



Confidence
Respect
Self Esteem
Fun
Fitness
Focus
Flexibility and
Self Defense

Welcome all ages and levels

SINCE 1986

- ⇒ **Kempo Karate**
- ⇒ **American Kempo JuJitsu**
- ⇒ **Self Defense**
- ⇒ **Special Programs for kids with Autism & ADHD**



360 West Boylston St.
West Boylston, MA
Call (508) 852-3333

Holiday Schedule 2023

April 15th – 17th (Saturday) Patriot's Day Weekend

May 26th – 29th (Friday & Saturday) Memorial Day Weekend

July 1st—July 4th (Friday & Saturday) Independence Day

July 21st – Aug 8th 2 Weeks No Classes Master Alty's Vacation

September 1st – Sept. 4th (Friday & Saturday) Labor Day Weekend

November 10th 13th (Friday & Saturday) Veteran's Day

November 23rd, 24th, 25th 26th (Thursday & Saturday) Thanks Giving Weekend

December 22nd, 23rd 25th, 26th (Friday – Tuesday) Christmas Holiday

New Year 2024 2nd (Tuesday) New Years Holiday 2024