



## Dr Boris Ruggiero

### Manometry Consultations – Townsville

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#### Key Benefits

- Accurate diagnosis at the first consultation
- Quick test completed in under ten minutes
- No sedation or recovery time required
- Personalised, evidence-based management plan
- Collaborative care with referring doctors and allied health

Specialist expertise in colorectal pelvic floor disorders, including

- Faecal incontinence (unexpected bowel leakage)
- Defecatory dysfunction (difficulty emptying the bowels)

Bladder and bowel control problems may be associated with

- Childbirth and pelvic floor weakness
- Nerve or muscle coordination changes
- Chronic constipation or colorectal conditions

Clinical anorectal manometry provides on-the-spot assessment of

- Pelvic floor muscle strength
- Coordination and reflexes
- Nerve function

The assessment is

- Performed during the consultation
- Typically completed in less than ten minutes
- Associated with minimal discomfort

Service availability

- One consultation session per month at Annandale Doctors

Referrals and Enquiries

Patients require a GP referral. For bookings or enquiries:

Email: [consultingsuites.cph@ramsayhealth.com.au](mailto:consultingsuites.cph@ramsayhealth.com.au)

Phone: 07 4052 5353