CURRICULUM VITAE
The Johns Hopkins University School of Medicine

Mihail Zilbermint, MD, MBA, FACE November 1, 2026

DEMOGRAPHIC AND PERSONAL INFORMATION

Current Appointments

University

2026-present Professor of Clinical Medicine (part-time), Division of Endocrinology, Diabetes and Metabolism, Department of Medicine, The Johns Hopkins School of Medicine, Baltimore, MD

2023-present Associate Professor of Medicine (adjunct), Department of Medicine, George Washington University School of Medicine and Health Sciences, Washington, DC

Hospital

2015-present Director of Endocrinology, Diabetes and Metabolism, Johns Hopkins Community Physicians at Suburban Hospital, Johns Hopkins Medicine, Bethesda, MD

2015-present Endocrinologist (Department of Medicine and Pediatrics), Johns Hopkins Hospital, Baltimore, MD

2015-present Endocrinologist, Suburban Hospital, Johns Hopkins Medicine, Bethesda, MD

2018-present Chief, Division of Endocrinology, Diabetes and Metabolism, Suburban Hospital, Johns Hopkins Medicine, Bethesda, MD

2018-present Endocrinologist, Johns Hopkins Howard County Medical Center, Johns Hopkins Medicine, Columbia, MD

2021-present Endocrinologist, Sibley Memorial Hospital, Johns Hopkins Medicine, Washington, DC

2022-2026 Site Director, Endocrine Hospitalist rotation, The Kaiser Permanente Mid-Atlantic States Internal Medicine Residency Program, Gaithersburg and Bethesda, MD

2022-present Site Director, Endocrine Hospitalist rotation, George Washington University School of Medicine, Endocrinology Fellowship Program, Washington, DC

Other

2018-present Director, Endocrine Hospitalists, Johns Hopkins Community Physicians, Baltimore, MD

2022-present Director, Academy of Clinical Excellence, Johns Hopkins Community Physicians, Baltimore, MD

2025-present Member, Board of Directors, American Association of Clinical Endocrinology (AACE)

2025-present Member, The Action Leadership Group, The Diabetes MATCH Initiative: Mobilizing Access Through Capacity Building and Health (MATCH), Atlanta, GA

2026-present Director, Hospital Based Medicine Research Fund, Johns Hopkins Community Physicians, Baltimore, MD

Personal Data

Business Address	Division of Hospital Medicine, Suburban Hospital, 8600 Old Georgetown Rd, 6th Floor Endocrinology Office, Bethesda, MD 20892
Direct	(312) 282-3744
Work phone	(301) 896-2401
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Email (work)	mzilber3@jhmi.edu
Email (personal)	Zilbermint@EndocrinologyExpertAdvisors.com

Education and Training

Undergraduate- N/A

Doctoral/Graduate

1997- 2003 M.D., State Medical and Pharmaceutical University Nicolae Testemitanu/ Chisinau, Moldova

2012-2013 Certificate in Introduction to the Principles and Practice of Clinical Research/ National Institutes of Health Clinical Center/ Bethesda, MD

2016-2021 Master in Business Administration /Concentration: Health Care Management/Johns Hopkins Carey Business School/ Baltimore, MD

2017 Clinical Hospital Advanced Management Program (10-month program)/ Office of Johns Hopkins Physicians/Bethesda, MD

Postdoctoral

2009-2010 Internal Medicine House Staff, Saint Agnes Hospital/Baltimore, MD
2010-2012 Resident, Internal Medicine, Saint Agnes Hospital, Baltimore, MD
2012-2015 Adult Endocrinology Clinical Fellow /*Eunice Kennedy Shriver* National Institute of Child Health and Human Development, National Institutes of Health /Bethesda, MD

Professional Experience

2000-2003 Program Coordinator, Continuing Medical Education, The American Jewish Joint Distribution Committee/Chisinau, Moldova
2008-2009 Research Assistant (volunteer) to Dr. Adrian Dobs, Johns Hopkins Hospital, Baltimore, MD
2013-2021 Hospitalist Physician, Johns Hopkins Community Physicians at Suburban Hospital, Johns Hopkins Medicine, Bethesda, MD
2015-2021 Assistant Professor of Medicine (part-time), Division of Endocrinology, Diabetes and Metabolism, Department of Medicine, The Johns Hopkins School of Medicine, Baltimore, MD
2021-2026 Associate Professor of Clinical Medicine (part-time), Division of Endocrinology, Diabetes and Metabolism, Department of Medicine, The Johns Hopkins School of Medicine, Baltimore, MD
2015-2021 Researcher and Special Volunteer, Section on Endocrinology and Genetics, *Eunice Kennedy Shriver* National Institute of Child Health and Human Development, National Institutes of Health, Bethesda, MD
2020 Telemedicine Internal Medicine Physician, Teladoc Health (part-time)
2020-present Guest Editor, *Journal of Diabetes Science and Technology*
2020-2022 Chairman, Department of Medicine, Suburban Hospital, Johns Hopkins Medicine, Bethesda, MD
2021-2023 Co-Core Medical Director, Diabetes Prevention and Education Program, National Capital Region (formerly HSCRC Baltimore Metropolitan Diabetes Regional Partnership), Office of Population Health, Baltimore, MD
2021-2022 Guest Editor, *Diabetes Spectrum*
2022-2024 Treasurer, Medical Staff at Suburban Hospital, Johns Hopkins Medicine, Bethesda, MD
2022-2024 Attending Physician, Shady Grove Medical Center, Rockville, MD
2022-2024 Task force member and author, Clinical Practice Guideline on Pharmacologic Management of Adults With Dyslipidemia, American Association of Clinical Endocrinology.

PUBLICATIONS

Original Research [OR]

1. **Zilbermint M**, Wisniewski AB, Xu X, Selnes OA, Dobs AS. Relationship between sex hormones and cognitive performance in men with substance use. Drug Alcohol Depend. 2013;128(3):250-254.
2. Faucz FR, **Zilbermint M***, Lodish MB, Szarek E, Trivellin G, Sinaii N, Berthon A, Libé R, Assié G, Espiard S, Drougat L, Ragazzon B, Bertherat J, Stratakis CA. Macronodular adrenal hyperplasia due to mutations in an armadillo repeat containing 5 (ARMC5) gene: a clinical and genetic investigation. J Clin Endocrinol Metab. 2014 Jun;99(6):E1113-9 (*First co-author).
3. Gkourogianni A, Lodish MB, **Zilbermint M***, Lyssikatos C, Belyavskaya E, Keil MF, Stratakis CA: Death in pediatric Cushing syndrome is uncommon but still occurs. Eur J Pediatr 2015, 174:501 *Engagement with discovery.
4. Monticone S, Bandulik S, Stindl J, **Zilbermint M***, Dedov I, Mulatero P, Allgaeuer M, Lee CC, Stratakis CA, Williams TA, Tiulpakov A. A case of severe hyperaldosteronism caused by a de novo mutation affecting a critical salt bridge Kir3.4 residue. J Clin Endocrinol Metab. 2015 Jan;100(1):E114-8 *Manuscript writing
5. **Zilbermint M**, Xekouki P, Faucz FR, Berthon A, Gkourogianni A, Schernthaner-Reiter MH, Batsis M, Sinaii N, Quezado MM, Merino M, Hodes A, Abraham SB, Libé R, Assié G, Espiard S, Drougat L, Ragazzon B, Davis A, Gebreab SY, Neff R, Kebebew E, Bertherat J, Lodish MB, Stratakis CA. Primary Aldosteronism and ARMC5 Variants. J Clin Endocrinol Metab. 2015 Jun;100(6):E900-9.

6. Correa R, **Zilbermint M***, Berthon A, Espiard S, Batsis M, Papadakis GZ, Xekouki P, Lodish MB, Bertherat J, Faucz FR, Stratakis CA: The ARMC5 gene shows extensive genetic variance in primary macronodular adrenocortical hyperplasia. Eur J Endocrinol 2015, 173:435-40. (*First co-author).
7. Nobel YR, Lodish MB, Raygada M, Rivero JD, Faucz FR, Abraham SB, Lyssikatos C, Belyavskaya E, Stratakis CA, **Zilbermint M**: Pseudohypoaldosteronism type 1 due to novel variants of *SCNN1B* gene. Endocrinol Diabetes Metab Case Rep 2016, 2016:150104.
8. Hodes A, Lodish MB, Tirosh A, Meyer J, Belyavskaya E, Lyssikatos C, Rosenberg K, Demidowich A, Swan J, Jonas N, Stratakis CA, **Zilbermint M**: Hair cortisol in the evaluation of Cushing syndrome. Endocrine 2017, 56:164-74.
9. Gkourogianni A, Sinaii N, Jackson SH, Karageorgiadis AS, Lyssikatos C, Belyavskaya E, Keil MF, **Zilbermint M***, Chittiboina P, Stratakis CA, Lodish MB. Pediatric Cushing disease: disparities in disease severity and outcomes in the Hispanic and African-American populations. Pediatric research 2017; 82(2): 272-277. *Engagement with discovery.
10. Tirosh A, Hannah-Shmouni F, Lyssikatos C, Belyavskaya E, **Zilbermint M***, Abraham SB, Lodish MB, Stratakis CA. Obesity and the diagnostic accuracy for primary aldosteronism. J Clin Hypertens (Greenwich) 2017; 19(8): 790-797. *Engagement with discovery.
11. Mandel SR, Langan S, Mathioudakis NN, Sidhaye AR, Bashura H, Bie JY, Mackay P, Tucker C, Demidowich AP, Simonds WF, Jha S, Ebenuwa I, Kantsiper M, Howell EE, Wachter P, Golden SH, **Zilbermint M**. Retrospective study of inpatient diabetes management service, length of stay and 30-day readmission rate of patients with diabetes at a community hospital. J Community Hosp Intern Med Perspect 2019; 9(2): 64-73. *[SI/QI]
12. **Zilbermint M**, Gaye A, Berthon A, Hannah-Shmouni F, Faucz FR, Lodish MB, Davis AR, Gibbons GH, Stratakis CA. ARMC5 Variants and Risk of Hypertension in Blacks: MH- GRID Study. J Am Heart Assoc 2019; 8(14): e012508.
13. Maria AG, Suzuki M, Berthon A, Kamilaris C, Demidowich A, Lack J, **Zilbermint M***, Hannah-Shmouni F, Faucz FR, Stratakis CA. Mosaicism for *KCNJ5* Causing Early-Onset Primary Aldosteronism due to Bilateral Adrenocortical Hyperplasia. American journal of hypertension 2020; 33(2): 124-130. *Member of clinical trial design.
14. Ahmed SR, Bellamkonda S, **Zilbermint M***, Wang J, Kalyani RR. Effects of the low carbohydrate, high fat diet on glycemic control and body weight in patients with type 2 diabetes: experience from a community-based cohort. BMJ Open Diabetes Res Care 2020; 8(1). *Engagement with discovery and Epic Scholar Award Co-recipient
15. Joseph JJ, Zhou X, **Zilbermint M***, Stratakis CA, Faucz FR, Lodish MB, Berthon A, Wilson JG, Hsueh WA, Golden SH, Lin S. The Association of ARMC5 with the Renin-Angiotensin-Aldosterone System, Blood Pressure, and Glycemia in African Americans. J Clin Endocrinol Metab. 2020 Aug 1;105(8):2625–33. *Data analysis and engagement with discovery.
16. **Zilbermint M.** Diabetes and climate change. J Community Hosp Intern Med Perspect. 2020 Sep 3;10(5):409-412. (Systematic review)
17. Wurth R, Tirosh A, Kamilaris CDC, Camacho J, Faucz FR, Maria AG, Berthon A, Papadakis GZ, Nilubol N, Hamimi A, Gharib AM, Demidowich A, **Zilbermint M***, Eisenhofer G, Braun L, Reincke M, Stratakis CA, Hannah-Shmouni F. Volumetric Modeling of Adrenal Gland Size in Primary Bilateral Macronodular Adrenocortical Hyperplasia. J Endocr Soc. 2020 Oct 29;5(1):bvaa162. *Engagement with discovery.
18. Mathioudakis NN, Abusamaan MS, Shakarchi AF, Sokolinsky S, Fayzullin S, McGready J**, Zilbermint M**, Saria S, Golden SH. Development and Validation of a Machine Learning Model to Predict Near-Term Risk of Iatrogenic Hypoglycemia in Hospitalized Patients. JAMA Netw Open. 2021 Jan 4;4(1):e2030913.*Engagement with discovery.
19. Demidowich AP, Batty K, Love T, Sokolinsky S, Grubb L, Miller C, Raymond L, Nazarian J, Ahmed MS, Rotello L, **Zilbermint M**. Effects of a Dedicated Inpatient Diabetes Management Service on Glycemic Control in a Community Hospital Setting. J Diabetes Sci Technol. 2021 May;15(3):546-552. *[SI/QI]
20. Najmi U, Haque WZ, Ansari U, Yemane E, Alexander LA, Lee C, Demidowich AP, Motevalli M, Mackay P, Tucker C, Notobartolo C, Sartippour P, Raynor J, **Zilbermint M**. Inpatient Insulin Pen Implementation, Waste, and Potential Cost Savings: A Community Hospital Experience. J Diabetes Sci Technol. 2021 Jul;15(4):741-747.
21. Shelton C, Demidowich AP, Motevalli M, Sokolinsky S, MacKay P, Tucker C, Abundo C, Peters E, Gooding R, Hackett M, Wedler J, Alexander LA, Barry L, Flynn M, Rios P, Fulda CL, Young MF, Kahl B, Pummer E, Mathioudakis NN, Sidhaye A, Howell EE, Rotello L, **Zilbermint M**. Retrospective Quality Improvement Study

of Insulin-Induced Hypoglycemia and Implementation of Hospital-Wide Initiatives. J Diabetes Sci Technol. 2021 Jul;15(4):733-740.*[SI/QI]

22. Kane T, Flood C, **Oluwato T**, Pan Q, **Zilbermint M**. Expanding legal treatment options for medical marijuana in the State of Louisiana. J Community Hosp Intern Med Perspect. 2021 May 10;11(3):343-349. *Policy Analysis.
23. Hollister BM, **Zilbermint M**, Minniti CP, Buscetta AJ, Abdallah KE, You S, Soldin SJ, Meyer JS, Stratakis CA, Bonham VL. Lower hair cortisol among patients with sickle cell disease may indicate decreased adrenal reserves. Am J Blood Res. 2021 Apr 15;11(2):140-148.*Engagement with discovery.
24. Demidowich AP, Batty K, **Zilbermint M**. Instituting a Successful Discharge Plan for Patients With Type 2 Diabetes: Challenges and Solutions. Diabetes Spectr 1 November 2022; 35 (4): 440–451. *Research to practice special issue
25. Khan SA, Demidowich AP, Tschudy MM, Wedler J, Lamy W, Akpandak I, Alexander LA, Misra I, Sidhaye A, Rotello L, **Zilbermint M**. Increasing Frequency of Hemoglobin A1c Measurements in Hospitalized Patients With Diabetes: A Quality Improvement Project Using Lean Six Sigma. J Diabetes Sci Technol. 2024 Jul;18(4):866-873
26. Klonoff DC, Wang J, Rodbard D, Kohn MA, Li C, Liepmann D, Kerr D, Ahn D, Peters AL, Umpierrez GE, Seley JJ, Xu NY, Nguyen KT, Simonson G, Agus MSD, Al-Sofiani ME, Armaiz-Pena G, Bailey TS, Basu A, Battelino T, Bekele SY, Benhamou PY, Bequette BW, Blevins T, Breton MD, Castle JR, Chase JG, Chen KY, Choudhary P, Clements MA, Close KL, Cook CB, Danne T, Doyle FJ 3rd, Drincic A, Dungan KM, Edelman SV, Ejskjaer N, Espinoza JC, Fleming GA, Forlenza GP, Freckmann G, Galindo RJ, Gomez AM, Gutow HA, Heinemann L, Hirsch IB, Hoang TD, Hovorka R, Jendle JH, Ji L, Joshi SR, Joubert M, Koliwad SK, Lal RA, Lansang MC, Lee WA, Leelarathna L, Leiter LA, Lind M, Litchman ML, Mader JK, Mahoney KM, Mankovsky B, Masharani U, Mathioudakis NN, Mayorov A, Messler J, Miller JD, Mohan V, Nichols JH, Nørgaard K, O'Neal DN, Pasquel FJ, Philis-Tsimikas A, Pieber T, Phillip M, Polonsky WH, Pop-Busui R, Rayman G, Rhee EJ, Russell SJ, Shah VN, Sherr JL, Sode K, Spanakis EK, Wake DJ, Waki K, Wallia A, Weinberg ME, Wolpert H, Wright EE, **Zilbermint M**, Kovatchev B. A Glycemia Risk Index (GRI) of Hypoglycemia and Hyperglycemia for Continuous Glucose Monitoring Validated by Clinician Ratings. J Diabetes Sci Technol. 2023 Sep;17(5):1226-1242. Clinical expert panelist, engagement with discovery.
27. **Zilbermint M**, Motevalli M, Batty K, Venner-Walcott J, Edwards A, Burley T, Jackson K, Akhtar M, Demidowich AP. Effects of the COVID-19 Booster Vaccine on Glycemia and Insulin Resistance in People with Type 1 Diabetes: A Prospective Pilot Study. Diabetes Res Clin Pract. 2023 Sep 5:110898.
28. George M, **Zilbermint M**, Sokolinsky S, Batty K, Motevalli M, Stanback C, Gonzales E, Miller C, Sequeira L, Demidowich AP. Effects of preprandial versus postprandial nutritional insulin administration in the inpatient setting. Diabetes Res Clin Pract. 2024 Jul 15;214:111785. *Quality Improvement
29. Klonoff DC, Freckmann G, Pleus S, Kovatchev BP, Kerr D, Tse CC, Li C, Agus MSD, Dungan K, Voglová Hagerf B, Krouwer JS, Lee WA, Misra S, Rhee SY, Sabharwal A, Seley JJ, Shah VN, Tran NK, Waki K, Worth C, Tian T, Aaron RE, Rutledge K, Ho CN, Ayers AT, Adler A, Ahn DT, Aktürk HK, Al-Sofiani ME, Bailey TS, Baker M, Bally L, Bannuru RR, Bauer EM, Bee YM, Blanchette JE, Cengiz E, Chase JG, Y Chen K, Cherñavvsky D, Clements M, Cote GL, Dhatariya KK, Drincic A, Ejskjaer N, Espinoza J, Fabris C, Fleming GA, Gabbay MAL, Galindo RJ, Gómez-Medina AM, Heinemann L, Hermanns N, Hoang T, Hussain S, Jacobs PG, Jendle J, Joshi SR, Koliwad SK, Lal RA, Leiter LA, Lind M, Mader JK, Maran A, Masharani U, Mathioudakis N, McShane M, Mehta C, Moon SJ, Nichols JH, O'Neal DN, Pasquel FJ, Peters AL, Pfützner A, Pop-Busui R, Ranjitkar P, Rhee CM, Sacks DB, Schmidt S, Schwaighofer SM, Sheng B, Simonson GD, Sode K, Spanakis EK, Spartano NL, Umpierrez GE, Vareth M, Vesper HW, Wang J, Wright E, Wu AHB, Yeshiwas S, **Zilbermint M***, Kohn MA. The Diabetes Technology Society Error Grid and Trend Accuracy Matrix for Glucose Monitors. J Diabetes Sci Technol. 2024 Nov;18(6):1346-1361. *Clinical expert panelist, engagement with discovery
30. Spartano NL, Prescott B, Walker ME, Shi E, Venkatesan G, Fei D, Lin H, Murabito JM, Ahn D, Battelino T, Edelman SV, Fleming GA, Freckmann G, Galindo RJ, Joubert M, Lansang MC, Mader JK, Mankovsky B, Mathioudakis NN, Mohan V, Peters AL, Shah VN, Spanakis EK, Waki K, Wright EE, **Zilbermint M**, Wolpert HA, Steenkamp DW. Expert Clinical Interpretation of Continuous Glucose Monitor Reports From Individuals Without Diabetes. J Diabetes Sci Technol. 2026 May;20(3):727-735. *Clinical expert panelist, engagement with discovery
31. Breslin K, Marx A, Sokolinsky S, Burometto L, Mathioudakis N, Bashura H, Gonzales E, Stanback C, **Zilbermint M**, Demidowich AP. Effects of an Electronic Health Record Choice Architecture Intervention on Inpatient HbA1c Testing Rates and Patient Outcomes. Endocr Pract. 2026 Jul;32(7):1060-1065. *Quality Improvement

32. Lalani B, Abusamaan MS, Demidowich AP, **Zilbermint M**, Sarkar S, Mathioudakis N. Adherence and Clinical Effectiveness of a Subcutaneous Insulin Clinical Decision Support Tool in Hospitalized Patients. J Diabetes Sci Technol. 2026 Jul 30:19322968261468379. doi: 10.1177/19322968261468379. Epub ahead of print. PMID: 42533450.

Review Articles [RA]

1. **Zilbermint M**, Dobs AS. Nonsteroidal selective androgen receptor modulator Ostarine in cancer cachexia. Future Oncol. 2009;5(8):1211-20.
2. **Zilbermint M,** Stratakis CA. Protein kinase A defects and cortisol-producing adrenal tumors. Curr Opin Endocrinol Diabetes Obes. 2015 Jun;22(3):157-62. *Dissemination
3. Golden SH, Maruthur N, Mathioudakis N, Spanakis E, Rubin D, **Zilbermint M**, Hill-Briggs F. The Case for Diabetes Population Health Improvement: Evidence-Based Programming for Population Outcomes in Diabetes. Curr Diab Rep. 2017 Jul;17(7):51.*[SI/QI]
4. Hodes A, Meyer J, Lodish MB, Stratakis CA, **Zilbermint M***. Mini-review of hair cortisol concentration for evaluation of Cushing syndrome. Expert Rev Endocrinol Metab 2018; 13(5): 225-231. *Dissemination
5. **Zilbermint M**, Hannah-Shmouni F, Stratakis CA. Genetics of Hypertension in African Americans and Others of African Descent. Int J Mol Sci. 2019 Mar 2;20(5):1081. *Dissemination
6. Haque WZ, Demidowich AP, Sidhaye A, Golden SH, **Zilbermint M**. The Financial Impact of an Inpatient Diabetes Management Service. Curr Diab Rep. 2021 Jan 15;21(2):5.
7. Khan SA, **Zilbermint M**. Centers for Medicare & Medicaid Services' Hospital Harm Measures for Severe Hypoglycemia and Hyperglycemia: Is Your Hospital Ready?. Diabetes Spectr 1 November 2022; 35 (4): 391–397. *Research to practice special issue
8. Demidowich AP, Stanback C, **Zilbermint M**. Inpatient diabetes management. Ann N Y Acad Sci. 2024 Aug;1538(1):5-20.
9. Nava Suarez C, Prasad H, Demidowich AP, Stanback CF, Hussain Q, **Zilbermint M**. Climate Change and Cardiovascular Complications of Diabetes. Curr Diab Rep. 2026 Sep 11;26(1):28.

Case Reports [CR]

1. **Zilbermint M,** Ramnitz MS, Lodish MB, Kanaka-Gantenbein C, Kattamis A, Lyssikatos C, Patronas NJ, Quezado MM, Stratakis CA. Pituitary stalk lesion in a 13-year-old female. J Pediatr Endocrinol Metab. 2014 Mar;27(3-4):359-62.*Engagement with teaching
2. Haque W, Ahmed SR, Zilbermint M. Nivolumab-induced autoimmune diabetes mellitus and hypothyroidism in a patient with rectal neuroendocrine tumor. J Community Hosp Intern Med Perspect. 2020 Aug 2;10(4):338-339. *Engagement with teaching
3. **Zilbermint M**, Demidowich AP. Primary adrenal insufficiency. Clin Case Rep. 2022 Jun 19;10(6):e6002.*Engagement with teaching
4. **Zilbermint M**, Demidowich AP. Severe Diabetic Ketoacidosis After the Second Dose of mRNA-1273 COVID-19 Vaccine. J Diabetes Sci Technol. 2022 Jan;16(1):248-249.
5. Hensley KE, Fiechter CW, Klein A, Hussein R, Weiss HJ, Zilbermint M. Thyrotoxicosis in the Setting of Hydatidiform Mole with Subsequent Development of Takotsubo Cardiomyopathy Complicated by COVID-19. J Community Hosp Intern Med Perspect. 2023 May 8;13(3):83-87.
6. Kumar N, Zeki D, **Zilbermint M**. Subacute thyroiditis due to COVID-19 vaccine. Journal of Community Hospital Internal Medicine Perspectives. 2024. Vol. 14: Iss. 1, Article 12.
7. Fong HRC, **Zilbermint M**. Navigating Diagnostic Challenges in Ectopic Parathyroid Adenomas: A Case Report. Cureus. 2024 Sep 4;16(9):e68637.
8. Kumar N, **Zilbermint M**. Development of Nonketotic Hyperglycemia Requiring High-Dose Insulin After Supratherapeutic Amlodipine Ingestion. AACE Clinical Case Reports. 2024 Nov 1;10(6):257-60.
9. Demidowich AP, Motevalli M, Yi K, Kamali A, Batty K, Moseley KF, Buber RR, Hashemipour M, **Zilbermint M.** Severe Hypercalcemia Following Hip Joint Implantation of Calcium Sulfate Antibiotic Beads: Case Series and Review of Literature. J Community Hosp Intern Med Perspect. 2025 Jan 6;15(1):107-110.
10. Naghiyeva A, Smati N, Lucas CG, Page BR, **Zilbermint M**. Pituitary Apoplexy Following Gonadotropin-Releasing Hormone Agonist Therapy: A Rare and Life-Threatening Complication. Cureus. 2025 May 5;17(5):e83531.

11. Valizada H, **Zilbermint M**. Severe Gastrointestinal Intolerance After Resuming Maintenance-Dose Semaglutide Following Ramadan-Related Treatment Interruption: A Case Report. 2026 Jul 20;18(7):e113026
12. Burton TM, Hunter MK, **Zilbermint M.** The High Cost of Incomplete Physical Exams: Missed Diagnosis of Cushing Syndrome in a Patient with Recurrent Hospital Admissions. J Community Hosp Intern Med Perspect. 2026 Vol. 16: Iss. 5, Article 18.

Case Reports (not indexed in PubMed)

13. Sverdlova I, Zhu QM, Mydlarz WK, Dhillon VK, Nolan III NJ, Petrick PA, **Zilbermint M**. Extreme hypercalcemia due to a giant parathyroid adenoma. Journal of Clinical and Translational Endocrinology: Case Reports. 2023 Jun 21:100146.

Book Chapters, Monographs [BC]

1. Angelousi A, **Zilbermint M**, Berthon A, Espiard S, Stratakis CA: Diagnosis and Management of Hereditary Adrenal Cancer. Rare Hereditary Cancers: Diagnosis and Management. Edited by Pichert G, Jacobs C. Cham: Springer International Publishing, 2016. Pp. 125-47.
2. **Zilbermint M***, Stratakis CA: Primary Aldosteronism. Endocrine Surgery, Second Edition. Edited by Pertsemlidis D, Inabnet WB, Gagner M. Second edition. Ed. Boca Raton: CRC Press, 2017. *Teaching and dissemination
3. Hodes A, Brown RM, Cochran E, **Zilbermint M*.** Diabetes mellitus in a patient with partial lipodystrophy due to ppar-γ gene mutation. In Atypical diabetes: Pathophysiology, clinical presentations, and treatment options, Draznin, B., Ed. American Diabetes Association: 2018. *Teaching and dissemination
4. Donevant S, Najmi U, Ansari U, Haque W, **Zilbermint M**. Impact of digital technology on managing diabetes in the hospital. In the Diabetes Digital Health and Telehealth. (2022). United Kingdom: Elsevier Science.
5. Khan SA, Bhat SZ, **Zilbermint M**. Diabetes and COVID-19. In Diabetes Management in Hospitalized Patients: A Comprehensive Clinical Guide 2024 Jan 19 (pp. 179-192). Cham: Springer International Publishing.
6. Dowlatshahi S, Saand A, **Zilbermint M**. Type 2 Diabetes Management in Inpatients. Clinical Key Elsevir. July 20, 2024. https://www.clinicalkey.com/#!/content/clinical_overview/67-s2.0-V2729
7. Prasad HC, **Zilbermint M**. Type 1 Diabetes Management in Inpatients. Clinical Key Elsevir. October 28, 2024. https://www.clinicalkey.com/#!/content/clinical_overview/67-s2.0-MC243

Books, Textbooks [BK]

None

Editorials [ED]

1. **Zilbermint M**. Inpatient Diabetes Management: Preface: Inpatient Diabetes Management: Should We Make It Simpler?. Diabetes Spectr 1 November 2022; 35 (4): 387–389.
2. Khare S, **Zilbermint M**, Garg R, Shah VN. Navigating the New Frontiers of Hyperglycemic Crisis Management: Unveiling the Latest American Diabetes Association Consensus Report. Endocr Pract. 2024 Sep;30(9):895-897.
3. **Zilbermint M,** Messler J, Stanback CF, Kulasa K, Demidowich AP. Bridging the Glycemic Gap: Will CMS-Mandated Reporting Improve Hospital Dysglycemia Management? J Diabetes Sci Technol. 2024 Nov;18(6):1521-1522.
4. Klonoff DC, Espinoza J, Mader JK, Heinemann L, Cobelli C, Kerr D, Kovatchev B, Najafi B, Prahalad P, Zheng Y, Shao MM, Scheideman AF, DuNova AY, Kohn M, Umpierrez GE, Wong TY, Abdel Malek A, Agus MSD, Ahn DT, AlSaad R, Al-Sofiani ME, Armstrong D, Arnold MA, Bee YM, Bequette BW, Bellazzi R, Cengiz E, Chase JG, Chen H, Chen JY, Cichosz SL, Cinar A, Clements MA, Close KL, Cuadros J, Contreras I, Datta G, Dhatariya K, Doyle FJ 3rd, Drincic A, Facchinetti A, Fleming GA, Foreman J, Gabbay MAL, Gutierrez-Osuna R, Healey E, Hoang TD, Jacobs PG, Kulzer B, La Belle J, Lee AY, Lee CS, Lee WA, Liepmann D, Maahs D, Mathioudakis N, Meo SA, Metwally AA, Misra S, Mohan V, Moon SJ, Raeder H, Rhee C, Rhee EJ, Scheinker D, Shah VN, Sheng B, Snyder MP, Sode K, Spanakis EK, Svensson J, Vaswani N, Vareth M, Vehi J, Wallia A, Waki K, Wang T, Williams E Jr, Wolf RM, Wong JC, Yeshiwas S, **Zilbermint M**, Shah SN. Research Code Sharing in Support of Gold Standard Science. J Diabetes Sci Technol. 2026 Jan 14:19322968251391819. doi: 10.1177/19322968251391819. Epub ahead of print. PMID: 41532590.

Guidelines/Protocols, Consensus Statement, Expert Opinion, Consortium Articles [GL]

Letters, Correspondence [LT]

1. **Zilbermint M**, Lodish MB, Faucz FR, Stratakis CA. 2014. Letter in response to comments on "Macronodular adrenal hyperplasia due to mutations in an Armadillo Repeat Containing 5 (ARMC5) gene: a clinical and genetic investigation" J Clin Endocrinol Metab. 99:E1113-1119, by Alencar GA, Mendonca BB, Fragoso MCBV.
2. Demidowich AP, Stanback C, **Zilbermint M**. Reply to "Relevance of gastric emptying to the timing of prandial insulin administration in hospitalised patients with diabetes". Diabetes Res Clin Pract. 2024 Nov;217:111901
3. Pulipati VP, **Zilbermint M**, Patel SB. Response to Letter to the Editor on the 2025 AACE Clinical Practice Guideline on Pharmacological Management of Adults with Dyslipidemia. Endocr Pract. 2025 Apr 21:S1530-891X(25)00127-2. PMID: 40268088.

Letters, Correspondence not indexed in PubMed

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Media Releases and Interviews [MR]

Interviews

JHMI/Regional

12/13/15 Ask the Expert: Living it Up While Living With Diabetes (http://www.hopkinsmedicine.org/suburban_hospital/about_the_hospital/news_publications/ask_the_expert/living_it_up_while_living_with_diabetes.html)
- Interview for Suburban Hospital

01/10/17 Living with Diabetes: A Marathon, Not a Sprint. http://www.hopkinsmedicine.org/suburban_hospital/about_the_hospital/news_publications/new_directions/new_directions_winter_2017/living_with_diabetes_a_marathon_not_a_sprint
- Program highlight at Suburban Hospital's publication

11/07/17 2017 Innovations in Clinical Care Award – Mihail Zilbermint, M.D., Suburban Hospital https://www.youtube.com/watch?v=-_QJV5r06OE
- Video about my JHM Award

05/09/18 StoryCorps recording with Ralf F. Roarty about his experience at Suburban Hospital, Johns Hopkins Medicine. Interview ID ddb002363: archive at the American Folklife Center at the Library of Congress. https://storycorps.egnyte.com/dl/2PtCUIukRo/ddb002363.WAV_

12/18/19 Hungry Bone Syndrome https://www.broadcastmed.com/orthopedics/8697/videos/hungry-bone-syndrome
- Online video for the Broadcast med
- Clinical dissemination

05/01/19 New Study Highlights Benefits of Specialized Programs for Hospitalized Diabetes Patients https://www.hopkinsmedicine.org/suburban_hospital/about_the_hospital/news_publications/press_releases/new_study_highlights_benefits_of_specialized_programs_for_hospitalized_diabetes_patients

- JHM highlighted my diabetes program.

10/18/19 Suburban Hospital's Personalized Diabetes Plans Help Patients Improve Health
https://www.hopkinsmedicine.org/news/articles/suburban-hospitals-personalized-diabetes-plans-help-patients-improve-health
- Clinical program highlight and interview

10/22/19 JHCP Academy of Clinical Excellence announcement
- https://gallery.mailchimp.com/10cb8f361bb46f965b5e28594/files/5b20be3b-7e78-42ea-87a1-cb6e6b2db872/JHCP_ACE_2019.pdf
- https://www.hopkinsmedicine.org/community_physicians/about/academy-clinical-excellence/index.html

11/12/20 COVID-19: Recommendations for Patients with Diabetes
https://youtu.be/aoY2tptyNfM
- Interviewed by Suburban Hospital about COVID-19 and diabetes

08/26/21 Getting More Than They Give. Johns Hopkins Dome.
https://www.hopkinsmedicine.org/news/articles/getting-more-than-they-give
- Interviewed by Marc Shapiro about my experience as a volunteer at a diabetes camp.

04/14/22 Know your diabetes risk video (Suburban Hospital)
https://youtu.be/mOw4vpjeuk0
- Diabetes Self-Management Campaign video

07/20/22 Suburban's Diabetes Self-Management Training Helps People Overcome Their Unique Challenges
https://www.hopkinsmedicine.org/news/articles/suburbans-diabetes-self-management-training-helps-people-overcome-their-unique-challenges
- Interview about diabetes self-management program at Suburban Hospital

11/17/22 Cooper and Zilbermint Receive Endocrine Society Awards
https://medicine-matters.blogs.hopkinsmedicine.org/2022/11/cooper-and-zilbermint-receive-endocrine-society-awards/

04/10/23 Zilbermint Receives Rising Star in Endocrinology Award
https://medicine-matters.blogs.hopkinsmedicine.org/2023/04/zilbermint-receives-rising-star-in-endocrinology-award/

05/08/23 HEALTH CARE HEROES
https://thedailyrecord.com/event/health-care-heroes/#:~:text=Mihail%20Zilbermint%2C%20MD%2C%20MBA%2C%20FACE

03/18/25 Zilbermint Elected to AACE Board of Directors
https://medicine-matters.blogs.hopkinsmedicine.org/2025/03/zilbermint-elected-to-aace-board-of-directors/

09/26/25 Michel Morris. Community Health - Community Health Stories. Johns Hopkins Medicine Doctors Volunteer at Camp for Kids with Type 1 Diabetes.
https://www.hopkinsmedicine.org/news/articles/2025/09/johns-hopkins-medicine-doctors-volunteer-at-camp-for-kids-with-type-1-diabetes
- Interview and volunteer work highlight

12/01/25 Karen Nitkin. New Protocol Could Increase Use of Continuous Glucose Monitoring Devices
https://www.hopkinsmedicine.org/news/articles/2025/12/new-protocol-could-increase-use-of-continuous-glucose-monitoring-devices
- Interview and research work highlight

03/15/26 Prediabetes.
https://www.hopkinsmedicine.org/health/conditions-and-diseases/diabetes/prediabetes
- Interview and expert opinion

National

02/09/17 Hair analysis may help diagnose Cushing Syndrome, NIH researchers report
https://www.nih.gov/news-events/news-releases/hair-analysis-may-help-diagnose-cushing-syndrome-nih-researchers-report

- Research highlight and interview

02/09/17 Hair Test for Cushing Syndrome?
http://www.medpagetoday.com/endocrinology/generalendocrinology/63018
- Research highlight and interview

02/09/17 Hair analysis may help diagnose Cushing syndrome, researchers report
https://medicalxpress.com/news/2017-02-hair-analysis-cushing-syndrome.html
- Research highlight

02/09/17 Hair analysis may help diagnose Cushing syndrome, NIH researchers report
https://www.eurekalert.org/pub_releases/2017-02/nksn-ham020717.php
- Research highlight

02/10/17 Hair Cortisol in the Evaluation of Cushing Syndrome
https://medicalresearch.com/author-interviews/hair-cortisol-evaluation-cushing-syndrome/31896/
- Research highlight and interview

02/10/17 Cushing's syndrome: Could analyzing hair confirm diagnosis?
http://www.medicalnewstoday.com/articles/315774.php
- Research highlight

02/12/17 Hair analysis may help diagnose Cushing Syndrome
https://scienceblog.com/492060/hair-analysis-may-help-diagnose-cushing-syndrome/
- Science blog post about my research discovery

02/09/17 Hair analysis may help diagnose Cushing syndrome, researchers report
https://www.sciencedaily.com/releases/2017/02/170209133434.htm
- Research highlight

02/14/17 Is Cushing Syndrome Risky? Get To Know How Hair Analysis Helps Easily Detect The Condition
http://www.sciencetimes.com/articles/8595/20170214/is-cushing-syndrome-risky-get-to-know-how-hair-analysis-helps-easily-detect-the-condition.htm
- Research highlight

02/14/17 Hair analysis may help diagnose Cushing Syndrome, NIH researchers report
http://www.healthcanal.com/disorders-conditions/234676-newly-found-mechanism-protecting-neurons-underlie-brain-disease.html
- Research highlight

02/13/17 Hair Sample Might Aid in Cushing's Syndrome Diagnosis
http://www.medscape.com/viewarticle/875709
- Research highlight

02/16/17 Hair analysis may identify Cushing's syndrome
http://www.healio.com/endocrinology/adrenal/news/in-the-journals/%7B863bc742-cf02-47b8-ae93-1df49d559507%7D/hair-analysis-may-identify-cushings-syndrome
- Research highlight

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https://www.diabetesselfmanagement.com/managing-diabetes/complications-prevention/fda-oks-two-medicines-cardiovascular-disease-type-2-diabetes/
- Diabetes magazine interview

07/03/19 Genetic variants may be linked with high blood pressure among blacks
https://www.news-medical.net/news/20190703/Genetic-variants-may-be-linked-with-high-blood-pressure-among-blacks.aspx
- Research highlight and interview

07/03/19 Scientists link genetics to risk of high blood pressure among blacks
https://medicalxpress.com/news/2019-07-scientists-link-genetics-high-blood.html
- Research highlight

07/03/19 NIH scientists link genetics to risk of high blood pressure among blacks
https://www.eurekalert.org/pub_releases/2019-07/nksn-nsl062719.php
- Research highlight and interview

07/03/19 Los científicos de NIH relacionan la genética con el riesgo de presión arterial alta entre las personas Negras
https://espanol.nichd.nih.gov/noticias/prensa/070319-riesgo-presion-alta

07/04/19 NIH Researchers Link Gene to High Blood Pressure Risk in Black Individuals
https://www.technologynetworks.com/tn/news/nih-researchers-link-gene-to-high-blood-pressure-risk-in-black-individuals-321428

- Research highlight

07/05/19 Gene variant may increase blood pressure in black people
https://www.breitbart.com/news/gene-variant-may-increase-blood-pressure-in-black-people/

- Research highlight

07/05/19 Gene variant may increase blood pressure in black people
https://www.upi.com/Health_News/2019/07/05/Gene-variant-may-increase-blood-pressure-in-black-people/5641562336073/

- Research highlight

07/06/19 MIL-OSI USA: NIH scientists link genetics to risk of high blood pressure among blacks
https://foreignaffairs.co.nz/2019/07/06/mil-osi-usa-nih-scientists-link-genetics-to-risk-of-high-blood-pressure-among-blacks/

- Research highlight

07/26/19 Rare ARMC5 gene variant linked with hypertension in black adults
https://www.healio.com/cardiology/vascular-medicine/news/online/%7B62048eb2-1e3e-4fd6-805b-35007fe0c8e9%7D/rare-armc5-gene-variant-linked-with-hypertension-in-black-adults

- Research highlight and interview

09/12/19 In the House: How Inpatient Diabetes Teams Can Improve Patient Outcomes and Reduce Costs
https://endocrinenews.endocrine.org/in-the-house-how-inpatient-diabetes-teams-can-improve-patient-outcomes-and-reduce-costs/

- Research highlight and interview

11/17/19 Johns Hopkins experts to present important topics at Architecture of High Value Health Care Conference
https://www.news-medical.net/news/20191117/Johns-Hopkins-experts-to-present-important-topics-at-Architecture-of-High-Value-Health-Care-Conference.aspx

- Clinical program and research highlight

11/18/19 Diabetes, heart problems and redundant imaging scans among Johns Hopkins-led performance improvement topics on 'high-value care'
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Clinical program and research highlight

04/01/20 Newman, MA. Viral Load: A Look at One Endocrinologist's Practice. Endocrine News. 2020.
https://endocrinenews.endocrine.org/viral-load-a-look-at-one-endocrinologists-practice-during-the-covid-19-crisis/ . Accessed on May 21, 2020.

- Clinical practice during COVID-19 highlight and interview

07/10/20 Tucker, ME. Endocrine Hospitalist-Led Service Improves Diabetes Care. July 10, 2020.
https://www.medscape.com/viewarticle/933727

- Clinical practice and research highlight, interview.

09/08/20 All About Insulin
https://www.endocrineweb.com/conditions/type-1-diabetes/what-insulin

- Interview about insulin therapies

10/22/20 Alkon, C. A Moment's Notice: Good Habits For Being on Call. Endocrine News (October) 2020. P.41-43.
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- Expert advice on simple ways to combat the ill effects of being on call

11/09/20 Jaffe, L. Why Climate Change Is Different for People With Diabetes.
https://www.endocrineweb.com/climate-change-different-people-diabetes

- Interview about the impact of climate change on diabetes

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https://wjla.com/features/good-morning-washington/diabetes-awareness-risk-factors-prevention-and-disease-management
- ABC7 -WJLA TV interview about diabetes risk factors and prevention

02/01/21 New diabetes cases linked to COVID-19, https://www.sunjournal.com/2021/02/01/the-latest-eu-says-crime-gangs-are-forging-negative-test-certificates/
- Interview

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https://www.everydayhealth.com/coronavirus/researchers-identify-link-between-covid-19-and-new-diabetes-cases/
- Interview

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- Research highlight and interview

06/07/21 Bagely, D. Inside Addition: Managing Diabetes in a Community Hospital Setting. Endocrine News (June) 2021.
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- Research highlight and interview

06/10/21 Fernandez, G. The Impacts of COVID-19 on Diabetes and Insulin. COVID-19 Johns Hopkins School of Public Health Expert Insights. (June 10, 2021)
https://www.jhsph.edu/covid-19/articles/the-impacts-of-covid-19-on-diabetes-and-insulin.html
- Clinical practice interview

02/17/2022 Vanessa Caceres. 12 Signs and Symptoms of a Hormonal Imbalance
https://health.usnews.com/health-care/patient-advice/slideshows/signs-hormonal-imbalance?slide=2
- Patient advice

08/25/22 Ferozan Mast. Ways Your Blood Sugar is Making You Sick.
https://www.eatthis.com/ways-your-blood-sugar-is-making-you-sick/
- Patient advice

09/21/22 Melissa Foster. 'Don't dismiss the patient': Promises, pitfalls of at-home hormone testing
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- Clinical practice interview

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https://www.endocrineweb.com/conditions/diabetes/diabetes-type-1-vs-type-2
- Patient advice

09/01/23 Sue Coon. The Hospitalist. Dual Specialties—the Best of Both Worlds
https://www.the-hospitalist.org/hospitalist/article/35488/hospital-medicine/dual-specialties-the-best-of-both-worlds/
- Endocrine Hospitalist highlight

12/25/24 5 Thyroid Myths Doctors Say to Stop Believing Now
https://www.prevention.com/health/health-conditions/a62604498/thyroid-myths-debunked/
- Patient advice

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https://www.diabetesdaily.com/articles/how-to-use-glp-1s-safely-if-you-have-type-1-diabetes/
- Interview and expert advice

International

2015 International Society of Hypertension (ISH) Investigator of the month (http://ish-world.com/new-investigators-spotlight/i/May-2015-Spotlight-of-the-Month/)

- Interview with ISH

02/10/17 Hair analysis may help diagnose Cushing Syndrome, NIH researchers report
http://foreignaffairs.co.nz/2017/02/10/hair-analysis-may-help-diagnose-cushing-syndrome-nih-researchers-report/

- Research highlight

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https://www.aerzteblatt.de/treffer?mode=s&wo=17&typ=1&nid=73090&s=cushing

- Research highlight (in German)

02/23/17 Síndrome de Cushing, ¿podría el tudio onfirmer el diagnóstico?
http://consalud.es/estetic/bienestar/sindrome-de-cushing-podria-el-cabello-confirmar-el-diagnostico-33980

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02/27/17 Может ли анализ волос подтвердить диагноз синдрома Кушинга?
http://medicalinsider.ru/news/mozhet-li-analiz-volos-podtverdit-diagnoz-sindroma-kushinga/

- Research highlight (in Russian)

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- Interview for a TV show aired in Afghanistan

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http://endocrinenews.endocrine.org/first-person-happy-campers/
Article about my experience at a diabetes camp

07/09/18 Interview for the Voice of America Television show with Dr. Mir Abdul Q. Moshref "Type 1 diabetes treatment"

- Interview for the TV show aired in Afghanistan

08/31/18 Interview for the Voice of America Television show with Dr. Mir Abdul Q. Moshref "Cardiovascular disease in diabetes treatment
https://www.youtube.com/watch?v=Ihmd5VUc0oI&feature=youtu.be&t=16m15s ".

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https://youtu.be/UCFTJEMTJHo?t=15m39s

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- Interview and research highlight

02/01/21 Un eterm etermine que los pacientes con casos graves de COVID-19 corren riesgo de desarrollar diabetes https://www.infobae.com/america/wapo/2021/02/01/un-estudio-determino-que-los-pacientes-con-casos-graves-de-covid-19-corren-riesgo-de-desarrollar-diabetes/

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02/03/21 Александра Баландина. «Он просто добивает»: кому грозит диабет после COVID-19.
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- Interview and research highlight

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https://johnshopkinssph.libsyn.com/269-covid-19-and-diabetes

- Interview and research highlight

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https://www.medonet.pl/koronawirus/to-musisz-wiedziec,skutki-koronawirusa--naukowcy--jest-wysoce-prawdopodobne--ze-covid-19-wywoluje-cukrzyce,artykul,10107325.html

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https://www.elmundo.es/ciencia-y-salud/salud/2021/04/23/60826c8d21efa0b7718b4589.html

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- Interview and research highlight

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https://visao.sapo.pt/visaosaude/2021-03-19-hipotese-de-a-covid-19-provocar-diabetes-cada-vez-mais-forte-depois-de-casos-encontrados-em-todo-o-mundo/

- Interview and research highlight

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- Clinical practice highlight

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- Scientific paper highlight

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03/19/24 Tina Reed. Growing market for glucose monitoring fueled by nondiabetics, Axios https://www.axios.com/2024/03/19/glucose-monitoring-blood-sugar-diabetes

03/19/24 Hysterical Strength? Fight or flight? This is how your body reacts to extreme stress, National Geographic https://www.nationalgeographic.com/science/article/extreme-strength-fight-flight-stress-muscle-power

06/26/24 Mihail Zilbermint. TIGHT: Inpatient CGM use did not improve glycemic control. Healio, Endocrine today. https://www.healio.com/news/endocrinology/20240626/tight-inpatient-cgm-use-did-not-improve-glycemic-control#ABEA4D198D154F22BDD101E6B41F5E68

07/24/24 Miriam Tucker. Shifting Insulin Meal Timing Cuts Hospital Hypoglycemia. https://www.medscape.com/viewarticle/shifting-insulin-meal-timing-cuts-hospital-hypoglycemia-2024a1000dlz

- Research highlight

07/25/24 Michael Monostra. Postprandial insulin may cut hypoglycemia rates for hospitalized adults with diabetes. https://www.healio.com/news/endocrinology/20240725/postprandial-insulin-may-cut-hypoglycemia-rates-for-hospitalized-adults-with-diabetes

- Research highlight

02/18/25 Mihail Zilbermint. Few hospitalized adults with type 2 diabetes prescribed SGLT2, GLP-1 medication. https://www.healio.com/news/endocrinology/20250218/few-hospitalized-adults-with-type-2-diabetes-prescribed-sglt2-glp1-medication#42D7970D2A244C89B1F9AECB931EEA5B:~:text=to%20the%20researchers.-,PERSPECTIVE,-Back%20to%20Top

- Research perspective

04/14/25 University study links Type 2 diabetes to Alzheimer's symptoms https://www.washingtontimes.com/news/2025/apr/14/university-nevada-las-vegas-study-links-type-2-diabetes-alzheimers/

04/28/25 Mihail Zilbermint. Personal CGMs accurate at measuring glucose in most ranges during hospitalization https://www.healio.com/news/endocrinology/20250428/personal-cgms-accurate-at-measuring-glucose-in-most-ranges-during-hospitalization

- Research perspective

05/20/25 Cassie Shortsleeve. From Screening to Intervention: Optimizing Prediabetes Care in Primary Care Settings. Medscape. https://www.medscape.com/viewarticle/screening-intervention-optimizing-prediabetes-care-primary-2025a1000cp0

- Interview and clinical highlight

06/04/25 Cassie Shortsleeve. Should You Consider CGMs for Patients With Early Diabetes? https://www.medscape.com/viewarticle/should-you-consider-cgms-patients-early-diabetes-2025a1000f3b

- Interview and clinical highlight

08/07/25 Annika Kim Constantino. Eli Lilly shares drop after obesity pill shows modest late-stage trial results https://www.cnbc.com/2025/08/07/eli-lilly-obesity-pill-weight-los-trial.html

- Interview

08/24/25 Annika Kim Constantino. Eli Lilly's obesity pill remains a viable rival to Novo's oral Wegovy despite data that underwhelmed investors https://www.cnbc.com/2025/08/24/eli-lilly-oral-obesity-pill-novo-nordisk.html

- Interview

09/15/25 EASD 2025: Orforglipron in Focus, the Case for Cardiovascular Benefits, More https://www.biospace.com/drug-development/easd-2025-orforglipron-in-focus-the-case-for-cardiovascular-benefits-more
- Interview

09/09/25 Michael Monostra. Healio. Q&A: CGM initiation during hospitalization offers unique opportunity for education. https://www.healio.com/news/endocrinology/20251009/qa-cgm-initiation-during-hospitalization-offers-unique-opportunity-for-education
- Research interview

02/18/26 Jessica Freeborn. Is Time in Range More Important Than A1C? https://www.everydayhealth.com/diabetes/is-time-in-range-more-important-than-a1c/
- Expert opinion and interview

03/18/26 Stephanie Brown. The GLP-1 Drug Combo That May Preserve Lean Muscle During Weight Loss Treatment https://www.verywellhealth.com/glp-1-drug-combo-preserve-muscle-11924117
- Expert opinion

04/24/26 Jessica Freeborn. Beyond Insulin: Using Ozempic and Other Off-Label Drugs for Type 1 Diabetes https://www.everydayhealth.com/diabetes/ozempic-and-other-off-label-drugs-for-type-1-diabetes/
- Expert opinion and interview

05/14/26 Cathy Nelson. What Happens When You Stop Taking a GLP-1? Many Users Say They Don't Know https://www.health.com/what-happens-when-you-stop-glp-1-11954363
- Expert opinion and interview

07/27/26 Cristina Mutchler. Why Your Metabolic Health May Affect How Long You Live. https://www.everydayhealth.com/weight-management/why-metabolic-health-may-affect-how-longevity/
- Expert opinion and interview

Other Media [OM]

2016 Diabetes Care at Suburban Hospital web-site (http://www.hopkinsmedicine.org/suburban_hospital/medical_services/specialty_care/diabetes_care/)

X https://X.com/zilbermint

LinkedIn https://www.linkedin.com/in/mishazilbermint/

ORCiD https://orcid.org/0000-0003-4047-7260

Scopus https://www.scopus.com/authid/detail.uri?authorId=35363219200

FUNDING

EXTRAMURAL Funding

Current

None

Previous

2012-2015 Research Clinical Protocol: "Evaluation of Patients with Endocrine-Related Conditions"
ClinicalTrials.gov Identifier: NCT00005664
Total direct cost: Not applicable
Principal Investigator: Lynnette K. Nieman, M.D.
National Institute of Child Health and Human Development, National Institutes of Health
Role: Co-investigator (5% percent effort)

2013-2020 Research Clinical Protocol: "A Clinical and Genetic Investigation of Pituitary Tumors and Related Hypothalamic Disorders"
ClinicalTrials.gov Identifier: NCT00001595
Total direct cost: Not applicable
Principal Investigator: Constantine A. Stratakis, M.D.

National Institute of Child Health and Human Development, National Institutes of Health
Role: Co-investigator (1% percent effort)

2013-2020 Research Clinical Protocol: "Clinical and Molecular Analysis of ACTH-Independent Steroid Hormone Production in Adrenocortical Tissue"
ClinicalTrials.gov Identifier: NCT00005927
Total direct cost: Not applicable
Principal Investigator: Constantine A. Stratakis, M.D.
National Institute of Child Health and Human Development, National Institutes of Health
Role: Co-investigator (1% percent effort)

2016-2017 Research Clinical Protocol: "Personalized Approach to the Management of Diabetes/Prediabetes and Its Complications: A Natural History Study" (T-DK-0507)
Principal investigator: Ranganath Muniyappa, M.D.
NIDDK, NIH
Role: Co-investigator (2% percent effort)

2015-2019 Research Clinical Protocol: "ARMC5 gene mutations and hypertension in African Americans: Minority Health-GRID study."
Principal investigator: Gary H. Gibbons, M.D.
National Human Genome Research Institute (NHGRI),
Genomics of Metabolic, Cardiovascular and Inflammatory Disease Branch,
Cardiovascular Section
Role: Co-principal investigator (5% percent effort)

2018-2021 Research Clinical Protocol: "Clinical and Molecular Characteristics of Primary Aldosteronism in Blacks" (18-CH-0031)".
Principal investigator: Crystal Dawn C Kamilaris, M.D
NICHD, NIH
Role: Co-investigator (1% percent effort)

2014-2021 Research Clinical Protocol: "Insights Into Microbiome and Environmental Contributions to Sickle Cell Disease and Leg Ulcers Study (INSIGHTS Study)
ClinicalTrials.gov Identifier: NCT02156102
Principal investigator: Vence L. Bonham, J.D.
National Human Genome Research Institute, National Institutes of Health
Role: Co-investigator (1% percent effort)

2021-2024 Research Clinical Protocol: "Glycemic Effects of the COVID-19 Booster Vaccine in Type 1 Diabetes"
Principal investigator: Andrew P. Demidowich, M.D.
Johns Hopkins Medicine/Dexcom
Role: Co-investigator (1% percent effort)

Clinical Extramural Funding

None

System Innovation or Quality Improvement Extramural Funding

None

INTRAMURAL Funding

Current

2017-present Research Clinical Protocol: "Development and validation of a model to predict insulin-associated hypoglycemia among hospitalized patients"
Principal investigator: Nestoras Mathioudakis, M.D.
Role: Co-investigator (1% percent effort)

2020-present Research Clinical Protocol: "Interventions in inpatient glycemic control"
Principal investigator: Andrew Demidowich, M.D.
Role: Co-investigator (1% percent effort)

Educational Intramural Funding

None

Clinical Intramural Funding

None

System Innovation or Quality Improvement Intramural Funding

Past

2018-2019 Research Study: "The Low Carbohydrate, High Fat Diet and Glycemic Control in Patients with Type 2 Diabetes: Experience from a Community-Based Cohort"
Principal investigator: Shabina Ahmed, M.D.
Role: Co-investigator (2% percent effort)

2014-2019 Research Study: "Determining patterns of insulin use at Johns Hopkins Hospital as contributing factors of significant hyperglycemic and hypoglycemic events."
Principal investigator: Sherita H. Golden, M.D.
Role: Co-investigator (2% percent effort)

2016-2017 Research Clinical Protocol: "Medication reconciliation of glucose-lowering medications during hospitalization for patients with type 2 diabetes and prevalence of contraindications to non-insulin therapy after discharge"
Principal investigator: Nestoras Mathioudakis, M.D.
Role: Co-investigator (1% percent effort)

2019-2022 Scholarly project: "Effect of Inpatient Diabetes Management Service on Hypoglycemia Rate of hospitalized patients"
Principal investigator: Mihail Zilbermint, M.D.
Role: Principal Investigator (2% percent effort)

CLINICAL ACTIVITIES

Clinical Focus

My primary focus is on inpatient diabetes management and inpatient endocrinology, with a particular emphasis on advancing the role of the Endocrine Hospitalist at Johns Hopkins Medicine. I led the development of comprehensive inpatient diabetes management protocols now implemented by practitioners across the United States. In 2022, I served as the guest editor for a special issue of Diabetes Spectrum, dedicated entirely to inpatient diabetes management, and have delivered over 100 national and international lectures on inpatient endocrine care.

Beyond diabetes management, I have contributed to national guidelines and educational initiatives. I was an invited author for the American Association of Clinical Endocrinology (AACE) dyslipidemia guidelines and developed "Obesity for Primary Care" workshops offered across the U.S.

In recognition of these contributions, The Endocrine Society named me one of the 13 leading endocrinologists worldwide in 2022, awarding me the prestigious Laureate Award (Vigersky Outstanding Clinical Practitioner Award). This honor acknowledges extraordinary contributions to both the endocrine and medical communities. Additionally, in 2023, my leadership of the Endocrine Hospitalist program earned national recognition with AACE's Rising Star in Endocrinology Award. This award honors early-career endocrinologists who have demonstrated impactful outcomes through leadership, teamwork, and innovation in patient care, research, and education.

Certification

2008-present Educational Commission for Foreign Medical Graduates Certificate, #07276009
2024-present Medical Doctor Expert Witness Certificate, Florida Department of Health, #MEEW**632

Medical, other state/government licensure

2009-present Advanced Cardiac Life Support license, American Heart Association
2009-present Basic Life Support license, American Heart Association
2012-present Physician and Surgeon, Maryland Board of Physicians, #D007**07
2012-present Controlled Dangerous Substances License, Maryland, #M76**6
2013-present Controlled Substance Registration (DEA), #FZ4****53
2021-present Physician and Surgeon, Washington D.C., MD04**80

2021-present Controlled Dangerous Substances License, Washington, DC
2021-present Controlled Substance Registration (DEA), Washington, DC

Boards, other specialty certification

2012-present Board Certified, American Board of Internal Medicine, #333666
2014-present Board Certified, Endocrinology, Diabetes and Metabolism, sub-board of American Board of Internal Medicine, #333666

Clinical (Service) Responsibilities

2013-present "Camp Possibilities" for children with type 1 diabetes, Darlington, MD,
Role: Endocrinologist, 3-5 days per year
2015-present Johns Hopkins Community Physicians at Suburban Hospital, Bethesda, MD.
Role: Endocrine Hospitalist
2013-2020 Johns Hopkins Community Physicians at Suburban Hospital, Bethesda, MD.
Role: Hospitalist Attending
2014-2015 Endocrinology, Diabetes and Metabolism clinic at Suburban MobileMed, Bethesda, MD
Role: Junior attending, 1 day per month

Clinical Productivity

Available upon request

Clinical Draw from outside local/regional area

I am a Hospitalist Endocrinologist and my clinical draw is completely dependent on hospital draw (most of the patients who are seen are from the National Capital Region).

Membership in or examiner for specialty board

None

Clinical Program Building / Leadership

I established the first inpatient diabetes management service at Suburban Hospital, collaborating with transitional care nurses and Community Health & Wellness to expand this program. This initiative significantly reduced readmissions, shortened hospital stays, and saved Suburban Hospital over $953,000 between January 2016 and June 2017. Recognized regionally, this program was expanded to Johns Hopkins Howard County Medical Center in 2018 and Sibley Memorial Hospital in 2021.

As Director of the Endocrine Hospitalist Program for Johns Hopkins Community Physicians (JHCP), I oversee the clinical operations of endocrine groups at Suburban Hospital, Johns Hopkins Howard County Medical Center, and Sibley Memorial Hospital. These teams, comprising six full-time and twenty-two part-time providers, are known for sustained clinical excellence, with two programs recognized with Johns Hopkins Medicine Clinical Excellence Awards.

In 2018, I was appointed Division Chief of Endocrinology and served as Chair of the Department of Medicine at Suburban Hospital from 2000 to 2022. In these roles, I provided leadership for clinical programs, shaped policies affecting medical practice, and guided medical staff in enhancing quality and performance.

My responsibilities include coordinating physician recruitment, retention, credentialing, and continuing education for the Medical Staff, as well as overseeing physician quality and performance improvement. I advocate for a Just Culture, fostering a fair and open environment that prioritizes learning, safe system design, and positive behavioral choices. Additionally, I contribute clinical insight to the development of operating budgets and strategic plans for all Endocrine Hospitalist teams and the organization at large.

10/31/15-present Designed and implemented the Inpatient Endocrine and Diabetes Management Service, Suburban Hospital, Bethesda, MD
11/05/15- Established the Glucose Steering Committee at Suburban Hospital

present
01/07/16-present Assisted in designing and implementing the train-the-trainer Diabetes Nurse Champion initiative, Suburban Hospital, Bethesda, MD
01/10/16-09/01/2020 Assisted in designing and implementing Fine Tune Your Diabetes classes
08/06/18-present Designed and implemented a new position of Diabetes Nurse Practitioner and expanded of Endocrinology and Inpatient Diabetes Management Service at Suburban Hospital
08/20/18-present Designed and implemented the Endocrine Hospitalist/Inpatient Endocrine and Diabetes Management Service, Johns Hopkins Howard County Medical Center, Johns Hopkins Medicine, Columbia, MD
08/02/21-present Designed and implemented the Endocrine Hospitalist program, Sibley Memorial Hospital, Johns Hopkins Medicine, Washington, DC

Clinical Demonstration Activities to external audience, on or off campus

2018 Clinical demonstration of Inpatient Endocrine and Diabetes Management Service (IDMS) to Johns Hopkins Howard County Medical Center. Visited Suburban Hospital. Discussion on design of the IDMS, Glucose Steering Committee and general clinical operations.
Suburban site visit by: Michael Taylor, CDE. Role: Organizer.

2019 Clinical demonstration of Inpatient Endocrine and Diabetes Management Service (IDMS) to Sibley Hospital. Visited Suburban Hospital. Discussion on design of the IDMS, Glucose Steering Committee.
Suburban site visit by: Juliann DeStefano. Role: Organizer.

Development of nationally/internationally recognized clinical standard of care

None

EDUCATIONAL ACTIVITIES

Educational Focus

I am a dedicated educator, investing considerable time in teaching and mentoring. I precept at the endocrinology fellows' clinic at the Johns Hopkins Outpatient Center and the Johns Hopkins Comprehensive Diabetes Center, and I teach endocrinology to Osler Internal Medicine Residents at Johns Hopkins Hospital. I initiated one of the first Endocrine Hospitalist rotations for internal medicine residents from the Kaiser Permanente program and for endocrinology fellows from George Washington University Hospital.

In addition to working with physicians in training, I am committed to educating allied health professionals. I have precepted 18 nurse practitioners during their endocrinology and diabetes rotations at the Johns Hopkins School of Nursing and assisted in training 13 PGY1 pharmacy residents at Suburban Hospital, as well as over 20 hospitalists across Johns Hopkins Howard County Medical Center, Suburban, and Sibley Hospitals.

Recognizing the rapid advancements in diabetes management, I established the first Diabetes Symposium for Primary Care Providers at Suburban Hospital in 2016. This biannual event, featuring speakers from the Johns Hopkins School of Medicine, NIH, and Kaiser Permanente, has since engaged more than 300 primary care providers, endocrinologists, advanced practice providers, and nurse practitioners.

Teaching

Classroom instruction

JHMI/Regional

11/11/15 Lecturer, "Inpatient diabetes management", clinical nurses at the Medical Unit 4400, Suburban Hospital, Bethesda, MD
11/17/15 Lecturer, "Inpatient diabetes management", clinical nurses the Continuing Decision Unit, Suburban Hospital, Bethesda, MD
11/17/15 Lecturer, Research nurses at NIH Clinical Center, "Primary aldosteronism", National Institutes of Health, Bethesda, MD.

11/20/15 Lecturer, "Inpatient diabetes management", clinical nurses at the Surgical Unit at Suburban Hospital, Bethesda, MD

11/20/15 Lecturer, "Inpatient diabetes management", general nursing counsel, Suburban Hospital, Bethesda, MD

11/23/15 Lecturer, "Inpatient diabetes management", clinical nurses at the Medical Unit 4300 at Suburban Hospital, Bethesda, MD

12/01/15 Lecturer, "Inpatient diabetes management", clinical nurses at the Orthopedic Unit at Suburban Hospital, Bethesda, MD

12/09/15 Lecturer, "Inpatient diabetes management", clinical nurses at the Oncology Unit at Suburban Hospital, Bethesda, MD

12/16/15 Lecturer, "Inpatient diabetes management", clinical nurses at the Intensive Care Unit at Suburban Hospital, Bethesda, MD

12/17/15 Lecturer, "Discharge instruction for patients with diabetes", Internal Medicine Physicians and Hospitalist providers, Suburban Hospital, Bethesda, MD

12/18/15 Lecturer, "Insulin pumps and inpatient diabetes management", General nursing counsel, Suburban Hospital, Bethesda, MD

01/14/16 Lecturer, "Perioperative diabetes management", clinical nurses at the Postoperative Unit, Suburban Hospital, Bethesda, MD

01/15/16 Lecturer, "Hypoglycemia management", general nursing counsel, Suburban Hospital, Bethesda, MD

01/15/16 Lecturer, "Inpatient diabetes management", clinical nurses at the Oncology Unit, Suburban Hospital, Bethesda, MD

01/18/16 Lecturer, "Hyperglycemia case-study", clinical nurses at the Progressive Care Unit, Suburban Hospital, Bethesda, MD

01/21/16 Lecturer, "Perioperative diabetes management", clinical nurses at the Postoperative Unit, Suburban Hospital, Bethesda, MD

01/21/16 Lecturer, "Hyperglycemia case-study", Internal Medicine Physicians and Hospitalist providers, Suburban Hospital, Bethesda, MD

02/19/16 Lecturer, "Hypoglycemia and hyperglycemia management", general nursing counsel, Suburban Hospital, Bethesda, MD

02/22/16 Lecturer, "Inpatient diabetes management", clinical nurses at the Intensive Care Unit, Suburban Hospital, Bethesda, MD

02/23/16 Lecturer, "Inpatient diabetes management", clinical nurses at the Behavioral Care Unit, Suburban Hospital, Bethesda, MD

02/23/16 Lecturer, "Challenging cases of diabetes management", clinical nurses at the Continuing Decision Unit, Suburban Hospital, Bethesda, MD

03/15/16 Lecturer, "Hypoglycemia management", Diabetes Nurse Champions, Suburban Hospital, Bethesda, MD

03/16/16 Lecturer, "Hypoglycemia management", clinical nurses at the Intensive Care Unit, Suburban Hospital, Bethesda, MD

03/22/16 Lecturer, "Hypoglycemia management" for nurses in the Medical 4300 Unit at Suburban Hospital, Bethesda, MD

03/22/16 Lecturer, "Inpatient diabetes management", Clinical Pharmacists, Suburban Hospital, Bethesda, MD

04/07/16 Lecturer, "Hypoglycemia and steroid-induced hyperglycemia management", Surgical Physician Assistants, Suburban Hospital, Bethesda, MD

04/25/16 Lecturer, "Use of nutritional insulin in the hospital", Internal Medicine Physicians and Hospitalist providers, Suburban Hospital, Bethesda, MD

05/03/16 Lecturer, "Why should I not hold nutritional insulin ", Clinical nurses at the Medical 4300 Unit, Suburban Hospital, Bethesda, MD

05/13/16 Lecturer, "Inpatient diabetes management", Nurse Practitioners and Emergency Room Physicians, CDU, Suburban Hospital, Bethesda, MD

05/16/16 Lecturer, "Hypoglycemia management", Clinical Nurses at the Oncology 6300 Unit, Suburban Hospital, Bethesda, MD

05/19/16 Lecturer, "Hypoglycemia management", Clinical Nurses at the Oncology 6300 Unit, Suburban Hospital, Bethesda, MD

06/28/16 Lecturer, "Diabetes ketoacidosis and hyperosmolar hyperglycemic state", ICU nurses, Suburban Hospital, Bethesda, MD

06/28/16 Lecturer, "Diabetes and exercise", Exercise physiologists, Suburban Hospital, Bethesda, MD

07/19/16 Lecturer, "Hypoglycemia management". Clinical nurses at the 4400 Nursing Unit, Suburban Hospital, Bethesda, MD

08/19/16 Lecturer, "Adjusting basal-bolus insulin", Nurse Practitioners and Emergency Room Physicians, CDU, Suburban Hospital, Bethesda, MD

09/22/16 Lecturer, "Nutritional insulin management", Clinical nurses and nursing students, Medical 4300 Unit, Suburban Hospital, Bethesda, MD

09/30/16 Lecturer, "Nutritional insulin management", Clinical nurses and nursing students, Medical 4300 Unit, Suburban Hospital, Bethesda, MD

10/04/16 Lecturer, "Nutritional insulin management", Clinical nurses and nursing students, Medical 4400 Unit, Suburban Hospital, Bethesda, MD

10/07/16 Lecturer, "Nutritional insulin management", Clinical nurses and nursing students, Medical 4400 Unit, Suburban Hospital, Bethesda, MD

10/18/16 Lecturer, "Nutritional insulin management" for nurses in Progressive Care Unit at Suburban Hospital, Bethesda, MD

10/28/16 Lecturer, "Nutritional insulin management" for nurses in Progressive Care Unit at Suburban Hospital, Bethesda, MD

11/14/16 Lecturer, "Hypoglycemia management", Nursing residency program, Suburban Hospital, Bethesda, MD

11/17/16 Lecturer, Research nurses at NIH Clinical Center, "Primary aldosteronism", National Institutes of Health, Bethesda, MD.

11/21/16 Lecturer, "Basics of Diabetes Education", Clinical Nurses at Medical 4400 Unit, Suburban Hospital, Bethesda, MD

11/22/16 Lecturer, "Challenging cases of diabetes management", Clinical nurses, 6400 Continuing Decision Unit, Suburban Hospital, Bethesda, MD

11/28/16 Lecturer, "Basics of Diabetes Education" for nurses at Medical 4400 Unit at Suburban Hospital, Bethesda, MD

12/02/16 Lecturer, "Insulin pens", Clinical Nurses, Medical 4400 Unit, Suburban Hospital, Bethesda, MD

12/05/16 Lecturer, "Adjusting subcutaneous insulin", Nurse Practitioners and Emergency Room Physicians, CDU, Suburban Hospital, Bethesda, MD

02/28/17 Lecturer, "Transitioning IV to SC insulin", ICU Physicians, Suburban Hospital, Bethesda, MD, 5 Attended.

03/01/17 Lecturer, "Safety of insulin", Diabetes Nurse Champions, Suburban Hospital, Bethesda, MD. 15 Attended.

06/15/17 Lecturer, "Initiating and adjusting subcutaneous insulin", Physicians Assistants at the Department of Surgery, Suburban Hospital, Bethesda, MD, 12 attended

06/22/17 Lecturer, "Management of Nutritional insulin in patients who are NPO", clinical nurses and nursing students, Surgical/Ortho Unit at Suburban Hospital, Bethesda, MD, 14 attended.

06/27/17 Lecturer, "Insulin pump management", Clinical Nurses, Medical 4400 Unit, Suburban Hospital, Bethesda, MD

06/28/17 Lecturer, "Management of Nutritional insulin in patients who are NPO", clinical nurses and nursing students, Surgical/Ortho Unit at Suburban Hospital, Bethesda, MD, 12 attended.

07/17/17 Lecturer, "Management of Nutritional insulin in patients who are NPO", Clinical Nurses, Suburban Hospital, Bethesda, MD, 9 attended

07/27/17 Lecturer, "Insulin pump management", Clinical nurses at Behavioral 7300 Unit, Suburban Hospital, Bethesda, MD 5 attended.

07/31/17 Lecturer, "Initiating subcutaneous insulin", PGY-1, Pharmacy residents and students, Suburban Hospital, Bethesda, MD, 5 attended.

08/07/17 Lecturer, "Basal bolus insulin therapy in patients who are receiving tube feedings", PGY-1 Pharmacy residents, students and Clinical Pharmacists at Suburban Hospital, Bethesda, MD, 5 attended.

08/14/17 Lecturer, "Adjusting bolus insulin therapy in patients with diabetes", PGY-1 Pharmacy residents, students and Clinical Pharmacists at Suburban Hospital, Bethesda, MD, 6 attended.

08/28/17 Lecturer, "Bed-time hypoglycemic protocol", clinical nurses Surgical/Ortho-Neuro Unit at Suburban Hospital, Bethesda, MD, 7 attended.

09/11/17 Lecturer, "Diabetes in patients undergoing cardiac rehabilitation", Cardiac rehabilitation nurses at Suburban Hospital, Bethesda, MD, 10 attended.

09/18/17 Lecturer, "Bed-time hypoglycemic protocol", clinical nurses Surgical Unit at Suburban Hospital, Bethesda, MD, 5 attended.

01/23/18 Lecturer," Insulin pump management", Clinical nurses at 4400 Unit, Suburban Hospital, Bethesda, MD 6 attended.

01/25/18 Lecturer, "Hypoglycemia and bed-time protocol", Clinical nurses, Medical 4300 Unit, Suburban Hospital, Bethesda, MD. 16 attended.

02/01/18 Lecturer," Hypoglycemia and bed-time protocol", Clinical nurses, Medical 4300 Unit, Suburban Hospital, Bethesda, MD. 12 attended.

03/09/18 Lecturer, "Initiating basal-bolus insulin and calculating insulin total daily dose", Nurse Practitioners and Emergency Room Physicians, CDU, Suburban Hospital, Bethesda, MD. 5 attended.

03/09/18 Lecturer, "Insulin pump management", Clinical nurses and nursing students at 4300 Unit, Suburban Hospital, Bethesda, MD. 10 attended.

04/02/18 Facilitator and lecturer, "Insulin pump management", Clinical Pharmacists at Suburban Hospital, Suburban Hospital, Bethesda, MD. 5 attended.

04/05/18 Lecturer, "Initiation of insulin basal-bolus therapy", Surgical Physician Assistants, Suburban Hospital, Bethesda, MD. 12 attended

04/10/18 Facilitator and lecturer, "Insulin pump management for Physicians and Hospitalists at Suburban Hospital", Suburban Hospital, Bethesda, MD. 5 attended.

04/10/18 Facilitator and lecturer, "Insulin pump management for Physicians and Hospitalists at Suburban Hospital", Suburban Hospital, Bethesda, MD. 5 attended.

04/10/18 Facilitator, "Insulin pump management" for nurses at 4300 Unit at Suburban Hospital, Suburban Hospital, Bethesda, MD. 6 attended.

04/12/18 Lecturer, "Adjustment of insulin basal-bolus therapy", Surgical Physician Assistants and PA students, Suburban Hospital, Bethesda, MD. 10 attended

04/26/18 Lecturer, "Insulin pump management", Clinical nurses at 7300 Behavioral Unit, Suburban Hospital, Bethesda, MD. 6 attended.

06/11/18 Lecturer, "Management of Nutritional and basal insulin in patients who are NPO", clinical nurses, Surgical/Ortho Unit at Suburban Hospital, Bethesda, MD, 5 attended.

06/11/18 Lecturer, "Management of Nutritional and basal insulin in patients who are NPO", Clinical nurses at Behavioral 7300 Unit, Suburban Hospital, Bethesda, MD 6 attended.

06/26/18 Lecturer, "Insulin pump management and documentation", Clinical nurses at 4300 Unit, Suburban Hospital, Bethesda, MD. 6 attended.

07/17/18 Lecturer, "Insulin pump management and documentation", Clinical nurses at 7300 Unit, Suburban Hospital, Bethesda, MD. 5 attended.

08/03/18 Lecturer, "Management of Nutritional and basal insulin in patients who are NPO and eating", Clinical nurses at 4300 Medical Unit, Suburban Hospital, Bethesda, MD 6 attended.

10/08/18 Lecturer, "Initiating basal-bolus insulin and calculating insulin total daily dose", Hospitalists and Intensivists at JHHCMC, Columbia, MD. 5 attended.

10/29/18 Lecturer, "How to discharge uninsured patient on insulin". Hospitalists at JHHCMC, Columbia, MD.

11/02/18 Lecturer, "Nutritional insulin and hypoglycemia protocol". Clinical nurses at 4400 Unit, Suburban Hospital, Bethesda, MD. 7 attended.

06/10/19 Lecturer, "SIADH and DI: management in the hospital's setting". Clinical Pharmacist and Pharmacy resident at Suburban Hospital, Suburban Hospital, Bethesda, MD. 2 attended.

08/07/19 Lecturer, "Inpatient Diabetes Management, Clinical Pharmacists and Dietitians at Suburban Hospital", Suburban Hospital, Bethesda, MD. 7 attended.

08/08/19 Lecturer, "Insulin management in patients on tube feedings. Diabetes Management," Clinical Pharmacists and Dietitians at Suburban Hospital, Suburban Hospital, Bethesda, MD. 7 attended.

08/21/19 Lecturer, "Hypoglycemia protocol". Clinical nurses and technologists at 4400 Unit, Suburban Hospital, Bethesda, MD. 12 attended.

09/12/19 Lecturer, "Insulin pump management and documentation", Clinical nurses at 7300 Unit, Suburban

Hospital, Bethesda, MD. 8 attended.

11/01/19 Lecturer, "Insulin pump management and documentation", Clinical nurses and nursing students at 4300 Medical Unit, Suburban Hospital, Bethesda, MD. 14 attended.

01/23/20 Lecturer, "Insulin infusion for patient with euglycemic DKA and hypertriglyceridemia-induced pancreatitis". ICU attendings Suburban Hospital, Bethesda, MD. 6 attended

01/27/20 Lecturer, "Insulin infusion for patient with euglycemic DKA and hypertriglyceridemia-induced pancreatitis". ICU clinical nurses ICU Unit, Suburban Hospital, Bethesda, MD. 10 attended

01/27/20 Lecturer, "Insulin infusion for patient with euglycemic DKA and hypertriglyceridemia-induced pancreatitis". ICU clinical nurses ICU Unit, Suburban Hospital, Bethesda, MD. 8 attended

01/29/20 Lecturer, "Insulin infusion for patient with euglycemic DKA and hypertriglyceridemia-induced pancreatitis". ICU clinical nurses ICU Unit, Suburban Hospital, Bethesda, MD. 6 attended

01/29/20 Lecturer, "Insulin infusion for patient with euglycemic DKA and hypertriglyceridemia-induced pancreatitis." ICU clinical nurses ICU Unit, Suburban Hospital, Bethesda, MD. 9 attended

02/04/20 Lecturer, "Insulin infusion for patient with euglycemic DKA and hypertriglyceridemia-induced pancreatitis". Clinical Pharmacists and Pharmacy Residents, Suburban Hospital, Bethesda, MD. 7 attended

09/22/20 Lecturer, "Diabetes management in patients who underwent total pancreatectomy", 4800 Surgical Unit Nurses, Suburban Hospital, Bethesda, MD. 10 attended

09/25/20 Lecturer, "Diabetes management in patients who underwent total pancreatectomy", 4800 Surgical Unit Nurses, Suburban Hospital, Bethesda, MD. 10 attended

10/28/20 Lecturer, "Hypoglycemia protocol". Clinical nurses, Emergency Department, Suburban Hospital, Bethesda, MD. 11 attended.

11/23/20 Lecturer, "DKA and HHS", Clinical Pharmacists, Suburban Hospital, Bethesda, MD (12 attended)

08/04/21 Lecturer, "Hypoglycemia management", 4800 Surgical Unit Nurses, Suburban Hospital, Bethesda, MD. 10 attended

08/06/21 Lecturer, "Insulin decision support tool", Suburban Hospitalists, Bethesda, MD (virtual)

08/09/21 Lecturer, "Hypoglycemia management", 4800 Surgical Unit Nurses, Suburban Hospital, Bethesda, MD. 6 attended

08/11/21 Lecturer, "Basal-bolus insulin therapy", 4800 Surgical Unit Nurses, Suburban Hospital, Bethesda, MD.

02/07/23 Lecturer, "Hypoglycemia management", 3800 Surgical Unit Nurses and nursing students, Suburban Hospital, Bethesda, MD. 12 attended

02/08/23 Lecturer, "DKA", ICU Collaborative meeting, Suburban Hospital, Bethesda, MD

02/09/23 Lecturer, "Hypoglycemia management", 3800 Surgical Unit Nurses and nursing students, Suburban Hospital, Bethesda, MD. 8 attended

02/10/23 Lecturer, "DKA", ICU team meeting, Suburban Hospital, Bethesda, MD

08/16/23 Lecturer, "Hypoglycemia and CGM", 5200 Unit Nurses, Suburban Hospital, Bethesda, MD

08/18/23 Lecturer, "Hypoglycemia and CGM", 6400 Unit Nurses, Suburban Hospital, Bethesda, MD

08/30/23 Lecturer, "Hypoglycemia and CGM", 6400 Unit Nurses, Suburban Hospital, Bethesda, MD

05/17/24 Lecturer, "Glycemic management", 4700/4800 Unit Nurses, Suburban Hospital, Bethesda, MD

06/04/24 Lecturer, "Hypoglycemia management", 4700/4800 Unit Nurses, Suburban Hospital, Bethesda, MD

06/06/24 Lecturer, "CGM training", Glucose Steering Committee, nurses and pharmacists, Suburban Hospital, Bethesda, MD

01/08/26 Lecturer, "Diabetes", Nurse residency (new grads), Suburban Hospital, Bethesda, MD

03/26/26 Lecturer, "Hypoglycemia management", 4700/4800 Unit Nurses, Suburban Hospital, Bethesda, MD

National None

International None

Clinical instruction

JHMI/Regional

12/07/15-present Clinical instructor, Endocrinology Fellows' clinic, Johns Hopkins Outpatient Center and Bayview Medical Center, Johns Hopkins School of Medicine, Baltimore, MD

05/18/16- Clinical instructor, Acute care Nurse Practitioner students, Suburban Hospital, Bethesda, MD

present
06/12/16-present Clinical instructor, PGY1 pharmacy residents, Suburban Hospital, Bethesda, MD
10/26/22-present Interviewer, Endocrinology Fellows, Johns Hopkins Hospital, Baltimore, MD
National None
International None

CME instruction

JHMI/Regional

11/13/15 Speaker, "Inpatient Diabetes Management", Grand Rounds. Suburban Hospital, Bethesda, MD
02/01/18 Speaker, "Adrenal incidentaloma", Grand Rounds, Hospitalist physicians at Johns Hopkins Community Physicians at Suburban Hospital, Bethesda, MD. 17 attended.
06/14/18 Speaker, "Severe hypoglycemia: Trousseau's and Chvostek's sign". 25 attended. Internal Medicine Grand Rounds at Suburban Hospital, Bethesda, MD
07/12/18 Speaker, "Hypertensive urgency and adrenal mass". 22 attended. Internal Medicine Grand Rounds at Suburban Hospital, Bethesda, MD
04/11/19 Speaker, "Bronze Diabetes". 18 attended. Hospitalist CME meeting at Suburban Hospital, Bethesda, MD
05/09/19 Speaker, "A case of hyperglycemic crisis. Subcutaneous insulin decision support tool". Hospitalist CME meeting at Suburban Hospital, Bethesda, MD (12 attended)
06/13/19 Speaker, "A case of 65-year-old woman with a giant prolactinoma." Hospitalist CME meeting at Suburban Hospital, Bethesda, MD. (16 attended).
09/12/19 Speaker, "19 y.o. with increased urination. Review of Diabetes Insipidus.", Hospitalist CME/QA meeting at Suburban Hospital, Bethesda, MD (19 attended).
10/10/19 Speaker, "An unusual case of hypercalcemia", Hospitalist CME/QA meeting at Suburban Hospital, Bethesda, MD (20 attended).
02/14/20 Lecturer, "Insulin infusion for patient with euglycemic DKA and hypertriglyceridemia-induced pancreatitis". Hospitalist CME/QA meeting at Suburban Hospital, Bethesda, MD (18 attended).

National None
International None

Workshops/seminars

JHMI/Regional

06/27/16 Speaker, "Diabetic ketoacidosis and hyperosmolar hyperglycemic state", ICU Management Skill Day, Suburban Hospital, Bethesda, MD
10/22/18 Speaker, "Career Round Table for Endocrine Fellows", Johns Hopkins University School of Medicine, Bethesda, MD

National None
International None

Mentoring

Pre-doctoral Advisees /Mentees

2017-2019 Samantha Mandel, formerly undergraduate student at New York University, New York.
Role: Research preceptor
Shared publications: OR11.
2020-2021 Carter Shelton, BS, Graduate Student
Johns Hopkins Carey Business School
Role: Research preceptor
Shared publications: Perspective 3, OR21
2024-present Daniel Elikman, BS

Miami University, Oxford, Ohio.
Role: Research preceptor
Shared publications: Perspective 12

Post-doctoral Advisees /Mentees

2013-2021 Aaron Hodes, M.D., Hackensack Radiology Group
Role: Research preceptor
Award: 2nd place at the Drexel School of Medicine Research Competition
Shared publications: OR5, OR8, RA4, BC3.

2014 Alexandra Gkourogianni, M.D., Ph.D., pediatric postdoc endocrinology fellow, Post Doctoral Fellowship in Pediatric Endocrinology
Karolinska Institutet
Role: research preceptor
Award: 2015 Health Disparities Community Forum oral presentation
Shared publications: OR5, OR9.

2014-2015 Maria Batsis, M.D. Pediatric Critical Care Fellow, Children's Hospital Los Angeles (CHLA)
Role: research preceptor
Shared publications: OR5

2014-2015 Yael Nobel, M.D,
Instructor, Digestive and Liver Diseases at Columbia University Medical Center
Role: Research preceptor
Shared publications: OR 7

2016-2023 Inna Sverdlova, MD, Internal Medicine physician/Hospitalist
Kaiser Permanente MAS
Role: Mentor
Shared publications: CR10.

2019-2021 Aleksandr Petrovsky, MD General surgeon
Ochapovsky Regional Clinical Hospital # 1, Scientific Research Institute, Krasnodar, Russia
Role: Research mentor

2019-2021 Waqas Haque, Mphil, MPH, Hematology/Oncology Fellow
University of Chicago
Role: Research preceptor
Shared publications: OR20, RA6, CR2, BC4

2020-2022 Urooj Najmi, BS, MD Incoming IM Resident
American International School of Medicine–Guyana
Role: Research preceptor
Shared publications: OR20, BC4

2021-2022 Tobi Oluwato, MD
Suburban Hospital, Johns Hopkins Medicine
Role: Mentor
Shared publications: OR22

2022-2023 Kara Hensley, DO
Family Medicine Resident, Texas A&M University.
Role: Research preceptor
Shared publications: CR 5

2022-2023 Christopher Fiechter, DO,
Internal Medicine Resident, Naples Community Hospital
Role: Research preceptor
Shared publications: CR 5

2022-2024 Vandhna R. Sharma, MD
Endocrine Hospitalist, MedStar Montgomery Medical Center in Olney, MD.
Role: advisee

2021-2023 Sara Atiq Khan, MD

Assistant Professor, University of Maryland School of Medicine
Role: Research mentor
Shared publications: OR25, RA7, BC5

2023-2025 Atena Kamali, MD
Hospitalist Director, Sibley Memorial Hospital
Role: Research mentor
Shared publications: CR10

2023-present Nishant Kumar, DO
Endocrinology Fellow, Division of Endocrinology, Creighton University Medical Center, Omaha, NE
Role: Research mentor
Shared publications: CR7, CR8, GL13

2023-present Rani Kulkarni, MD
Endocrine Hospitalist, St. Joseph Hospital, Tacoma, WA
Role: advisee

2023-2024 Henrick Ryan C. Fong, MD
Internal Medicine Resident, Ascension St. Agnes Hospital
Role: Research mentor
Shared publications: CR7, CR9

2023-present Hera Prasad, MD
Endocrine Hospitalist, Johns Hopkins Hospital
Role: Clinical and research mentor
Shared publication: BC7, GL9

2024-present Aytan Naghieva, MD
Endocrinology Fellow, Department of Endocrinology, Diabetes, and Metabolism, Ege Hospital, Baku, Azerbaijan
Role: Research mentor
Shared publications: CR10

2025-present Tarah M. Burton, MD
Internal Medicine Resident, Kaiser Permanente Internal Medicine Residency Program, Gaithersburg, MD
Role: Research mentor
Shared publications: CR12

2026-present Hafiza Valizada, MD
Endocrinologist, Department of Endocrinology, Diabetes and Metabolism, Ellab Diagnostic, Baku, Azerbaijan
Role: Research mentor
Shared publications: CR11

Thesis committees

2019 Mahsa Motevalli, CRNP, DNP, Endocrinology Nurse Practitioner
Role: Research Mentor
Shared publication: OR20, OR21, OR28, OR29

Educational Program Building / Leadership

2016-present Co-founder, Diabetes Nurse Champions Committee, Suburban Hospital, Bethesda, MD

2020 CME question writer, initiating insulin therapy in patients who are not on insulin, SIGNAL module 3 (http://signal.jhmi.edu/)

2021-present Co-founder, Diabetes Champions, JHHCMC and Suburban Hospital, Bethesda, MD

Educational Demonstration Activities to external audiences

2016 Brad Chiu, MD and Huang Kthuang, MD (Taiwan)

2017 Dr. Sergey Kostin (Dr. Sergey Kostin, Assaf Harofeh Medical Center, Tel Aviv, Israel)

2018 Dr. Elise Gaugler (Hopital Civil/ Nouvel Hopital Civil, Strasbourg, France)

RESEARCH ACTIVITIES

Research Focus

While my primary focus remains clinical excellence, my research contributions in adrenal tumor genetics, health disparities, and quality improvement have received national recognition. My research journey began during my fellowship at the National Institutes of Health under the mentorship of Dr. Constantine A. Stratakis and Dr. Maya Lodish. At the Section on Endocrinology and Genetics, NICHD, NIH, I developed a strong interest in rare genetic diseases. My research team identified novel mutations in the *ARMC5* gene as a cause of macronodular adrenal hyperplasia and Cushing syndrome.

As lead Associate Investigator of a clinical trial on adrenal tumors, with a focus on primary aldosteronism, I continued this extramural research at Johns Hopkins Medicine. Our work revealed that germline ARMC5 variants are associated with primary aldosteronism, a discovery honored with the Cardiovascular Endocrinology Award in 2017.

In 2018, I transitioned my research skills in genetics and analytics into the fields of quality improvement, systems innovation, and program building, furthering my commitment to enhancing patient care through both research and clinical practice.

Research Program Building / Leadership

2015-present Special volunteer, Section on Endocrinology and Genetics, Eunice *Kennedy Shriver* National Institute of Child Health and Human Development, National Institutes of Health, Bethesda, MD.

- Collaborated with the National Human Genome Research Institute and Ohio State University, which lead to confirmation of our findings (*ARMC5* plays a role in the regulation of blood pressure) in thousands of Black hypertensive patients (OR Publication 12, 15, Review 5).
- This health disparities research led to the start of another ongoing trial at NIH, where I serve as an Associate Investigator.

Research Demonstration Activities

None

Inventions, Patents, Copyrights

None

Technology Transfer Activities

None

SYSTEM INNOVATION AND QUALITY IMPROVEMENT ACTIVITIES

System Innovation Focus

I established the Endocrine Hospitalist program at Suburban Hospital in Bethesda, MD, and successfully expanded this initiative to Johns Hopkins Howard County Medical Center and Sibley Memorial Hospital. This innovative model provides specialized diabetes consultation services, aimed at optimizing glycemic control and minimizing hypoglycemia and glucose-related safety risks in hospitalized patients.

My expertise lies in identifying, measuring, and improving clinical indicators to enhance patient safety and outcomes. Through this program, I have contributed to reducing patient length of stay, increasing adherence to diabetes protocols, and minimizing variations in clinical practice.

System Innovation and Quality Improvement efforts within JHMI

2015-present Member, Diabetes Clinical Community, Armstrong Institute for Patient Safety and Quality/Johns Hopkins Medicine

- I was the co-lead of the initiative 2018-2022

2015-present Chair, Glucose Steering Committee, Suburban Hospital, Bethesda, MD

2015-present Member of the Pharmaceuticals and Therapeutics Committee, Suburban Hospital, Bethesda, MD

2016-present Co-founder and member, Diabetes Nurse Champions Committee, Suburban Hospital, Bethesda, MD

2015-2016 Hypoglycemia protocol design and implementation, Suburban Hospital, Bethesda, MD

2016-present Insulin infusion protocol design and implementation, Suburban Hospital, Bethesda, MD

2016-present Member, Nutrition committee, Suburban Hospital, Bethesda, MD

2017-2024 Member, Diabetes Prevention Subcommittee, Diabetes Clinical Community, Armstrong Institute for Patient Safety and Quality/Johns Hopkins Medicine

2019-2021 Member, Design Mortality Review Committee, Johns Hopkins Health System, Bethesda, MD

- Member of a multi-disciplinary JHM team to design a process that would allow 100 % review of every death

2019-2022 Member, Research Review Committee, Suburban Hospital, Bethesda, MD
2021-2023 Core Co-Director, Diabetes Self-Management Training Program, Baltimore, MD
2021-2023 Member, Gastroparesis due to diabetes order set committee
2021-2023 Member, Hyperkalemia treatment orderset committee
2021-2023 Member, SGLT2 inhibitor for treatment of diabetes and heart failure in the hospital setting committee
2021-2022 Lead, US Centers for Medicare & Medicaid Services (CMS) eCQM Hospital Harm – Severe Hyperglycemia and Severe Hypoglycemia Measures
2022-2024 Member, Medical Staff Bylaws Committee, Suburban Hospital, Bethesda, MD
2026-present Member, Abridge Early Adaptor Program, Johns Hopkins Medicine, Baltimore, MD

System Innovation and Quality Improvement efforts outside of JHMI

Regional None

National

2024-present Subject Matter Expert, The Diabetes MATCH Initiative: Mobilizing Access Through Capacity Building and Health (MATCH), Atlanta, GA * The MATCH organization is funded by the Centers for Disease Control and Prevention through a cooperative agreement, DP-23-0021, to provide training and technical assistance to all DP-23-0020 (2320) recipients.
2024-present Member, The Action Leadership Group, The Diabetes MATCH Initiative: Mobilizing Access Through Capacity Building and Health (MATCH), Atlanta, GA

International

2021-2022 Member, Johns Hopkins Aramco Healthcare Diabetes Assessment Team, Dhahran, Saudi Arabia

System Innovation and Quality Improvement Program Building/Leadership

01/25/17-01/26/17 Prescription for the Healthcare Lean Workshop

ORGANIZATIONAL ACTIVITIES

Institutional Administrative Appointments

2015-present Director of Endocrinology, Diabetes and Metabolism, Johns Hopkins Community Physicians at Suburban Hospital, Johns Hopkins Medicine, Bethesda, MD
2015-present Member of the Pharmaceuticals and Therapeutics Committee, Suburban Hospital, Bethesda, MD
2015-present Chair, Glucose Steering Committee, Suburban Hospital, Bethesda, MD
2016-2018, 2020-present Member, Medical Executive Committee, Suburban Hospital, Bethesda, MD
2018-present Chair, Endocrinology, Diabetes and Metabolism Division, Suburban Hospital, Johns Hopkins Medicine.

Editorial Activities

Editorial Board appointments

2016-2023 Member, Editorial board, *EC Endocrinology and Metabolic Research journal*
2020-2022 Member, Editorial Advisory Board, *The Endocrine News*, Endocrine Society
- Selected as a national leader in endocrinology.

2020-2023 Member, Editorial Board, *International Journal of Environmental Research and Public Health*
2020-2021 Guest Editor, *Journal of Diabetes Science and Technology*
- Invited by the journal editor as expert to oversee the publication of two special issues on the Hospital Quality and Diabetes

2024-present Guest Editor, *Journal of Diabetes Science and Technology*
- Invited by the journal editor as expert to oversee the publication of two special issues on the Hospital and use of CGM.

2021-2022 Guest Editor, *Diabetes Spectrum*
- Invited by the journal editor as expert to oversee the publication of a special issues about inpatient diabetes management.

2022-present Member, Editorial board. Frontiers of Endocrinology

Journal peer review activities

2014-present *Journal of Clinical Endocrinology and Metabolism*
2014-present *Endocrinology, Diabetes and Metabolism Case Reports*

2014-present *BMC Endocrine Disorders*
2015-present *Endocrine Practice*
2022-present *Diabetologia*
2022-present *Journal of Diabetes Science and Technology*

Other peer review activities

2020-present Reviewer, Focused Professional Practice Evaluation of all new members of the medical staff, Suburban Hospital, Johns Hopkins Medicine

Advisory Committees, Review Groups/Study Sections

2018-2019 Advisory board member for Bethesda NEWtrition & Wellness Solutions Diabetes Self-Management Education and Support (DSMES) program, Bethesda, MD

- Invited by the CEO of the company as a regional expert in diabetes management.
- I participated in yearly advisory meetings

Professional Societies

2010-present Member, The Endocrine Society
2022-2024 Participant, Diabetes Hill Day.
2021-2024 Abstract reviewer, ENDO2021, ENDO2022, ENDO2023, ENDO 2024
2020-2023 Member, Quality Improvement Subcommittee, The Endocrine Society, Washington, DC

- Nationally recognized, nominated and selected by the president of the Endocrine Society to oversee the Society's quality improvement initiatives, performance measures development process
- Responsible for monitoring of quality improvement programs proposed by the Department of Health and Human Services.

2023-2025 Member, Clinical Affairs Core Committee

- Nationally recognized, invited by the president.
- The goal of the committee is to promote excellence in clinical endocrinology by providing insight on issues impacting practice across clinical practice settings.

2023-2024, Endocrine Mentor Day for ENDO 2024
2024-2025, Endocrine Mentor Day for ENDO 2025
2010-2023 Member, European Society of Endocrinology
2012-present Member, American Association of Clinical Endocrinology
2019-present, Member, Diabetes Disease State Network
2019-2020 Member, Pituitary, Gonad, Adrenal and Neuroendocrine Disease State Network
2019-2020 Member, Nutrition and Obesity Disease State Network

- Nominated and personally selected by the president of AACE as a clinical expert. My role is to oversee national endocrine disease state networks

2020-2021, Member, Editor-in-Chief (EIC) Search Committee

- Nominated and personally selected by the president of AACE to conduct an international search of the EIC for the two leading society journals (AACE Clinical Case Reports and Endocrine Practice)
- Interviewed 10 applicants and reviewed 20 applications

2020-2023, Vice-Chair, Continuing Medical Education Subcommittee

- Selected by the president of the AACE to provide clinical expertise and to review and accredit educational programs and activities related to the practice of clinical endocrinology

2022, Chair, Continuing Medical Education Subcommittee

- Lead the committee to accredit educational programs and activities related to the practice of clinical endocrinology

2022, Member, Education oversight committee

- Member of the committee providing oversight to all educational opportunities at AACE

2022-2024, Peer-reviewer of AACE Clinician Update on Type 2 Diabetes
2022-2025, Author, AACE Dyslipidemia Clinical Practice guidelines

- Invited by the president to develop the next national Clinical Practice Guideline

2023-2024, Member, Task Force, "Obesity for Primary Care"
2024, Vice-Chair, Diabetes Disease State Network – Leadership
2025, Chair, Diabetes Disease State Network, – Leadership

2024-2025, Member, Finance Committee
2024-2025, AACE 2025 planner
2025-present, Member, Board of Director, AACE

- As a member of the AACE Board of Directors, I am responsible for setting the strategic direction, goals, and objectives of the organization by providing oversight, making key decisions, and representing the interests of AACE members. My role involve guiding the association's overall operations and ensuring its long-term success.

2025-present, Vice-Chair, Disease State Network Oversight Committee
2026-present, Ex-officio Member, AACE Editor-in-Chief Oversight Committee

2012-2015 Member, American Thyroid Association
2014-2022 Member, American Diabetes Association
2015-2019 Member, Association for Clinical and Translational Science
2015-2019 Member, International Society of Hypertension
2019-2020 Member, Academy of Physicians in Clinical Research
2019-2021 Member, Society for Hospital Medicine
2021-2022 Member, Technical Expert Panel (TEP) for the American Medical Association Prediabetes Measure Development and Testing Project

- Represented the Endocrine Society on the TEP which has been tasked with updating a set of three electronic Clinical Quality Measures (eCQMs) for patients with prediabetes based on the recent US Preventive Services Task Force recommendations.
- The TEP, which is made up of 15 members of various clinical experts and patient representatives, provided input on the technical specifications of the measures and testing results.

Conference Organizer

JHMI/Regional

2014-2015 *Eunice Kennedy Shriver* National Institute of Child Health and Human Development Fellows Retreat 2015, Steering Committee Member, National Institutes of Health
2016 CME Diabetes Symposium, Suburban Hospital, Bethesda, MD
2017 CME Diabetes Symposium, Suburban Hospital, Bethesda, MD
2017 Medical Staff Art Exhibit, Suburban Hospital, Bethesda, MD
2018 Medical Staff Art Exhibit, Suburban Hospital, Bethesda, MD
2019 CME Diabetes Symposium, Suburban Hospital, Bethesda, MD
2021 CME Mini-series, Suburban Hospital, Bethesda, MD
2022 Suburban Hospital Art Exhibit, Suburban Hospital, Bethesda, MD
2022 JHCP Medial Case Series (Endocrine Hospitalist grand rounds), Baltimore, MD

National

2020-2021 2021 American Association of Clinical Endocrinology Annual Meeting

- Diabetes workgroup
- Adrenal and pituitary workgroup
- Nutrition and obesity workgroup

Selected by the Chair of the AACE meeting planning committee as a clinical expert to help develop plenary sessions and session tracks

2024 American Association of Clinical Endocrinology Annual Meeting

- Diabetes Technology workshop

2025 American Association of Clinical Endocrinology Annual Meeting

- Diabetes Technology workshop

International

None

Session Chair

JHMI/Regional

2016 CME Diabetes Symposium, Suburban Hospital, Bethesda, MD
2017 CME Diabetes Symposium, Suburban Hospital, Bethesda, MD
2019 CME Diabetes Symposium, Suburban Hospital, Bethesda, MD

2021-2023 Endocrinology CME mini-series, Suburban Hospital, Bethesda, MD

National

11/19/2022 Session Chair, Lipid Disorders, Endocrine University, Mayo Clinic, Rochester, MN

International None

Consultantships

2019-2020 Guidepoint

2020-2020 G.L.G.

2022 EMD Serono

2023-present DexCom, Inc.

2024-present Endocrinology Expert Advisors, LLC (Medical Expert Witness)
https://EndocrinologyExpertAdvisors.com/

RECOGNITION

Awards, Honors

1997-2000 State Medical and Pharmaceutical University 'Nicolae Testemitanu' Scholarship

2001 History of Medicine Award, State Medical and Pharmaceutical University

2007 Samuel A. Goldsmith Award for communal service

2011 Travel Grant from St. Agnes Hospital for the 93rd Endocrine Society meeting in Boston, MA

2011 Second place at the St. Agnes Hospital's Research Competition

2012 European Society of Endocrinology Basic Science Meeting Grant

2012 International Society of Endocrinology Travel Grant

2012 Certificate of Appreciation, American College of Physicians

2014 Travel Grant, Early Career Forum at the 16th International Congress of Endocrinology – The Endocrine Society's 96th Annual Meeting
- Award for clinical accomplishment

2014 Osteoporosis and Metabolic Bone Conference Travel Grant, Endocrine Society

2014 International Society of Endocrinology Travel Grant

2014 Best Poster Award, Mid-Atlantic Chapter, American Association of Clinical Endocrinologists
- Award for clinical accomplishment

2015 Type 1 Diabetes Travel Award, The Endocrine Society's 97th Annual Meeting

2015 Endocrine Society Outstanding Abstract Award, The Endocrine Society's 97th Annual Meeting
- Award for clinical accomplishment

2015 Clinical Abstract Award in Cardiovascular Endocrinology, The Endocrine Society's 97th Annual Meeting
- Award for clinical accomplishment

2017 Johns Hopkins Medicine Innovations in Clinical Care award for Inpatient Diabetes Management Service at Suburban Hospital
- This top JHM award honors the physicians and care teams who embody the best in clinical excellence.

2018 Outstanding Abstract Award, The Endocrine Society's 100th Annual Meeting
- Award for clinical accomplishment

2018 Award co-recipient (with Dr. Shabina Ahmed), Epic Faculty Scholars Program, Johns Hopkins University School of Medicine

2019 Johns Hopkins Community Physicians Academy of Clinical Excellence, Class of 2019
- Top JHCP award, modeled after Miller Coulson Academy, requires a peer nomination and rigorous review process of a personal portfolio by internal and external reviewers.

2019 High Value Practice Award at the third annual Architecture of High Value Health Care Conference in Baltimore, MD

2020 Certificate of Appreciation, American Association of Clinical Endocrinology

2020 Fellow, American College of Endocrinology
- This fellowship honors excellent clinical leaders in the endocrine field and involves a robust nomination and selection process.

2022 Certificate of Appreciation, American Association of Clinical Endocrinology

2023 Vigersky Outstanding Clinical Practitioner Award

- This Endocrine Society laureate award is presented in recognition of extraordinary contributions by a practicing endocrinologist to the endocrine and/or medical community. The recipient spends the majority of their time in the practice of clinical endocrinology.

2023 AACE Rising Star in Endocrinology Award, American Association of Clinical Endocrinology

- This prestigious award is given to a person within 10 years of completing their endocrine fellowship and who has demonstrated actionable outcomes in outstanding leadership, teamwork, innovation in supporting AACE's mission to elevate clinical endocrinology for global health through contributions in patient care, scientific endeavor and education.

2023 Physician of the Year, Health Care Heroes – Maryland Daily Record
2023 Top Doctors 2023, Bethesda Magazine
2023 Top Doctors 2023, Washingtonian Magazine
2024 Top Doctors 2024, Washingtonian Magazine
2025 Top Doctors 2025, Northern Virginia Magazine
2025 Top Doctors 2025, Washingtonian Magazine
2026 Top Doctors 2026, Washingtonian Magazine

Invited Talks

JHMI/Regional

02/09/16 Speaker, "Sweet.Heart.Diabetes", Rotary Club Bethesda Chevy Chase, Chevy Chase, MD

04/19/18 Speaker, "Sweet. Heart. Diabetes: or how to care for your heart when you have diabetes", Potomac Woman's Club, Potomac, MD

06/21/18 Speaker, "Prevention of Diabetes", members of Washington Metro Oasis, Bethesda, MD. 63 attended.

05/06/19 Speaker, "New kids on the block: medications for cardiovascular disease in type 2 diabetes". Hospitalist CME meeting at Suburban Hospital, Bethesda, MD (10 attended)

08/13/19 Speaker, "Management of Diabetes in Long-term Care and Skilled Nursing Facilities", Hebrew Home Nursing Home, Rockville, MD (8 physicians attended).

09/13/19 Speaker, "Business case for inpatient diabetes management service", Care Transformation Summit, Baltimore, MD (100 attended)

09/13/19 Facilitator, "INTRA" Hospital/Transition to Home diabetes care", Care Transformation Summit, Baltimore, MD

09/14/19 Speaker, "Inpatient Diabetes Management Service, Length of Stay and 30-Day Readmission Rate of Patients with Diabetes at a Community Hospital", Suburban Hospital Diabetes Symposium, Bethesda, MD (120 attended)

09/18/19 Speaker, "The Endocrine Hospitalist: enhancing the quality of diabetes care", Endocrinology Grand Rounds, Johns Hopkins Hospital, Baltimore, MD

11/07/19 Speaker, "Steroid-induced diabetes", Continuing Education for Diabetes Nurse Superusers conference, Johns Hopkins Hospital, Baltimore, MD (30 attended)

12/04/19 Speaker, "Management of Diabetes in Long-term Care and Skilled Nursing Facilities", Hebrew Home Nursing Home, Rockville, MD.

12/09/19 Speaker, "Diabetes Prevention", Bender Jewish Community Center, Rockville, MD

12/13/19 Speaker, "The Endocrine Hospitalist: enhancing the quality of diabetes care", Endocrinology Grand Rounds at the National Institutes of Health Clinical Center, Bethesda, MD

12/20/19 Speaker, "Inpatient Diabetes Management", Internal Medicine Grand Rounds, Walter Reed Medical Center, Bethesda, MD

01/21/20 Speaker, "Adrenal incidentaloma", Lecture series for Endocrinology Nurse Practitioners, Bethesda, MD

04/01/20 Speaker, "*ARMC5* Variants And Risk Of Hypertension In blacks: Minority Health-GRID Study", NIH Inclusion Governance Committee, Bethesda, MD (virtual due to COVID-19)

06/03/20 Speaker, "COVID-19 and Diabetes", Luxmanor Community Association, North Bethesda, MD (virtual due to COVID-19)

06/04/20 Speaker, "High Quality Diabetes Care", JHSOM Medical Students meeting, Baltimore, MD (virtual due to COVID-19)

09/01/20 Speaker, "Nivolumab-induced autoimmune diabetes mellitus and hypothyroidism in a patient with

rectal neuroendocrine tumor", Pharmaceutical and Therapeutics Committee, Suburban Hospital, Bethesda, MD (virtual due to COVID-19)

09/17/20 Speaker, "The Endocrine Hospitalist: enhancing the quality of diabetes care", Endocrinology Grand Rounds at the University of Maryland School of Medicine, Baltimore, MD (virtual due to COVID-19)

10/09/20 Speaker, "Nivolumab-induced autoimmune diabetes mellitus and hypothyroidism in a patient with rectal neuroendocrine tumor", Quality Assurance and Morbidity and Mortality Meeting, Suburban Hospital, Bethesda, MD (virtual due to COVID-19)

11/18/20 Speaker, "Inpatient Diabetes Management: interactive cases", Johns Hopkins Community Physicians Annual Retreat, Baltimore, MD (virtual due to COVID-19)

01/07/21 Speaker, "Adrenal incidentaloma", Johns Hopkins Community Physicians, Baltimore, MD (virtual webinar).

01/11/21 Speaker, "Being an Endocrinologists and Diabetes Care", Medical Explores program, Bethesda, MD (virtual due to COVID-19)

05/11/21 Speaker, "Inpatient Insulin Pen Implementation, Waste, and Potential Cost Savings: A Community Hospital Experience", Pharmaceuticals and Therapeutics Committee Meeting, Suburban Hospital, Bethesda, MD (virtual)

08/10/21 Speaker, "Inpatient diabetes management: interactive cases", Society for Hospital Medicine, Maryland Chapter Meeting, Baltimore, MD

08/13/21 Speaker, "A Case of Hyponatremia due to Primary Adrenal Insufficiency", Department of Medicine Morbidity and Mortality Conference, Bethesda, MD

08/17/21 Speaker, "Effective Strategies for Managing Diabetes in the Hospital", Society for Hospital Medicine Webinar, Maryland Chapter, Baltimore, MD (Virtual)

09/22/21 Speaker, "Adrenal incidentaloma", Endocrine CME mini-series conference, Suburban Hospital, Bethesda, MD (Virtual due to Covid-19)

09/23/21 Speaker, "Inpatient Diabetes Management for Surgical Physician Assistants", Suburban Hospital, Bethesda, MD

10/08/21 Speaker, "Prevention of Diabetes", Washington Metro Oasis, Bethesda, MD

10/13/21 Speaker, "Inpatient Diabetes Management", Kaiser Permanente Internal Medicine Conference, Gaithersburg Medical Center, Gaithersburg, MD

10/28/21 Speaker, "Inpatient diabetes management: interactive cases", Medicine Grand Rounds, St. Agnes Hospital Ascension Healthcare, Baltimore, MD (virtual)

10/29/21 Speaker, "Inpatient Diabetes Management", Greater Baltimore Medical Center Grand Rounds, Towson, MD

11/10/21 Speaker, "Adrenal incidentaloma", Kaiser Permanente Internal Medicine Conference, Gaithersburg Medical Center, Gaithersburg, MD

11/12/21 Speaker, "Adrenal incidentaloma", Osler Internal Medicine Residency Conference, Johns Hopkins Hospital, Baltimore, MD (virtual)

02/09/22 Speaker, "Insulin Cost Reduction Act" testimony, Maryland State Senate, Annapolis, MD (virtual)

02/22/22 Speaker, "Endocrine Hospitalist", Kaiser Permanente Internal Medicine Residency Conference, Gaithersburg Medical Center, Gaithersburg, MD (virtual)

03/02/22 Speaker, "Managing diabetes while on tube feedings and parenteral nutrition", Diabetes Champions meeting at SH and JHHCMC, Bethesda, MD (virtual). 26 attended.

10/11/22 Speaker, "JHCP Academy of Clinical Excellence", Johns Hopkins Community Physicians Annual Retreat, Baltimore, MD

10/19/22 Speaker, "Inpatient Diabetes Management", Kaiser Permanente Internal Medicine Conference, Gaithersburg Medical Center, Gaithersburg, MD

11/02/22 Speaker, "Instituting a Successful Discharge Plan for Patients with Type 2 Diabetes", Kaiser Permanente Internal Medicine Conference, Gaithersburg Medical Center, Gaithersburg, MD

11/09/22 Speaker, "Hyperglycemic crisis", Kaiser Permanente Internal Medicine Conference, Gaithersburg Medical Center, Gaithersburg, MD

11/21/22 Speaker, "Instituting a Successful Discharge Plan for Patients with Type 2 Diabetes", Internal Medicine Conference, St. Agnes Hospital, Baltimore, MD

12/07/22 Speaker, "Management of Hypertension in Patients with Kidney Disease and Diabetes", Kaiser Permanente Internal Medicine Conference, Gaithersburg Medical Center, Gaithersburg, MD

12/09/22 Speaker, "Management of Hypertension in Patients with Kidney Disease and Diabetes", Internal Medicine Conference, St. Agnes Hospital, Baltimore, MD

12/13/22 Speaker, "The Endocrine Hospitalist: enhancing the quality of diabetes care", Kaiser Permanente Internal Medicine Conference, Internal Medicine Conference, St. Agnes Hospital, Baltimore, MD

12/14/22 Speaker, "The Endocrine Hospitalist: enhancing the quality of diabetes care", Kaiser Permanente Internal Medicine Conference, Gaithersburg Medical Center, Gaithersburg, MD

01/18/23 Speaker, "Obesity", Kaiser Permanente Internal Medicine Conference, Gaithersburg Medical Center, Gaithersburg, MD

04/17/23 Speaker, "Diabetes", Critical Care Foundations, Suburban Hospital, Bethesda, MD

04/25/23 Speaker, "Diabetes", Nursing Residency Program, Suburban Hospital, Bethesda, MD

05/01/23 Speaker, "DKA and HHS", Critical Care Foundations, Suburban Hospital, Bethesda, MD

10/18/23 Speaker, "Inpatient Diabetes Management", Kaiser Permanente Internal Medicine Conference, Gaithersburg Medical Center, Gaithersburg, MD

10/18/23 Speaker, "Adrenal Incidentaloma", Kaiser Permanente Internal Medicine Conference, Gaithersburg Medical Center, Gaithersburg, MD

10/23/23 Speaker, "Diabetes", Critical Care Foundation Course for ICU nurses, Suburban Hospital, Bethesda, MD

10/26/23 Speaker, "Management of diabetes in the hospital", Suburban Hospital, Suburban Hospital, Bethesda, MD

11/01/23 Speaker, "Instituting a Successful Discharge Plan for Patients with Type 2 Diabetes", Kaiser Permanente Internal Medicine Conference, Gaithersburg Medical Center, Gaithersburg, MD

11/08/23 Speaker, "Hyperglycemic crisis", Kaiser Permanente Internal Medicine Conference, Gaithersburg Medical Center, Gaithersburg, MD

12/13/23 Speaker, "The Endocrine Hospitalist: enhancing the quality of diabetes care", Kaiser Permanente Internal Medicine Conference, Gaithersburg Medical Center, Gaithersburg, MD

03/15/24 Speaker, "Intensifying Diabetes Therapies to Achieve Personalized Treatment Goals", MdAPA 2024 Virtual Pharmacology CME Event.

03/26/24 Speaker, "Inpatient Diabetes Management (Made Ridiculously Simple)", Suburban Hospital Grand Rounds, Bethesda, MD

11/14/24 Speaker, "Instituting a Successful Discharge Plan for Patients With Type 2 Diabetes", Department of Medicine Grand Rounds, Ascension St. Agnes Hospital, Baltimore, MD

03/13/25 Speaker, "Navigating the New Frontiers of Hyperglycemic Crisis Management", Department of Medicine Grand Rounds, Ascension St. Agnes Hospital, Baltimore, MD

09/19/25 Speaker, "The Endocrine Hospitalist: enhancing the quality of diabetes care", Department of Medicine Grand Rounds, Johns Hopkins Hospital, Baltimore, MD

11/13/25 Speaker, "GLP-1 RA's Role in the Management of Diabetes: Tools for the Primary Care Professional", Department of Medicine Grand Rounds, Ascension St. Agnes Hospital, Baltimore, MD

National

03/15/15 Speaker, "Primary Aldosteronism and *ARMC5* Variants", The Endocrine Society Annual Meeting 2015, San Diego, CA

03/16/15 Speaker, "Primary Aldosteronism and *ARMC5* Variants", Health Disparities Symposium 2015, San Diego, CA

04/22/16 Speaker, "Career round table", the *Eunice Kennedy Shriver* National Institute of Child Health and Human Development annual fellows retreat, Washington, DC

03/15/18 Speaker, *"ARMC5* Variants And Risk Of Hypertension In African-Americans: Minority Health-GRID Study", International Aldosterone Conference 2018, Chicago, IL

03/17/18 Speaker, "*ARMC5* Variants And Risk Of Hypertension In African-Americans: Minority Health-GRID Study", Health Disparities symposium, Chicago, IL

04/26/19 Speaker, "Establishing Hospital-based Endocrinology practice", Fellows-In-Training (FIT) and Young Physician Symposium, American Association of Clinical Endocrinologists conference 2019,

Los Angeles, CA

09/24/19 Speaker, "The Endocrine Hospitalist: enhancing the quality of diabetes care", Endocrinology Grand Rounds at the Washington Hospital Center, Washington, DC

12/05/19 Speaker, "Inpatient Diabetes Management", Medical Grand Rounds at the Christiana Care Health System Hospital, Newark, DE

12/10/19 Judge, Endocrine Society Journalism Award, ENDO 2020 Conference, San Francisco, CA (virtual)

12/10/19 Speaker, "The Endocrine Hospitalist: enhancing the quality of diabetes care", Department of Medicine Grand Rounds Conference at the Howard University Hospital, Washington, DC

01/24/20 Speaker, "Adrenal incidentaloma", Medical Grand Rounds at the Veteran Affairs Hospital, Washington, DC (60 attended)

02/05/20 Speaker, "The Endocrine Hospitalist: enhancing the quality of diabetes care", Translational Endocrinology Conference, Harbor-UCLA Medical Center, Torrance, CA

03/04/20 Speaker, "The Endocrine Hospitalist: enhancing the quality of diabetes care", Endocrinology Grand Rounds at the Eastern Virginia Medical School, Norfolk, VA

03/05/20 Speaker, "Inpatient Diabetes Management, Internal Medicine Resident Conference", Eastern Virginia Medical School, Norfolk, VA

03/06/20 Speaker, "Inpatient Diabetes Management", Carilion Roanoke Memorial Hospital, Virginia Tech Carilion School of Medicine, Roanoke, VA

03/10/20 Speaker, "Adrenal incidentaloma", Department of Medicine Grand Rounds Conference at the Howard University Hospital, Washington, DC

04/15/20 Speaker, "The Endocrine Hospitalist: enhancing the quality of diabetes care", Endocrinology Grand Rounds at the Virginia Commonwealth University, Richmond, VA (virtual due to COVID-19)

04/25/20 Speaker, "Quality and the New Field of Endocrine Hospitalist", Hospital Diabetes Meeting, San Diego, CA (virtual due to COVID-19)

04/25/20 Panel member, "Hospital Diabetes Meeting", San Diego, CA (virtual due to COVID-19)

05/29/20 Speaker, "Adrenal incidentaloma", Department of Medicine Grand Rounds Conference, Carilion Roanoke Memorial Hospital, Virginia Tech Carilion School of Medicine, Roanoke, VA (virtual due to COVID-19)

06/10/20 Speaker, "Inpatient Diabetes Management", Medical Grand Rounds at the Advocate Lutheran General Hospital, Park Ridge, IL (virtual due to COVID-19)

06/13/20 Speaker, "Can an Inpatient Diabetes Management Service Decrease Length of Stay and Prevent Readmission?", American Diabetes Association 80th Scientific Sessions, Chicago, IL. (virtual due to COVID-19)

09/15/20 Speaker, "The Endocrine Hospitalist: enhancing the quality of diabetes care", Endocrinology Grand Rounds at the University of Illinois of Chicago, Chicago, IL (virtual due to COVID-19)

10/13/20 Speaker, "Inpatient Diabetes Management", Internal Medicine Resident Conference, Manatee Memorial Hospital, Bradenton, FL (virtual due to COVID-19)

10/28/20 Speaker, "Inpatient Diabetes Management: interactive cases", Medicine Grand Rounds, Rehoboth McKinley Christian Health Care Services Hospital, Gallup, NM (virtual due to COVID-19)

11/19/20 Speaker, "Diabetes Management in the Inpatient Psychiatry Setting", Department of Psychiatry Grand Rounds, Roanoke, VA (virtual due to COVID-19)

12/11/20 Speaker, "Adrenal incidentaloma", Internal Medicine Resident Conference, Manatee Memorial Hospital, Bradenton, FL (virtual due to COVID-19)

12/16/20 Speaker, "The Endocrine Hospitalist: enhancing the quality of diabetes care", Endocrinology Grand Rounds, Weill Cornell Medicine, New York, NY (virtual due to COVID-19)

01/13/21 Speaker, "Adrenal incidentaloma", Medical Grand Rounds at the Advocate Lutheran General Hospital, Park Ridge, IL (virtual due to COVID-19)

02/23/21 Speaker, "The Endocrine Hospitalist: enhancing the quality of diabetes care", Endocrinology Grand Rounds, University of Virginia, Charlottesville, VA (virtual due to COVID-19)

03/03/21 Speaker, "Adrenal incidentaloma", Medicine Grand Rounds, Rehoboth McKinley Christian Health Care Services Hospital, Gallup, NM (virtual due to COVID-19)

03/13/21 Speaker, "Inpatient Diabetes Management Service, Length of Stay and 30-Day Readmission Rate of Patients with Diabetes at a Community Hospital", 25th Annual Diabetes Update Conference, Christiana Care Hospital, Wilmington, DE (virtual due to COVID-19)

05/05/21 Panel speaker, "Diabetes and COVID-19" (Panel with U.S. Senator Cory Booker) New Jersey Diabetes Foundation, Hackensack, NJ (virtual due to COVID-19)

05/26/21 Speaker, "How to convince your CEO (to fund your diabetes initiative)", American Association of Clinical Endocrinology annual meeting, (Virtual due to COVID-19)

05/28/21 Moderator, "No Dinner for You! Or was Mom Right? Or Intermittent Fasting Troughs and Myths", American Association of Clinical Endocrinologists annual meeting, Las Vegas, NV (Virtual due to COVID-19)

07/20/21 Speaker, "The Endocrine Hospitalist: enhancing the quality of diabetes care", Endocrinology Grand Rounds, Endocrine Division Grand Rounds, University of Mississippi Medical Center, Jackson, MS (Virtual due to COVID-19)

08/12/21 Speaker, "Adrenal incidentaloma", Medical Grand Rounds, ChristianaCare Hospital, Wilmington, DE (virtual due to COVID-19)

08/13/21 Speaker, "Strategies to Reduce Hospital Readmission Rates", Association of Diabetes Care & Education Specialists Conference, Phoenix, AZ

08/27/21 Speaker, "Diabetes Management in the Inpatient Psychiatry Setting", Department of Psychiatry and Behavioral Medicine Grand Rounds, Shreveport, LA

10/22/21 Panel speaker, "The Endocrine Hospitalist", Mid-Atlantic Society of Endocrinologists Annual Meeting, Hyattsville, MD

01/24/22 Speaker, "The Endocrine Hospitalist: enhancing the quality of diabetes care", Endocrinology Grand Rounds, Endocrine Division, George Washington University, Washington, DC

02/04/22 Speaker, "Effective Strategies for Managing Diabetes in the Hospital", Carilion Roanoke Memorial Hospital, Hospitalist Group, Virginia Tech Carilion School of Medicine, Roanoke, VA

04/02/22 Speaker, "A Hospitalist Diabetes Care Program", 8th Hospital Diabetes Meeting, Diabetes Technology Society

04/04/22 Speaker, "Inpatient Diabetes Management", Internal Medicine Resident Conference, Manatee Memorial Hospital, Bradenton, FL

04/19/22 Speaker, "Adrenal incidentaloma", Internal Medicine Resident Conference, Manatee Memorial Hospital, Bradenton, FL

04/25/22 Speaker, "Hyperglycemic crisis", Internal Medicine Resident Conference, Manatee Memorial Hospital, Bradenton, FL

04/26/22 Speaker, "Insulin affordability", Endocrine Society Diabetes Hill Day (met with Senator Ben Cardin's staff), Washington, DC

04/26/22 Speaker, "Insulin affordability", Endocrine Society Diabetes Hill Day (met with Senator Van Hollen's staff), Washington, DC

04/27/22 Speaker, "Hyperglycemic crisis", Medical Grand Rounds at the Advocate Lutheran General Hospital, Park Ridge, IL

04/28/22 Speaker, "Insulin affordability", Endocrine Society Diabetes Hill Day (met with Congressman Jamie Raskin's staff), Washington, DC

06/16/22 Speaker, "The Endocrine Hospitalist: enhancing the quality of diabetes care", Western Endocrine Society Diabetes Technology Conference, Phoenix, AZ

07/16/22 Speaker, "Hyperglycemic crisis", Department of Medicine Grand Rounds Conference at the Howard University Hospital, Washington, DC

08/03/22 Speaker, "How to (safely) discharge a person with diabetes from your hospital", Medical Grand Rounds, ChristianaCare Hospital, Wilmington, DE

08/30/22 Speaker, "Inpatient Diabetes Management", Grand Rounds, Internal Medicine Conference, Olympia Fields – Franciscan Health, Olympia Fields, IL

09/09/22 Speaker, "The Endocrine Hospitalist: enhancing the quality of diabetes care", Endocrinology Grand Rounds, Endocrine Division, Department of Medicine, Rutgers Robert Wood Johnson Medical School, New Brunswick, NJ

09/14/22 Speaker, "The Endocrine Hospitalist: enhancing the quality of diabetes care", Endocrinology Grand Rounds, Endocrine Division, Department of Medicine, Penn Presbyterian Medical Center, Philadelphia, PA

10/03/22 Speaker, "Effective Strategies for Managing Diabetes in the Hospital", Department of Medicine Conference, Advocate Lutheran General Hospital, Park Ridge, IL

10/07/22 Speaker, "Meet the Professor: Diabetes", Architecture of High Value Healthcare National Conference, Baltimore, MD

11/17/22 Speaker, "Effective Strategies for Managing Diabetes in the Hospital", Internal Medicine Resident Conference, Manatee Memorial Hospital, Bradenton, FL

12/06/22 Speaker, "Adrenal incidentaloma", Hospitalist Grand Rounds, Virginia Tech Carilion School of Medicine, Roanoke, VA

12/16/22 Speaker, "Hyperglycemic crisis", Medical Grand Rounds, Carilion Roanoke Memorial Hospital, Virginia Tech Carilion School of Medicine, Roanoke, VA

01/18/23 Speaker, "Obesity", Department of Medicine Grand Rounds, Advocate Lutheran General Hospital, Park Ridge, IL

01/24/23 Speaker, "Hypertension management in patients with diabetes and chronic kidney disease", Howard University, Washington, DC

01/26/23 Speaker, "Hyperglycemic crisis", Medical Grand Rounds, ChristianaCare Hospital, Newark, DE

02/03/23 Keynote Speaker, "The Endocrine Hospitalist: The Future of Quality Diabetes Care", Inpatient Management of Diabetes Conference, Fairfax, VA

03/06/23 Speaker, "Inpatient Diabetes Management", Internal Medicine Resident Conference, Manatee Memorial Hospital, Bradenton, FL

03/07/23 Speaker, "Adrenal incidentaloma for PCPs", Chen Senior Medical Center, Aventura, FL

03/13/23 Speaker, "Instituting a Successful Discharge Plan for Patients With Type 2 Diabetes", Internal Medicine Resident Conference, Manatee Memorial Hospital, Bradenton, FL

03/15/23 Speaker, "Hyperglycemic crisis", Internal Medicine Resident Conference, Manatee Memorial Hospital, Bradenton, FL

03/17/23 Speaker, "Instituting a Successful Discharge Plan for Patients With Type 2 Diabetes", Internal Medicine Residents Conference, Franciscan Health Olympia Fields, Olympia Fields, IL

03/20/23 Speaker, "Adrenal incidentaloma", Internal Medicine Resident Conference, Manatee Memorial Hospital, Bradenton, FL

03/24/23 Speaker, "Instituting a Successful Discharge Plan for Patients With Type 2 Diabetes", Medical Grand Rounds, Carilion Roanoke Memorial Hospital, Virginia Tech Carilion School of Medicine, Roanoke, VA

03/31/23 Speaker, "Advanced diabetes technology", the American College of Osteopathic Family Physicians 60th Annual Convention, Orlando, FL

05/05/23 Moderator, "Inpatient Use of CGM: Are We Ready for Standard of Care to Change?", American Association of Clinical Endocrinology 2023 Annual Meeting, Seattle, WA

05/05/23 Moderator, "Negotiation", American Association of Clinical Endocrinology 2023 Annual Meeting, Seattle, WA

05/06/23 Speaker, "Inpatient Diabetes Management", American Association of Clinical Endocrinology 2023 Annual Meeting, Seattle, WA

06/14/23 Speaker, "Instituting a Successful Discharge Plan for Patients With Type 2 Diabetes", Department of Medicine Grand Rounds, Advocate Lutheran General Hospital, Park Ridge, IL

06/15/23 Speaker, "Effective Strategies for Managing Diabetes in the Hospital", Grand Rounds, Internal Medicine Conference, Olympia Fields – Franciscan Health, Olympia Fields, IL

07/21/23 Speaker, "Effective Strategies for Managing Diabetes in the Hospital", Internal Medicine Resident Conference, Manatee Memorial Hospital, Bradenton, FL

07/27/23 Speaker, "Instituting a Successful Discharge Plan for Patients With Type 2 Diabetes", Internal Medicine Resident Conference, Manatee Memorial Hospital, Bradenton, FL

08/03/23 Speaker, "The Endocrine Hospitalist: enhancing the quality of diabetes care", Endocrinology Grand Rounds, Department of Medicine, Georgetown University, Washington, DC

08/04/23 Speaker, "Simplify Inpatient Protocols and Glycemic Management Processes", Association of Diabetes Care & Education Specialists annual meeting 2023, Houston, TX

08/05/23 Speaker, "Ready Your Hospital for CMS Harm Measures for Severe Hypo/Hyperglycemia", Association of Diabetes Care & Education Specialists annual meeting 2023, Houston, TX

09/20/23 Speaker, "The Endocrine Hospitalist: The Future of Quality Diabetes Care", Endocrinology Grand Rounds, Mayo Clinic, Rochester, MN

10/05/23 Speaker, "Leveraging advances in diabetes technologies in primary care", American Osteopathic

Association, OMED2023, Orlando, FL

10/12/23 Speaker, "Intensifying Diabetes Therapies to Achieve Personalized Treatment Goals", MAPA 2023, Traverse City, MI

10/13/23 Speaker, "Ready Your Hospital for CMS Harm Measures for Severe Hypo/Hyperglycemia", Endocrinology Grand Rounds, Northwell Health, New York, NY

11/07/23 Speaker, "Inpatient Diabetes Management", Hackensackmeridian Jersey Shore University Medical Center, Neptune Township, New Jersey

01/11/23 Speaker, "Management of Hypertension in Patients with Kidney Disease and Diabetes", Medical Grand Rounds, ChristianaCare Hospital, Newark, DE

01/26/24 Speaker, "Inpatient Diabetes Management (Made Ridiculously Simple)", Santa Clara Valley Medical Center, San Jose, CA

03/04/24 Speaker, "Inpatient Diabetes Management (Made Ridiculously Simple)", Endocrinology Month, Manatee Memorial Hospital, Bradenton, FL

03/05/24 Speaker, "Hypertension management in patients with diabetes and chronic kidney disease", Endocrinology Month, Manatee Memorial Hospital, Bradenton, FL

03/18/24 Speaker, "Hyperglycemic crisis", Medical Grand Rounds, Endocrinology Month, Residency Conference, Manatee Memorial Hospital, Bradenton, FL

03/19/24 Speaker, "Instituting a Successful Discharge Plan for Patients With Type 2 Diabetes", Internal Medicine Resident Conference, Manatee Memorial Hospital, Bradenton, FL

03/22/24 Speaker, "Adrenal incidentaloma", Internal Medicine Resident Conference, Manatee Memorial Hospital, Bradenton, FL

04/12/24 Speaker, "Inpatient Diabetes Management (Made Ridiculously Simple)", Society for Hospital Medicine Annual Meeting, SHM2024, San Diego, CA

04/26/24 Speaker, "Policies and protocols for Inpatient Diabetes management", ADCES Advocacy Townhall meeting (virtual)

04/29/24 Speaker, The Endocrine Hospitalist: The Future of Quality Diabetes Care", Endocrinology Grand Rounds, Emory School of Medicine, Atlanta, GA.

05/08/24 Speaker, Diabetes Technology Workshop, AACE 2024, New Orleans, LA

05/09/24 Speaker, Early-Career Forum, AACE 2024, New Orleans, LA

07/25/24 Speaker, "Navigating the New Frontiers of Hyperglycemic Crisis Management", Medical Grand Rounds, Endocrinology Month, Residency Conference, Manatee Memorial Hospital, Bradenton, FL

07/26/24 Speaker, "Inpatient Diabetes Management (Made Ridiculously Simple)", IM Residency Conference, Manatee Memorial Hospital, Bradenton, FL

07/30/24 Speaker, "Navigating the New Frontiers of Hyperglycemic Crisis Management", Hospitalist Grand Rounds, Cleveland Clinic, Cleveland, OH

08/01/24 Speaker, "Instituting a Successful Discharge Plan for Patients With Type 2 Diabetes", Internal Medicine Resident Conference, Manatee Memorial Hospital, Bradenton, FL

10/08/24 Speaker, "Inpatient Diabetes Management", THPG Hospitalist Conference, Texas Health Resources, Hurst, TX

10/11/24 Speaker, "Ready Your Hospital for CMS Harm Measures for Severe Hypo/Hyperglycemia", 27th Annual Montana Diabetes Professional Conference, Gregson, MT

10/11/24 Speaker, "Simplify Inpatient Protocols and Glycemic Management Processes", 27th Annual Montana Diabetes Professional Conference, Gregson, MT

10/15/24 Speaker, "Inpatient Diabetes Management", THPG Hospitalist Conference, Texas Health Resources, Hurst, TX

10/25/24 Speaker, "Navigating the New Frontiers of Hyperglycemic Crisis Management", Seventh Annual Architecture of High Value Health Care: National Conference of the High Value Practice Alliance, Baltimore, MD

10/25/24 Speaker, "Diabetes: Meet the Professor", Seventh Annual Architecture of High Value Health Care: National Conference of the High Value Practice Alliance, Baltimore, MD

12/16/24 Speaker, "Inpatient Diabetes Management (Made Ridiculously Simple)", Infirmary Health Hospitalist Conference, Mobile, AL

01/24/25 Speaker, "Inpatient Diabetes Management (Made Ridiculously Simple)", LSU Family Medicine Residency Conference, Monroe, LA

02/21/25 Speaker, "Navigating the New Frontiers of Hyperglycemic Crisis Management", Medicine Grand Rounds, Franciscan Health, Olympia Fields, IL

03/15/25 Speaker, "Leveraging advances in diabetes technologies in primary care", Diabetes University, Columbus, GA

03/17/25 Speaker, "Navigating the New Frontiers of Hyperglycemic Crisis Management", Medical Grand Rounds, Endocrinology Month, Residency Conference, Manatee Memorial Hospital, Bradenton, FL

03/18/25 Speaker, "Instituting a Successful Discharge Plan for Patients With Type 2 Diabetes", Internal Medicine Resident Conference, Manatee Memorial Hospital, Bradenton, FL

03/24/25 Speaker, "Adrenal incidentaloma", Internal Medicine Resident Conference, Manatee Memorial Hospital, Bradenton, FL

03/27/25 Speaker, "GLP-1 RA's Role in the Management of Diabetes: Tools for the Primary Care Professional", 2025 Red Rock Conference-The Utah Academy of Physician Assistants, St. George, UT

05/15/25 Moderator, Hypoglycemia in Patients Without Diabetes: Approach, Work-up and Management", AACE 2025, Orlando, FL

05/16/25 Speaker, "Minimizing Severe Hypo- and Hyperglycemia in The Hospital Setting", AACE 2025, Orlando, FL

05/17/25 Speaker and Facilitator, "Diabetes Technology Workshop", AACE 2025, Orlando, FL

05/17/25 Speaker, "Disease State Network Year in Review: Diabetes", AACE 2025, Orlando, FL

08/14/25 Speaker, "Inpatient Diabetes Management (Made Ridiculously Simple)", Infirmary Health Internal Medicine Residency Conference, Mobile, AL

08/15/25 Speaker, "Inpatient Diabetes Management (Made Ridiculously Simple)", Medicine Grand Rounds, Franciscan Health, Olympia Fields, IL

09/05/25 Speaker, "Endocrinology Expert Witness: Bridging Healthcare and Law to Uphold Standards", Endocrinology Grand Rounds, Rutgers Robert Wood Johnson Medical School, New Brunswick, NJ

10/01/25 Speaker, "Inpatient Diabetes Management", THPG Hospitalist Conference, Texas Health Resources, Hurst, TX

10/08/25 Speaker, "Inpatient Diabetes Management", THPG Hospitalist Conference, Texas Health Resources, Hurst, TX

10/09/25 Speaker, "Instituting a Successful Discharge Plan for Patients With Type 2 Diabetes", Medicine Grand Rounds, Franciscan Health, Olympia Fields, IL

03/02/26 Speaker, "Management of hypertension in patients with diabetic kidney disease", IM Residency Conference, Manatee Memorial Hospital, Bradenton, FL

03/09/26 Speaker, "Hyperglycemic Crisis", IM Residency Conference, Manatee Memorial Hospital, Bradenton, FL

03/16/26 Speaker, "Instituting a Successful Discharge Plan for Patients With Type 2 Diabetes", IM Residency Conference, Manatee Memorial Hospital, Bradenton, FL

03/27/26 Speaker, "Primary Aldosteronism", IM Residency Conference, Manatee Memorial Hospital, Bradenton, FL

04/24/26 Speaker and Facilitator, "Diabetes Technology Workshop", AACE 2026, San Diego, FL

05/18/26 Speaker, "The Endocrine Hospitalist", Division of Endocrinology Grand Rounds, George Washington University, Washington, DC

05/20/26 Speaker, "Minimizing Severe Hypo- and Hyperglycemia in The Hospital Setting", Division of Endocrinology Grand Rounds, Brown University, Providence, RI

07/21/26 Speaker, "Inpatient Diabetes Management", IM Residency Conference, Manatee Memorial Hospital, Bradenton, FL

07/24/26 Speaker, "Updated DKA guidelines", IM Residency Conference, Manatee Memorial Hospital, Bradenton, FL

05/16/27 Speaker and Facilitator, "Diabetes Technology Workshop", AACE 2026, San Diego, CA (scheduled)

International

05/22/18 Speaker, "*ARMC5* Variants And Risk Of Hypertension In African-Americans: Minority Health-GRID Study", 20th European Congress of Endocrinology 2018 in Barcelona, Spain.

11/18/19 Speaker, "Inpatient Diabetes Management Service", King's College Diabetes Research Group, London, UK (30 attended)

01/13/20 Speaker, "*ARMC5* Variants And Risk Of Hypertension In Blacks: Minority Health-GRID Study", Adrenal Conference, Endocrinology Department, Hospital de Clínicas "José de San Martín", Buenos Aires, Argentina

01/13/20 Panel speaker, "Meet the Expert session", Adrenal Conference, Endocrinology Department, Hospital de Clínicas "José de San Martín", Buenos Aires, Argentina

04/08/21 Speaker, "Inpatient Diabetes Management during COVID-19 pandemic", COVID-19 and Sleep disturbances conference, Sochi, Russia (Virtual due to COVID-19)

06/14/22 Speaker, "The Endocrine Hospitalist: enhancing the quality of diabetes care", Endocrinology Conference, São João Universitary Hospital Center, Porto, Portugal

07/26/22 Speaker, "Obesity", Endo Ecuador 2022, Guayaquil, Ecuador

09/17/22 Speaker, "Guideline Updates on BP Control for Patients with Diabetes and CKD", India Diabetes Symposia, Goa, India

07/11/23 Speaker, "Effective Strategies for Managing Steroid-induced Diabetes in the Hospital", Department of endocrinology conference, Kitasato University, Sagamihara, Japan

08/12/23 Speaker, "Obesity and diabetes", IX International Congress of Atherosclerosis and Endothelium, Guayaquil, Ecuador

08/12/23 Speaker, "Instituting a Successful Discharge Plan for Patients With Type 2 Diabetes", IX International Congress of Atherosclerosis and Endothelium, Guayaquil, Ecuador

11/29/23 Speaker, "Endocrine Hospitalist", Service d'Endocrinologie, Diabète, Nutrition, Hôpital de Hautepierre, Strasbourg, France

06/17/24 Speaker, "Inpatient Diabetes Management", Central Customs Hospital, Baku, Azerbaijan

06/27/24 Speaker, "Inpatient Diabetes Management (Made Ridiculously Simple)", Multiprofile Medical Center – Healthycore, Tbilisi, Georgia

06/28/24 Speaker, "The Endocrine Hospitalist: enhancing the quality of diabetes care", Ilia State University, Tbilisi, Georgia

06/28/24 Speaker, "Inpatient Diabetes Management (Made Ridiculously Simple)", Ilia State University, Tbilisi, Georgia

08/02/25 Speaker, "Diabetes: Year in Review", Endo Ecuador 2025, Puembo, Ecuador

11/21/25 Speaker, "Clinical Management of Obesity and Identifying the Right Candidates and Tailoring Treatment webinar", Insignia Learning in India endocrinology Dialog, India

02/21/26 Speaker, "GLP-1 RA's Role in the Management of Diabetes: The rising Star", Diabetes School Conference, Baku, Azerbaijan

04/10/26 Speaker, "Inpatient Diabetes Management", Azerbaijan Internal Medicine Society's National Congress, Baku, Azerbaijan

04/11/26 Speaker, "Primary Aldosteronism", Azerbaijan Endocrinologists Society's 2nd National Congress of Endocrinology, Baku, Azerbaijan

07/09/26 Speaker, "Primary Aldosteronism: What's New?", Hospital of Lithuanian University of Health Sciences, Kaunas, Lithuania

12/21/26 Speaker, "Continuous Glucose Monitoring in Individuals With and Without Diabetes: What Is Normal, What Is Abnormal, and When Does Glycemic Variability Matter?", Moroccan Society of Endocrinology, Diabetology & Nutrition Scientific Meeting, Marrakech, Morocco (scheduled)

01/29/27 Speaker, "Thyroid Storm", First Azerbaijanian Emergency Medicine Congress, Baku, Azerbaijan (scheduled)

Visiting Professorships

09/26/21 Internal Medicine Residents, Manatee Memorial Hospital, Bradenton, FL

OTHER PROFESSIONAL ACCOMPLISHMENTS

Oral/Podium Presentations

Regional

2011 **Zilbermint M**, Wisniewski AB, Xu X, Selnes OA, Dobs AS. Relationship between sex hormones and cognitive performance in men with substance use. 2011 Maryland American College of Physicians meeting, Baltimore, MD

2011 **Zilbermint M,** Wisniewski AB, Xu X, Selnes OA, Dobs AS. Relationship between sex hormones and

cognitive performance in men with substance use. 2011 Saint Agnes Hospital's Research Competition, Baltimore, MD.

National

2014 **Zilbermint M**, Faucz FR, Lodish MB, Szarek E, Trivellin G, Sinaii N, Berthon A, Libé R, Assié G, Espiard S, Drougat L, Ragazzon B, Bertherat J, Stratakis CA. Macronodular Adrenal Hyperplasia due to Mutations in an Armadillo Repeat Containing 5 (ARMC5) Gene: A Clinical and Genetic Investigation. ICE/ENDO 2014 in Chicago, IL

2015 **Zilbermint M**, Xekouki P, Faucz FR, Berthon A, Gkourogianni A, Schernthaner-Reiter MH, Batsis M, Sinaii N, Quezado MM, Merino M, Hodes A, Abraham SB, Libe R, Assie G, Espiard S, Drougat L, Ragazzon B, Davis A, Gebreab SY, Neff R, Kebebew E, Bertherat J, Lodish MB, Stratakis CA. Primary Aldosteronism and ARMC5 Variants. ENDO 2015 in San Diego, CA

2018 **Mihail Zilbermint**, Amadou Gaye, Annabel Sophie Berthon, Fady Hannah-Shmouni, Fabio Rueda Faucz, Minority Health-GRID Network, Adam Davis, Gary Gibbons, Maya Beth Lodish, Constantine A. Stratakis. ARMC5 Variants And Risk Of Hypertension In African-Americans: Minority Health-GRID Study. Presented at the ENDO 2018 in Chicago, IL

2018 **Mihail Zilbermint**, Amadou Gaye, Annabel Sophie Berthon, Fady Hannah-Shmouni, Fabio Rueda Faucz, Minority Health-GRID Network, Adam Davis, Gary Gibbons, Maya Beth Lodish, Constantine A. Stratakis. ARMC5 Variants And Risk Of Hypertension In African-Americans: Minority Health-GRID Study. Presented at the International Aldosterone Conference 2018 in Chicago, IL

Military Service

None

Community Services

2003-2008 Program Director (community organizer), Jewish Federation of Metropolitan Chicago/ Chicago, IL

2008-2009 Jewish Student Life Coordinator, Johns Hopkins Hillel/ Baltimore, MD

2015- present Community Health & Wellness Department

Humanitarian Activities

2004 Humanitarian mission to Ukraine

2005 Humanitarian mission to Ukraine

2007 Humanitarian mission to Ukraine

2018 Humanitarian mission to Cuba

Philanthropic Activities

2017-2023 Suburban Hospital Foundation

2021-2023 Sibley Memorial Hospital Foundation