Session Three!

Grades K-2 begin Session 3 with an afternoon of yoga. Stretch and relax, with Danielle Poole! Just before the holidays we’ll make ornaments, and after the break, there will be puzzles, dominos, and other games. For the last week, we’ll be heading outside to explore nature in winter. What will we find?

Grades 3-5 will get into the holiday spirit making balsam wreaths. The following week, we’ll make and decorate sugar cookies. In January, we will do a 4-H activity on the science of energy. And during the last week, we’ll also head outside for some fun in the snow. Hopefully, we will have some by then!

Please send your student to school with warm clothing for the outside activities. We don’t want any frozen children! Thanks.

This Session for Grades K-2:
- Yoga for Kids with Danielle Poole
- Make a Christmas Ornament
- Puzzles & Games
- Nature in Winter

This Session for Grades 3-5:
- Make a Balsam Wreath
- Make & Decorate Cookies
- Science of Energy
- Snow Fun

Important Details

Tuesdays: Grades K-1  
Wednesdays: Grades 1-2  
Thursdays: Grades 3-5  
Time: 2:40–4:00 pm  

Kids must have a note each week to be dismissed from their classrooms to the cafeteria.

Pickup at 4 pm: Children will be brought to the lobby as a group.

We need a permission form for your child. Please make sure we have one on file! Your child can’t attend without one.

Registration Forms for each 4-week session are available on Facebook, by email, and at Perspectives.

There are 8 4-week sessions this year. Cost is $20 per session or $7 per single day drop-in. Please make checks out to Vinalhaven Land Trust.

We’d love to have you join us!

We are looking for people to share their talents at Perspectives. If you like to sew, sing, cook, dance, do arts or crafts, act, build with wood, garden, hike, make music ... we would love to have you with us for a day or two! Please get in touch!
## Perspectives After School Newsletter

**December 2019 - January 2020**

**SESSION THREE**

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FMI or to register your child: PerspectivesAfterSchool@gmail.com or Facebook: Perspectives After School