

SA Colorado Intergroup
Meeting Minutes, 11/08/25

CALL TO ORDER AND INTRODUCTIONS

- Jillian welcomed everybody and opened with the serenity prayer and members introduced themselves

ATTENDANCE

Online: Jillian R, Dave E, Paul H, Scott H, Matt H, Jeff S, Tom W, Nate D, Tom K, David O, Chris R, Gil, Scott Hi

In person: None

LAST MEETING NOTES

Nate read the October meeting minutes.

Motion made to accept minutes, seconded and approved.

TREASURER'S REPORT (Paul H)

Colorado Intergroup Fellowship	
Balance Sheet	
Friday, November 7, 2025	
Column1	Column2
1st Bank	\$16,619.13
PayPal	\$5,574.32
Money Reserved for 2026 International	(\$14,970.55)
	\$7,220.90
Income/Expense from October 10 to November 7, 2025	
Income	
Contributions 7th Tradition	\$379.39
Pen to Paper - 7th Tradition	\$200.00
Pen to Paper - Signup Genius	\$277.50
26 International Registration (WebConnex)	\$563.12

23-Oct

30-Oct

26 International Registration (WebConnex)	\$1,412.56
26 International Registration (WebConnex)	\$17.93
Total	\$2,850.50
<u>Expenses</u>	
Bank Fee	(\$2.00)
Paypal Fees	(\$18.85)
Signup Genius	(\$22.50)
Google Workspace	(\$24.16)
Zoom	(\$35.34)
Pen to Paper facility - ck 1495	(\$150.00)
PtoP Lunch (Jimmy Johns)	(\$211.81)
Mike My - PtoP supplies - ck 1496	(\$112.00)
Total Expenses	(\$576.66)
7th Tradition Income by Group	
<u>Luke W</u>	\$50.00
Jeff B	\$68.39
Happy Destiny	\$200.00
One Step Beyond	\$61.00
	\$379.39
<u>Pen to Paper summary:</u>	
24 attended, 1 Couldn't make it	
Income	
Signup Genius	\$277.50
At Door	\$200.00
Expenses	
Facility	(\$150.00)

coffee, books, name tags, drinks	(\$112.00)
SignupGenius Expense	(\$22.50)
Jimmy Johns	(\$211.81)
Net	(\$18.81)
<u>2026 International to Date</u>	
Seed Money (Saico & Sanon)	\$3,000.00
Income	
Registration (from RegEx)	\$12,801.67
Expenses	(\$831.12)
	\$14,970.55

Motion made to accept treasurer's report, seconded and approved.

COMMITTEE REPORTS

ANNUAL RETREAT (vacant)

- Julie K received information from YMCA of the Rockies about costs and options for a potential retreat, which is included as an appendix to these minutes. Nate will also forward that information to the larger group.
- David O volunteered to approach Mother Cabrini Shrine about the possibility of being allowed back.

PENCIL TO PAPER (Shea S)

- Tom W reported out that the event was positive overall. He praised the speaker and the host site.
- Tom also raised concern that the event lost money, specifically that the "other costs" category might have been overspent (outside of food and sign-up genius costs).
- Jillian asked if Paul could provide a comparison of expenses with past events.
- Paul offered his opinion that CIF covering less than \$20 toward an event that costs almost \$500 is an acceptable loss.
- Tom stated that he sees value in asking the questions to make sure we are charging and paying the appropriate amount.
- Scott initiated discussion about whether break-even is an appropriate target for this event.
- Paul agreed to prepare a comparison of past events' costs and no vote was taken.

(at this time, Jillian left the meeting and Dave took over the chair)

WEBSITE (Tom W)

- Tom has updated as appropriate. Men's line has been added to the website; waiting for confirmation that women's line is ready to go.

INTERGROUP REP TO THE REGION REPORT (Wendi F) / ALTERNATE (Julie K)

- No report.

FRIENDS IN PRISON OUTREACH (Matt H)

- PO box is renewed and there is no new mail in it.
- Currently four prisoners are being sponsored.

MEETING LIST COORDINATOR (Scott H)

- No updates; reminder to check meeting details on meeting finder tool.

SA/S-ANON SPEAKER MEETINGS (vacant)

- No update.

GENERAL SERVICE REPRESENTATIVE (GSR) REPORTS

- **One Step Beyond/Wheat Ridge** (Chris R) - Hybrid MWFS morning group with 8 to 14 attendees each day.
- **Fort Collins** - Tom reports Ft Collins there are two meetings operating separately and both are doing very well. Increased participation for meeting leaders recently.
- **Windsor** - Tom reports one or two members that had dropped off have now returned; attendance is still up and down. Mondays from 1 to 6; Thursdays are better attended.
- **No Half Measures** - David O reports a fair amount of newcomers being fed by an outside program called Valiant, who usually come and go as they are only temporarily in Colorado.
- **Spiritual Awakening Zoom** (David O) - Daily meeting going well.
- **Serenity Now Castle Rock** (Jeff S) - Mondays at 7 PM averaging about 4 people; mostly the same members with an occasional newcomer.
- **Western Slope** (Gil) - Thriving! Tuesday and Friday meetings are well attended (10 to 15 people) on Zoom. Monday Grand Junction meeting is averaging 6 people. Carbondale is 3 or fewer. Paleo meeting on Wednesday mornings will move indoors for the winter.
- **One Day at a Time/Thornton** (Volker) - Steady attendance online and in person at about for both Wednesday night and Saturday morning.
- **A Vision for You Broomfield** (Scott Hi) - Doing well; Tuesday and Thursday hybrid meetings as many as 20. Saturdays online only at about 8.
- **New Way of Life Denver** (Tom K) - Strong attendance on Mondays and Wednesdays (8 to 10) with occasional members. Solid for quite some time.

OLD BUSINESS

- Paul has no new updates on the 501(c)(3) status. Applied in May; they sent a letter to an old PO Box in July that we did not receive. Paul reapplied at that time and they could not give him the reason for the decision over the phone. We are waiting for the letter to be resent.
- Paul did set up both men's and women's phone lines.

NEW BUSINESS

- Elections for service positions will take place at December IG; please announce in meetings. All positions will be open except intergroup chair and rep to the region. Scott pointed out that the alternate delegate to the region in 26 will be the delegate when Colorado hosts the meeting in 2027 and will chair that committee.
- David O brought to the intergroup that a member of our fellowship was recently tragically killed and asked whether we would entertain a financial contribution as an intergroup. Dave asked David to bring details to the next intergroup meeting.

MEETING ADJOURN

- *Dave received a motion to adjourn, seconded and approved.*
- Meeting adjourned with the Serenity Prayer.

NEXT MEETING:

Saturday, December 13, 2025, 8:15 am at St. Andrew's in person or via Zoom.

Appendix A - Information from YMCA of the Rockies

The following was forwarded from Julie K. and is provided as information for reference for the 2026 annual retreat committee. Images were removed to keep this file a manageable size.

Hi Julie!

Thank you for your inquiry and interest in the YMCA of the Rockies!

I have included availability and rates for our lodging (prices are per room, per night), our meal plans and pricing (pricing is per person, per meal; you will need to choose a minimum of two meals/per day and the plan needs to be the same for everyone in your group), and meeting space pricing (will need to be rented for the duration of your stay). Lastly, I have included some FAQ's about reserving a block of lodge rooms with us at the very bottom of this email.

*Arrival/Departure: **Friday, 08/13 – Sunday, 08/15/2027***

*Location: **Estes Park Center***

*Number of Attendees: **55 Adults***

Estes Park Center: [Click here to view a property map](#)

ESTES PARK CENTER: Available Hotel-Style Lodging Options

- Please note, the nightly room rates below are not dependent on the number of occupants in each room.
- We require a 2-night minimum stay.

Central Lodges: *AVAILABLE - \$239/night, per room + tax*

Longs Peak, Emerald Mountain & Rams Horn

Rooms: 202 total in the three lodges

Capacity: 4 persons per room

Availability: Year Round.

Amenities:

- Two queen beds
- Mini-fridge in each room
- Full private bath w/granite counter tops
- Elevator
- Wireless internet

[Click here for more Central Lodge room photos!](#)

Wind River Lodge: *AVAILABLE - \$234/night, per room + tax*

Rooms: 100

Capacity: 4 persons per room

Availability: Summer

Amenities:

- Two queen beds
- Full private bath
- Balcony or patio
- Wireless internet

[Click here for more Wind River Lodge room photos!](#)

Alpen Inn: *AVAILABLE - \$234/night, per room + tax*

Rooms: 48

Capacity: 6 persons per room

Availability: Summer

Amenities:

- Two queen beds/One queen sofa bed
- Full private bath
- Balcony
- Wireless internet
- Pet-friendly

[Click here for more Alpen Inn Lodge room photos!](#)

Eastside Lodges: *AVAILABLE - \$179/night, per room + tax*

Eagle Cliff, Deer Ridge, Rainbow, Twin Sisters Lodges

Rooms: 152

Capacity: 6 persons per room

Availability: Year-Round

Amenities:

- One queen bed/Two sets of bunked beds
- Private 3/4 bath
- Wireless internet
- Ideal for youth groups

[Click here for more Eastside Lodge room photos!](#)

Meal Plans/Pricing:

- The meal rates below are the same for both locations
- Please note, a meal plan *IS* required when booking a block of hotel-style lodge rooms.
- Prices listed below are per person, per meal.
- We require a minimum of 2 meals per day, per person.

MEAL PLAN OPTIONS:

- **Option 1:** Breakfast, lunch, and dinner starting with dinner on day of arrival and ending with lunch on day of departure.
- **Option 2:** Breakfast, lunch, and dinner starting with dinner on day of arrival and ending with breakfast on day of departure.
- **Option 3:** Breakfast, lunch, and dinner starting with breakfast on 2nd day of stay and ending with lunch on day of departure.
- **Option 4:** Breakfast and dinner every day of your stay starting with dinner on day of arrival and ending with breakfast on day of departure.
- **Option 5:** Breakfast and lunch every day of your stay starting with breakfast on 2nd day of stay and ending with lunch on day of departure.
- **Option 6:** Lunch and dinner every day of your stay starting with dinner on day of arrival and ending with lunch on day of departure.

Meals:	Price Per Person, Per Meal
Breakfast	\$16.00
Lunch	\$19.50
Dinner	\$22.00

Meeting Space/Rates:

- We do our best to assign meeting space in or near your lodging accommodations but cannot guarantee it.
- Meeting spaces need to be rented for the duration of your stay
- Meeting space check-in is at 3pm on the day of your arrival; check-out time is at 12pm on the day you depart.
- [Meeting Room Spec Sheet](#)

ESTES PARK CENTER: Available Spaces

- [Medium Size Spaces Pictures / Medium Size Spaces Video Tour](#) - **\$600-\$750/night + tax**. Located throughout our Central Lodges with 927-1084 sq ft of usable floor space and a capacity for 175 people (56 people with round tables).
- [Combo rooms Pictures / Combo Video Tour](#) - **\$1300/night + tax**. Our combo rooms are mostly located within our Central Lodges with 2149sq ft of usable floor space and a capacity of 370 people.
- [Dakota](#) - **\$950/night + tax**. This is a stand-alone meeting space with 1566sq ft of usable floor space and a capacity (with round tables) 80 people. This space offers 2 refrigerators, 2 wood fireplaces on a restroom at either end of the room, and a sink.
- [Colorado / Colorado Video Tour](#) - **\$350/night + tax**. Stand-alone building within walking distance to all lodges with approximately 671 sq ft of usable floor space and a capacity of 55 people.
- [Texas / Texas Video Tour](#) - **\$500/night + tax**. Stand-alone meeting space with 1036 sq ft of usable floor space and a capacity (with round tables) of 56 people.
- [Women's / Women's Video Tour](#) - **\$500/night + tax**. Stand-alone meeting space with 734 sq ft of usable floor space and a capacity of 70 people. Offers a wood-burning fireplace and refrigerator.

Activities Info:

- See below for information on our programming
- For more information, please call our Programs Department at (970) 586-3341 ext. 1172 or email estesparkcenter@ymcarockies.org
- Campfire Rings are rented through the Programs Department
- **ESTES PARK CENTER:** [Activities: Fees vs. Free](#)

Go to: <https://www.ymcarockies.org/things-to-do/activities/> for additional information on each activity at each property.

MASTER ACCT Contract FAQ's (for all charges on one master bill):

- [Group Sales FAQ's](#)
- You would have to commit to a meal plan. It can either be 2 meals or all 3 meals for the entire stay. Our most popular meal plan included all three meals that way no one has to worry about meals.
- Adults are considered anyone 13 and older and children are anybody between the ages of 6-12. Children ages 5 years old & under eat free.
- We will need final numbers of adult and children before we write your contract. This is due to our attrition clause that is in our contracts.
- **ATTRITION CLAUSE:** Should your group hold its event at the YMCA of the Rockies and fulfill a minimum of eighty percent (80%) per night of the total contracted guest room nights required under the room block as set forth in Section 1 of this Agreement, then, your group shall not be liable to YMCA of the Rockies for any attrition damages. For any reduction beyond twenty percent (20%) per night, your group shall pay damages to YMCA of the Rockies for each such guest room night contracted but not utilized by your group, which amount shall be calculated by multiplying the total number of such unused room nights by the contracted guest room rate on a per night basis plus room tax at the applicable tax rate.
- The deposit would be 35% of the lodging total.
- The deposit will be due about a week after receiving your contract; the date will be outlined in your contract.
- Taxes are not included until final bill which will be sent out a month before arrival and remaining balance will be due 2-weeks before arrival.
- There is no full refund of deposit. Once you sign your contract and pay your deposit, if you cancel any time after that you will forfeit all or a portion of your deposit. The amount will depend on when you cancel. Exact dates will be outlined on your contract.
- You have about a week to review your contract, if you do not agree to the terms, please let me know and we can cancel your booking.
- Deposit can be paid online or via phone.
- Contracts are sent via email. If you have any questions on the contract, please direct them to me.

Take a look and let me know if you have any questions or would like to move forward with a contract.

Thank you,

Carrie Valan

Group Sales Representative

YMCA OF THE ROCKIES

(D) 888-690-9622

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