

# Patchwork Press



The Newsletter for Durham Trillium Quilters' Guild

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January 2021 – Issue 05 | [www.durhamtrilliumquiltersguild.ca](http://www.durhamtrilliumquiltersguild.ca) | Email: [dtqguild@gmail.com](mailto:dtqguild@gmail.com)

## President's Message - Debbie K

Blessed Christmas and Healthy New Year to you and your loved ones.

It was difficult to figure out the salutation for this article. The majority of us did not have a Merry Christmas and starting off the week towards the New Year in lockdown mode has certainly put a damper on the things that we normally do at this time.

For most of us, Christmas was quiet and we got creative with the electronic means we have learned over the past year so that we could connect with our family and friends. It made for a subdued, and in many ways, lonelier Christmas. But, it also helped us to appreciate the gatherings we had in the past and those we will have in the future. And we were gifted with a White Christmas with the snow staying long enough to add joy and now it looks like it is going away around me.

So we are starting off the New Year in cocoon mode. Like last



**“Each New Year, we have before us a brand new book containing 365 blank pages. Let us fill them with all the forgotten things from last year—the words we forgot to say, the love we forgot to show, and the charity we forgot to offer.”**

-- Peggy Toney Horton

time, most of us - as quilters - are prepared and looking forward to focused time to work on our projects, create new works of love and art, to tune the world out and focus on the positive around us. We are still able to get outside and go for walks, enjoy the beauty of nature, and get fresh air flowing through our bodies while being compliant with the health and safety requirements. I think that this time of year is actually our happy time. The weather encourages us to stay inside, we get to cozy up in our sewing areas and

nobody expects us to venture out very much because they don't want to either. The only issue is that so many of our favourite fabric stores have been able to switch their business' around to being able to offer us online shopping that it is even more of a temptation to add to our stashes (especially late at night when resistance is low...).

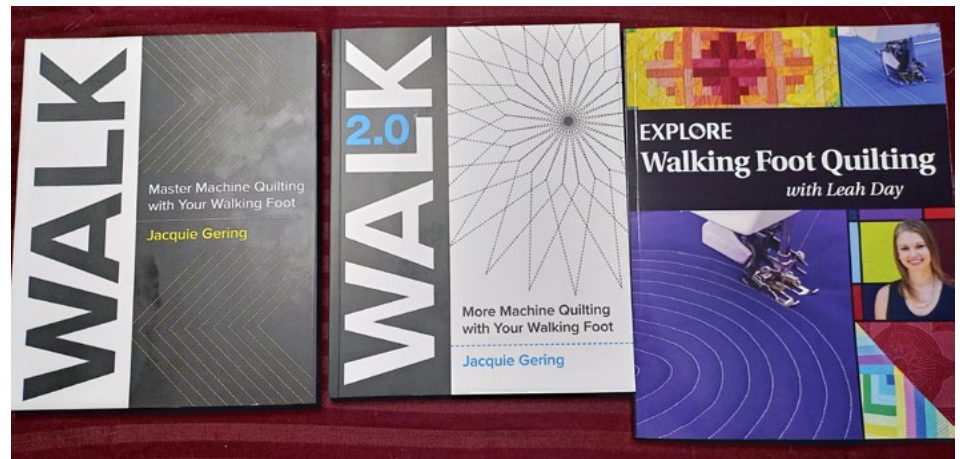
This Christmas, I received some awesome books from my family (I may have pulled up the site, shown it to my husband and said, “This is what I want for

**continued on Page 2**



Christmas, please.”). At least I got something I will use and help me get my quilts done. On one of our Sunday night Zoom Sewing get togethers, my friend from Saskatchewan told me about these books and how they have really helped her with her quilting. She actually got to have a workshop with this lady in 2019. I wanted to get them so I can work on completing my UFO’s. Two of them are by Jacquie Gering, “Walk” and “Walk 2.0” and the third one I got was by Leah Day - “Explore Walking Foot Quilting.” My walking foot and I are going to get to know each other very well while finishing up quilts. I got them from Amazon (only because no local store had them or would get them in within a reasonable length of time).

Also, there are so many things to get involved with coming up this month. We have two sewing times this week, Dec 31 from 7:00 pm until whenever called “Quilt ‘til You Wilt,” a great way to finish up the year. Quite a few members are saying they are going to work on an almost finished project so they can finish the year off with a finished project. The other sewing time is January 1 from 12:00 PM – 3:00 PM to help start the year off with a fun get together. Jacqueline has been working hard on getting meetings arranged, creating uplifting messages as the Morale Officer



and being an all-round happy, generous person. She is a treasure in our guild and on the Executive, and I really appreciate her and her many skills.

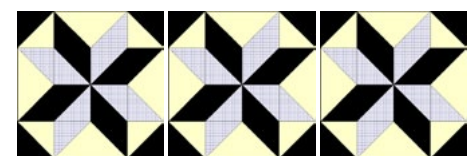
Another great event is our next Guild meeting, our speaker will be teaching us how to set up our workspace and sewing areas to suit us ergonomically. So many of us adapt our bodies to the furniture and machines which in the long run makes us tired and sore when, with a few adjustments we can be comfortable, have lots of energy, and at the end of our session, get up feeling great. I am really looking forward to hearing our next speaker as I am planning on redoing my sewing area this month and would love to know the best way to set it up so I only have to do it once. Thank you, Lina, for lining up such a great variety of speakers for us.

We also have the Mystery Quilt starting up. This is going to be a fun project for me as I have never

done a mystery quilt before. I expect I may learn quite a few new things along the way. Thank you, Kate, for spearheading this.

There are so many other new things coming up and information to share my brain cannot hold it all. Enjoy the newsletter and the info on the website. Keep in touch with each other, call someone and just chat, enjoy the time we have now to slow down and plan ahead, and be healthy. Life may throw us curve balls, but we are learning how to hit them out of the park.

See you on the Zoom calls, fellow quilters. I need to go for a walk and refresh my brain so I can make my list of UFO’s for the next year. A goal without a plan is just a dream. Time for me to plan. Blessings to all of you, your families, and friends.







## Show & Share - Anne M & Jean K

Our monthly Show and Share is your chance to share finished quilt projects. We love to admire your work and hear the background story about the importance of the project to you. To display your quilt "virtually," please send a photo of your finished project with a few remarks to Laura B via [dtqguild@gmail.com](mailto:dtqguild@gmail.com) by 5:00 PM on Friday, January 8.

Please remember to:

- put "Show and Share" in the email subject
- include the name of the person submitting the quilt since we can't always tell from the email address
- send as many pictures as you like, but if there are a lot provided, we will limit displaying photos to two shares per person
- if submitting more than two pictures, please indicate your favorites

Next  
Show & Share  
Deadline  
Friday,  
January 8



Information about the quilt(s). People are asked to either:

- provide a short blurb about the quilt(s) OR
- indicate that they will talk about the quilt(s) at the meeting (note that stories will be limited to one minute per quilt)

Multiple entries welcome, but please use a separate email for each entry. Each submission qualifies for the monthly draw of a \$10 gift certificate from a local quilt shop. In June 2021, there will be a draw that includes all entries for the year. So remember - the more you participate, the greater your chance of winning a prize!

## Sew Days - Jacqueline H

By the time this newsletter is posted, we will have had another two sew days under our belt. "Quilt til you Wilt" brought in the New Year with quilting friends, then a New Year's Day 12:00 PM - 3:00 PM gathering of friends!

We have two more days planned in January. Stay tuned for the exact dates which will be announced at our Guild Meeting.

## Fabric Basket Swaps - Jacqueline H

As an executive, we all hope you enjoyed the holiday scrap bags you received. It was very helpful to deplete some of the stored stash. A few Exec members were quite surprised at the teeny, tiny pieces of material that were in the scrap basket. Again, remember that scraps should be bigger than your outstretched hand. Anything smaller could go into doggy pad beds. So save the wee scraps for that endeavour.

## Morale Officer - Jacqueline H

As a guild we continue to weather the storm, batten down the hatches, and put one foot in front of the other.

If the topics of 1-800 Got Quilts, HOPE, The Kindness of Strangers, or Two Heads are Better than One intrigue you, then we have nine months worth of Morale Officer blogs at your disposal on our guild's website. Please take the time to be uplifted, encouraged, and celebrated as quilters.

One of our catch phrases is "You are stronger than you think!" We try and bring friends closer in an attempt to weather the storm known as Covid-19. Keep Calm and Quilt On!

[DTQG Morale Page](#)



Rose's Website

## January 11 Guild Zoom Meeting

Speaker: Rose Parr

Topic: Sew Smart: The Ergonomics of Healthy Quilting

Our January meeting will feature speaker Rose Parr who will give a talk called "Sew Smart – The Ergonomics of Healthy Quilting." Rose has been sewing for 40 years, quilting for 30, and personal training for more than 15. She holds certifications in Ergonomics, Holistic Nutrition, amongst others.

Rose's presentation applies ergonomic theory to crafting. From cutting and sewing posture to stretches designed to be done at your sewing table, she will share with us some strategies and tips designed to "use what you have" to stay pain-free.

## President's Challenge

President's Challenge for Oct – Dec 2020. Wow Ladies and Gentleman, you did awesome! We had over 200 placemats to give to the Meals on Wheels program to help bless that many people this Christmas. The Coordinators were blown away by your generosity and the quality of your work. Your placemats gave such joy and hope to many you may never meet, but you have changed their lives in such a positive way this year. Thank you, thank you, thank you!!

For the next half of the year, my challenge to you is to make at least one lap quilt from your scraps or stash, show it to us so we can ohh and ahh, be inspired and then we can collect them up and donate them to an organization who will use them to bless others. A couple of suggestions have been

Rose of Durham, an organization that helps young parents learn how to be great parents, another suggestion is a shelter for those escaping abuse. If you know of other organizations that would need and appreciate our handiwork, please let us know about them. (If you need some scraps I am sure that we can help you out with some. We can arrange a porch drop off for you.)

There is one member in our Guild who has been making wonderful wheelchair lap quilts. Maybe we can ask her to do a sew day to teach us how to make these wonderful and useful gifts.

Thank you again, my fellow quilters, for adding so much joy, love, and hope to the lives of so many. You made a huge difference in their lives this year. Bless you.



I can't wait 'til New Year's Day 2021  
Then I can say hindsight is really 2020





## Mystery Quilt 2021 – Kate H

Mystery seekers we have our first inkling of the clues ahead. Whoohooo!

Have you registered yet? Don't worry, there's still plenty of time.

Sheri Hisey from Border Creek Station has designed a quilt pattern just for our guild. You will need five fabrics to join in the mystery project. We will have monthly clues, prizes for keeping up, lots of fun and the big reveal in September 2021. I will be sewing right along with you.

Cost is \$15.00 per person.

See our website for registration and payment information. Registration is open now and will close in the middle of January so we can get started at the February meeting. Clues will be emailed until such time that we can meet in person. Downloadable PDFs are posted on the website including the fabric requirements. We may be distant, but quilting brings us together!



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## Virtual Guests Welcome!

Welcome to 2021! Our guild is continuing with virtual meetings for the foreseeable future, and the executive decided that this year, guests will be able to join most of our online get togethers. When meetings were in person, guest attendance was very easy to manage, as people just had to show up at the location. But it is a little more complicated for non-members to do so on-line. However, we've figured out a way to welcome virtual visitors.

We will be using Eventbrite to sell guest tickets. Passes will be on sale up until the Thursday before the monthly meeting. The cost for one of our virtual guild sessions is \$10. This admission also allows the visitor to attend one of the month's virtual sew days, if desired.

When tickets are available, the purchase link, and the timeframe for the ticket sales will be placed into each meeting's description on the program page of our website. Look for the words "Click here to purchase a guest ticket" which will have a direct link for each meeting's ticket sales page.

One can also go to [www.eventbrite.com](http://www.eventbrite.com) and search for "Durham Trillium." In order to ensure that all paid guests can attend the meetings, only a limited number of vouchers are available for each meeting. Tickets will be made available for sale as soon as possible, with the intent to have them for sale at least one month in advance. To purchase a pass for the January 11 meeting, be sure to visit the Eventbrite link by January 7.

[Program Page](#)

[Guest Ticket](#)





## How Do Astronauts Quilt in Space?

You've probably never thought about how to quilt in space. But NASA astronaut Karen Nyberg explains how she does it in the video link posted below. Proof that you can quilt anywhere. Click on the picture and check it out!



Seeker Universe · [Follow](#)

May 25, 2018 · 🌐

### How Do Astronauts Quilt In Space?

NASA astronaut Karen Nyberg explains how to quilt in space.



Inspired by Karen? Looking for some new ideas and patterns to work on? Click on the logo for a link to some free PDF patterns from the Fat Quarter Shop.



## Guild Meeting Dates

Our guild meets every second Monday of the month.

In-person meetings are currently suspended due to COVID-19's physical distancing requirements.

Instead, members and pre-registered visitors will receive an email invitation to Zoom meetings. We look forward to you joining in and sharing at our virtual meetings.

### Upcoming dates:

- January 11 - Sew Smart: The Ergonomics of Healthy Quilting by Rose Parr
- February 8 - Quilting Journey of a Renaissance Woman by Sue Sherman
- March 8 - Get Your Motor Running by Melissa Marginet
- April 12 - Trunk Show a la Mode by Dawn Piasta
- May 10 - Pandemic Art Quilt's Journey by Bethany Garner



Quilter's Block

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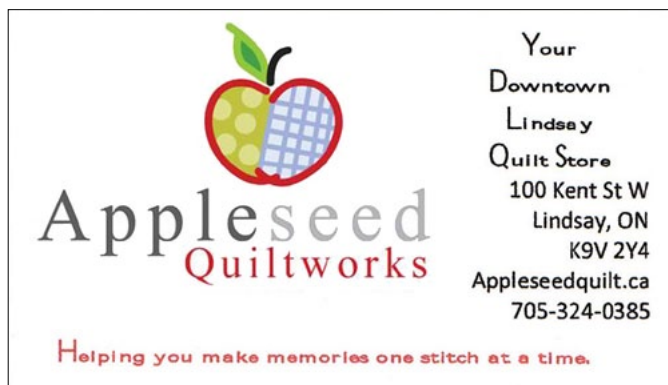
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My 2021 New Year's resolution is to finish all my quilt projects from 2020 that I should have done in 2019, after I started them in 2018 after buying the supplies for them in 2017 with the patterns I found in 2016.



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## **In Loving Memory of Yvette Branch**

A long time former member has gone to the biggest quilting room in the Universe. A place that is always organized, easy to work in and always has the exact amount of fabric you need for the project you are working on.

Yvette Branch was one of the original members of DTQG and was also a teacher at The Olde Silver Thimble in the 90's where many of our members caught the love of quilting. She was a prolific quilter who had a great way of making others relax and learn from her creativity. Unfortunately in these past years, Yvette was dealing with Alzheimer's and we lost the person she was.

Please send love, good energy, and strength to her family as they grieve the loss of her physical presence. Also, to those who knew Yvette personally, we send our condolences to you on the passing of your friend.

**If you want 2021 to be your year;  
Don't sit on the couch and wait for it.  
Go out. Make a change. Smile more.  
Be excited. Do new things. Throw away  
what you've been cluttering. Unfollow  
negative people on social media.  
Go to bed early. Wake up early. Be fierce.  
Don't gossip. Show more gratitude.  
Do things that challenge you.  
Be brave.**

## **Just Do Your Thing Anyway**

When I was 15, I spent a month working on an archeological dig. One day during lunch, I chatted with one of the archeologists. He asked those kinds of "getting to know you" questions you ask young people - Do you play sports? What's your favorite subject? I told him, "No I don't play any sports. I do theater, I'm in choir, I play the violin and piano, I sew, I used to take art classes."

And he went, "WOW. That's amazing!" And I said, "Oh no, I'm not good at ANY of them."

Then he said something I never forgot which absolutely blew my mind because no one had ever said anything like it to me before: "I don't think being good at things is the point of doing them. You've got all these wonderful experiences with different skills, and that teaches you things, and makes you an interesting person, no matter how well you do them."

It changed my life. I went from failure, someone who wasn't talented at anything, to someone who did things because I enjoyed them. I was raised in an achievement-oriented environment, so inundated with the myth of talent, that I thought it was only worth doing things if you could "Win" at them. So turn off the fear, and just do your thing anyway.





## Acronyms for Quilters

- BOM** - Block of the Month
- DSM** - Domestic Sewing Machine
- FART** - Fabric Aquisition Road Trip
- FOB** - Fear of Binding
- FQ** - Fat Quarter
- HIPS** - Hundreds of Ideas Piling Skyward
- HST** - Half Square Triangle
- LAQ** - Long Arm Quilter
- LQS** - Local Quilt Shop
- MAQ** - Mid Arm Quilter
- PhD** - Projects Half Done
- PIGS** - Projects in Grocery Sacks
- SABLE** - Stash Accumulation Beyond Life Expectancy
- SEX** - Stash Enhancing eXperience (or eXcursion)
- STASH** - Special Treasures All Secretly Hidden
- TGIF** - Thank goodness, it's finished
- TOT** - Tone on Tone
- UFO** - Unfinished Object
- WHIMM** - Works Hidden in My Mind
- WIP** - Work in Progress
- WISP** - Work in Slow Progress
- WOF** - Width of Fabric
- WOMBAT** - Waste of Money, Batting, and Time
- WOW** - White on White



By now, we've given a grand farewell to 2020. As we start 2021, I hope you will be inspired by a couple of quotes.

The first is by author Nikki Banas who writes inspirational poems, articles, and books that are easily found on Pinterest or Google. Here's the one she wrote about hope.

"If you carry one thing throughout your entire life, let it be hope. Let it be hope that better things are always ahead.

Let it be hope that you can get through even the toughest of times. Let it be hope that you are stronger than any challenge that comes your way. Let it be hope

that you are exactly where you are meant to be right now, and that you are on the path to where you're meant to be. Because during these times, hope will be the very thing that carries you."

The second quote is "Laugh when you can, Apologize when you should, Let go of what you can't change. Kiss slowly, Love deeply. Play hard, Forgive quickly, Take chances and have no regrets. Life's too short to be anything but happy." -- Unknown

I wish you a wonderful 2021. Let's focus on things that spark joy, promote kindness, and spread love.

