></p> <p><i>***Ponytail not as high***</i></p>		

Jewelry Guidelines

- No Jewelry unless specified, this includes all visible piercings. Stud nose rings are permitted at teacher discretion.
- Acro Groups do not wear earrings.
- Some groups require RhineStone Earrings if they are indicated in the 'Accessories' section. These are available for purchase at Dance Street in the city in ***pierced or clip-on***. Anything similar to the below will do:



Home > Accessories > Jewelry > Earrings

FH2 10MM Earrings Pierced

C\$14.99

30 In stock Article code LOU111731



This piece is one of the FH2's signature earrings. Not too big, not too small. Just a right size for your performance!

Other Guidelines

- No Nail Polish or toe nail polish
- Clean up dance shoes for the stage if needed, Mr. Clean magic eraser works well.
- Undergarments should not be visible in the costume, this means clear strapped bras with straps hidden as much as possible. Use safety pins to help hide straps as needed.
- Tights free from runs or holes
- Static guard may be needed
- Costumes must be steamed and wrinkle free
- It is a good idea to label dance costumes with dancers initials to avoid mix-ups in change rooms

Tiny & Beginner

Group	Costume	Tights	Shoes	Hair	Accessories /Earrings
<p>Tiny Ballet</p> <p><i>"Sweet Like Cotton Candy"</i></p>	<p>Girls: Pink Dress</p> <p>Boys: white pants, red striped shirt</p>	<p>No tights</p> <p>Girl: White ruffle socks to be worn with shoes</p> <p>Boys: black socks</p>	<p>girls: Pink leather ballet slippers</p> <p>Boys: black leather ballet slippers</p>	<p>Girls: 2 low curly pigtails</p> <p>Boys: styled neatly according to length</p>	<p>Girls: White Party hat, no hair flower</p> <p>Boys: red and white hat (strap needs added)</p>
<p>Beginner Ballet</p> <p><i>"Mermaids in the Sea"</i></p>	<p>Teal Bodysuit Tutu skirt</p> <p>NO Ruffle Strap</p>	<p>Mondor Ballet Pink</p>	<p>Pink Leather Ballet Slippers</p>	<p>HIGH Curly Bun</p>	<p>FLOWER Hair Clip on Right side of Curly Bun</p>
<p>Beginner Jazz</p> <p><i>"Tails in the Air"</i></p>	<p>Teal bodysuit Fringe skirt, Ruffle strap</p>	<p>Mondor Light Tan</p>	<p>Beige Jazz Shoes</p>	<p>HIGH Curly Bun</p>	<p>3 GEM clip on right side of curly bun</p>
<p>Beginner Tap</p> <p><i>"Bubble Gum"</i></p>	<p>Pink Dress</p>	<p>Mondor Light Tan</p>	<p>Carmel (Beige) Mary Jane Style Tap Shoes</p>	<p>HIGH Curly Bun</p>	<p>Hair Clip on Right Side of Curly Bun</p>
<p>Beginner Hip Hop</p> <p><i>"Playin' Outside"</i></p>	<p>Blue/Pink Top & Shorts</p>	<p>White Socks, not seen above shoes.</p> <p>(no tights)</p>	<p>White Hip Hop High Top Sneakers</p>	<p>HIGH Curly bun</p>	

Primary

Group	Costume	Tights	Shoes	Hair	Accessories /Earrings	Teacher Notes
Primary Ballet <i>"The Great Outdoors"</i>	Tan & Black Dress	Mondor Salmon	Pink Leather Ballet Slippers	Double Braids into a Low Bun	Rhinestone Earrings	*Props: Tent, Fire, S'mores, Fishing, & Baskets. Miss Caprice has all*
Primary Jazz <i>"Boogie Woogie Flu"</i>	Red and white dress	Mondor Light Tan	Beige Jazz Shoes	Double Dutch Braids into Two Curly Ponies	Nurses hat worn on top of head White gloves Rhinestone Earrings	Nurses hat is pinned to top of head, ensure it's not floppy. Put white gloves in ziplock bag pinned to costume if you worried about them getting wrecked (lipstick, makeup, etc),, teachers will get them on backstage
Primary Hip Hop <i>"The Explorers"</i>	Pink T Shirt Orange Shorts <u>James:</u> Yellow T-Shirt Grey Shorts	White Socks, not seen above shoes. (no tights)	White Hip Hop High Top Sneakers James: Red Boots	Double Dutch Braids	Rhinestone Earrings Purple Backpack	
Primary Acro <i>"Go Bananas"</i>	Monkey Costume	Mondor Light Tan FOOTLESS (312C)	Bare Feet	Double Dutch Braids	Ears Headband Pinned in	<i>*Remove pin that comes with tail, use safety pin to pin onto costume above tutu</i>
Primary Tap <i>"Shake Senora"</i>	Pink Dress	Mondor Light Tan	Carmel (Beige) Mary Jane Style Tap Shoes	Double Dutch Braids into Two Curly Ponies	Rhinestone Earrings	*Miss Teigan has Maracas
Junior/Primary Lyrical <i>"Growing Up Raising You"</i>	Rose Dress	Full Mondor Light Tan	Beige Leather Jazz Shoes	Double Dutch Braids into Two Curly Ponies	Rhinestone earrings Matching Hairpiece Pinned to Right Side	*Prop: Picture frame - Miss Caprice has all*

Junior

Group	Costume	Tights	Shoes	Hair	Accessories /Earrings	Teacher Notes
Junior/Primary Lyrical <i>"Growing Up Raising You"</i>	Rose Dress	Full Mondor Light Tan	Beige Leather Jazz Shoes	Double Dutch Braids into Two Curly Ponies	Rhinestone earrings Matching Hairpiece Pinned to Right Side	*Prop: Picture frame - Miss Caprice has*
Junior Ballet <i>"Soul"</i>	Black and White dress	Mondor Ballet Pink	Character Ballet Shoes	Double Dutch Braids into Two Curly Ponies	Bowler Hat Rhinestone Earrings	Do Not pin on the hat, as we take it on and off in the number
Junior Jazz <i>"Wellerman"</i>	Sailor Dress	Mondor Light Tan	Beige Jazz shoes	Double Dutch Braids	Rhinestone earrings Sailor Hat	Sailor Hat needs chin strap attached - Miss Teigan will provide
Junior Tap <i>"Wednesday"</i>	Black Wednesday Dress	Mondor Light Tan	Carmel (Beige) Mary Jane Style Tap Shoes	Double Dutch Braids with ribbon bow tied on each braid	Black Mesh Gloves Rhinestone Earrings	
Junior Hip Hop <i>"Them Girls Be Like"</i>	Girls: Pink Bodysuit with Pink Pants	White socks, not showing above shoes (no tights)	White Hip Hop High Top Sneakers	Double Dutch Braids	Rhinestone Earrings NO HAT	Pants need to be pinned to bodysuit
Junior Contemp <i>"Seven"</i>	Yellow Crop & Pants Dark Blue Sports Bra & Nude underwear.	No Tights	Bare Feet	Double Dutch Braids into Two Curly Ponies	Rhinestone Earrings	Dark Blue sports bra was ordered. Parents MUST buy their dancers own nude underwear for under as it is see through. Seamless preferred.

Junior Acro "Let it Grow"	Green Unitard	Mondor Light Tan FOOTLESS (312C)	Bare Feet	Double Dutch Braids		
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Intermediate

Group	Costume	Tights	Shoes	Hair	Accessories /Earrings	Teacher Notes
Inter Acro "Abstract"	Multi-colour Unitard	Mondor Light Tan FOOTLESS (312C)	Bare Feet	Middle Part Low Braided Bun		
Inter Ballet "El tango"	Red two piece costume	Mondor Salmon	Character shoes	Low ballet bun, left side part (middle of left eye)	Rhinestone Earrings	Skirt may need taped to skin or pinned to tights if falling down past belly button
Inter Jazz "Barbie Dreams"	Pink Gingham costume	Mondor Light Tan	Beige Jazz Shoes	High Straight Pony	Headband Pinned in with gather on the Right Rhinestone Earrings	
Inter/Senior Tap "Cecilia"	White/Black Pants suit	Mondor Black	Black Tie Up Tap Shoes	Low Straight Pony	Rhinestone Earrings	
Inter/Senior Hip Hop "Walk it Out"	White Hoodie White & Black Shorts	White socks, not showing above shoes (no tights)	White Hip Hop High Top Sneakers	High Straight Pony	Rhinestone Earrings	* white tank top or bra top under the hoodie * Black tight shorts under the costume shorts. They should not show below the costume shorts.

<p>Inter/Senior Lyrical</p> <p><i>"Leave a Light On"</i></p>	<p>Yellow OR Grey Dress</p>	<p>Full Mondor Light Tan</p>	<p>Beige Jazz Shoes</p> <p><i>(Leather or Canvas will be decided shortly - Miss Caprice will contact families)</i></p>	<p>Centre Part, Slicked Back Parted at Ears, Half Up Half Down, Straightened</p> <p><i>(Subject to change after dress rehearsal)</i></p>	<p>Rhinestone Earrings</p> <p>Silver & Diamond Hair Pins from last year - one on each side of ponytail.</p>	<p><i>*Props: Bench and candles. Miss Caprice has*</i></p>
<p>Inter/Senior Contemp</p> <p><i>"Roses"</i></p>	<p>Black Suit Jacket, Pants, & Bodysuit</p>	<p>No Tights</p>	<p>Beige/Nude Half Soles/ Turners</p>	<p>Centre Part, Slicked Back, Low Straightened Ponytail</p>	<p>Rhinestone Earrings</p> <p>Silver & Diamond Hair Pins from last year - one on each side of ponytail</p>	<p><i>*Props: Roses. Miss Caprice has*</i></p>
<p>Inter/Senior Pointe</p> <p><i>"Beauty is found within"</i></p>	<p>Sage Green Dress</p>	<p>Mondor Salmon</p>	<p>Pointe shoes - ribbons tied neatly, ends hair sprayed into place</p>	<p>Double braids into low bun</p>	<p>Rhinestone earrings</p> <p>Hair piece worn at top of bun</p>	<p>If we have any quicker changes we will do low ballet bun with middle part, I will let you know for each competition</p>

Senior

Group	Costume	Tights	Shoes	Hair	Accessories /Earrings	Teacher Notes
Senior Ballet <i>"Shape of my heart"</i>	Black and Red Dress	Mondor Salmon	Pink CANVAS ballet slippers	Low ballet bun, middle part	Rhinestone Earrings	
Inter/Senior Pointe <i>"Beauty is found within"</i>	Sage Green Dress	Mondor Salmon	Pointe shoes - ribbons tied neatly, ends hair sprayed into place	Double braids into low bun	Rhinestone earrings Hair piece worn at top of bun	If we have any quicker changes we will do low ballet bun with middle part, I will let you know for each competition
Senior Jazz <i>"Mambo no. 5"</i>	Red Bodysuit and Fringe Pants	Mondor Light Tan	Beige Jazz Shoes	High Straight Pony	Rhinestone Earrings	BRIGHT RED Lipstick Pin pants to bodysuit if they slide down
Inter/Senior Tap <i>"Cecilia"</i>	White/Black Pants suit	Mondor Black	Black Tie Up Tap Shoes	Low Straight Pony	Rhinestone Earrings	
Inter/Senior Hip Hop <i>"Walk it Out"</i>	White Hoodie White & Black Shorts	White socks, not showing above shoes (no tights)	White Hip Hop High Top Sneakers	High Straight Pony	Rhinestone Earrings	* white tank top or bra top under the hoodie * Black tight shorts under the costume shorts. They should not show below the costume shorts.
Inter/Senior Lyrical <i>"Leave a Light On"</i>	Yellow OR Grey Dress	Full Mondor Light Tan	Beige Jazz Shoes <i>(Leather or Canvas will be decided shortly - Miss Caprice will contact families)</i>	Centre Part, Slicked Back, Parted at Ear, Straightened Hair	Rhinestone Earrings <i>Silver & Diamond Hair Pins from last year - one on each side of ponytail</i>	*Props: Bench, 5 candles. Miss Caprice has*

Inter/Senior Contemp "Roses"	Black Suit Jacket, Pants, & Bodysuit	No Tights	Beige/Nude Half Soles/ Turners	Centre Part, Low ponytail, Slicked Back	Rhinestone Earrings <i>Silver & Diamond Hair Pins from last year - one on each side of ponytail</i>	<i>*Props: Roses. Miss Caprice has*</i>
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