

SA Colorado Intergroup
Meeting Minutes, 3/8/25

CALL TO ORDER

- Jillian R welcomed everybody and opened with a moment of silence followed by the serenity prayer.

LAST MEETING NOTES

- Nate D read the February intergroup minutes.
Motion made to accept minutes, seconded and approved.

ATTENDANCE

Online: Jillian R, Brian, Auggie N, Volker S, David O, Blaine H, Nate D, Kirby P, Tom W, Russell, Dave E, Chris R, Wendi, Matt K

In-person at St. Andrews: Shea S, Mike M

TREASURER'S REPORT (Paul H)

- Nate D read the treasurer's report for Paul

Colorado Intergroup Fellowship		
Balance Sheet		
<u>Thursday, March 6, 2025</u>		
1st Bank	\$2,985.67	
PayPal	\$142.90	
	\$3,128.57	
Income/Expense Feb 8 to Mar 6		
<u>Income</u>		
Contributions 7th Tradition	\$336.20	
Into Action Chips refund	\$96.00	
Total	\$432.20	
<u>Expenses</u>		
1st Bank Service Fee	\$2.00	
Paypal Fees	\$11.01	

Regional Rep. Wendi registration for KC Family Fellowship	\$275.00	
7th Tradition to SMR	\$6,000.00	
Total Expenses	\$6,288.01	
7th Tradition income by Group		
<u>Group</u>		
Happy Destiny	\$200.00	
Andy W	\$10.00	
Joyful Recovery	\$113.00	
A Vision for You	\$13.20	
	\$336.20	

Motion made to accept treasurer's report as read, seconded and approved.

COMMITTEE REPORTS

INTERGROUP REP TO THE REGION REPORT (Wendi F) / ALTERNATE (Julie K)

- Nothing to report; Wendi expects to have more to report after regional meeting. Wendi will attend in April.

MEETING LIST COORDINATOR (Scott H)

- No report.

FRIENDS IN PRISON OUTREACH (Matt H)

- Mike M reports that Matt has established a new PO box and the old one will expire this month.
- Mike says Matt is engaged and working with sponsors.

WEBSITE (Mike M)

- Most recent meetings posted.
- No Colorado events currently posted; Mike asked for guidance on whether we should be posting anything.
- Kansas City family reunion and July international in Dallas should already both be posted.

PENCIL TO PAPER (Tom W)

- Nothing to report. Tom apologized for not making more progress on pencil to paper.

CABRINI ANNUAL RETREAT (Mike M)

- Jillian announced that Mike M is the SA host for this year's retreat and his wife is the S-Anon chair.
- Mike working to schedule a volunteer meeting for March 18 or 19 to coordinate first steps.
- Mike coordinating logistics with Scott H.
- Tom W volunteered to serve on the committee but not sure if he can attend.
- Retreat is scheduled for August 16 and 17.
- Jillian offered to send email to parties she knows is interested.

SA/S-ANON SPEAKER MEETINGS (vacant)

- Jillian reported 26 or 27 online attendees.
- One therapist attended and asked about S-ateen.
- One online newcomer each for SA and S-Anon.
- Jillian does not know when the next meeting will be.
- Tom suggested the next meeting could be online-only given low in-person attendance; Jillian will pass along this suggestion.

GENERAL SERVICE REPRESENTATIVE (GSR) REPORTS

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- **Parker** (Russell N) - Going really well; three newcomers in last month that have come back and are "immersing themselves" in the program. Russell reports they are donating but not sure how those are being denoted. Will reach out to Paul H for this.
- **A New Way of Life/downtown Denver** (Kirby P) - No news to report; still going strong. Solid 5-10 but seems to be more consistent.
- **Windsor** (Auggie N) - Monday and Thursday mornings pretty strong; Monday 5-8 and Thursday about 12. Next group conscience will talk about getting a bigger room. In January group conscience, voted to donate 15% of Q1 finances to intergroup.
- **Greeley** - Auggie reports Tuesday morning averaging about 6 to 8 members.
- **Fort Collins** (Matt H) - Auggie reports Ft. Collins constantly has newcomers; steady at 10 to 12. New secretary and treasurer in January.
- **Spiritual Awakening Zoom** (David O) - Daily virtual meeting. Solid attendance; may have increased a little in last month. Averaging 20 to 27 members. Very solid group of volunteers to lead. WhatsApp has been set up but not yet launched.
- **Bethany No Half Measures** (David B) - No rep present.
- **Serenity Now/Castle Rock** (Jeff S) - No rep present.
- **One Step Beyond/Wheat Ridge** (Chris R) - Averaging 8 to 10 on weekdays and 20 to 24 on Saturdays. Very good core group every day. A couple of newcomers continuing to come back. Dave E added that treasurer is out of town and Dave does not believe their donation was sent in to intergroup last month.
- **Pueblo/CO Springs** (Blaine H) - Pueblo basically defunct. Wednesday morning is online with 5 guys every week.
- **Into Action** (Shea S) - 25 to 30 happy, joyous and free, probably over-caFFEinated men.

Loud and a lot of recovery. Outstanding request to treasurer for intergroup contribution.

- **Happy Destiny/DTC** (Ezra S) - No rep present.
- **One Day at a Time/Thornton** (Volker) - Average 4.5 and 4 online; February 26 set a new record for the group with 9 and 5. Some newcomers that did not come back and some inquiries that did not attend.
- **Longmont** (Brian) - Small group, spinoff from Broomfield. Meet Wednesday and Saturday; today was 3 in person and 1 on speaker phone, which is typical.
- **Western Slope** (Gil L) - No rep present.
- **Broomfield** (Scott Hi) - No rep present.
- **Courage in Recovery** (Matt K) - Virtual-only group that branched off from Parker. Average 5-10 MWF and 3-5 TR. One or two newcomers in past three months, who have popped back in and out.

OLD BUSINESS

- Scott's delegate assembly report was mentioned but not re-read.
- We started on time today!
- Nate transitioning into secretary role and committed to sending out minutes earlier moving forward.

NEW BUSINESS

- Mike M asked if there is a gratitude potluck scheduled. Jillian reported that S-Anon is hosting this year and it will be Saturday, November 8. In the past, there has been a save-the-date flyer distributed at Cabrini retreat. S-anon is willing to set up meeting at the same location we've used in the past (Holy Cross Lutheran Church in Wheat Ridge) but that is not a requirement.
 - Dave E asked if he was remembering correctly that we had done two in past years. This was stopped in 2022 or 2023 due to low attendance.
 - Discussion followed about the benefit of these meetings. Jillian remembered that one barrier was the same people were of service in planning this and when they stopped serving, nobody stepped up.
- Mike asked for suggestions for a theme for the unity retreat. Tom reminded Mike that this is normally decided by the committee and is not Mike's responsibility alone. Jillian shared that she brought a list of recent topics from regional and international retreats to avoid duplication.

MEETING ADJOURN

- *Jillian received a motion to adjourn, seconded and approved.*
- Meeting adjourned with the Serenity Prayer.

NEXT MEETING:

Saturday, April 12, 2025, 8:15 am at St. Andrew's in person or via Zoom.