History
A geologic fault crosses this 75-acre property, separating the granitic southern end of the island from the rhyolitic bedrock around Perry Creek.

In 1933, a dry winter and spring set the stage for a major forest fire in late May. Well-drained high lands like Middle Mountain and Fox Rocks were hit especially hard and lost all their trees. Since then, the land has regenerated and a young forest is now offering ideal habitat for a diverse population of songbirds.

Natural Resources
Showy goldenrod adds color in August
Energetic hikers will enjoy the steep trails and rocky ledges on the Long Cove Loop Trail, as well as the chance to step out at the head of Long Cove. Please enjoy the view at this spot quietly, as there are neighbors who also enjoy its serene beauty.

As you walk around Middle Mountain, keep an ear open for the many different bird songs you may hear – especially the flutelike calls of the hermit thrushes found here. While-tailed deer also enjoy the regenerating landscape of Middle Mountain, including the abundant wild huckleberries, and are commonly seen here by quiet hikers.

Autumn is an especially scenic time at this preserve. The cool nights of September and October bring spectacular color to the many birches, maples, wild viburnums, huckleberries, and blueberries on Middle Mountain. Additionally, the open summit offers a chance to view migrating raptors riding the thermal updrafts above these hills to gain elevation for their journey.

Middle Mountain Town Park
Owned by Town of Vinalhaven